

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****W25-29 100 Meter Dash**

Name	Age Team	Finals	Wind	Points
Finals				
1 # 794 Pralle, Taylor	W25 Unattached	22.47	1.2	8

**W30 100 Meter Dash**

Name	Age Team	Finals	Wind	Points
1 # 561 Liang, Grace	W34 Unattached	12.90	1.2	8

**W35 100 Meter Dash**

Name	Age Team	Finals	Wind	Points
USATF: # 11.07				
WMA: R 10.74				
1 # 356 Grant, Easter	W38 Southwest Sp	12.02	3.3	8
2 # 117 Brunnette, Lacy	W35 Unattached	12.78	3.3	6
3 # 394 Hardiway, Korey	W35 Unattached	12.79	3.3	4
4 # 735 O'Connor, Amanda	W36 Unattached	13.00	3.3	3
5 # 295 Fisher, Erycka	W35 Unattached	13.05	3.3	2
6 # 265 Edgar, Michelle	W39 Unattached	14.34	3.3	1
7 # 246 Dorsey, Brittany	W36 Unattached	14.70	3.3	
8 # 1002 Wana, Blair	W38 Gys Track Club	20.95	3.3	

**W40 100 Meter Dash**

Name	Age Team	Finals	Wind	Points
USATF: # 12.31				
WMA: R 11.09				
1 # 335 Gibb-Gabriel, Adj	W41 Joy's Jackra	12.72	1.8	8
2 # 642 McIntyre, Inga	W41 Atlanta Track Club	12.88	1.8	6
3 # 383 Halvatzis, Sandra	W41 Unattached	13.09	1.8	4
4 # 268 Edwards, Lisa	W43 Unattached	13.62	1.8	3
5 # 508 Kelly, Nicole	W40 Unattached	13.93	1.8	2
6 # 616 Mathews, Jameen	W43 Unattached	14.38	1.8	1

**W45 100 Meter Dash**

Name	Age Team	Finals	Wind	Points
USATF: # 12.10				
WMA: R 11.34				
1 # 596 Mann, Elly	W45 Joy's Jackra	13.31	2.1	8
2 # 1043 Yarmul, Christina	W47 Unattached	13.80	2.1	6
3 # 119 Bryson, Bonnie	W45 Greater Phil	14.12	2.1	4
4 # 267 Edwards, Deaneth	W49 Southwest Sp	14.75	2.1	3

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****W50 100 Meter Dash**

USATF: # 12.50

WMA: R 11.67

Name	Age Team	Finals	Wind	Points
1 # 640 Mcgowan, Emmanuel	W53 Maximum Quot	13.34	2.9	8
2 # 184 Collier, Andrea	W54 Unattached	13.40	2.9	6
3 # 42 Barney, Colleen	W54 Joy's Jackra	14.01	2.9	4
4 # 964 Thomas, Linda	W51 Unattached	14.12	2.9	3
5 # 376 Haddad, Amy	W54 Joy's Jackra	14.33	2.9	2
6 # 527 Kramer, Ruth	W52 Bella N Motion	14.56	2.9	1
7 # 538 Lain, Stephanie	W51 Joy's Jackra	15.04	2.9	
8 # 167 Chiu-Pinheiro, Cy	W52 Unattached	16.76	2.9	

**W55 100 Meter Dash****8 Advance: Top 2 Each Heat plus Next 4 Best Times**

USATF: # 13.27

WMA: R 12.24

Name	Age Team	Prelims	Wind	H#
Preliminaries				
1 # 106 Brockner, Roxanne	W55 elitefeats	13.65Q	1.5	1
2 # 23 Armstrong, Diahana	W55 Unattached	14.59Q	1.1	2
3 # 472 Jackson-Matthews,	W58 Eagles Wings	14.81Q	1.5	1
4 # 491 Jones, L. LaShawn	W55 Unattached	15.30Q	1.1	2
5 # 808 Rath, Terri	W57 Greater Phil	14.88q	1.5	1
6 # 655 Meierhenry, Mary	W56 Unattached	15.01q	1.5	1
7 # 547 Lawson, Sarah	W58 Greater Bost	15.44q	1.1	2
8 # 172 Clarke, Amanda	W57 Joy's Jackra	15.86q	1.1	2
9 # 149 Carty-Dumitrescu,	W55 Southwest Sp	17.00	1.5	1

**W55 100 Meter Dash**

USATF: # 13.27

WMA: R 12.24

Name	Age Team	Finals	Wind	Points
Finals				
1 # 106 Brockner, Roxanne	W55 elitefeats	13.56	1.5	8
2 # 472 Jackson-Matthews,	W58 Eagles Wings	14.60	1.5	6
3 # 23 Armstrong, Diahana	W55 Unattached	14.63	1.5	4
4 # 808 Rath, Terri	W57 Greater Phil	14.91	1.5	3
5 # 491 Jones, L. LaShawn	W55 Unattached	15.40	1.5	2
6 # 547 Lawson, Sarah	W58 Greater Bost	15.62	1.5	1
7 # 172 Clarke, Amanda	W57 Joy's Jackra	15.96	1.5	

**W60 100 Meter Dash**

USATF: # 13.91

WMA: R 13.63

Name	Age Team	Finals	Wind	Points
1 # 983 Upshaw, Joy	W60 Joy's Jackra	13.95	3.6	8
2 # 871 Scott, Daphne	W61 Club Northwest	14.82	3.6	6
3 # 617 Maxwell, Karen	W62 SC Striders	15.83	3.6	4

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****....W60 100 Meter Dash**

4 #	191 Cooke, Susan	W62 Unattached	16.05	3.6	3
5 #	577 Loyd, Susan	W63 Mass Velocit	16.70	3.6	2
6 #	345 Good, Katherine K	W63 Potomac Vall	17.03	3.6	1
7 #	422 Herbeck, Norma	W64 Unattached	17.87	3.6	
8 #	722 Nettland, Laura	W60 Lincoln Track Club	22.81	3.6	

**W65 100 Meter Dash**

USATF: # 14.10

WMA: R 13.91

Name	Age Team	Finals	Wind	Points
1 # 39 Barnes, Jane	W69 SC Striders	15.35	1.0	8
2 # 321 Funk, Leandra	W65 Mass Velocit	15.84	1.0	6
3 # 392 Hanscom, Rita	W67 SC Striders	15.85	1.0	4
4 # 341 Glynn, Kay	W68 Unattached	16.67	1.0	3
5 # 504 Kelleher MD, Inez	W65 Unattached	16.98	1.0	2
6 # 1039 Wood, Debra	W66 Unattached	18.91	1.0	1

**W70 100 Meter Dash**

USATF: # 14.76

WMA: R 14.73

Name	Age Team	Finals	Wind	Points
1 # 509 Kelly, Pat	W71 Unattached	17.01	1.0	8
2 # 936 Steele Matthews,	W72 SC Striders	17.26	1.0	6
3 # 403 Hartzler, Mary	W72 Unattached	18.67	1.0	4
4 # 980 Trotto, Mary	W74 Tnt Internat	25.18	1.0	3

**W75 100 Meter Dash**

USATF: # 15.31

WMA: R 15.03

Name	Age Team	Finals	Wind	Points
1 # 826 Robinson, Mary	W79 Unattached	19.94	1.0	8
2 # 801 Radle, Catherine	W77 Atlanta Track Club	21.01	1.0	6
3 # 421 Hensley, Barbara	W77 Southwest Ohio TC	22.97	1.0	4
4 # 147 Carter, Ann	W79 Unattached	23.11	1.0	3

**W80 100 Meter Dash**

80 USATF: # 16.26

80 WMA: R 16.62

Name	Age Team	Finals	Wind	Points
1 # 68 Bergen, Kathy	W81 SC Striders	16.54	2.4	8
2 # 368 Guardino, Louise	W80 Piedmont Pac	20.84	2.4	6

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****W85 100 Meter Dash**

85 USATF: # 21.80

85 WMA: R 19.37

Name	Age Team	Finals	Wind	Points
1 # 656 Meiler, Florence	W87 Sprinticity	23.75	2.4	8

**M25-29 100 Meter Dash**

Name	Age Team	Finals	Wind	Points
1 # 163 Chen, Jeff	M26 Unattached	10.79	2.6	8
2 # 685 Moody, Gerrand	M25 Unattached	11.24	2.6	6
3 # 233 Dino, Mervin	M27 Unattached	11.69	2.6	4
4 # 652 Meagher, DJ	M27 Unattached	12.16	2.6	3
5 # 213 Daniels, Christop	M28 Unattached	12.47	2.6	2
6 # 146 Carroll, Jordan	M25 Unattached	14.35	2.6	1

**M30 100 Meter Dash**

Name	Age Team	Finals	Wind	Points
1 # 469 Jackson Jr., Char	M32 U.S. Express	10.67	1.2	8
2 # 978 Trice Jr., Lawren	M34 So Cal Track Club	10.73	1.2	6
3 # 409 Hayes, Armanti	M33 Unattached	10.88	1.2	4
4 # 812 Redrick, Philip	M30 Unattached	11.12	1.2	3
5 # 81 Blakey, Nick	M30 Unattached	11.55	1.2	2
6 # 844 Samuels, Kevin	M32 Atlanta Track Club	11.79	1.2	1
7 # 726 Nguyen, Sean	M31 Unattached	12.24	1.2	
8 # 790 Poindexter, Joshu	M30 Unattached	14.51	1.2	

**M35 100 Meter Dash****8 Advance: Top 2 Each Heat plus Next 4 Best Times**

USATF: # 9.87

WMA: R 9.87

Name	Age Team	Prelims	Wind	H#
<b>Preliminaries</b>				
1 # 395 Hargrett, Chrisdo	M36 American Samoa	10.67Q	0.5	2
2 # 756 Parker, Rondrick	M38 Atlanta Track Club	11.21Q	3.1	1
3 # 831 Roland, Terrence	M39 Atlanta Track Club	10.85Q	0.5	2
4 # 257 Dunn, Durran	M39 Atlanta Track Club	11.46Q	3.1	1
5 # 198 Corominas, Louis	M36 Unattached	11.17q	0.5	2
6 # 40 Barnes, Marcus	M38 Atlanta Track Club	11.33q	0.5	2
7 # 1016 Wells, Shon	M39 Unattached	11.69q	0.5	2 11.684
8 # 130 Caldwell, Charles	M39 Kansas City Smoke	11.69q	3.1	1 11.688
9 # 435 Hite, Erik	M35 Unattached	11.75	3.1	1
10 # 999 Wade, James	M35 Atlanta Track Club	11.91	3.1	1

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****M35 100 Meter Dash**

USATF: # 9.87

WMA: R 9.87

Name	Age	Team	Finals	Wind	Points
Finals					
1 # 756 Parker, Rondrick	M38	Atlanta Track Club	10.56	1.1	8
2 # 831 Roland, Terrence	M39	Atlanta Track Club	10.79	1.1	6
3 # 395 Hargrett, Chrisdo	M36	American Samoa	10.84	1.1	4
4 # 198 Corominas, Louis	M36	Unattached	10.98	1.1	3
5 # 257 Dunn, Durran	M39	Atlanta Track Club	11.02	1.1	2
6 # 40 Barnes, Marcus	M38	Atlanta Track Club	11.38	1.1	1
7 # 130 Caldwell, Charles	M39	Kansas City Smoke	11.72	1.1	

**M40 100 Meter Dash**

USATF: # 10.73

WMA: R 9.93

Name	Age	Team	Finals	Wind	Points
1 # 982 Tutskey, Daniel	M41	Unattached	10.82	1.1	8
2 # 236 *Dixon, Jeremiah	M40	Namibia	X11.03	1.1	
3 # 169 Clark, Benjamin	M40	Unattached	11.10	1.1	
4 # 1042 Woodyard, Eric	M44	Empire Runne	11.45	1.1	6
5 # 976 Torres, Jassiel	M43	Southwest Sp	11.56	1.1	4
6 # 1041 Woods, Thal	M42	Unattached	11.57	1.1	3
7 # 510 Kelly, Travis	M41	Unattached	11.80	1.1	2
8 # 239 Dodds, Thomas	M44	Unattached	13.14	1.1	1

**M45 100 Meter Dash****8 Advance: Top 3 Each Heat plus Next 2 Best Times**

USATF: # 10.72

WMA: R 10.72

Name	Age	Team	Prelims	Wind	H#
Preliminaries					
1 # 587 Mack, Jeffery	M49	Unattached	11.12Q	2.7	1
2 # 227 Delisle, Rawle	M46	Southwest Sp	11.58Q	2.3	2
3 # 25 Atkins, Ronald	M47	Kitsap Flier	11.45Q	2.7	1
4 # 967 Thompson, Ecron	M47	Unattached	11.88Q	2.3	2 11.873
5 # 895 Sickerson, Nate	M48	Southwest Sp	11.75Q	2.7	1
6 # 555 Leflore, Ben	M47	Kansas City Smoke	12.36Q	2.3	2
7 # 3 Adkins Jr., Lee	M48	Unattached	11.88q	2.7	1 11.876
8 # 62 Benham, Craig	M47	Unattached	12.51q	2.7	1
9 # 485 Johnson, Scott	M45	Unattached	12.62	2.3	2
10 # 362 Greitens, Eric	M47	Unattached	13.00	2.3	2
11 # 173 *Clarke Sr., Rona	M47	Canada	X13.51	2.7	1
12 # 93 Bowden, Robert	M45	Unattached	15.91	2.3	2

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USATF: # 10.72

WMA: R 10.72

Name	Age Team	Finals	Wind	Points
Finals				
1 # 25 Atkins, Ronald	M47 Kitsap Flier	11.24	1.5	8
2 # 587 Mack, Jeffery	M49 Unattached	11.30	1.5	6
3 # 967 Thompson, Ecron	M47 Unattached	11.44	1.5	4
4 # 227 Delisle, Rawle	M46 Southwest Sp	11.67	1.5	3
5 # 555 Leflore, Ben	M47 Kansas City Smoke	12.26	1.5	2
6 # 62 Benham, Craig	M47 Unattached	12.52	1.5	1

**M50 100 Meter Dash****8 Advance: Top 2 Each Heat plus Next 4 Best Times**

USATF: # 10.88

WMA: R 10.88

Name	Age Team	Prelims	Wind	H#
Preliminaries				
1 # 390 Hanes III, Norris	M53 Potomac Vall	11.73Q	1.1	2
2 # 766 Payne Jr., Jerome	M50 Unattached	11.77Q	1.7	1
3 # 203 Cranford, Walter	M54 Unattached	11.93Q	1.7	1
4 # 771 Peete, Tecumseh	M51 Atlanta Track Club	12.15Q	1.1	2
5 # 442 Holmes, Robert	M50 Unattached	12.02q	1.7	1
6 # 969 Thorne, Gavin	M50 So Cal Track Club	12.35q	1.1	2
7 # 701 Muhammad, Fahim	M51 Unattached	12.38q	1.1	2
8 # 329 Gartin, Kent	M51 Unattached	12.43q	1.1	2
9 # 223 *De Freitas, Carl	M50 Brazil	X12.46	1.1	2
10 # 876 Senes, Alessandro	M54 Unattached	12.52	1.7	1
11 # 887 *Shimmi, Akio	M50 Japan	X12.62	1.7	1
12 # 837 Rucker Jr., Harol	M53 Unattached	13.11	1.7	1
13 # 52 Baynes, Andre	M50 Mass Velocit	13.12	1.7	1
14 # 363 Grier, Jeffrey	M54 Philadelphia	14.32	1.1	2
15 # 300 Fleischman, Joe	M50 Unattached	27.49	1.7	1

**M50 100 Meter Dash**

USATF: # 10.88

WMA: R 10.88

Name	Age Team	Finals	Wind	Points
Finals				
1 # 390 Hanes III, Norris	M53 Potomac Vall	11.62	3.6	8
2 # 766 Payne Jr., Jerome	M50 Unattached	11.67	3.6	6
3 # 203 Cranford, Walter	M54 Unattached	11.85	3.6	4
4 # 442 Holmes, Robert	M50 Unattached	11.96	3.6	3
5 # 771 Peete, Tecumseh	M51 Atlanta Track Club	12.23	3.6	2
6 # 969 Thorne, Gavin	M50 So Cal Track Club	12.32	3.6	1
7 # 701 Muhammad, Fahim	M51 Unattached	12.41	3.6	
8 # 329 Gartin, Kent	M51 Unattached	12.50	3.6	

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20**

Ames, IA

**Results****M55 100 Meter Dash****8 Advance: Top 2 Each Heat plus Next 2 Best Times**

USATF: # 11.30

WMA: R 11.30

Name	Age	Team	Prelims	Wind	H#
Preliminaries					
1 # 336 Gibbon, David	M55	Unattached	11.82Q	2.3	3
2 # 83 Boda, Francois	M57	Southwest Sp	12.05Q	1.9	2
3 # 133 *Campbell, John	M58	New Zealand	X12.12Q	0.9	1
4 # 28 Aurelien Sr., Cli	M55	Unattached	12.36Q	2.3	3
5 # 98 Bradecamp, Michae	M57	Potomac Vall	12.39Q	0.9	1
6 # 309 Foster, Robert	M59	So Cal Track Club	12.64Q	1.9	2
7 # 432 Hilton, Ron	M56	Portland Mas	12.71q	2.3	3
8 # 592 Makino, Shigeiki	M55	Mass Velocit	12.72q	0.9	1
9 # 470 Jackson Sr., Lion	M56	Mass Velocit	12.75	2.3	3
10 # 413 Heldman, Alan	M58	Unattached	13.01	2.3	3
11 # 19 Arata, Michael	M55	Unattached	13.34	1.9	2
12 # 331 Gaskin Sr., Derek	M55	Unattached	13.60	1.9	2
13 # 700 Muhammad, Courtne	M58	Unattached	13.62	2.3	3
14 # 414 Helmstetter, Andr	M55	Unattached	13.64	2.3	3
15 # 180 Cockerham IV, How	M58	Unattached	13.86	0.9	1
16 # 1046 Young, Mike	M59	Unattached	14.71	0.9	1
17 # 92 Borthwick, John	M57	Kansas City Smoke	15.00	0.9	1

**M55 100 Meter Dash**

USATF: # 11.30

WMA: R 11.30

Name	Age	Team	Finals	Wind	Points
Finals					
1 # 336 Gibbon, David	M55	Unattached	11.81	1.3	8
2 # 83 Boda, Francois	M57	Southwest Sp	12.00	1.3	6
3 # 133 *Campbell, John	M58	New Zealand	X12.02	1.3	
4 # 98 Bradecamp, Michae	M57	Potomac Vall	12.37	1.3	4
5 # 309 Foster, Robert	M59	So Cal Track Club	12.52	1.3	3
6 # 432 Hilton, Ron	M56	Portland Mas	12.76	1.3	2
7 # 592 Makino, Shigeiki	M55	Mass Velocit	12.91	1.3	1
-- # 28 Aurelien Sr., Cli	M55	Unattached	DNF	1.3	

**M60 100 Meter Dash****8 Advance: Top 2 Each Heat plus Next 4 Best Times**

USATF: # 11.83

WMA: R 11.70

Name	Age	Team	Prelims	Wind	H#
Preliminaries					
1 # 972 Tissenbaum, Allan	M61	So Cal Track Club	11.79Q	2.4	2
2 # 638 McGee, Don	M61	Potomac Vall	12.58Q	1.4	1
3 # 1045 Yelverton, Willia	M61	Greater Phil	12.43Q	2.4	2
4 # 391 Hankerson, Brian	M61	So Cal Track Club	12.63Q	1.4	1
5 # 320 Fulton Sr., Tony	M62	So Cal Track Club	12.74q	1.4	1
6 # 806 Randall, Paul	M60	Unattached	12.97q	1.4	1
7 # 490 Jones, David	M60	Miami Northw	13.06q	2.4	2 13.053

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8 #	723	Neumann, David	M61	Mass Velocit	13.06q	2.4	2	13.058
9 #	449	*Huarcaya, Luis	M62	Peru	X13.10	2.4	2	
10 #	930	Spruill, Willie	M63	Unattached	13.15	1.4	1	
11 #	626	McConnell, Chris	M64	Mass Velocit	13.80	2.4	2	
12 #	773	Peterson, Gary	M60	Unattached	14.08	2.4	2	
13 #	319	Friend Sr., Byron	M62	Tnt Internat	14.15	1.4	1	
14 #	672	Millerbis Jr., Al	M62	Unattached	14.76	1.4	1	

**M60 100 Meter Dash**

USATF: # 11.83

WMA: R 11.70

Name	Age	Team	Finals	Wind	Points
Finals					
1 #	972	Tissenbaum, Allan	M61	So Cal Track Club	12.08 0.4 8
2 #	638	McGee, Don	M61	Potomac Vall	12.47 0.4 6
3 #	1045	Yelverton, Willia	M61	Greater Phil	12.61 0.4 4
4 #	391	Hankerson, Brian	M61	So Cal Track Club	12.82 0.4 3
5 #	320	Fulton Sr., Tony	M62	So Cal Track Club	13.01 0.4 2
6 #	723	Neumann, David	M61	Mass Velocit	13.14 0.4 1
7 #	806	Randall, Paul	M60	Unattached	13.38 0.4
8 #	490	Jones, David	M60	Miami Northw	13.54 0.4

**M65 100 Meter Dash****8 Advance: Top 2 Each Heat plus Next 4 Best Times**

USATF: # 12.31

WMA: R 12.31

Name	Age	Team	Prelims	Wind	H#
Preliminaries					
1 #	1025	Wiley, Clifford	M66	Unattached	12.91Q 1.3 1
2 #	777	Peyton, Oscar	M68	Potomac Vall	12.98Q 1.4 2
3 #	281	Evans, Hubert	M67	So Cal Track Club	13.06Q 1.3 1
4 #	996	Vollmer, Larry	M68	Unattached	13.59Q 1.4 2
5 #	94	Bowen, Robert	M69	Unattached	13.48q 1.3 1
6 #	954	Tarasewicz, Donal	M67	Unattached	13.66q 1.4 2
7 #	893	Shufelt, Michael	M66	Unattached	13.79q 1.3 1
8 #	898	Simek, Thomas	M69	Unattached	14.11q 1.4 2
9 #	678	Moeller, Craig	M65	Unattached	14.51 1.3 1
10 #	1013	Weiss, Noel	M69	So Cal Track Club	14.62 1.4 2
11 #	481	Jenkins, Tim	M69	Unattached	15.25 1.4 2
12 #	280	Evans, Calvin	M66	Unattached	16.16 1.4 2
13 #	378	Hahn, Robert	M69	Unattached	16.22 1.4 2
14 #	279	Esken, Dennis	M69	Unattached	16.85 1.3 1
15 #	796	Price, Larry	M67	Unattached	16.92 1.3 1
16 #	918	Snodgrass, Ernie	M68	Unattached	24.86 1.3 1



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USATF: # 12.31

WMA: R 12.31

Name	Age Team	Finals	Wind	Points
Finals				
1 # 777 Peyton, Oscar	M68 Potomac Vall	12.89	1.4	8
2 # 281 Evans, Hubert	M67 So Cal Track Club	12.92	1.4	6
3 # 94 Bowen, Robert	M69 Unattached	13.27	1.4	4
4 # 954 Tarasewicz, Donal	M67 Unattached	13.66	1.4	3
5 # 893 Shufelt, Michael	M66 Unattached	13.76	1.4	2
6 # 898 Simek, Thomas	M69 Unattached	14.07	1.4	1

**M70 100 Meter Dash****8 Advance: Top 2 Each Heat plus Next 4 Best Times**

USATF: # 12.77

WMA: R 12.77

Name	Age Team	Prelims	Wind	H#
Preliminaries				
1 # 517 Kish, Michael	M70 Shore Athletic Club	13.13Q	1.1	1
2 # 108 Brown, Alston	M72 Central Park	14.27Q	1.9	2
3 # 758 Parnell, Roger	M72 Unattached	13.76Q	1.1	1
4 # 751 Pace, John	M70 Unattached	14.34Q	1.9	2
5 # 96 Bowne, George	M70 Unattached	15.04q	1.9	2
6 # 308 Ford III, Joseph	M71 Unattached	15.81q	1.9	2
7 # 164 Chen, Peter	M70 Unattached	16.01q	1.1	1
8 # 241 Dolezel, Jim	M71 So Cal Track Club	16.24q	1.9	2

**M70 100 Meter Dash**

USATF: # 12.77

WMA: R 12.77

Name	Age Team	Finals	Wind	Points
Finals				
1 # 758 Parnell, Roger	M72 Unattached	13.16	1.8	8
2 # 517 Kish, Michael	M70 Shore Athletic Club	13.18	1.8	6
3 # 108 Brown, Alston	M72 Central Park	13.94	1.8	4
4 # 96 Bowne, George	M70 Unattached	14.38	1.8	3
5 # 751 Pace, John	M70 Unattached	14.81	1.8	2
6 # 164 Chen, Peter	M70 Unattached	15.79	1.8	1 15.783
7 # 308 Ford III, Joseph	M71 Unattached	15.79	1.8	15.788
8 # 241 Dolezel, Jim	M71 So Cal Track Club	15.93	1.8	

**M75 100 Meter Dash**

USATF: # 13.25

WMA: R 13.25

Name	Age Team	Finals	Wind	Points
1 # 111 Brown, Kenton	M76 Unattached	13.61	1.5	8
2 # 785 *Picorelli Sr., W	M76 Puerto Rico	X13.62	1.5	
3 # 667 Milewski, Paul	M76 Unattached	14.80	1.5	6
4 # 681 Montgomery, Paul	M75 Unattached	15.54	1.5	4

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****...M75 100 Meter Dash**

5 #	91 Booth, Howard	M77 Unattached	16.51	1.5	3
6 #	920 Snyder, Gary	M77 Mass Velocit	17.49	1.5	2

**M80 100 Meter Dash**

USATF: # 14.35

WMA: R 14.35

Name	Age Team	Finals	Wind	Points
1 # 834 Rowan, Terry	M80 Empire Runne	16.12	2.5	8
2 # 993 Vergin, Roger	M83 Club Northwest	16.88	2.5	6
3 # 841 Sagedahl, Sherwoo	M82 Unattached	17.15	2.5	4
4 # 471 Jackson Sr., Norm	M83 Tnt Internat	21.30	2.5	3
5 # 501 Keating, Charles	M80 New England	26.06	2.5	2

**M85 100 Meter Dash**

85 USATF: # 16.22

85 WMA: R 15.08

Name	Age Team	Finals	Wind	Points
1 # 1019 Whilden Jr., Robe	M86 Unattached	16.18#	1.1	8
2 # 782 Phillips, Alan	M87 St Cloud Riv	20.04	1.1	6
3 # 477 Jankovich, Willia	M87 Unattached	21.26	1.1	4

**M90 100 Meter Dash**

90 USATF: # 17.83

90 WMA: R 16.86

Name	Age Team	Finals	Wind	Points
1 # 788 Platts, William	M93 Snake River	20.80	1.1	8
2 # 334 Genzlinger, Vance	M92 Unattached	41.35	1.1	6

**M95 100 Meter Dash**

95 USATF: # 24.14

95 WMA: R 20.41

Name	Age Team	Finals	Wind	Points
1 # 415 Hemphill, Dixon	M96 Potomac Vall	1:17.12	1.1	8

**W25-29 200 Meter Dash**

Name	Age Team	Finals	Wind	Points
1 # 794 Pralle, Taylor	W25 Unattached	26.45	2.0	8

**W30 200 Meter Dash**

Name	Age Team	Finals	Wind	Points
1 # 561 Liang, Grace	W34 Unattached	27.10	2.0	8
2 # 121 Buchanan, Kindell	W34 Atlanta Track Club	36.72	2.0	6

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****W35 200 Meter Dash**

USATF: # 22.11

WMA: R 21.93

Name	Age Team	Finals	Wind	Points	
1 # 356 Grant, Easter	W38 Southwest Sp	25.01	1.1	8	
2 # 394 Hardiway, Korey	W35 Unattached	26.51	1.1	6	
3 # 735 O'Connor, Amanda	W36 Unattached	26.94	1.1	4	26.935
4 # 295 Fisher, Erycka	W35 Unattached	26.94	1.1	3	26.936
5 # 246 Dorsey, Brittany	W36 Unattached	31.36	1.1	2	

**W40 200 Meter Dash**

USATF: # 24.84

WMA: R 22.72

Name	Age Team	Finals	Wind	Points	
1 # 335 Gibb-Gabriel, Adj	W41 Joy's Jackra	26.21	1.0	8	
2 # 383 Halvatzis, Sandra	W41 Unattached	26.93	1.0	6	
3 # 642 McIntyre, Inga	W41 Atlanta Track Club	27.27	1.0	4	
4 # 268 Edwards, Lisa	W43 Unattached	28.32	1.0	3	
5 # 508 Kelly, Nicole	W40 Unattached	29.18	1.0	2	

**W45 200 Meter Dash**

USATF: # 25.48

WMA: R 23.82

Name	Age Team	Finals	Wind	Points	
1 # 579 Luedke, Lace	W45 Unattached	28.63	1.3	8	
2 # 1043 Yarmul, Christina	W47 Unattached	28.72	1.3	6	
3 # 119 Bryson, Bonnie	W45 Greater Phil	29.12	1.3	4	

**W50 200 Meter Dash**

USATF: # 25.72

WMA: R 24.33

Name	Age Team	Finals	Wind	Points	
1 # 640 Mcgowan, Emmanuel	W53 Maximum Quot	27.60	2.0	8	
2 # 184 Collier, Andrea	W54 Unattached	27.94	2.0	6	
3 # 407 Hawkins, Sonder	W53 Unattached	28.21	2.0	4	
4 # 964 Thomas, Linda	W51 Unattached	29.30	2.0	3	
5 # 527 Kramer, Ruth	W52 Bella N Motion	30.27	2.0	2	
6 # 711 Murray, Betsy	W51 Mass Velocit	31.74	2.0	1	
7 # 538 Lain, Stephanie	W51 Joy's Jackra	31.98	2.0		

**W55 200 Meter Dash**

USATF: # 27.54

WMA: R 25.07

Name	Age Team	Finals	Wind	Points	
1 # 106 Brockner, Roxanne	W55 elitefeats	28.08	0.4	8	
2 # 635 McDonald, Sue	W58 T.H.E. Track Team	30.11	0.4	6	
3 # 23 Armstrong, Diahann	W55 Unattached	31.39	0.4	4	

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****....W55 200 Meter Dash**

4 #	655 Meierhenry, Mary	W56 Unattached	31.48	0.4	3
5 #	472 Jackson-Matthews,	W58 Eagles Wings	31.96	0.4	2
6 #	491 Jones, L. LaShawn	W55 Unattached	32.26	0.4	1
7 #	155 Centeno, Christin	W55 So Cal Track Club	32.49	0.4	

**W60 200 Meter Dash**

USATF: # 28.54

WMA: R 28.11

Name	Age Team	Finals	Wind	Points
1 # 983 Upshaw, Joy	W60 Joy's Jackra	29.49	1.0	8
2 # 871 Scott, Daphne	W61 Club Northwest	31.79	1.0	6
3 # 617 Maxwell, Karen	W62 SC Striders	33.57	1.0	4
4 # 577 Loyd, Susan	W63 Mass Velocit	35.37	1.0	3
5 # 489 *Jolicoeur, Jovet	W61 Canada	X35.98	1.0	
6 # 345 Good, Katherine K	W63 Potomac Vall	38.41	1.0	2
7 # 422 Herbeck, Norma	W64 Unattached	39.30	1.0	1
8 # 722 Nettland, Laura	W60 Lincoln Track Club	56.28	1.0	

**W65 200 Meter Dash**

USATF: # 29.37

WMA: R 28.53

Name	Age Team	Finals	Wind	Points
1 # 321 Funk, Leandra	W65 Mass Velocit	32.88	0.8	8
2 # 39 Barnes, Jane	W69 SC Striders	33.32	0.8	6
3 # 95 Bowman, Tina	W68 SC Striders	35.53	0.8	4
4 # 504 Kelleher MD, Inez	W65 Unattached	35.67	0.8	3
5 # 1039 Wood, Debra	W66 Unattached	39.90	0.8	2

**W70 200 Meter Dash**

USATF: # 31.39

WMA: R 31.30

Name	Age Team	Finals	Wind	Points
1 # 938 Steinbach, Coreen	W70 Unattached	35.59	0.9	8
2 # 509 Kelly, Pat	W71 Unattached	36.39	0.9	6
3 # 403 Hartzler, Mary	W72 Unattached	40.37	0.9	4
4 # 101 Braxton, Freddie	W71 Trojan Masters T.C.	43.58	0.9	3
5 # 65 Bentz, Isabel	W70 Philadelphia	50.04	0.9	2
6 # 980 Trotto, Mary	W74 Tnt Internat	1:01.96	0.9	1

**W75 200 Meter Dash**

USATF: # 33.79

WMA: R 31.56

Name	Age Team	Finals	Wind	Points
1 # 826 Robinson, Mary	W79 Unattached	44.49	1.8	8
2 # 421 Hensley, Barbara	W77 Southwest Ohio TC	52.42	1.8	6
3 # 932 Staab, Angela	W78 Piedmont Pac	1:00.41	1.8	4

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****W80 200 Meter Dash**

80 USATF: # 35.34

80 WMA: R 36.80

Name	Age Team	Finals	Wind	Points
1 # 68 Bergen, Kathy	W81 SC Striders	37.20	+0.0	8
2 # 368 Guardino, Louise	W80 Piedmont Pac	47.32	+0.0	6

**W85 200 Meter Dash**

85 USATF: # 44.27

85 WMA: R 41.58

Name	Age Team	Finals	Wind	Points
1 # 243 Donley, Christel	W86 Colorado Mas	57.95	+0.0	8

**M25-29 200 Meter Dash**

Name	Age Team	Finals	Wind	Points
1 # 685 Moody, Gerrand	M25 Unattached	23.18	0.4	8
2 # 256 Dukes, Ryan	M29 Unattached	23.67	0.4	6
3 # 601 Maritato, Maxwell	M25 Unattached	24.14	0.4	4
4 # 233 Dino, Mervin	M27 Unattached	24.29	0.4	3
5 # 213 Daniels, Christop	M28 Unattached	25.76	0.4	2

**M30 200 Meter Dash**

Name	Age Team	Finals	Wind	Points
1 # 469 Jackson Jr., Char	M32 U.S. Express	21.98	1.7	8
2 # 812 Redrick, Philip	M30 Unattached	23.03	1.7	6
3 # 81 Blakey, Nick	M30 Unattached	23.29	1.7	4
4 # 821 Riley, Dax	M30 Unattached	23.39	1.7	3
5 # 844 Samuels, Kevin	M32 Atlanta Track Club	24.88	1.7	2
6 # 726 Nguyen, Sean	M31 Unattached	25.27	1.7	1
7 # 580 Lueth, Ukelo	M34 Unattached	28.19	1.7	
8 # 259 Duran, Michael	M33 Unattached	28.50	1.7	

**M35 200 Meter Dash**

USATF: # 20.8h

WMA: R 20.11

Name	Age Team	Finals	Wind	Points
1 # 756 Parker, Rondrick	M38 Atlanta Track Club	21.96	2.1	8
2 # 395 Hargrett, Chrisdo	M36 American Samoa	22.15	2.1	6
3 # 600 Marenin, Roman	M38 Centennial S	22.35	2.1	4
4 # 198 Corominas, Louis	M36 Unattached	22.46	2.1	3
5 # 257 Dunn, Durran	M39 Atlanta Track Club	22.69	2.1	2
6 # 40 Barnes, Marcus	M38 Atlanta Track Club	23.72	2.1	1
7 # 435 Hite, Erik	M35 Unattached	23.97	2.1	

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****M40 200 Meter Dash**

USATF: # 21.86

WMA: R 20.64

Name	Age Team	Finals	Wind	Points
1 # 982 Tutskey, Daniel	M41 Unattached	22.55	0.5	8
2 # 236 *Dixon, Jeremiah	M40 Namibia	X22.84	0.5	
3 # 1042 Woodyard, Eric	M44 Empire Runne	23.80	0.5	6
4 # 340 Glenn, Jamar	M41 Charlotte Tr	24.15	0.5	4
5 # 976 Torres, Jassiel	M43 Southwest Sp	24.19	0.5	3
6 # 510 Kelly, Travis	M41 Unattached	24.46	0.5	2
7 # 1032 Williams Jr, Calv	M41 Unattached	25.01	0.5	1
8 # 239 Dodds, Thomas	M44 Unattached	27.70	0.5	

**M45 200 Meter Dash**

USATF: # 21.80

WMA: R 21.80

Name	Age Team	Finals	Wind	Points
1 # 25 Atkins, Ronald	M47 Kitsap Flier	22.84	1.3	8
2 # 587 Mack, Jeffery	M49 Unattached	23.24	1.3	6
3 # 967 Thompson, Ecron	M47 Unattached	23.53	1.3	4
4 # 227 Delisle, Rawle	M46 Southwest Sp	23.70	1.3	3
5 # 6 Alderton, Adam	M47 Southwest Sp	23.79	1.3	2
6 # 373 Haack, Peter	M47 Unattached	24.14	1.3	1
7 # 173 *Clarke Sr., Rona	M47 Canada	X26.93	1.3	

**M50 200 Meter Dash****8 Advance: Top 2 Each Heat plus Next 4 Best Times**

USATF: # 22.44

WMA: R 22.44

Name	Age Team	Prelims	Wind	H#
<b>Preliminaries</b>				
1 # 766 Payne Jr., Jerome	M50 Unattached	23.85Q	1.5	1
2 # 390 Hanes III, Norris	M53 Potomac Vall	24.29Q	2.7	2
3 # 203 Cranford, Walter	M54 Unattached	24.58Q	2.7	2
4 # 103 Bridges, Lee	M54 Unattached	24.82Q	1.5	1
5 # 442 Holmes, Robert	M50 Unattached	25.22q	2.7	2 25.216
5 # 771 Peete, Tecumseh	M51 Atlanta Track Club	25.22q	1.5	1 25.216
7 # 329 Gartin, Kent	M51 Unattached	25.40q	1.5	1
8 # 876 Senes, Alessandro	M54 Unattached	25.43q	1.5	1
9 # 701 Muhammad, Fahim	M51 Unattached	25.57	2.7	2
10 # 969 Thorne, Gavin	M50 So Cal Track Club	25.67	2.7	2
11 # 887 *Shimmi, Akio	M50 Japan	X26.08	1.5	1 26.073
11 # 797 Prince, Eric	M52 Unattached	26.08	2.7	2 26.073
13 # 52 Baynes, Andre	M50 Mass Velocit	26.77	2.7	2
14 # 858 Schloot, Andy	M54 Unattached	40.35	1.5	1

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****M50 200 Meter Dash**

USATF: # 22.44

WMA: R 22.44

Name	Age Team	Finals	Wind	Points
<b>Finals</b>				
1 # 390 Hanes III, Norris	M53 Potomac Vall	23.68	0.8	8
2 # 103 Bridges, Lee	M54 Unattached	23.91	0.8	6
3 # 203 Cranford, Walter	M54 Unattached	24.21	0.8	4
4 # 442 Holmes, Robert	M50 Unattached	24.99	0.8	3
5 # 771 Peete, Tecumseh	M51 Atlanta Track Club	25.05	0.8	2
6 # 876 Senes, Alessandro	M54 Unattached	25.58	0.8	1
7 # 329 Gartin, Kent	M51 Unattached	25.74	0.8	

**M55 200 Meter Dash****8 Advance: Top 2 Each Heat plus Next 2 Best Times**

USATF: # 23.24

WMA: R 23.24

Name	Age Team	Prelims	Wind	H#
<b>Preliminaries</b>				
1 # 83 Boda, Francois	M57 Southwest Sp	24.68Q	2.7	3
2 # 336 Gibbon, David	M55 Unattached	24.84Q	3.4	1
3 # 309 Foster, Robert	M59 So Cal Track Club	25.97Q	1.6	2
4 # 133 *Campbell, John	M58 New Zealand	X25.61Q	3.4	1
5 # 925 Soignet, Joseph	M57 Unattached	26.14Q	2.7	3
6 # 98 Bradecamp, Michae	M57 Potomac Vall	26.84Q	1.6	2
7 # 46 Barrios, Paul	M55 Unattached	26.15q	2.7	3
8 # 592 Makino, Shigeki	M55 Mass Velocit	26.34q	2.7	3
9 # 470 Jackson Sr., Lion	M56 Mass Velocit	26.74	3.4	1
10 # 700 Muhammad, Courtne	M58 Unattached	26.75	2.7	3
11 # 413 Heldman, Alan	M58 Unattached	26.95	3.4	1
12 # 427 Hickey, Christoph	M58 Potomac Vall	28.24	3.4	1
13 # 331 Gaskin Sr., Derek	M55 Unattached	28.43	1.6	2
14 # 180 Cockerham IV, How	M58 Unattached	29.14	1.6	2

**M55 200 Meter Dash**

USATF: # 23.24

WMA: R 23.24

Name	Age Team	Finals	Wind	Points
<b>Finals</b>				
1 # 83 Boda, Francois	M57 Southwest Sp	23.99	1.4	8
2 # 133 *Campbell, John	M58 New Zealand	X24.50	1.4	
3 # 336 Gibbon, David	M55 Unattached	24.59	1.4	6
4 # 98 Bradecamp, Michae	M57 Potomac Vall	25.30	1.4	4
5 # 309 Foster, Robert	M59 So Cal Track Club	25.62	1.4	3
6 # 46 Barrios, Paul	M55 Unattached	26.83	1.4	2
7 # 592 Makino, Shigeki	M55 Mass Velocit	26.84	1.4	1

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****M60 200 Meter Dash****8 Advance: Top 2 Each Heat plus Next 4 Best Times**

USATF: # 24.14

WMA: R 24.00

Name	Age	Team	Prelims	Wind	H#
Preliminaries					
1 # 972 Tissenbaum, Allan	M61	So Cal Track Club	25.22Q	2.2	1
2 # 1045 Yelverton, Willia	M61	Greater Phil	25.48Q	3.0	2
3 # 638 McGee, Don	M61	Potomac Vall	26.40Q	2.2	1
4 # 10 Allen, McDuffrie	M60	San Diego Tr	26.47Q	3.0	2
5 # 723 Neumann, David	M61	Mass Velocit	26.48q	2.2	1
6 # 930 Spruill, Willie	M63	Unattached	27.36q	2.2	1
7 # 626 McConnell, Chris	M64	Mass Velocit	28.43q	3.0	2
8 # 319 Friend Sr., Byron	M62	Tnt Internat	28.74q	3.0	2
9 # 115 Broyd, Graham	M63	Westchester	28.93	3.0	2
10 # 490 Jones, David	M60	Miami Northw	46.24	3.0	2
-- # 806 Randall, Paul	M60	Unattached	DNF	2.2	1
-- # 966 Thompson, Douglas	M62	Unattached	DNF	2.2	1

**M60 200 Meter Dash**

USATF: # 24.14

WMA: R 24.00

Name	Age	Team	Finals	Wind	Points
Finals					
1 # 1045 Yelverton, Willia	M61	Greater Phil	25.36	0.8	8
2 # 638 McGee, Don	M61	Potomac Vall	26.50	0.8	6
3 # 10 Allen, McDuffrie	M60	San Diego Tr	26.85	0.8	4
4 # 723 Neumann, David	M61	Mass Velocit	26.98	0.8	3
5 # 930 Spruill, Willie	M63	Unattached	27.63	0.8	2
6 # 626 McConnell, Chris	M64	Mass Velocit	28.51	0.8	1
7 # 319 Friend Sr., Byron	M62	Tnt Internat	29.26	0.8	
-- # 972 Tissenbaum, Allan	M61	So Cal Track Club	DNF	0.8	

**M65 200 Meter Dash****8 Advance: Top 2 Each Heat plus Next 4 Best Times**

USATF: # 24.65

WMA: R 24.65

Name	Age	Team	Prelims	Wind	H#
Preliminaries					
1 # 202 Craig, David	M69	So Cal Track Club	27.55Q	2.4	2
2 # 281 Evans, Hubert	M67	So Cal Track Club	27.75Q	3.2	1
3 # 94 Bowen, Robert	M69	Unattached	27.64Q	2.4	2
4 # 893 Shufelt, Michael	M66	Unattached	27.86Q	3.2	1
5 # 954 Tarasewicz, Donal	M67	Unattached	28.03q	2.4	2
6 # 919 Snow, Steven	M67	Mass Velocit	29.15q	2.4	2
7 # 898 Simek, Thomas	M69	Unattached	30.46q	3.2	1
8 # 1013 Weiss, Noel	M69	So Cal Track Club	32.00q	2.4	2
9 # 84 Boehr, Douglas	M68	Unattached	34.85	3.2	1
10 # 796 Price, Larry	M67	Unattached	35.74	3.2	1
11 # 918 Snodgrass, Ernie	M68	Unattached	40.68	2.4	2



**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****M65 200 Meter Dash**

USATF: # 24.65

WMA: R 24.65

Name	Age Team	Finals	Wind	Points
Finals				
1 # 94 Bowen, Robert	M69 Unattached	27.42	-0.2	8
2 # 202 Craig, David	M69 So Cal Track Club	27.97	-0.2	6
3 # 954 Tarasewicz, Donal	M67 Unattached	27.98	-0.2	4
4 # 919 Snow, Steven	M67 Mass Velocit	28.00	-0.2	3
5 # 893 Shufelt, Michael	M66 Unattached	28.65	-0.2	2
6 # 898 Simek, Thomas	M69 Unattached	30.14	-0.2	1
7 # 281 Evans, Hubert	M67 So Cal Track Club	30.48	-0.2	
8 # 1013 Weiss, Noel	M69 So Cal Track Club	32.96	-0.2	

**M70 200 Meter Dash****8 Advance: Top 2 Each Heat plus Next 4 Best Times**

USATF: # 25.75

WMA: R 25.75

Name	Age Team	Prelims	Wind	H#
Preliminaries				
1 # 517 Kish, Michael	M70 Shore Athletic Club	27.59Q	0.5	2
2 # 108 Brown, Alston	M72 Central Park	28.55Q	0.5	1
3 # 926 Somerville, Edwar	M70 Unattached	28.49Q	0.5	2
4 # 751 Pace, John	M70 Unattached	33.89Q	0.5	1
5 # 96 Bowne, George	M70 Unattached	30.66q	0.5	2
6 # 164 Chen, Peter	M70 Unattached	34.39q	0.5	2
7 # 241 Dolezel, Jim	M71 So Cal Track Club	34.53q	0.5	2
8 # 1007 Washington, Micha	M73 Trojan Masters T.C.	35.59q	0.5	1
-- # 814 Regan, Shawn	M71 Twin Cities	DNF	0.5	1

**M70 200 Meter Dash**

USATF: # 25.75

WMA: R 25.75

Name	Age Team	Finals	Wind	Points
Finals				
1 # 517 Kish, Michael	M70 Shore Athletic Club	27.34	1.4	8
2 # 926 Somerville, Edwar	M70 Unattached	28.56	1.4	6
3 # 108 Brown, Alston	M72 Central Park	28.61	1.4	4
4 # 96 Bowne, George	M70 Unattached	30.26	1.4	3
5 # 751 Pace, John	M70 Unattached	32.18	1.4	2
6 # 164 Chen, Peter	M70 Unattached	34.25	1.4	1
7 # 241 Dolezel, Jim	M71 So Cal Track Club	34.35	1.4	
8 # 1007 Washington, Micha	M73 Trojan Masters T.C.	36.09	1.4	

**M75 200 Meter Dash**

USATF: # 27.73

WMA: R 27.73

Name	Age Team	Finals	Wind	Points
1 # 111 Brown, Kenton	M76 Unattached	28.92	-0.6	8

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****...M75 200 Meter Dash**

2 #	667 Milewski, Paul	M76 Unattached	32.18	-0.6	6
3 #	681 Montgomery, Paul	M75 Unattached	33.05	-0.6	4
4 #	91 Booth, Howard	M77 Unattached	37.85	-0.6	3

**M80 200 Meter Dash**

USATF: # 29.90

WMA: R 29.54

Name	Age Team	Finals	Wind	Points
1 # 949 Strouse, Frank	M80 Joy's Jackra	32.01	1.4	8
2 # 834 Rowan, Terry	M80 Empire Runne	35.10	1.4	6
3 # 841 Sagedahl, Sherwoo	M82 Unattached	36.47	1.4	4

**M85 200 Meter Dash**

85 USATF: # 34.41

85 WMA: R 31.69

Name	Age Team	Finals	Wind	Points
1 # 782 Phillips, Alan	M87 St Cloud Riv	44.26	0.6	8

**M90 200 Meter Dash**

90 USATF: # 41.20

90 WMA: R 36.02

Name	Age Team	Finals	Wind	Points
1 # 788 Platts, William	M93 Snake River	52.10	0.6	8
2 # 334 Genzlinger, Vance	M92 Unattached	1:27.22	0.6	6

**M95 200 Meter Dash**

95 USATF: # 1:02.28

95 WMA: R 48.69

Name	Age Team	Finals	Wind	Points
1 # 415 Hemphill, Dixon	M96 Potomac Vall	2:58.78	0.6	8

**W30 400 Meter Dash**

Name	Age Team	Finals	Points
1 # 121 Buchanan, Kindell	W34 Atlanta Track Club	1:24.03	8

**W35 400 Meter Dash**

35 USATF: # 50.02

35 WMA: R 50.02

Name	Age Team	Finals	Points
1 # 117 Brunnette, Lacy	W35 Unattached	1:05.69	8

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****W40 400 Meter Dash**

USATF: # 56.90

WMA: R 53.68

Name	Age	Team	Finals	Points
1 # 335 Gibb-Gabriel, Adj	W41	Joy's Jackra	59.76	8
2 # 383 Halvatzis, Sandra	W41	Unattached	1:02.47	6
3 # 268 Edwards, Lisa	W43	Unattached	1:04.60	4
4 # 867 Schwalm, Alison	W43	Greater Phil	1:05.92	3
5 # 559 Lewis, Georgette	W41	Unattached	1:08.19	2
6 # 232 Dietrich, Alex	W42	So Cal Track Club	1:26.86	1

**W45 400 Meter Dash**

USATF: # 56.82

WMA: R 56.15

Name	Age	Team	Finals	Points
1 # 420 Henry-Nott, Angee	W45	Unattached	56.14R	8
2 # 596 Mann, Elly	W45	Joy's Jackra	1:05.22	6
3 # 579 Luedke, Lace	W45	Unattached	1:05.58	4
4 # 119 Bryson, Bonnie	W45	Greater Phil	1:07.70	3
5 # 1043 Yarmul, Christina	W47	Unattached	1:09.91	2
6 # 179 Cockerham, Meliss	W47	Unattached	1:21.31	1

**W50 400 Meter Dash**

USATF: # 1:01.02

WMA: R 57.66

Name	Age	Team	Finals	Points
1 # 640 Mcgowan, Emmanuel	W53	Maximum Quot	1:03.02	8
2 # 229 DeOliveira, Diann	W50	Bella N Motion	1:04.11	6
3 # 407 Hawkins, Sonder	W53	Unattached	1:05.31	4
4 # 34 Ballou, Terry	W53	Athena Track Club	1:08.04	3
5 # 711 Murray, Betsy	W51	Mass Velocit	1:14.42	2

**W55 400 Meter Dash**

USATF: # 1:04.08

WMA: R 59.36

Name	Age	Team	Finals	Points
1 # 106 Brockner, Roxanne	W55	elitefeats	1:04.43	8
2 # 404 Harvey, Alisa	W55	Unattached	1:04.82	6
3 # 635 McDonald, Sue	W58	T.H.E. Track Team	1:05.19	4
4 # 808 Rath, Terri	W57	Greater Phil	1:11.78	3
5 # 491 Jones, L. LaShawn	W55	Unattached	1:14.36	2
6 # 655 Meierhenry, Mary	W56	Unattached	1:14.87	1
7 # 155 Centeno, Christin	W55	So Cal Track Club	1:15.96	

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****W60 400 Meter Dash**

USATF: # 1:06.69

WMA: R 1:04.31

Name	Age Team	Finals	Points
1 # 434 Hinz, Lesley	W63 T.H.E. Track Team	1:10.89	8
2 # 408 Hayden, Julie	W61 Greater Phil	1:12.29	6
3 # 191 Cooke, Susan	W62 Unattached	1:13.40	4
4 # 871 Scott, Daphne	W61 Club Northwest	1:14.71	3
5 # 316 Fray, Susan	W60 Unattached	1:17.67	2
6 # 577 Loyd, Susan	W63 Mass Velocit	1:20.71	1

**W65 400 Meter Dash**

USATF: # 1:11.45

WMA: R 1:08.21

Name	Age Team	Finals	Points
1 # 321 Funk, Leandra	W65 Mass Velocit	1:15.33	8
2 # 95 Bowman, Tina	W68 SC Striders	1:26.36	6
3 # 783 Phillips, Hannah	W69 Potomac Vall	1:27.77	4
4 # 1039 Wood, Debra	W66 Unattached	1:30.92	3
5 # 750 Ozell, Terry	W68 Atlanta Track Club	1:38.83	2

**W70 400 Meter Dash**

USATF: # 1:17.92

WMA: R 1:11.78

Name	Age Team	Finals	Points
1 # 938 Steinbach, Coreen	W70 Unattached	1:21.31	8
2 # 509 Kelly, Pat	W71 Unattached	1:28.92	6
3 # 832 Rollins, Nancy	W74 Unattached	1:39.08	4
4 # 403 Hartzler, Mary	W72 Unattached	1:41.01	3
5 # 101 Braxton, Freddie	W71 Trojan Masters T.C.	1:45.93	2
6 # 65 Bentz, Isabel	W70 Philadelphia	1:47.80	1

**W75 400 Meter Dash**

USATF: # 1:22.39

WMA: R 1:19.53

Name	Age Team	Finals	Points
1 # 826 Robinson, Mary	W79 Unattached	1:49.99	8
2 # 421 Hensley, Barbara	W77 Southwest Ohio TC	1:58.86	6
3 # 311 Frable, Kathleen	W75 So Cal Track Club	2:04.65	4

**W80 400 Meter Dash**

USATF: # 1:33.94

WMA: R 19.84

Name	Age Team	Finals	Points
1 # 913 Smith, Mary	W80 Colorado Mas	1:30.84#	8
2 # 368 Guardino, Louise	W80 Piedmont Pac	2:04.68	6

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****M30 400 Meter Dash**

Name	Age Team	Finals	Points
1 # 409 Hayes, Armanti	M33 Unattached	50.38	8
2 # 171 Clark, Mat	M34 Unattached	50.87	6
3 # 81 Blakey, Nick	M30 Unattached	51.46	4
4 # 778 Peyton Jr., Stanl	M34 Unattached	52.03	3
5 # 211 Daniel, Hunter	M34 Prado Racing Team	55.97	2

**M35 400 Meter Dash**

Name	Age Team	Finals	Points
USATF: # 46.38			
WMA: R 44.54			
1 # 600 Marenin, Roman	M38 Centennial S	50.31	8
2 # 429 Hicks, Kevin	M36 Unattached	52.12	6
3 # 669 Miller, Mike	M38 Unattached	56.33	4
4 # 588 Macrini, Joseph	M35 Unattached	56.71	3
5 # 717 Naples, Jeff	M38 Unattached	56.79	2

**M40 400 Meter Dash****8 Advance: Top 2 Each Heat plus Next 4 Best Times**

Name	Age Team	Prelims	H#
USATF: # 48.44			
WMA: R 47.81			
Preliminaries			
1 # 360 Green Jr., Gerald	M40 Atlanta Track Club	55.90Q	1
2 # 752 Pack Jr., Rick	M40 Piedmont Pac	56.78Q	2
3 # 1028 Wilks, Quinton	M40 Kansas City Smoke	56.53Q	1
4 # 340 Glenn, Jamar	M41 Charlotte Tr	57.91Q	2
5 # 976 Torres, Jassiel	M43 Southwest Sp	57.97q	2
6 # 1032 Williams Jr, Calv	M41 Unattached	58.45q	1
7 # 417 Henrich, Troy	M42 Unattached	58.67q	2
8 # 506 Kelly, Brian	M40 Centennial S	58.73q	1
9 # 156 Chambers, Keith	M42 So Cal Track Club	59.26	1
10 # 361 Greene, Michael	M42 So Cal Track Club	1:01.17	2

**M40 400 Meter Dash**

Name	Age Team	Finals	Points
USATF: # 48.44			
WMA: R 47.81			
Finals			
1 # 360 Green Jr., Gerald	M40 Atlanta Track Club	52.94	8
2 # 340 Glenn, Jamar	M41 Charlotte Tr	54.04	6
3 # 752 Pack Jr., Rick	M40 Piedmont Pac	54.41	4
4 # 1028 Wilks, Quinton	M40 Kansas City Smoke	55.40	3
5 # 1032 Williams Jr, Calv	M41 Unattached	56.54	2
6 # 417 Henrich, Troy	M42 Unattached	57.49	1
7 # 976 Torres, Jassiel	M43 Southwest Sp	57.86	
8 # 506 Kelly, Brian	M40 Centennial S	59.19	

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****M45 400 Meter Dash**

USATF: # 49.09

WMA: R 49.09

Name	Age Team	Finals	Points
1 # 569 Lomax Jr., Samuel	M47 Potomac Vall	52.57	8
2 # 6 Alderton, Adam	M47 Southwest Sp	52.72	6
3 # 1030 Williams, Mark	M48 Unattached	53.55	4
4 # 373 Haack, Peter	M47 Unattached	53.99	3
5 # 355 Graham Jr., CL	M49 Unattached	54.71	2
6 # 15 Anderson, Ryan	M45 Unattached	55.93	1
7 # 173 *Clarke Sr., Rona	M47 Canada	X1:01.32	
8 # 451 Huff, Josh	M48 Kitsap Flier	1:02.63	

**M50 400 Meter Dash****8 Advance: Top 2 Each Heat plus Next 4 Best Times**

USATF: # 51.13

WMA: R 50.73

Name	Age Team	Prelims	H#
Preliminaries			
1 # 419 Henry Jr., David	M51 Atlanta Track Club	57.94Q	2
2 # 958 Terkildsen, Quent	M52 Unattached	59.09Q	1
3 # 103 Bridges, Lee	M54 Unattached	58.94Q	2
4 # 223 *De Freitas, Carl	M50 Brazil	X59.31Q	1
5 # 674 Minsky, Steve	M50 Unattached	59.43q	2
6 # 797 Prince, Eric	M52 Unattached	59.50q	1
7 # 247 Douet, Wayne	M52 Unattached	1:02.00q	2
8 # 52 Baynes, Andre	M50 Mass Velocit	1:02.18q	1
9 # 36 Banuelos, Fidel	M54 Portland Mas	1:12.70	1

**M50 400 Meter Dash**

USATF: # 51.13

WMA: R 50.73

Name	Age Team	Finals	Points
Finals			
1 # 103 Bridges, Lee	M54 Unattached	55.54	8
2 # 223 *De Freitas, Carl	M50 Brazil	X56.17	
3 # 958 Terkildsen, Quent	M52 Unattached	56.33	6
4 # 419 Henry Jr., David	M51 Atlanta Track Club	57.50	4
5 # 674 Minsky, Steve	M50 Unattached	57.87	3
6 # 797 Prince, Eric	M52 Unattached	58.57	
7 # 52 Baynes, Andre	M50 Mass Velocit	1:01.22	2
8 # 247 Douet, Wayne	M52 Unattached	1:05.49	1

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****M55 400 Meter Dash****8 Advance: Top 2 Each Heat plus Next 4 Best Times**

USATF: # 52.24

WMA: R 52.24

Name	Age	Team	Prelims	H#
Preliminaries				
1 # 83 Boda, Francois	M57	Southwest Sp	56.82Q	1
2 # 44 Barrett, Owen	M59	Unattached	59.88Q	2
3 # 925 Soignet, Joseph	M57	Unattached	1:00.71Q	2
4 # 327 Garratt, Rodney	M57	Unattached	1:02.09Q	1
5 # 372 Guild, Matthew	M57	Green Mounta	1:01.47q	2
6 # 1001 Wallack, Matthew	M59	Shore Athletic Club	1:02.60q	1
7 # 381 Hales, Greg	M55	Santa Cruz T	1:02.87q	2
8 # 128 Bynoe Sr., David	M59	Tnt Internat	1:04.33q	2
9 # 882 Sheehy, Alan	M55	So Cal Track Club	1:05.11	1
10 # 92 Borthwick, John	M57	Kansas City Smoke	1:05.62	1
11 # 138 Cannon, David	M56	Atlanta Track Club	1:07.40	1

**M55 400 Meter Dash**

USATF: # 52.24

WMA: R 52.24

Name	Age	Team	Finals	Points
Finals				
1 # 83 Boda, Francois	M57	Southwest Sp	55.14	8
2 # 925 Soignet, Joseph	M57	Unattached	58.78	6
3 # 44 Barrett, Owen	M59	Unattached	1:01.01	4
4 # 327 Garratt, Rodney	M57	Unattached	1:01.72	3
5 # 381 Hales, Greg	M55	Santa Cruz T	1:02.47	2
6 # 1001 Wallack, Matthew	M59	Shore Athletic Club	1:02.64	1
7 # 372 Guild, Matthew	M57	Green Mounta	1:14.79	

**M60 400 Meter Dash****8 Advance: Top 2 Each Heat plus Next 4 Best Times**

USATF: # 54.29

WMA: R 53.88

Name	Age	Team	Prelims	H#
Preliminaries				
1 # 1045 Yelverton, Willia	M61	Greater Phil	57.19Q	2
2 # 10 Allen, McDuffrie	M60	San Diego Tr	59.80Q	1
3 # 966 Thompson, Douglas	M62	Unattached	1:01.91Q	1
4 # 1026 Wilkes, David	M61	Atlanta Track Club	1:01.97Q	2
5 # 723 Neumann, David	M61	Mass Velocit	1:02.55q	1
6 # 286 Farrell, Brian	M64	So Cal Track Club	1:07.26q	1
7 # 115 Broyd, Graham	M63	Westchester	1:07.36q	1
8 # 186 Conheady, Timothy	M64	Greater Phil	1:08.50q	2
9 # 881 Shearman, Mark	M62	Unattached	1:21.45	2

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****M60 400 Meter Dash**

USATF: # 54.29

WMA: R 53.88

Name	Age Team	Finals	Points
Finals			
1 # 1045 Yelverton, Willia	M61 Greater Phil	56.78	8
2 # 10 Allen, McDuffrie	M60 San Diego Tr	58.87	6
3 # 966 Thompson, Douglas	M62 Unattached	1:00.58	4
4 # 723 Neumann, David	M61 Mass Velocit	1:01.65	3
5 # 286 Farrell, Brian	M64 So Cal Track Club	1:06.70	2
6 # 115 Broyd, Graham	M63 Westchester	1:10.44	1
-- # 1026 Wilkes, David	M61 Atlanta Track Club	DNF	

**M65 400 Meter Dash**

USATF: # 56.09

WMA: R 56.09

Name	Age Team	Finals	Points
1 # 202 Craig, David	M69 So Cal Track Club	1:02.67	8
2 # 410 Haywood, George	M68 Houston Elite	1:03.55	6
3 # 919 Snow, Steven	M67 Mass Velocit	1:06.01	4
4 # 82 Bland, Robert	M69 Finger Lakes	1:07.20	3
5 # 284 Farley, Eric	M65 Bowerman Track Club	1:08.26	2

**M70 400 Meter Dash****8 Advance: Top 2 Each Heat plus Next 4 Best Times**

USATF: # 57.26

WMA: R 57.26

Name	Age Team	Prelims	H#
Preliminaries			
1 # 108 Brown, Alston	M72 Central Park	1:03.28Q	1
2 # 926 Somerville, Edwar	M70 Unattached	1:08.05Q	2
3 # 686 Moore, William	M71 Potomac Vall	1:11.42Q	1
4 # 500 Kearley, Timothy	M71 Unattached	1:16.05Q	2
5 # 734 Obye, Douglas	M71 Unattached	1:21.85q	2
6 # 1007 Washington, Micha	M73 Trojan Masters T.C.	1:23.62q	1
7 # 814 Regan, Shawn	M71 Twin Cities	1:24.40q	2
8 # 623 McCaskey, Patrick	M72 Unattached	1:24.62q	1
9 # 426 Hewitt, Glen	M70 Unattached	1:26.75	1
10 # 1003 Wand, Kevin	M70 Unattached	1:28.18	2

**M70 400 Meter Dash**

USATF: # 57.26

WMA: R 57.26

Name	Age Team	Finals	Points
Finals			
1 # 108 Brown, Alston	M72 Central Park	1:02.39	8
2 # 926 Somerville, Edwar	M70 Unattached	1:06.04	6
3 # 500 Kearley, Timothy	M71 Unattached	1:11.61	4
4 # 686 Moore, William	M71 Potomac Vall	1:12.94	3



**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****...M70 400 Meter Dash**

5 #	734 Obye, Douglas	M71 Unattached	1:19.39	2
6 #	814 Regan, Shawn	M71 Twin Cities	1:21.69	1
7 #	1007 Washington, Micha	M73 Trojan Masters T.C.	1:24.39	
8 #	623 McCaskey, Patrick	M72 Unattached	1:24.99	

**M75 400 Meter Dash**

USATF: # 1:04.45

WMA: R 1:02.40

Name	Age Team	Finals	Points
1 # 816 Reiter, William	M75 Unattached	1:16.61	8
2 # 667 Milewski, Paul	M76 Unattached	1:18.81	6
3 # 984 Utterback, Arnold	M75 Unattached	1:30.00	4

**M80 400 Meter Dash**

USATF: # 1:12.10

WMA: R 1:10.01

Name	Age Team	Finals	Points
1 # 841 Sagedahl, Sherwoo	M82 Unattached	1:24.98	8
2 # 993 Vergin, Roger	M83 Club Northwest	1:46.12	6
3 # 851 Satyaprasad, Ram	M83 New England	1:58.74	4

**M85 400 Meter Dash**

85 USATF: # 1:24.18

85 WMA: R 1:17.12

Name	Age Team	Finals	Points
1 # 782 Phillips, Alan	M87 St Cloud Riv	1:40.37	8

**M90 400 Meter Dash**

90 USATF: # 1:39.39

90 WMA: R 1:29.35

Name	Age Team	Finals	Points
1 # 334 Genzlinger, Vance	M92 Unattached	3:12.64	8

**W25-29 800 Meter Run**

Name	Age Team	Finals	Points
1 # 760 Pasko, Amanda	W25 Boston-North	2:34.28	8
2 # 599 Marchino, Gabriel	W25 Unattached	2:52.22	6

**W30 800 Meter Run**

Name	Age Team	Finals	Points
1 # 271 Elder, Christina	W33 Lrc Nebraska	2:20.31	8
2 # 121 Buchanan, Kindell	W34 Atlanta Track Club	3:24.23	6

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****W35 800 Meter Run**

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35 USATF: # 1:57.27

35 WMA: R 1:56.53

Name	Age Team	Finals	Points
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1 # 591 Mahoney, Sara	W36 Unattached	2:28.19	8
2 # 684 Monzelowsky, Tess	W39 Gys Track Club	2:55.00	6

**W40 800 Meter Run**

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40 USATF: # 2:06.15

40 WMA: R 1:59.25

Name	Age Team	Finals	Points
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1 # 562 Licata, Christine	W41 Garden State	2:24.07	8
2 # 867 Schwalm, Alison	W43 Greater Phil	2:32.52	6
3 # 232 Dietrich, Alex	W42 So Cal Track Club	3:03.42	4
4 # 199 Cote, Melissa	W43 Gys Track Club	3:07.33	3

**W45 800 Meter Run**

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45 USATF: # 2:13.67

45 WMA: R 2:02.82

Name	Age Team	Finals	Points
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1 # 494 Josiah-Tanner, Eu	W47 T.H.E. Track Team	2:38.30	8
2 # 179 Cockerham, Meliss	W47 Unattached	3:00.86	6
3 # 579 Luedke, Lace	W45 Unattached	3:09.46	4

**W50 800 Meter Run**

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USATF: # 2:19.02

WMA: R 2:12.50

Name	Age Team	Finals	Points
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1 # 229 DeOliveira, Diann	W50 Bella N Motion	2:26.70	8
2 # 34 Ballou, Terry	W53 Athena Track Club	2:36.85	6
3 # 302 Flynn, April	W52 Unattached	2:43.01	4
4 # 711 Murray, Betsy	W51 Mass Velocit	2:43.45	3
5 # 554 *Lee, Tracy	W50 Ireland	X2:46.80	2

**W55 800 Meter Run**

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USATF: # 2:25.71

WMA: R 2:19.63

Name	Age Team	Finals	Points
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1 # 829 Rohl, Michelle	W55 Greater Phil	2:23.26#	8
2 # 404 Harvey, Alisa	W55 Unattached	2:28.25	6
3 # 985 Valle, Lisa	W55 New Mexico T	2:29.51	4
4 # 942 Stobbe, Judy	W56 Central Park	2:33.42	3
5 # 478 Jasper, Lorraine	W59 Greater Phil	2:38.30	2
6 # 808 Rath, Terri	W57 Greater Phil	2:46.74	1
7 # 929 Springer, Roxanne	W57 Unattached	2:49.08	

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****W60 800 Meter Run**

60 USATF: # 2:34.60

60 WMA: R 2:33.09

Name	Age Team	Finals	Points
1 # 434 Hinz, Lesley	W63 T.H.E. Track Team	2:45.11	8
2 # 408 Hayden, Julie	W61 Greater Phil	2:47.29	6
3 # 135 Candon, Eugenie	W62 Unattached	3:00.10	4
4 # 896 Siegel, Lauren	W61 Philadelphia	3:50.09	3

**W65 800 Meter Run**

65 USATF: # 2:39.61

65 WMA: R 2:39.61

Name	Age Team	Finals	Points
1 # 627 McCormack, Amy	W66 Unattached	3:11.33	8
2 # 618 Mayhugh, Mary Low	W65 Potomac Vall	3:33.74	6
3 # 1039 Wood, Debra	W66 Unattached	3:37.68	4
4 # 716 Myers, Helene	W66 Unattached	5:41.61	3

**W70 800 Meter Run**

70 USATF: # 2:50.66

70 WMA: R 2:50.66

Name	Age Team	Finals	Points
1 # 938 Steinbach, Coreen	W70 Unattached	3:05.85	8
2 # 832 Rollins, Nancy	W74 Unattached	3:38.60	6
3 # 450 Hudnall, Norma	W71 Atlanta Track Club	3:49.64	4
4 # 65 Bentz, Isabel	W70 Philadelphia	3:56.58	3

**W75 800 Meter Run**

75 USATF: # 3:07.35

75 WMA: R 3:07.35

Name	Age Team	Finals	Points
1 # 311 Frable, Kathleen	W75 So Cal Track Club	4:47.04	8
2 # 932 Staab, Angela	W78 Piedmont Pac	5:15.41	6

**W85 800 Meter Run**

85 USATF: # 5:43.32

85 WMA: R 4:15.99

Name	Age Team	Finals	Points
1 # 352 Graf, Tami	W85 Potomac Vall	7:33.34	8

**M30 800 Meter Run**

Name	Age Team	Finals	Points
1 # 846 Sanders, Reginald	M32 Unattached	1:56.54	8
2 # 171 Clark, Mat	M34 Unattached	1:58.54	6
3 # 221 Davis III, Gary	M31 Unattached	2:00.42	4

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****...M30 800 Meter Run**

4 #	778 Peyton Jr., Stanl	M34 Unattached	2:03.60	3
5 #	250 Doxey, Brian	M32 Unattached	2:04.52	2
6 #	7 Alexander Jr., Mi	M34 Kansas City Smoke	2:08.03	1
7 #	211 Daniel, Hunter	M34 Prado Racing Team	2:10.94	
8 #	338 Gill, Brandon	M33 Unattached	2:20.17	

**M35 800 Meter Run**

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35 USATF: # 1:43.36

35 WMA: R 1:43.36

Name	Age Team	Finals	Points
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1 #	669 Miller, Mike	M38 Unattached	2:09.64	8
2 #	479 Jefferson, Keon	M39 Unattached	2:18.78	6

**M40 800 Meter Run**

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USATF: # 1:50.34

WMA: R 1:48.05

Name	Age Team	Finals	Points
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1 #	904 Slamka, Joshua	M43 Wisconsin Ru	2:00.30	8
2 #	934 Stead, Philip	M40 Unattached	2:00.89	6
3 #	1 Abbot, Jason	M43 Unattached	2:03.50	4
4 #	242 *Donawa, Michael	M43 Bermuda	X2:05.33	
5 #	839 Ruston, Jeremy	M41 Unattached	2:06.62	3
6 #	1000 Walchinsky, Mark	M42 Unattached	2:10.14	2
7 #	840 Ruston, Joshua	M41 Unattached	2:11.09	1
8 #	752 Pack Jr., Rick	M40 Piedmont Pac	2:13.78	
9 #	423 Herrera, Adrian	M41 Unattached	2:17.12	
10 #	513 Keraus, Kyle	M40 Johnston Run	2:25.47	
11 #	361 Greene, Michael	M42 So Cal Track Club	2:27.17	

**M45 800 Meter Run**

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USATF: # 1:54.18

WMA: R 1:49.86

Name	Age Team	Finals	Points
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1 #	1030 Williams, Mark	M48 Unattached	1:59.42	8
2 #	99 Brady, Peter	M49 Central Park	2:02.21	6
3 #	15 Anderson, Ryan	M45 Unattached	2:05.39	4
4 #	355 Graham Jr., CL	M49 Unattached	2:07.12	3
5 #	624 McCleary, Josh	M45 Kansas City Smoke	2:28.67	2
6 #	569 Lomax Jr., Samuel	M47 Potomac Vall	3:09.23	1

**M50 800 Meter Run**

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USATF: # 1:58.65

WMA: R 1:58.65

Name	Age Team	Finals	Points
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1 #	1048 Yuen, Mark	M50 West Valley	2:03.89	8
2 #	418 *Henry, Bernard	M51 Saint Vincent	X2:12.22	
3 #	292 Filipoff, Myron	M50 Unattached	2:15.77	6

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****...M50 800 Meter Run**

4 #	274 Elliott, Lance	M50	Unattached	2:21.01	4
5 #	152 *Cassar, Steven	M52	Malta	X2:21.99	
6 #	1034 Williamson, Mike	M54	Arizona Pacemakers	2:28.23	3
7 #	859 Schmidt, Brian	M52	Unattached	2:29.42	2
8 #	377 Hahn, Jason	M50	Unattached	2:31.24	1
9 #	36 Banuelos, Fidel	M54	Portland Mas	2:54.64	
-- #	902 Siriano, Scott	M54	Mass Velocit	DNF	

**M55 800 Meter Run**

USATF: # 2:03.75

WMA: R 2:02.92

Name	Age	Team	Finals	Points
1 # 728 Nier, Mike	M56	Genesee Vall	2:18.73	8
2 # 597 Mann, Jeff	M58	Unattached	2:19.29	6
3 # 92 Borthwick, John	M57	Kansas City Smoke	2:19.78	4
4 # 1015 Wells, Alan	M58	Atlanta Track Club	2:20.96	3
5 # 138 Cannon, David	M56	Atlanta Track Club	2:30.70	2
6 # 1008 Watry, James	M58	So Cal Track Club	2:34.76	1
-- # 499 Kast, Steven	M56	Colonial Roa	DNF	

**M60 800 Meter Run**

USATF: # 2:08.56

WMA: R 2:08.56

Name	Age	Team	Finals	H#	Points
1 # 175 Class, Rob	M60	Run MN	2:17.56	2	8
2 # 1045 Yelverton, Willia	M61	Greater Phil	2:18.74	2	6
3 # 765 Paulk, Kevin	M60	Atlanta Track Club	2:19.19	2	4
4 # 550 Lebold, Michael	M63	Unattached	2:20.37	2	3
5 # 10 Allen, McDuffrie	M60	San Diego Tr	2:21.87	2	2
6 # 1017 Westenberg, David	M63	Greater Lowe	2:23.26	2	1
7 # 200 Cottrell, Bob	M61	Unattached	2:30.86	1	
8 # 186 Conheady, Timothy	M64	Greater Phil	2:31.25	2	
9 # 89 Bommer, Arno	M61	Unattached	2:31.84	2	
10 # 142 Character, William	M60	Potomac Vall	2:40.07	1	
11 # 732 Oakes, Christian	M62	Tamalpa Runn	2:41.37	1	
12 # 66 Benudiz, Ronald	M60	Unattached	2:42.53	1	
13 # 951 Sutton, Marc	M63	Unattached	2:47.77	1	
14 # 286 Farrell, Brian	M64	So Cal Track Club	2:50.77	1	

**M65 800 Meter Run**

USATF: # 2:17.20

WMA: R 2:14.33

Name	Age	Team	Finals	Points
1 # 158 Chantry, Stephen	M66	Colonial Roa	2:36.26	8
2 # 396 Harmon, John	M65	Empire Runne	2:52.30	6
3 # 665 Michaelson, Peter	M66	Mass Velocit	2:59.50	4
-- # 987 Vanderhoof, Gary	M65	Potomac Vall	DNF	

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****M70 800 Meter Run**

USATF: # 2:26.14

WMA: R 2:20.52

Name	Age Team	Finals	Points
1 # 878 Shaheed, Nolan	M72 So Cal Track Club	2:48.58	8
2 # 1029 Williams, David	M70 Eastern Buck	2:51.61	6
3 # 549 Learned, Jerry	M72 Atlanta Track Club	2:52.31	4
4 # 686 Moore, William	M71 Potomac Vall	2:57.74	3
5 # 170 Clark, John	M70 Unattached	3:01.81	2
6 # 731 Nolan Jr., Harold	M74 Shore Athletic Club	3:05.95	1
7 # 426 Hewitt, Glen	M70 Unattached	3:11.07	
8 # 944 Stocks, Brian	M71 Unattached	3:19.09	
9 # 473 Jacobs, Wayne	M73 Unattached	3:19.86	
10 # 61 Benedict, Sam	M74 Atlanta Track Club	3:38.25	

**M75 800 Meter Run**

USATF: # 2:37.06

WMA: R 2:30.59

Name	Age Team	Finals	Points
1 # 764 Patton, Gary	M75 So Cal Track Club	2:38.25	8
2 # 816 Reiter, William	M75 Unattached	3:03.75	6
3 # 563 Lieberman, Hal	M78 Central Park	4:00.37	4
4 # 533 Kuhl, John	M77 Unattached	4:27.44	3

**M80 800 Meter Run**

80 USATF: # 2:53.50

80 WMA: R 2:41.59

Name	Age Team	Finals	Points
1 # 841 Sagedahl, Sherwo	M82 Unattached	3:27.68	8
2 # 578 Lucassen Jr., Joh	M82 Unattached	4:00.69	6
3 # 851 Satyaprasad, Ram	M83 New England	4:28.93	4
4 # 195 Cordero, Joe	M83 New England	4:42.84	3
5 # 501 Keating, Charles	M80 New England	5:41.71	2

**M85 800 Meter Run**

85 USATF: # 3:28.15

85 WMA: R 3:06.69

Name	Age Team	Finals	Points
1 # 141 Cantu, Inocencio	M87 Potomac Vall	3:48.87	8

**M90 800 Meter Run**

90 USATF: # 4:14.95

90 WMA: R 3:34.93

Name	Age Team	Finals	Points
1 # 566 Linde, Gunnar	M93 So Cal Track Club	4:58.15	8
2 # 334 Genzlinger, Vance	M92 Unattached	7:03.99	6

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****M95 800 Meter Run**

95 USATF: # 6:02.94

95 WMA: R 4:51.44

Name	Age Team	Finals	Points
-- # 415 Hemphill, Dixon	M96 Potomac Vall	DNF	

**W25-29 1500 Meter Run**

Name	Age Team	Finals	Points
1 # 599 Marchino, Gabriel	W25 Unattached	5:48.43	8

**W30 1500 Meter Run**

Name	Age Team	Finals	Points
1 # 271 Elder, Christina	W33 Lrc Nebraska	4:56.09	8

**W35 1500 Meter Run**

35 USATF: # 4:00.35

35 WMA: R 3:57.73

Name	Age Team	Finals	Points
1 # 591 Mahoney, Sara	W36 Unattached	5:07.36	8
2 # 684 Monzelowsky, Tess	W39 Gys Track Club	5:51.77	6

**W40 1500 Meter Run**

40 USATF: # 4:10.16

40 WMA: R 3:59.78

Name	Age Team	Finals	Points
1 # 910 Smith, Jodi	W43 Unattached	4:56.12	8
2 # 22 *Armstrong, Amy	W44 Canada	X5:26.88	
3 # 869 Schwendinger, Sar	W44 So Cal Track Club	5:43.81	6
4 # 232 Dietrich, Alex	W42 So Cal Track Club	6:05.00	4
5 # 199 Cote, Melissa	W43 Gys Track Club	6:08.82	3

**W45 1500 Meter Run**

45 USATF: # 4:29.61

45 WMA: R 4:05.44

Name	Age Team	Finals	Points
1 # 494 Josiah-Tanner, Eu	W47 T.H.E. Track Team	5:14.66	8
2 # 27 Augustine, Bridge	W47 Arizona Pacemakers	5:54.41	6
3 # 179 Cockerham, Meliss	W47 Unattached	6:07.28	4

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****W50 1500 Meter Run**

USATF: # 4:41.20

WMA: R 4:35.40

Name	Age Team	Finals	Points
1 # 229 DeOliveira, Diann	W50 Bella N Motion	5:21.90	8
2 # 369 Guerrini, Elizabe	W52 Unattached	5:32.27	6
3 # 554 *Lee, Tracy	W50 Ireland	X5:44.16	
4 # 302 Flynn, April	W52 Unattached	5:57.11	4
5 # 260 Duvenhage, Jonand	W50 Arizona Pacemakers	6:00.90	3
6 # 744 Onufrak, Christin	W53 Unattached	6:25.94	2
7 # 712 Murray, Paula	W54 Arizona Pacemakers	6:40.58	1

**W55 1500 Meter Run**

USATF: # 5:02.19

WMA: R 4:41.46

Name	Age Team	Finals	Points
1 # 829 Rohl, Michelle	W55 Greater Phil	4:54.16#	8
2 # 991 Veneziano, Lisa	W56 Unattached	5:05.65	6
3 # 985 Valle, Lisa	W55 New Mexico T	5:07.91	4
4 # 404 Harvey, Alisa	W55 Unattached	5:09.44	3
5 # 942 Stobbe, Judy	W56 Central Park	5:11.81	2
6 # 945 Stodden, Stacy	W55 Lrc Nebraska	5:28.87	1
7 # 478 Jasper, Lorraine	W59 Greater Phil	5:29.35	
8 # 11 Allen, Michelle	W57 Unattached	5:36.04	
9 # 929 Springer, Roxanne	W57 Unattached	5:45.71	
10 # 174 Class, Katy	W57 Run MN	6:23.88	

**W60 1500 Meter Run**

60 USATF: # 5:12.27

60 WMA: R 5:06.65

Name	Age Team	Finals	Points
1 # 434 Hinz, Lesley	W63 T.H.E. Track Team	5:40.29	8
2 # 408 Hayden, Julie	W61 Greater Phil	5:40.90	6
3 # 135 Candon, Eugenie	W62 Unattached	5:59.20	4
4 # 58 Bellaire, Cheryl	W62 Greater Phil	6:16.96	3
5 # 896 Siegel, Lauren	W61 Philadelphia	7:21.81	2
6 # 577 Loyd, Susan	W63 Mass Velocit	7:28.45	1

**W65 1500 Meter Run**

65 USATF: # 5:25.65

65 WMA: R 5:25.65

Name	Age Team	Finals	Points
1 # 627 McCormack, Amy	W66 Unattached	6:27.84	8
2 # 1039 Wood, Debra	W66 Unattached	7:17.29	6
3 # 618 Mayhugh, Mary Low	W65 Potomac Vall	7:20.08	4
4 # 750 Ozell, Terry	W68 Atlanta Track Club	7:31.80	3
5 # 716 Myers, Helene	W66 Unattached	11:11.69	2



**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****W70 1500 Meter Run**

70 USATF: # 5:59.18

70 WMA: R 5:46.90

Name	Age Team	Finals	Points
1 # 938 Steinbach, Coreen	W70 Unattached	6:28.18	8
2 # 450 Hudnall, Norma	W71 Atlanta Track Club	7:47.14	6
3 # 65 Bentz, Isabel	W70 Philadelphia	8:08.13	4

**W75 1500 Meter Run**

75 USATF: # 6:41.88

75 WMA: R 6:34.22

Name	Age Team	Finals	Points
1 # 932 Staab, Angela	W78 Piedmont Pac	11:44.71	8

**W85 1500 Meter Run**

85 USATF: # 10:55.01

85 WMA: R 8:50.42

Name	Age Team	Finals	Points
1 # 352 Graf, Tami	W85 Potomac Vall	13:19.76	8

**M30 1500 Meter Run**

Name	Age Team	Finals	Points
1 # 846 Sanders, Reginald	M32 Unattached	4:13.46	8
52.173 (52.173)	2:00.376 (1:08.204)	3:09.062 (1:08.686)	4:13.456 (1:04.394)
2 # 446 Howard, Caleb	M32 Unattached	4:16.98	6
52.625 (52.625)	2:01.143 (1:08.518)	3:09.710 (1:08.568)	4:16.971 (1:07.262)
3 # 778 Peyton Jr., Stanl	M34 Unattached	4:20.43	4
51.890 (51.890)	2:04.259 (1:12.370)	3:15.475 (1:11.216)	4:20.428 (1:04.954)
4 # 211 Daniel, Hunter	M34 Prado Racing Team	4:20.81	3
53.683 (53.683)	2:04.035 (1:10.352)	3:16.216 (1:12.182)	4:20.801 (1:04.585)
5 # 221 Davis III, Gary	M31 Unattached	4:26.27	2
52.923 (52.923)	2:03.843 (1:10.920)	3:16.651 (1:12.808)	4:26.268 (1:09.618)

**M35 1500 Meter Run**

35 USATF: # 3:32.51

35 WMA: R 3:32.51

Name	Age Team	Finals	Points
1 # 479 Jefferson, Keon	M39 Unattached	4:57.10	8
53.943 (53.943)	2:13.976 (1:20.034)	3:41.765 (1:27.790)	4:57.093 (1:15.328)
2 # 651 McVeigh, Sean	M39 Unattached	5:24.06	6
1:01.669 (1:01.669)	2:30.016 (1:28.347)	4:00.039 (1:30.024)	5:24.053 (1:24.014)

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****M40 1500 Meter Run**

USATF: # 3:41.87

WMA: R 3:41.87

Name	Age Team	Finals	Points
1 # 934 Stead, Philip	M40 Unattached	4:11.70	8
50.820 (50.820)	1:58.742 (1:07.922)	3:06.911 (1:08.169)	4:11.696 (1:04.785)
2 # 862 Schneekloth Jr.,	M44 Garden State	4:13.01	6
51.039 (51.039)	1:58.984 (1:07.946)	3:07.812 (1:08.828)	4:13.007 (1:05.196)
3 # 839 Ruston, Jeremy	M41 Unattached	4:15.06	4
52.024 (52.024)	1:59.770 (1:07.747)	3:07.448 (1:07.678)	4:15.060 (1:07.613)
4 # 659 Mendoza, Abraham	M44 Unattached	4:17.49	3
53.405 (53.405)	2:01.714 (1:08.309)	3:09.824 (1:08.110)	4:17.490 (1:07.667)
5 # 1 Abbot, Jason	M43 Unattached	4:18.26	2
52.462 (52.462)	2:02.063 (1:09.602)	3:12.068 (1:10.006)	4:18.258 (1:06.190)
6 # 1000 Walchinsky, Mark	M42 Unattached	4:27.89	1
53.951 (53.951)	2:05.586 (1:11.635)	3:18.174 (1:12.589)	4:27.886 (1:09.712)
7 # 807 Ranney, Martin	M43 Unattached	4:30.39	
54.018 (54.018)	2:05.334 (1:11.316)	3:17.687 (1:12.353)	4:30.388 (1:12.701)
8 # 840 Ruston, Joshua	M41 Unattached	4:31.60	
53.795 (53.795)	2:07.536 (1:13.742)	3:22.438 (1:14.902)	4:31.596 (1:09.158)
9 # 496 Kaemmer, Jacob	M44 Unattached	4:38.39	
54.458 (54.458)	2:07.074 (1:12.617)	3:22.864 (1:15.790)	4:38.386 (1:15.522)
10 # 288 Fedirko, Yuri	M44 Unattached	4:40.81	
54.955 (54.955)	2:08.455 (1:13.500)	3:25.578 (1:17.124)	4:40.801 (1:15.223)
11 # 242 *Donawa, Michael	M43 Bermuda	X4:41.74	
51.708 (51.708)	2:05.676 (1:13.969)	3:24.268 (1:18.592)	4:41.740 (1:17.472)
12 # 423 Herrera, Adrian	M41 Unattached	4:42.77	
56.508 (56.508)	2:14.384 (1:17.876)	3:30.181 (1:15.797)	4:42.767 (1:12.586)

**M45 1500 Meter Run**

USATF: # 3:55.09

WMA: R 3:48.72

Name	Age Team	Finals	Points
1 # 1030 Williams, Mark	M48 Unattached	4:08.98	8
50.119 (50.119)	1:57.483 (1:07.364)	3:05.535 (1:08.052)	4:08.975 (1:03.440)
2 # 99 Brady, Peter	M49 Central Park	4:12.07	6
49.879 (49.879)	1:57.249 (1:07.370)	3:05.247 (1:07.998)	4:12.070 (1:06.824)
3 # 73 Bishard, Jonathan	M47 Kansas City Smoke	4:14.10	4
50.455 (50.455)	1:58.098 (1:07.643)	3:07.180 (1:09.082)	4:14.097 (1:06.917)
4 # 15 Anderson, Ryan	M45 Unattached	4:31.70	3
51.215 (51.215)	2:00.570 (1:09.355)	3:15.401 (1:14.831)	4:31.699 (1:16.299)
5 # 894 Shuler, Matthew	M49 Unattached	4:41.74	2
55.383 (55.383)	2:11.305 (1:15.922)	3:27.598 (1:16.293)	4:41.734 (1:14.136)
6 # 917 Snider, Jerry	M47 Unattached	4:44.50	1
52.517 (52.517)	2:06.892 (1:14.376)	3:26.716 (1:19.824)	4:44.500 (1:17.784)
7 # 71 Bhave, Ravi	M45 Unattached	4:58.26	
54.550 (54.550)	2:14.349 (1:19.800)	3:36.022 (1:21.673)	4:58.253 (1:22.231)
8 # 37 Barakauskas, Bria	M45 Unattached	5:07.58	
58.527 (58.527)	2:20.839 (1:22.312)	3:44.051 (1:23.212)	5:07.577 (1:23.526)

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****M50 1500 Meter Run**

USATF: # 4:01.77

WMA: R 3:58.26

Name	Age Team	Finals	Points
1 # 1048 Yuen, Mark	M50 West Valley	4:18.19	8
56.333 (56.333)	2:08.182 (1:11.850)	3:16.364 (1:08.182)	4:18.183 (1:01.820)
2 # 856 Schilling, Brian	M50 Unattached	4:27.55	6
56.481 (56.481)	2:08.349 (1:11.868)	3:16.754 (1:08.406)	4:27.548 (1:10.794)
3 # 276 Elworthy, Mark	M50 Run N Fun	4:38.28	4
57.150 (57.150)	2:09.729 (1:12.579)	3:23.797 (1:14.068)	4:38.274 (1:14.477)
4 # 418 *Henry, Bernard	M51 Saint Vincent	X4:38.73	
57.379 (57.379)	2:11.990 (1:14.612)	3:28.274 (1:16.284)	4:38.729 (1:10.456)
5 # 774 Peterson, Marc	M51 Unattached	4:50.88	3
58.277 (58.277)	2:17.317 (1:19.040)	3:35.552 (1:18.235)	4:50.872 (1:15.320)
6 # 859 Schmidt, Brian	M52 Unattached	4:52.08	2
59.292 (59.292)	2:18.627 (1:19.335)	3:37.320 (1:18.693)	4:52.075 (1:14.756)
7 # 168 Chu, Kevan	M53 Santa Cruz T	4:52.93	1
58.622 (58.622)	2:17.591 (1:18.970)	3:36.068 (1:18.478)	4:52.928 (1:16.860)
8 # 1034 Williamson, Mike	M54 Arizona Pacemakers	5:07.67	
1:00.026 (1:00.026)	2:23.988 (1:23.962)	3:50.107 (1:26.120)	5:07.667 (1:17.560)
9 # 377 Hahn, Jason	M50 Unattached	5:10.65	
59.674 (59.674)	2:22.264 (1:22.590)	3:49.236 (1:26.972)	5:10.643 (1:21.408)
-- # 902 Siriano, Scott	M54 Mass Velocit	DNF	
57.993 (57.993)	2:18.255 (1:20.262)		

**M55 1500 Meter Run**

USATF: # 4:17.80

WMA: R 4:12.35

Name	Age Team	Finals	Points
1 # 1021 White, David	M56 West Valley	4:37.14	8
58.221 (58.221)	2:13.130 (1:14.909)	3:28.717 (1:15.587)	4:37.135 (1:08.418)
2 # 965 Thompson, Dean	M55 Unattached	4:42.01	6
58.354 (58.354)	2:13.585 (1:15.232)	3:30.685 (1:17.100)	4:42.007 (1:11.323)
3 # 728 Nier, Mike	M56 Genesee Vall	4:42.79	4
57.937 (57.937)	2:12.891 (1:14.954)	3:28.495 (1:15.604)	4:42.785 (1:14.290)
4 # 425 Heuck, Alejandro	M56 Greater Spri	4:43.80	3
59.217 (59.217)	2:14.656 (1:15.439)	3:32.047 (1:17.391)	4:43.791 (1:11.745)
5 # 597 Mann, Jeff	M58 Unattached	4:45.90	2
58.903 (58.903)	2:14.897 (1:15.994)	3:31.741 (1:16.844)	4:45.894 (1:14.153)
6 # 299 Flanders, Dale	M56 Genesee Vall	4:46.56	1
59.591 (59.591)	2:16.031 (1:16.440)	3:33.679 (1:17.649)	4:46.559 (1:12.880)
7 # 125 Burdett, Francis	M56 Greater Spri	4:51.87	
58.321 (58.321)	2:13.087 (1:14.766)	3:29.801 (1:16.714)	4:51.863 (1:22.063)
8 # 92 Borthwick, John	M57 Kansas City Smoke	4:52.10	
59.305 (59.305)	2:15.747 (1:16.443)	3:34.901 (1:19.154)	4:52.097 (1:17.196)
9 # 921 Soares, Jeff	M58 Santa Cruz T	4:53.25	
59.903 (59.903)	2:16.345 (1:16.442)	3:35.199 (1:18.854)	4:53.249 (1:18.050)
10 # 663 Messiter, Sean	M55 Club Northwest	5:02.41	
1:00.282 (1:00.282)	2:19.898 (1:19.616)	3:43.041 (1:23.144)	5:02.404 (1:19.363)
11 # 131 Calhoun Sr., Mark	M56 Unattached	5:06.18	
58.994 (58.994)	2:16.216 (1:17.222)	3:38.909 (1:22.693)	5:06.173 (1:27.264)

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****M60 1500 Meter Run**

USATF: # 4:24.00

WMA: R 4:24.00

Name	Age Team	Finals	Points
1 # 175 Class, Rob	M60 Run MN	4:47.35	8
58.922 (58.922)	2:17.735 (1:18.813)	3:36.785 (1:19.050)	4:47.342 (1:10.558)
2 # 765 Paulk, Kevin	M60 Atlanta Track Club	4:55.10	6
59.193 (59.193)	2:18.005 (1:18.812)	3:37.094 (1:19.090)	4:55.099 (1:18.006)
3 # 1017 Westenberg, David	M63 Greater Lowe	4:55.33	4
1:00.467 (1:00.467)	2:19.618 (1:19.152)	3:38.658 (1:19.040)	4:55.325 (1:16.668)
4 # 150 Carver, Mark	M61 Greater Phil	4:57.40	3
1:00.769 (1:00.769)	2:19.873 (1:19.104)	3:39.493 (1:19.620)	4:57.393 (1:17.900)
5 # 186 Conheady, Timothy	M64 Greater Phil	5:07.21	2
1:03.284 (1:03.284)	2:27.041 (1:23.758)	3:50.089 (1:23.048)	5:07.205 (1:17.117)
6 # 277 Enicks IV, Willia	M61 So Cal Track Club	5:08.29	1
1:02.864 (1:02.864)	2:26.691 (1:23.827)	3:49.765 (1:23.075)	5:08.282 (1:18.517)
7 # 89 Bommer, Arno	M61 Unattached	5:10.55	
1:03.591 (1:03.591)	2:27.411 (1:23.820)	3:50.399 (1:22.988)	5:10.544 (1:20.146)
8 # 116 Brumwell, Steve	M63 Cal Coast Tr	5:42.25	
1:03.794 (1:03.794)	2:33.303 (1:29.509)	4:07.168 (1:33.866)	5:42.241 (1:35.074)
9 # 1020 Whitaker, Robert	M62 Colonial Roa	5:48.34	
1:11.571 (1:11.571)	2:45.563 (1:33.993)	4:18.271 (1:32.708)	5:48.339 (1:30.068)
10 # 255 Drumright, Elliot	M64 Unattached	6:20.18	
1:17.927 (1:17.927)	3:00.419 (1:42.493)	4:42.203 (1:41.784)	6:20.177 (1:37.974)

**M65 1500 Meter Run**

USATF: # 4:46.05

WMA: R 4:39.87

Name	Age Team	Finals	Points
1 # 158 Chantry, Stephen	M66 Colonial Roa	5:18.57	8
2 # 388 Hammer, Kenneth	M65 Track Club L.A.	5:33.11	6
3 # 622 McBride III, Thom	M65 Unattached	5:38.79	4
4 # 715 Myers, Eugene	M68 Unattached	5:52.95	3
5 # 396 Harmon, John	M65 Empire Runne	6:03.22	2
6 # 665 Michaelson, Peter	M66 Mass Velocit	6:19.89	1

**M70 1500 Meter Run**

USATF: # 5:04.87

WMA: R 4:52.95

Name	Age Team	Finals	Points
1 # 878 Shaheed, Nolan	M72 So Cal Track Club	5:47.83	8
2 # 549 Learned, Jerry	M72 Atlanta Track Club	5:55.71	6
3 # 1029 Williams, David	M70 Eastern Buck	5:56.33	4
4 # 705 Mullin, Peter	M70 Houston Elite	6:04.44	3
5 # 568 Loewe, Donald	M73 So Cal Track Club	6:13.02	2
6 # 686 Moore, William	M71 Potomac Vall	6:18.24	1
7 # 426 Hewitt, Glen	M70 Unattached	6:25.55	
8 # 944 Stocks, Brian	M71 Unattached	6:46.87	
9 # 61 Benedict, Sam	M74 Atlanta Track Club	7:16.23	
-- # 731 Nolan Jr., Harold	M74 Shore Athletic Club	DNF	

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75 USATF: # 5:28.50

75 WMA: R 5:11.27

Name	Age Team	Finals	Points
1 # 764 Patton, Gary	M75 So Cal Track Club	5:19.87#	8
2 # 312 Frable, Norman	M75 So Cal Track Club	8:49.19	6

**M80 1500 Meter Run**

80 USATF: # 6:04.28

80 WMA: R 5:47.35

Name	Age Team	Finals	Points
1 # 841 Sagedahl, Sherwoo	M82 Unattached	7:03.73	8
2 # 197 Cormier, Roland	M81 Shore Athletic Club	7:34.92	6
3 # 264 Edelson, Stan	M80 Unattached	7:36.71	4
4 # 344 Goluskin, Norman	M82 Central Park	8:05.21	3
5 # 578 Lucassen Jr., Joh	M82 Unattached	8:20.53	2
6 # 273 Elliott, John	M82 Potomac Vall	9:08.13	1
7 # 195 Cordero, Joe	M83 New England	10:02.37	

**M85 1500 Meter Run**

85 USATF: # 7:19.80

85 WMA: R 6:18.66

Name	Age Team	Finals	Points
1 # 141 Cantu, Inocencio	M87 Potomac Vall	7:49.10	8
2 # 897 Sime, Colben	M87 So Cal Track Club	10:22.37	6

**M90 1500 Meter Run**

90 USATF: # 8:57.61

90 WMA: R 7:37.08

Name	Age Team	Finals	Points
1 # 566 Linde, Gunnar	M93 So Cal Track Club	10:25.54	8
2 # 334 Genzlinger, Vance	M92 Unattached	13:33.06	6

**W30 5000 Meter Run**

Name	Age Team	Finals	Points
1 # 905 Slekis, Stefanie	W33 Unattached	17:30.62	8
38.12 (38.12)	1:58.28 (1:20.16)	3:19.14 (1:20.86)	4:41.57 (1:22.43)
6:05.90 (1:24.33)	7:30.15 (1:24.25)	8:56.01 (1:25.86)	10:23.99 (1:27.98)
11:50.69 (1:26.70)	13:18.76 (1:28.07)	14:44.23 (1:25.47)	16:07.79 (1:23.56)
17:29.88 (1:22.09)			
2 # 430 Higgins, Mary	W31 Unattached	18:40.66	6
40.43 (40.43)	2:04.19 (1:23.76)	3:28.57 (1:24.38)	4:56.25 (1:27.68)
6:25.41 (1:29.16)	7:55.16 (1:29.75)	9:26.19 (1:31.03)	10:58.78 (1:32.59)
12:32.39 (1:33.61)	14:06.74 (1:34.35)	15:41.33 (1:34.59)	17:13.60 (1:32.27)
18:40.18 (1:26.58)			

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35 USATF: # 14:46.35

35 WMA: R 14:33.84

Name	Age Team	Finals	Points
1 # 582 Lund, April	W39 Gys Track Club	18:05.90	8
39.89 (39.89)	2:03.95 (1:24.06)	3:26.69 (1:22.74)	4:49.95 (1:23.26)
6:14.14 (1:24.19)	7:38.25 (1:24.11)	9:06.17 (1:27.92)	10:35.66 (1:29.49)
12:06.97 (1:31.31)	13:38.54 (1:31.57)	15:10.61 (1:32.07)	16:40.02 (1:29.41)
18:05.14 (1:25.12)			
2 # 684 Monzelowsky, Tess	W39 Gys Track Club	25:04.27	6
48.28 (48.28)	2:36.11 (1:47.83)	4:25.14 (1:49.03)	6:15.98 (1:50.84)
8:07.67 (1:51.69)	9:58.13 (1:50.46)	11:52.34 (1:54.21)	13:56.09 (2:03.75)
16:04.69 (2:08.60)	18:20.70 (2:16.01)	20:49.88 (2:29.18)	22:59.45 (2:09.57)
25:03.54 (2:04.09)			

**W40 5000 Meter Run**

40 USATF: # 15:45.94

40 WMA: R 15:04.87

Name	Age Team	Finals	Points
1 # 448 Hruska, Jessica	W41 Crown Running	19:05.55	8
42.23 (42.23)	2:13.37 (1:31.14)	3:42.63 (1:29.26)	5:11.96 (1:29.33)
6:42.23 (1:30.27)	8:13.39 (1:31.16)	9:45.54 (1:32.15)	11:19.58 (1:34.04)
12:52.66 (1:33.08)	14:26.58 (1:33.92)	16:00.41 (1:33.83)	17:34.15 (1:33.74)
19:04.97 (1:30.82)			
2 # 869 Schwendinger, Sar	W44 So Cal Track Club	21:46.15	6
46.25 (46.25)	2:26.19 (1:39.94)	4:07.41 (1:41.22)	5:50.34 (1:42.93)
7:34.00 (1:43.66)	9:16.62 (1:42.62)	11:00.49 (1:43.87)	12:46.76 (1:46.27)
14:35.07 (1:48.31)	16:23.07 (1:48.00)	18:13.30 (1:50.23)	20:03.15 (1:49.85)
21:45.64 (1:42.49)			
3 # 199 Cote, Melissa	W43 Gys Track Club	24:27.69	4
48.78 (48.78)	2:34.19 (1:45.41)	4:22.98 (1:48.79)	6:12.41 (1:49.43)
8:02.33 (1:49.92)	9:55.63 (1:53.30)	11:51.78 (1:56.15)	14:09.94 (2:18.16)
16:05.37 (1:55.43)	18:12.80 (2:07.43)	20:24.88 (2:12.08)	22:40.66 (2:15.78)
24:27.13 (1:46.47)			

**W45 5000 Meter Run**

45 USATF: # 16:01.73

45 WMA: R 15:55.71

Name	Age Team	Finals	Points
1 # 494 Josiah-Tanner, Eu	W47 T.H.E. Track Team	19:12.83	8
43.95 (43.95)	2:13.57 (1:29.62)	3:43.67 (1:30.10)	5:13.89 (1:30.22)
6:45.59 (1:31.70)	8:18.13 (1:32.54)	9:51.92 (1:33.79)	11:25.50 (1:33.58)
13:01.03 (1:35.53)	14:36.52 (1:35.49)	16:11.63 (1:35.11)	17:46.03 (1:34.40)
19:12.11 (1:26.08)			
2 # 322 Gacek, Melissa	W45 Run N Fun	19:21.50	6
43.51 (43.51)	2:13.18 (1:29.67)	3:43.48 (1:30.30)	5:13.40 (1:29.92)
6:45.26 (1:31.86)	8:17.80 (1:32.54)	9:51.68 (1:33.88)	11:24.88 (1:33.20)
12:59.79 (1:34.91)	14:34.92 (1:35.13)	16:09.69 (1:34.77)	17:45.94 (1:36.25)
19:20.81 (1:34.87)			

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**....W45 5000 Meter Run**

3 #	33 Bain, Janet	W46 Unattached	21:26.02	4
	46.45 (46.45)	2:26.04 (1:39.59)	4:00.47 (1:34.43)	5:38.53 (1:38.06)
	7:19.61 (1:41.08)	9:02.44 (1:42.83)	10:45.97 (1:43.53)	12:29.94 (1:43.97)
	14:17.01 (1:47.07)	16:04.74 (1:47.73)	17:52.84 (1:48.10)	19:41.10 (1:48.26)
	21:25.18 (1:44.08)			
4 #	27 Augustine, Bridge	W47 Arizona Pacemakers	21:44.76	3
	48.45 (48.45)	2:28.71 (1:40.26)	4:09.37 (1:40.66)	5:52.11 (1:42.74)
	7:37.24 (1:45.13)	9:23.02 (1:45.78)	11:10.23 (1:47.21)	12:57.58 (1:47.35)
	14:43.97 (1:46.39)	16:31.92 (1:47.95)	18:18.50 (1:46.58)	20:05.67 (1:47.17)
	21:44.30 (1:38.63)			
5 #	817 Renfer, Teresa	W49 Pegasus A.C.	23:07.16	2
	49.13 (49.13)	2:32.73 (1:43.60)	4:20.25 (1:47.52)	6:10.90 (1:50.65)
	8:02.15 (1:51.25)	9:53.97 (1:51.82)	11:46.08 (1:52.11)	13:38.68 (1:52.60)
	15:31.99 (1:53.31)	17:27.37 (1:55.38)	19:22.03 (1:54.66)	21:18.05 (1:56.02)
	23:06.57 (1:48.52)			
-- #	179 Cockerham, Meliss	W47 Unattached	DNF	
	47.32 (47.32)	2:28.87 (1:41.55)	4:14.36 (1:45.49)	

**W50 5000 Meter Run**

50 USATF: # 17:25.6h  
50 WMA: R 16:51.17

Name	Age Team	Finals	Points
1 # 302 Flynn, April	W52 Unattached	21:08.22	8
47.73 (47.73)	2:26.51 (1:38.78)	4:02.33 (1:35.82)	5:41.47 (1:39.14)
7:21.08 (1:39.61)	9:02.75 (1:41.67)	10:46.30 (1:43.55)	12:30.19 (1:43.89)
14:15.76 (1:45.57)	15:59.39 (1:43.63)	17:45.42 (1:46.03)	19:31.29 (1:45.87)
21:07.75 (1:36.46)			
2 # 997 Vollweiler, Jill	W53 So Cal Track Club	22:56.87	6
47.25 (47.25)	2:27.61 (1:40.36)	4:09.23 (1:41.62)	5:54.90 (1:45.67)
7:44.40 (1:49.50)	9:34.79 (1:50.39)	11:28.20 (1:53.41)	13:24.14 (1:55.94)
15:21.23 (1:57.09)	17:18.61 (1:57.38)	19:14.63 (1:56.02)	21:10.70 (1:56.07)
22:56.28 (1:45.58)			

**W55 5000 Meter Run**

55 USATF: # 18:43.65  
55 WMA: R 17:29.28

Name	Age Team	Finals	Points
1 # 79 Blakeley-Cameron,	W56 Kansas City Smoke	21:47.91	8
48.78 (48.78)	2:32.58 (1:43.80)	4:15.98 (1:43.40)	6:02.68 (1:46.70)
7:46.81 (1:44.13)	9:31.25 (1:44.44)	11:17.01 (1:45.76)	13:03.52 (1:46.51)
14:49.53 (1:46.01)	16:36.65 (1:47.12)	18:23.49 (1:46.84)	20:09.32 (1:45.83)
21:47.25 (1:37.93)			
2 # 519 Klein, Tina	W56 T.H.E. Track Team	23:06.50	6
48.97 (48.97)	2:32.92 (1:43.95)	4:19.97 (1:47.05)	6:10.89 (1:50.92)
8:01.88 (1:50.99)	9:53.66 (1:51.78)	11:45.65 (1:51.99)	13:38.44 (1:52.79)
15:31.48 (1:53.04)	17:26.90 (1:55.42)	19:21.32 (1:54.42)	21:17.31 (1:55.99)
23:05.87 (1:48.56)			

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60 USATF: # 19:14.80

60 WMA: R 17:59.16

Name	Age Team	Finals	Points
1 # 196 Cordes, Suzanne	W61 Impala Racing Team	21:55.97	8
47.82 (47.82)	2:27.20 (1:39.38)	4:08.45 (1:41.25)	5:51.32 (1:42.87)
7:36.59 (1:45.27)	9:22.21 (1:45.62)	11:09.97 (1:47.76)	12:58.68 (1:48.71)
14:46.31 (1:47.63)	16:32.83 (1:46.52)	18:22.84 (1:50.01)	20:12.43 (1:49.59)
21:54.10 (1:41.67)			
2 # 877 Sexton, Carol	W64 Unattached	22:23.48	6
49.34 (49.34)	2:32.39 (1:43.05)	4:15.49 (1:43.10)	6:02.14 (1:46.65)
7:47.06 (1:44.92)	9:34.90 (1:47.84)	11:21.92 (1:47.02)	13:11.93 (1:50.01)
15:01.72 (1:49.79)	16:53.13 (1:51.41)	18:44.67 (1:51.54)	20:35.62 (1:50.95)
22:21.65 (1:46.03)			

**W65 5000 Meter Run**

65 USATF: # 20:08.17

65 WMA: R 20:08.17

Name	Age Team	Finals	Points
1 # 627 McCormack, Amy	W66 Unattached	23:27.37	8
48.34 (48.34)	2:32.16 (1:43.82)	4:22.08 (1:49.92)	6:15.50 (1:53.42)
8:06.36 (1:50.86)	9:58.22 (1:51.86)	11:50.83 (1:52.61)	13:47.42 (1:56.59)
15:43.46 (1:56.04)	17:38.47 (1:55.01)	19:36.03 (1:57.56)	21:30.71 (1:54.68)
23:25.40 (1:54.69)			
2 # 618 Mayhugh, Mary Low	W65 Potomac Vall	24:43.46	6
52.99 (52.99)	2:45.97 (1:52.98)	4:38.86 (1:52.89)	6:33.40 (1:54.54)
8:31.66 (1:58.26)	10:28.74 (1:57.08)	12:27.24 (1:58.50)	14:25.36 (1:58.12)
16:25.71 (2:00.35)	18:28.02 (2:02.31)	20:31.63 (2:03.61)	22:36.89 (2:05.26)
24:41.01 (2:04.12)			
3 # 750 Ozell, Terry	W68 Atlanta Track Club	28:07.28	4
59.75 (59.75)	3:10.48 (2:10.73)	5:20.86 (2:10.38)	7:34.12 (2:13.26)
9:46.87 (2:12.75)	12:03.35 (2:16.48)	14:19.03 (2:15.68)	16:34.31 (2:15.28)
18:51.59 (2:17.28)	21:10.62 (2:19.03)	23:30.02 (2:19.40)	25:50.19 (2:20.17)
28:04.65 (2:14.46)			
4 # 716 Myers, Helene	W66 Unattached	41:06.12	3
1:10.36 (1:10.36)	4:11.66 (3:01.30)	7:24.66 (3:13.00)	10:41.44 (3:16.78)
14:01.43 (3:19.99)	17:26.53 (3:25.10)	20:53.16 (3:26.63)	24:19.14 (3:25.98)
27:43.12 (3:23.98)	31:07.94 (3:24.82)	34:38.51 (3:30.57)	37:59.20 (3:20.69)
41:02.83 (3:03.63)			

**W70 5000 Meter Run**

70 USATF: # 22:27.73

70 WMA: R 20:56.13

Name	Age Team	Finals	Points
1 # 832 Rollins, Nancy	W74 Unattached	25:14.22	8
55.69 (55.69)	2:52.81 (1:57.12)	4:50.77 (1:57.96)	6:48.10 (1:57.33)
8:44.93 (1:56.83)	10:43.36 (1:58.43)	12:44.01 (2:00.65)	14:45.90 (2:01.89)
16:50.30 (2:04.40)	18:56.16 (2:05.86)	21:03.26 (2:07.10)	23:09.90 (2:06.64)
25:12.11 (2:02.21)			



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**....W70 5000 Meter Run**

2 #	65 Bentz, Isabel	W70 Philadelphia	31:37.08	6
	1:00.65 (1:00.65)	3:18.89 (2:18.24)	5:43.76 (2:24.87)	8:08.89 (2:25.13)
	10:39.58 (2:30.69)	13:11.62 (2:32.04)	15:45.70 (2:34.08)	18:22.68 (2:36.98)
	21:00.84 (2:38.16)	23:40.45 (2:39.61)	26:20.60 (2:40.15)	29:05.13 (2:44.53)
	31:34.76 (2:29.63)			

**W75 5000 Meter Run**

75 USATF: # 26:55.11  
75 WMA: R 23:30.93

Name	Age Team	Finals	Points
1 # 311 Frable, Kathleen	W75 So Cal Track Club	35:33.45	8
	1:06.85 (1:06.85)	3:39.15 (2:32.30)	6:21.29 (2:42.14)
	11:52.22 (2:46.69)	14:40.24 (2:48.02)	17:30.55 (2:50.31)
	23:23.38 (2:57.94)	26:23.32 (2:59.94)	29:27.57 (3:04.25)
	35:29.38 (2:58.29)		32:31.09 (3:03.52)

**W85 5000 Meter Run**

85 USATF: # 49:08.73  
85 WMA: R 32:29.94

Name	Age Team	Finals	Points
1 # 352 Graf, Tami	W85 Potomac Vall	46:00.64#	8
	1:24.44 (1:24.44)	4:52.41 (3:27.97)	8:24.47 (3:32.06)
	15:43.31 (3:35.18)	19:19.17 (3:35.86)	23:04.17 (3:45.00)
	30:29.27 (3:45.77)	34:16.51 (3:47.24)	38:12.22 (3:55.71)
	45:57.88 (3:56.55)		42:01.33 (3:49.11)

**M30 5000 Meter Run**

Name	Age Team	Finals	Points
1 # 778 Peyton Jr., Stanl	M34 Unattached	17:38.81	8
	38.84 (38.84)	2:00.66 (1:21.82)	3:22.66 (1:22.00)
	6:06.64 (1:21.33)	7:30.08 (1:23.44)	8:52.40 (1:22.32)
	11:43.58 (1:26.03)	13:10.81 (1:27.23)	14:39.82 (1:29.01)
	17:38.62 (1:30.14)		16:08.48 (1:28.66)
2 # 585 Lyons, Austin	M34 Unattached	18:32.86	6
	42.18 (42.18)	2:03.737 (1:21.57)	3:26.77 (1:23.03)
	6:17.73 (1:25.81)	7:45.72 (1:27.99)	9:14.74 (1:29.02)
	12:18.60 (1:32.88)	13:50.418 (1:31.83)	15:26.29 (1:35.87)
	18:32.851 (1:29.081)		17:03.770 (1:37.49)

**M35 5000 Meter Run**

35 USATF: # 12:53.60  
35 WMA: R 12:53.60

Name	Age Team	Finals	Points
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**....M35 5000 Meter Run**

1 #	651 McVeigh, Sean	M39 Unattached	20:26.53	8		
	47.90 (47.90)	2:25.76 (1:37.86)	4:04.90 (1:39.14)	5:43.76 (1:38.86)		
	7:21.92 (1:38.16)	8:59.38 (1:37.46)	10:38.54 (1:39.16)	12:17.15 (1:38.61)		
	13:56.08 (1:38.93)	15:36.49 (1:40.41)	17:18.84 (1:42.35)	19:01.04 (1:42.20)		
	20:26.525 (1:25.50)					
2 #	695 Moseley, Anthony	M35 Gys Track Club	20:27.83	6		
	42.40 (42.40)	2:14.13 (1:31.73)	3:50.66 (1:36.53)	5:29.06 (1:38.40)		
	7:08.54 (1:39.48)	8:48.48 (1:39.94)	10:28.67 (1:40.19)	12:10.23 (1:41.56)		
	13:53.17 (1:42.94)	15:35.53 (1:42.36)	17:19.367 (1:43.85)	18:59.03 (1:39.66)		
	20:27.87 (1:28.84)					

**M40 5000 Meter Run**

40 USATF: # 13:06.78  
40 WMA: R 13:06.78

Name	Age Team	Finals	Points
1 # 659 Mendoza, Abraham	M44 Unattached	16:20.33	8
40.75 (40.75)	2:01.24 (1:20.49)	3:20.587 (1:19.36)	4:35.23 (1:14.64)
5:52.66 (1:17.43)	7:09.970 (1:17.32)	8:27.49 (1:17.52)	9:45.308 (1:17.83)
11:03.28 (1:17.97)	12:21.71 (1:18.43)	13:41.79 (1:20.08)	15:00.85 (1:19.06)
16:20.324 (1:19.49)			
2 # 423 Herrera, Adrian	M41 Unattached	18:30.68	6
39.10 (39.10)	2:00.80 (1:21.70)	3:25.53 (1:24.73)	4:51.47 (1:25.94)
6:20.25 (1:28.78)	7:50.51 (1:30.26)	9:21.40 (1:30.89)	10:52.55 (1:31.15)
12:24.92 (1:32.37)	13:57.54 (1:32.62)	15:32.281 (1:34.75)	17:06.88 (1:34.60)
18:30.82 (1:23.94)			
3 # 443 Holtry, Matthew	M42 Piedmont Pac	23:17.23	4
45.96 (45.96)	2:19.92 (1:33.96)	4:00.59 (1:40.67)	5:47.89 (1:47.30)
7:38.13 (1:50.24)	9:30.83 (1:52.70)	11:24.78 (1:53.95)	13:21.27 (1:56.49)
15:18.41 (1:57.14)	17:19.20 (2:00.79)	19:21.74 (2:02.54)	21:20.97 (1:59.23)
23:16.17 (1:55.20)			

**M45 5000 Meter Run**

45 USATF: # 14:34.27  
45 WMA: R 14:23.60

Name	Age Team	Finals	Points
1 # 957 Teotia, Seemant	M45 Unattached	22:26.43	8
49.901 (49.901)	2:30.41 (1:40.51)	4:12.58 (1:42.17)	5:55.23 (1:42.65)
7:38.87 (1:43.64)	9:22.78 (1:43.91)	11:09.13 (1:46.35)	12:57.88 (1:48.75)
14:49.01 (1:51.13)	16:43.47 (1:54.46)	18:40.11 (1:56.64)	20:34.98 (1:54.87)
22:25.55 (1:50.57)			

**M50 5000 Meter Run**

50 USATF: # 14:52.92  
50 WMA: R 14:52.92

Name	Age Team	Finals	Points
1 # 276 Elworthy, Mark	M50 Run N Fun	17:21.16	8
40.65 (40.65)	2:01.06 (1:20.41)	3:22.54 (1:21.48)	4:42.74 (1:20.20)
6:04.70 (1:21.96)	7:28.20 (1:23.50)	8:51.47 (1:23.27)	10:14.21 (1:22.74)
11:38.93 (1:24.72)	13:04.41 (1:25.48)	14:31.03 (1:26.62)	15:58.20 (1:27.17)
17:21.33 (1:23.13)			

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2 #	902 Siriano, Scott	M54 Mass Velocit	19:26.97	6		
	42.77 (42.77)	2:05.66 (1:22.89)	3:31.09 (1:25.43)		4:58.54 (1:27.45)	
	6:28.90 (1:30.36)	8:01.56 (1:32.66)	9:38.13 (1:36.57)		11:15.82 (1:37.69)	
	12:56.45 (1:40.63)	14:36.14 (1:39.69)	16:16.95 (1:40.81)		17:58.89 (1:41.94)	
	19:26.31 (1:27.42)					
3 #	160 Chasse, Craig	M51 Potomac Vall	19:37.65	4		
	41.48 (41.48)	2:09.20 (1:27.72)	3:40.64 (1:31.44)		5:13.84 (1:33.20)	
	6:47.85 (1:34.01)	8:22.51 (1:34.66)	9:56.74 (1:34.23)		11:34.87 (1:38.13)	
	13:09.74 (1:34.87)	14:46.73 (1:36.99)	16:25.74 (1:39.01)		18:04.26 (1:38.52)	
	19:37.86 (1:33.60)					

**M55 5000 Meter Run**

=====

55 USATF: # 15:42.13

55 WMA: R 15:29.70

Name Age Team Finals Points

1 #	185 Collins, Michael	M57 Unattached	17:05.88	8		
	43.86 (43.86)	2:09.45 (1:25.59)	3:34.08 (1:24.63)		4:56.96 (1:22.88)	
	6:17.94 (1:20.98)	7:38.72 (1:20.78)	8:59.56 (1:20.84)		10:21.19 (1:21.63)	
	11:42.75 (1:21.56)	13:04.24 (1:21.49)	14:26.56 (1:22.32)		15:49.89 (1:23.33)	
	17:05.52 (1:15.63)					
2 #	1021 White, David	M56 West Valley	17:06.61	6		
	44.42 (44.42)	2:09.96 (1:25.54)	3:34.79 (1:24.83)		4:57.52 (1:22.73)	
	6:18.56 (1:21.04)	7:39.28 (1:20.72)	8:59.75 (1:20.47)		10:21.54 (1:21.79)	
	11:43.07 (1:21.53)	13:04.55 (1:21.48)	14:26.92 (1:22.37)		15:50.16 (1:23.24)	
	17:05.75 (1:15.59)					
3 #	965 Thompson, Dean	M55 Unattached	17:32.13	4		
	43.91 (43.91)	2:09.82 (1:25.91)	3:34.49 (1:24.67)		4:57.29 (1:22.80)	
	6:18.28 (1:20.99)	7:39.00 (1:20.72)	9:00.27 (1:21.27)		10:23.34 (1:23.07)	
	11:48.66 (1:25.32)	13:15.41 (1:26.75)	14:44.01 (1:28.60)		16:11.26 (1:27.25)	
	17:31.16 (1:19.90)					
4 #	299 Flanders, Dale	M56 Genesee Vall	17:59.68	3		
	44.92 (44.92)	2:11.38 (1:26.46)	3:36.69 (1:25.31)		5:00.99 (1:24.30)	
	6:25.88 (1:24.89)	7:51.29 (1:25.41)	9:17.15 (1:25.86)		10:43.65 (1:26.50)	
	12:11.85 (1:28.20)	13:39.85 (1:28.00)	15:09.00 (1:29.15)		16:37.82 (1:28.82)	
	17:59.09 (1:21.27)					
5 #	125 Burdett, Francis	M56 Greater Spri	18:54.91	2		
	47.88 (47.88)	2:14.57 (1:26.69)	3:40.19 (1:25.62)		5:05.72 (1:25.53)	
	6:32.94 (1:27.22)	8:01.78 (1:28.84)	9:32.38 (1:30.60)		11:04.207 (1:31.83)	
	12:36.35 (1:32.15)	14:08.83 (1:32.48)	15:43.35 (1:34.52)		17:18.73 (1:35.38)	
	18:54.905 (1:36.18)					
6 #	57 Beene, Martin	M59 Lake Merritt	21:06.79	1		
	47.43 (47.43)	2:21.67 (1:34.24)	3:57.65 (1:35.98)		5:34.48 (1:36.83)	
	7:13.64 (1:39.16)	8:54.00 (1:40.36)	10:38.28 (1:44.28)		12:24.26 (1:45.98)	
	14:11.59 (1:47.33)	15:57.37 (1:45.78)	17:44.92 (1:47.55)		21:06.782 (3:21.87)	
	23:42.88 (2:36.10)					
7 #	793 Poulos, Ted	M59 Potomac Vall	21:10.46			
	48.71 (48.71)	2:26.01 (1:37.30)	4:04.61 (1:38.60)		5:44.73 (1:40.12)	
	7:26.47 (1:41.74)	9:07.55 (1:41.08)	10:49.86 (1:42.31)		12:31.67 (1:41.81)	
	14:15.11 (1:43.44)	15:59.53 (1:44.42)	17:43.55 (1:44.02)		19:29.62 (1:46.07)	
	21:10.458 (1:40.85)					

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**....M55 5000 Meter Run**

8 #	792 Porte, Eric	M56 Team Run Minnesota	21:30.25		
	48.89 (48.89)	2:27.49 (1:38.60)	4:07.18 (1:39.69)	5:49.73 (1:42.55)	
	7:31.00 (1:41.27)	9:12.83 (1:41.83)	10:55.66 (1:42.83)	12:40.10 (1:44.44)	
	14:25.23 (1:45.13)	16:11.48 (1:46.25)	17:58.51 (1:47.03)	19:46.51 (1:48.00)	
	21:29.33 (1:42.82)				
9 #	215 Danner Jr., Donny	M59 Unattached	22:01.60		
	47.35 (47.35)	2:22.29 (1:34.94)	3:58.29 (1:36.00)	5:37.22 (1:38.93)	
	7:17.70 (1:40.48)	9:00.38 (1:42.68)	10:48.60 (1:48.22)	12:39.53 (1:50.93)	
	14:31.36 (1:51.83)	16:25.49 (1:54.13)	18:18.87 (1:53.38)	20:11.26 (1:52.39)	
	22:00.49 (1:49.23)				
10 #	786 Pillin, Phillip	M59 Eastern Buck	25:49.92		
	50.54 (50.54)	2:37.76 (1:47.22)	4:27.63 (1:49.87)	6:18.83 (1:51.20)	
	8:11.62 (1:52.79)	10:04.56 (1:52.94)	12:00.65 (1:56.09)	14:01.81 (2:01.16)	
	16:19.64 (2:17.83)	18:52.92 (2:33.28)	21:10.29 (2:17.37)	23:42.83 (2:32.54)	
	25:49.21 (2:06.38)				
-- #	658 Mendeszoon, Mark	M56 Unattached	DNF		
	47.48 (47.48)	2:22.61 (1:35.13)	4:04.61 (1:42.00)	5:51.45 (1:46.84)	
	7:43.72 (1:52.27)	9:38.72 (1:55.00)			

**M60 5000 Meter Run**

=====					
	60 USATF: #	16:52.00			
	60 WMA: R	15:56.41			
	Name	Age Team	Finals	Points	
=====					
1 #	861 Schmidt, Steve	M60 Unattached	18:33.97	8	
	45.80 (45.80)	2:14.96 (1:29.16)	3:42.91 (1:27.95)	5:13.33 (1:30.42)	
	6:45.22 (1:31.89)	8:18.58 (1:33.36)	9:53.41 (1:34.83)	11:28.70 (1:35.29)	
	12:53.59 (1:24.89)	14:20.79 (1:27.20)	15:47.62 (1:26.83)	17:13.15 (1:25.53)	
	18:33.965 (1:20.82)				
2 #	629 McCormack, Stan	M64 Kansas City Smoke	19:42.84	6	
	45.92 (45.92)	2:13.35 (1:27.43)	3:42.19 (1:28.84)	5:12.67 (1:30.48)	
	6:44.42 (1:31.75)	8:18.00 (1:33.58)	9:52.68 (1:34.68)	11:29.06 (1:36.38)	
	13:07.36 (1:38.30)	14:47.32 (1:39.96)	16:28.66 (1:41.34)	18:08.78 (1:40.12)	
	19:42.13 (1:33.35)				
3 #	516 Kirk, Jeffrey	M62 Santa Cruz T	19:58.99	4	
	46.10 (46.10)	2:15.50 (1:29.40)	3:45.35 (1:29.85)	5:18.47 (1:33.12)	
	6:54.03 (1:35.56)	8:30.96 (1:36.93)	10:09.27 (1:38.31)	11:48.66 (1:39.39)	
	13:28.15 (1:39.49)	15:07.84 (1:39.69)	16:47.10 (1:39.26)	18:26.51 (1:39.41)	
	19:58.42 (1:31.91)				
4 #	41 Barnett, Kerry	M61 Playmakers E	20:14.47	3	
	46.29 (46.29)	2:15.92 (1:29.63)	3:45.72 (1:29.80)	5:17.74 (1:32.02)	
	6:51.17 (1:33.43)	8:27.59 (1:36.42)	10:05.226 (1:37.64)	11:41.57 (1:36.35)	
	13:18.09 (1:36.52)	14:59.571 (1:41.49)	16:43.93 (1:44.36)	18:32.745 (1:48.82)	
	20:14.468 (1:41.724)				
5 #	116 Brumwell, Steve	M63 Cal Coast Tr	21:25.10	2	
	46.66 (46.66)	2:16.90 (1:30.24)	3:50.79 (1:33.89)	5:28.26 (1:37.47)	
	7:07.56 (1:39.30)	8:48.85 (1:41.29)	10:34.05 (1:45.20)	12:21.56 (1:47.51)	
	14:10.32 (1:48.76)	15:58.84 (1:48.52)	17:48.34 (1:49.50)	19:40.12 (1:51.78)	
	21:23.86 (1:43.74)				
6 #	200 Cottrell, Bob	M61 Unattached	23:20.65	1	
	45.24 (45.24)	2:15.60 (1:30.36)	3:45.80 (1:30.20)	5:26.93 (1:41.13)	
	7:12.85 (1:45.92)	9:12.92 (2:00.07)	11:14.47 (2:01.55)	13:20.15 (2:05.68)	
	15:25.69 (2:05.54)	17:28.38 (2:02.69)	19:32.32 (2:03.94)	21:33.28 (2:00.96)	
	23:20.12 (1:46.84)				

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**...M60 5000 Meter Run**

-- # 1020 Whitaker, Robert	M62 Colonial Roa		DNF		
45.43 (45.43)	2:14.52 (1:29.09)	3:42.51 (1:27.99)	5:13.15 (1:30.64)		
6:45.07 (1:31.92)	8:18.18 (1:33.11)	9:52.91 (1:34.73)	11:30.61 (1:37.70)		

**M65 5000 Meter Run**

65 USATF: # 17:44.03

65 WMA: R 16:38.80

Name	Age Team	Finals	Points		
1 # 56 Becker, Rick	M66 Club Northwest	18:11.02	8		
42.24 (42.24)	2:07.38 (1:25.14)	3:33.72 (1:26.34)	4:59.29 (1:25.57)		
6:25.14 (1:25.85)	7:51.35 (1:26.21)	9:19.08 (1:27.73)	10:43.05 (1:23.97)		
12:12.32 (1:29.27)	13:42.83 (1:30.51)	15:13.64 (1:30.81)	16:42.52 (1:28.88)		
18:10.21 (1:27.69)					
2 # 715 Myers, Eugene	M68 Unattached	21:22.29	6		
45.23 (45.23)	2:21.63 (1:36.40)	3:59.15 (1:37.52)	5:38.28 (1:39.13)		
7:19.21 (1:40.93)	9:03.65 (1:44.44)	10:44.91 (1:41.26)	12:29.66 (1:44.75)		
14:16.29 (1:46.63)	16:03.58 (1:47.29)	17:54.31 (1:50.73)	19:41.30 (1:46.99)		
21:21.64 (1:40.34)					
3 # 628 McCormack, Kevin	M68 Unattached	27:13.73	4		
52.78 (52.78)	2:46.87 (1:54.09)	4:47.39 (2:00.52)	6:47.78 (2:00.39)		
8:50.53 (2:02.75)	10:56.25 (2:05.72)	13:04.30 (2:08.05)	15:15.11 (2:10.81)		
17:30.83 (2:15.72)	19:49.02 (2:18.19)	22:16.94 (2:27.92)	24:44.90 (2:27.96)		
27:13.73 (2:28.83)					
-- # 158 Chantry, Stephen	M66 Colonial Roa		DNF		
41.88 (41.88)	2:10.30 (1:28.42)	3:41.83 (1:31.53)			

**M70 5000 Meter Run**

70 USATF: # 18:43.61

70 WMA: R 18:15.53

Name	Age Team	Finals	Points		
1 # 261 Dykes, Gene	M73 Greater Phil	20:49.56	8		
48.70 (48.70)	2:26.81 (1:38.11)	4:08.42 (1:41.61)	5:51.03 (1:42.61)		
7:32.22 (1:41.19)	9:15.07 (1:42.85)	10:58.74 (1:43.67)	12:40.94 (1:42.20)		
14:23.04 (1:42.10)	16:02.92 (1:39.88)	17:42.06 (1:39.14)	19:21.86 (1:39.80)		
20:49.559 (1:27.71)					
2 # 880 Sharpe, Leslie	M70 Club Northwest	21:42.49	6		
50.17 (50.17)	2:34.25 (1:44.08)	4:18.58 (1:44.33)	6:03.43 (1:44.85)		
7:45.52 (1:42.09)	9:29.27 (1:43.75)	11:14.11 (1:44.84)	12:57.85 (1:43.74)		
14:41.62 (1:43.77)	16:25.39 (1:43.77)	18:12.37 (1:46.98)	19:56.97 (1:44.60)		
21:41.60 (1:44.63)					
3 # 568 Loewe, Donald	M73 So Cal Track Club	22:58.46	4		
48.97 (48.97)	2:35.33 (1:46.36)	4:21.67 (1:46.34)	6:10.34 (1:48.67)		
7:58.22 (1:47.88)	9:46.28 (1:48.06)	11:36.54 (1:50.26)	13:28.31 (1:51.77)		
15:21.63 (1:53.32)	17:14.94 (1:53.31)	19:09.30 (1:54.36)	21:05.07 (1:55.77)		
22:58.46 (1:53.39)					
4 # 705 Mullin, Peter	M70 Houston Elite	24:12.65	3		
47.37 (47.37)	2:25.82 (1:38.45)	4:07.50 (1:41.68)	5:51.30 (1:43.80)		
7:39.34 (1:48.04)	9:28.14 (1:48.80)	11:16.17 (1:48.03)	13:10.56 (1:54.39)		
15:05.22 (1:54.66)	17:01.13 (1:55.91)	19:42.89 (2:41.76)	21:40.44 (1:57.55)		
24:11.78 (2:31.34)					

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**....M70 5000 Meter Run**

5 #	426 Hewitt, Glen	M70 Unattached	24:20.64	2		
	49.38 (49.38)	2:36.09 (1:46.71)	4:23.36 (1:47.27)		6:14.19 (1:50.83)	
	8:07.05 (1:52.86)	10:00.89 (1:53.84)	11:59.90 (1:59.01)		14:01.17 (2:01.27)	
	16:05.09 (2:03.92)	18:09.64 (2:04.55)	20:14.21 (2:04.57)		22:23.49 (2:09.28)	
	24:20.64 (1:57.15)					
6 #	944 Stocks, Brian	M71 Unattached	26:14.82	1		
	57.37 (57.37)	2:59.84 (2:02.47)	5:01.83 (2:01.99)		7:01.56 (1:59.73)	
	9:01.57 (2:00.01)	11:02.29 (2:00.72)	13:06.03 (2:03.74)		15:09.83 (2:03.80)	
	17:20.69 (2:10.86)	19:35.75 (2:15.06)	21:51.82 (2:16.07)		24:08.35 (2:16.53)	
	26:13.55 (2:05.20)					
7 #	61 Benedict, Sam	M74 Atlanta Track Club	27:30.28			
	1:00.07 (1:00.07)	3:05.18 (2:05.11)	5:11.76 (2:06.58)		7:19.67 (2:07.91)	
	9:27.57 (2:07.90)	11:38.30 (2:10.73)	13:51.02 (2:12.72)		16:05.93 (2:14.91)	
	18:23.04 (2:17.11)	20:38.48 (2:15.44)	23:00.05 (2:21.57)		25:18.58 (2:18.53)	
	27:29.33 (2:10.75)					

**M75 5000 Meter Run**

75 USATF: # 20:36.80  
 75 WMA: R 19:07.02

Name	Age Team	Finals	Points
1 # 764 Patton, Gary	M75 So Cal Track Club	24:05.90	8
54.46 (54.46)	2:50.21 (1:55.75)	4:47.88 (1:57.67)	6:47.04 (1:59.16)
8:45.28 (1:58.24)	10:44.55 (1:59.27)	12:42.23 (1:57.68)	14:40.58 (1:58.35)
16:35.70 (1:55.12)	18:33.73 (1:58.03)	20:32.72 (1:58.99)	22:30.754 (1:58.04)
24:05.14 (1:34.39)			
2 # 312 Frable, Norman	M75 So Cal Track Club	34:13.93	6
1:08.50 (1:08.50)	3:49.06 (2:40.56)	6:37.11 (2:48.05)	9:01.38 (2:24.27)
11:56.67 (2:55.29)	14:42.74 (2:46.07)	17:34.17 (2:51.43)	20:25.53 (2:51.36)
22:59.82 (2:34.29)	25:56.41 (2:56.59)	28:41.93 (2:45.52)	31:33.52 (2:51.59)
34:12.44 (2:38.92)			

**M80 5000 Meter Run**

80 USATF: # 21:57.88  
 80 WMA: R 20:58.12

Name	Age Team	Finals	Points
1 # 55 Becker, John	M81 Unattached	27:14.51	8
1:03.21 (1:03.21)	3:13.91 (2:10.70)	5:22.40 (2:08.49)	7:32.49 (2:10.09)
9:42.96 (2:10.47)	11:51.83 (2:08.87)	14:01.42 (2:09.59)	16:12.96 (2:11.54)
18:24.58 (2:11.62)	20:37.47 (2:12.89)	22:47.92 (2:10.45)	25:04.45 (2:16.53)
27:12.61 (2:08.16)			
2 # 197 Cormier, Roland	M81 Shore Athletic Club	28:23.28	6
1:00.93 (1:00.93)	3:10.10 (2:09.17)	5:20.43 (2:10.33)	7:33.49 (2:13.06)
9:46.91 (2:13.42)	12:02.88 (2:15.97)	14:21.42 (2:18.54)	16:41.32 (2:19.90)
19:02.11 (2:20.79)	21:20.52 (2:18.41)	23:42.61 (2:22.09)	26:02.44 (2:19.83)
28:20.80 (2:18.36)			
3 # 264 Edelson, Stan	M80 Unattached	29:19.38	4
1:01.99 (1:01.99)	3:14.82 (2:12.83)	5:25.54 (2:10.72)	7:35.36 (2:09.82)
9:48.26 (2:12.90)	12:00.07 (2:11.81)	14:18.01 (2:17.94)	16:40.83 (2:22.82)
19:03.38 (2:22.55)	21:32.54 (2:29.16)	24:05.08 (2:32.54)	26:44.25 (2:39.17)
29:15.59 (2:31.34)			

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**....M80 5000 Meter Run**

4 #	344 Goluskin, Norman	M82 Central Park	29:52.11	3		
	1:03.16 (1:03.16)	3:20.17 (2:17.01)	5:38.18 (2:18.01)		7:55.69 (2:17.51)	
	10:13.23 (2:17.54)	12:35.75 (2:22.52)	14:57.79 (2:22.04)		17:22.76 (2:24.97)	
	19:52.42 (2:29.66)	22:23.28 (2:30.86)	24:54.00 (2:30.72)		27:29.61 (2:35.61)	
	29:49.97 (2:20.36)					
5 #	273 Elliott, John	M82 Potomac Vall	31:13.21	2		
	1:05.11 (1:05.11)	3:32.26 (2:27.15)	6:03.11 (2:30.85)		8:35.48 (2:32.37)	
	11:06.15 (2:30.67)	13:37.71 (2:31.56)	16:09.53 (2:31.82)		18:42.19 (2:32.66)	
	21:14.18 (2:31.99)	23:43.68 (2:29.50)	26:12.74 (2:29.06)		28:44.57 (2:31.83)	
	31:10.21 (2:25.64)					
6 #	851 Satyaprasad, Ram	M83 New England	34:39.91	1		
	1:07.85 (1:07.85)	3:36.94 (2:29.09)	6:09.56 (2:32.62)		8:47.73 (2:38.17)	
	11:29.21 (2:41.48)	14:15.73 (2:46.52)	17:03.91 (2:48.18)		19:57.03 (2:53.12)	
	22:49.74 (2:52.71)	25:40.85 (2:51.11)	28:31.07 (2:50.22)		31:39.78 (3:08.71)	
	34:36.95 (2:57.17)					
-- #	501 Keating, Charles	M80 New England	DNF			
	1:04.96 (1:04.96)	3:55.55 (2:50.59)	7:50.14 (3:54.59)		11:24.58 (3:34.44)	
	38:40.92 (27:16.34)					

**M85 5000 Meter Run**

85 USATF: # 25:47.54  
 85 WMA: R 24:03.99

Name	Age Team	Finals	Points
1 # 897 Sime, Colben	M87 So Cal Track Club	36:43.55	8
1:26.09 (1:26.09)	4:25.03 (2:58.94)	7:20.79 (2:55.76)	10:15.52 (2:54.73)
13:13.84 (2:58.32)	16:13.21 (2:59.37)	19:09.12 (2:55.91)	22:03.85 (2:54.73)
25:00.57 (2:56.72)	28:01.86 (3:01.29)	31:00.77 (2:58.91)	34:00.85 (3:00.08)
36:41.44 (2:40.59)			

**M90 5000 Meter Run**

90 USATF: # 34:23.69  
 90 WMA: R 29:59.94

Name	Age Team	Finals	Points
1 # 566 Linde, Gunnar	M93 So Cal Track Club	45:32.17	8
1:13.16 (1:13.16)	4:16.91 (3:03.75)	7:40.83 (3:23.92)	11:20.20 (3:39.37)
14:58.53 (3:38.33)	18:50.18 (3:51.65)	22:39.23 (3:49.05)	26:30.82 (3:51.59)
30:17.11 (3:46.29)	34:06.88 (3:49.77)	38:02.53 (3:55.65)	41:58.57 (3:56.04)
45:30.00 (3:31.43)			

**W30 10000 Meter Run**

Name	Age Team	Finals	Points
1 # 905 Sleakis, Stefanie	W33 Unattached	36:29.10	8
1:24.99 (1:24.99)	2:50.34 (1:25.35)	4:13.81 (1:23.47)	5:38.37 (1:24.56)
7:02.53 (1:24.16)	8:30.50 (1:27.97)	9:56.68 (1:26.18)	11:22.93 (1:26.25)
12:49.36 (1:26.43)	14:18.02 (1:28.66)	15:46.89 (1:28.87)	17:16.24 (1:29.35)
18:43.84 (1:27.60)	20:12.35 (1:28.51)	21:41.43 (1:29.08)	23:09.51 (1:28.08)
24:39.16 (1:29.65)	26:09.08 (1:29.92)	27:38.48 (1:29.40)	29:08.23 (1:29.75)
30:37.41 (1:29.18)	32:07.26 (1:29.85)	33:37.25 (1:29.99)	35:06.88 (1:29.63)
36:28.29 (1:21.41)			

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35 USATF: # 31:28.92

35 WMA: R 30:53.20

Name	Age Team	Finals	Points
1 # 582 Lund, April	W39 Gys Track Club	36:57.85	8
1:23.66 (1:23.66)	2:48.54 (1:24.88)	4:12.22 (1:23.68)	5:36.00 (1:23.78)
6:59.92 (1:23.92)	8:24.03 (1:24.11)	9:51.71 (1:27.68)	11:19.63 (1:27.92)
12:48.91 (1:29.28)	14:16.48 (1:27.57)	15:45.22 (1:28.74)	17:14.48 (1:29.26)
18:45.52 (1:31.04)	20:17.82 (1:32.30)	21:50.84 (1:33.02)	23:22.74 (1:31.90)
24:55.66 (1:32.92)	26:24.55 (1:28.89)	27:54.41 (1:29.86)	29:27.28 (1:32.87)
30:58.23 (1:30.95)	32:31.26 (1:33.03)	34:04.00 (1:32.74)	35:33.72 (1:29.72)
36:55.69 (1:21.97)			
2 # 178 Cobb, Caroline	W39 So Cal Track Club	41:25.05	6
1:35.42 (1:35.42)	3:13.26 (1:37.84)	4:53.08 (1:39.82)	6:30.90 (1:37.82)
8:11.26 (1:40.36)	9:50.73 (1:39.47)	11:29.85 (1:39.12)	13:08.23 (1:38.38)
14:46.51 (1:38.28)	16:25.21 (1:38.70)	18:04.21 (1:39.00)	19:43.26 (1:39.05)
21:21.89 (1:38.63)	23:00.54 (1:38.65)	24:40.05 (1:39.51)	26:19.06 (1:39.01)
28:00.61 (1:41.55)	29:41.29 (1:40.68)	31:22.66 (1:41.37)	33:04.66 (1:42.00)
34:46.28 (1:41.62)	36:29.14 (1:42.86)	38:11.65 (1:42.51)	39:52.09 (1:40.44)
41:24.66 (1:32.57)			

**W40 10000 Meter Run**

40 USATF: # 34:58.54

40 WMA: R 31:33.44

Name	Age Team	Finals	Points
1 # 448 Hruska, Jessica	W41 Crown Running	38:38.01	8
1:33.699 (1:33.699)	3:04.829 (1:31.130)	4:36.567 (1:31.739)	6:11.872 (1:35.305)
7:44.581 (1:32.710)	9:16.899 (1:32.318)	10:48.989 (1:32.091)	12:21.609 (1:32.620)
13:55.510 (1:33.902)	15:29.176 (1:33.666)	17:02.237 (1:33.061)	18:36.971 (1:34.735)
20:12.503 (1:35.532)	21:46.327 (1:33.824)	23:21.313 (1:34.986)	24:56.633 (1:35.320)
26:29.929 (1:33.297)	28:03.033 (1:33.104)	29:33.325 (1:30.292)	31:06.007 (1:32.683)
32:38.180 (1:32.173)	34:10.700 (1:32.520)	35:41.536 (1:30.836)	37:12.631 (1:31.096)
38:38.001 (1:25.370)			
2 # 458 Ibbetson, Sara	W40 rabbitELITE	39:39.58	6
1:29.77 (1:29.77)	3:01.68 (1:31.91)	4:30.73 (1:29.05)	6:00.72 (1:29.99)
7:31.00 (1:30.28)	9:01.97 (1:30.97)	10:33.10 (1:31.13)	12:04.04 (1:30.94)
13:36.14 (1:32.10)	15:11.31 (1:35.17)	16:47.41 (1:36.10)	18:19.63 (1:32.22)
19:56.46 (1:36.83)	21:35.76 (1:39.30)	23:15.27 (1:39.51)	24:51.56 (1:36.29)
26:27.36 (1:35.80)	28:03.62 (1:36.26)	29:44.21 (1:40.59)	31:24.91 (1:40.70)
33:03.55 (1:38.64)	34:43.92 (1:40.37)	36:24.86 (1:40.94)	38:05.36 (1:40.50)
39:39.20 (1:33.84)			
3 # 1010 Watters, Amanda	W41 Boston Athle	41:42.93	4
1:33.12 (1:33.12)	3:09.74 (1:36.62)	4:46.54 (1:36.80)	6:25.41 (1:38.87)
8:05.87 (1:40.46)	9:46.74 (1:40.87)	11:25.34 (1:38.60)	13:05.73 (1:40.39)
14:46.60 (1:40.87)	16:25.86 (1:39.26)	18:05.39 (1:39.53)	19:48.27 (1:42.88)
21:28.14 (1:39.87)	23:05.87 (1:37.73)	24:46.34 (1:40.47)	26:27.00 (1:40.66)
28:08.25 (1:41.25)	29:50.58 (1:42.33)	31:33.60 (1:43.02)	33:15.01 (1:41.41)
34:57.02 (1:42.01)	36:39.89 (1:42.87)	38:22.31 (1:42.42)	40:03.34 (1:41.03)
41:42.59 (1:39.25)			



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**Ames, IA**

**Results**

**....W40 10000 Meter Run**

4 #	869 Schwendinger, Sar	W44 So Cal Track Club	44:58.43	3		
	1:45.03 (1:45.03)	3:31.91 (1:46.88)	5:19.03 (1:47.12)	7:08.15 (1:49.12)		
	8:55.83 (1:47.68)	10:43.59 (1:47.76)	12:29.24 (1:45.65)	14:16.41 (1:47.17)		
	15:58.25 (1:41.84)	17:43.42 (1:45.17)	19:28.22 (1:44.80)	21:14.72 (1:46.50)		
	23:00.46 (1:45.74)	24:47.98 (1:47.52)	26:36.51 (1:48.53)	28:25.70 (1:49.19)		
	30:15.60 (1:49.90)	32:06.29 (1:50.69)	33:56.67 (1:50.38)	35:46.67 (1:50.00)		
	37:38.87 (1:52.20)	39:30.24 (1:51.37)	41:21.77 (1:51.53)	43:13.94 (1:52.17)		
	44:58.05 (1:44.11)					

**W45 10000 Meter Run**

=====  
45 USATF: # 34:44.78

45 WMA: R 32:34.06

Name Age Team Finals Points

1 #	922 Sober, Jennifer	W46 Unattached	38:16.47	8		
	1:32.43 (1:32.43)	3:03.69 (1:31.26)	4:31.82 (1:28.13)	6:01.55 (1:29.73)		
	7:31.67 (1:30.12)	9:02.76 (1:31.09)	10:34.54 (1:31.78)	12:06.37 (1:31.83)		
	13:38.76 (1:32.39)	15:11.94 (1:33.18)	16:46.98 (1:35.04)	18:18.70 (1:31.72)		
	19:50.82 (1:32.12)	21:25.83 (1:35.01)	22:59.98 (1:34.15)	24:32.17 (1:32.19)		
	26:05.04 (1:32.87)	27:37.01 (1:31.97)	29:09.55 (1:32.54)	30:42.22 (1:32.67)		
	32:15.32 (1:33.10)	33:48.98 (1:33.66)	35:21.58 (1:32.60)	36:52.98 (1:31.40)		
	38:15.88 (1:22.90)					
2 #	322 Gacek, Melissa	W45 Run N Fun	40:05.89	6		
	1:33.78 (1:33.78)	3:07.64 (1:33.86)	4:40.77 (1:33.13)	6:16.05 (1:35.28)		
	7:51.45 (1:35.40)	9:28.00 (1:36.55)	11:03.72 (1:35.72)	12:39.92 (1:36.20)		
	14:15.75 (1:35.83)	15:51.76 (1:36.01)	17:27.80 (1:36.04)	19:04.82 (1:37.02)		
	20:41.56 (1:36.74)	22:17.88 (1:36.32)	23:53.19 (1:35.31)	25:30.32 (1:37.13)		
	27:05.94 (1:35.62)	28:42.72 (1:36.78)	30:20.21 (1:37.49)	31:58.19 (1:37.98)		
	33:35.73 (1:37.54)	35:13.64 (1:37.91)	36:50.62 (1:36.98)	38:28.30 (1:37.68)		
	40:05.44 (1:37.14)					
3 #	33 Bain, Janet	W46 Unattached	43:43.08	4		
	1:42.94 (1:42.94)	3:31.46 (1:48.52)	5:19.03 (1:47.57)	7:08.01 (1:48.98)		
	8:55.07 (1:47.06)	10:42.94 (1:47.87)	12:29.00 (1:46.06)	14:16.14 (1:47.14)		
	16:00.03 (1:43.89)	17:43.77 (1:43.74)	19:28.57 (1:44.80)	21:14.43 (1:45.86)		
	23:00.08 (1:45.65)	24:45.60 (1:45.52)	26:31.11 (1:45.51)	28:15.10 (1:43.99)		
	29:59.00 (1:43.90)	31:45.52 (1:46.52)	33:30.55 (1:45.03)	35:14.65 (1:44.10)		
	37:01.32 (1:46.67)	38:44.35 (1:43.03)	40:25.80 (1:41.45)	42:02.30 (1:36.50)		
	43:42.48 (1:40.18)					
-- #	817 Renfer, Teresa	W49 Pegasus A.C.	DNF			
	1:57.26 (1:57.26)	3:52.67 (1:55.41)	5:49.59 (1:56.92)	7:44.31 (1:54.72)		
	9:38.99 (1:54.68)	11:34.03 (1:55.04)	13:29.19 (1:55.16)	15:23.82 (1:54.63)		
	17:19.18 (1:55.36)	19:15.09 (1:55.91)	21:10.20 (1:55.11)	23:06.57 (1:56.37)		
	25:02.86 (1:56.29)	27:01.34 (1:58.48)	28:59.69 (1:58.35)	30:59.23 (1:59.54)		
	32:59.39 (2:00.16)	34:59.85 (2:00.46)	36:58.48 (1:58.63)	38:56.78 (1:58.30)		

**W50 10000 Meter Run**

=====  
50 USATF: # 37:04.87

50 WMA: R 35:05.70

Name Age Team Finals Points

=====

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**Ames, IA**

**Results**

**....W50 10000 Meter Run**

1 #	369 Guerrini, Elizabe	W52 Unattached	42:09.99	8
	1:26.88 (1:26.88)	2:56.71 (1:29.83)	4:30.62 (1:33.91)	6:04.52 (1:33.90)
	7:39.86 (1:35.34)	9:16.40 (1:36.54)	10:54.74 (1:38.34)	12:34.24 (1:39.50)
	14:14.77 (1:40.53)	15:54.38 (1:39.61)	17:36.29 (1:41.91)	19:18.31 (1:42.02)
	21:01.21 (1:42.90)	22:44.55 (1:43.34)	24:28.88 (1:44.33)	26:11.80 (1:42.92)
	27:58.19 (1:46.39)	29:44.47 (1:46.28)	31:31.84 (1:47.37)	33:20.61 (1:48.77)
	35:08.91 (1:48.30)	36:57.66 (1:48.75)	38:45.10 (1:47.44)	40:32.11 (1:47.01)
	42:09.77 (1:37.66)			
2 #	997 Vollweiler, Jill	W53 So Cal Track Club	48:06.73	6
	1:42.32 (1:42.32)	3:28.46 (1:46.14)	5:15.95 (1:47.49)	7:03.21 (1:47.26)
	8:54.67 (1:51.46)	10:44.93 (1:50.26)	12:37.57 (1:52.64)	14:33.15 (1:55.58)
	16:29.47 (1:56.32)	18:25.50 (1:56.03)	20:19.30 (1:53.80)	22:13.18 (1:53.88)
	24:11.21 (1:58.03)	26:09.38 (1:58.17)	28:08.14 (1:58.76)	30:07.16 (1:59.02)
	32:04.75 (1:57.59)	34:03.57 (1:58.82)	36:04.47 (2:00.90)	38:05.64 (2:01.17)
	40:09.05 (2:03.41)	42:11.29 (2:02.24)	44:12.26 (2:00.97)	46:07.07 (1:54.81)
	48:05.42 (1:58.35)			

**W55 10000 Meter Run**

55 USATF: # 39:37.05  
 55 WMA: R 36:46.96

Name	Age Team	Finals	Points
1 # 991 Veneziano, Lisa	W56 Unattached	38:42.16#	8
1:31.14 (1:31.14)	3:05.09 (1:33.95)	4:39.91 (1:34.82)	6:15.57 (1:35.66)
7:49.25 (1:33.68)	9:23.69 (1:34.44)	10:57.76 (1:34.07)	12:31.76 (1:34.00)
14:06.09 (1:34.33)	15:40.20 (1:34.11)	17:12.70 (1:32.50)	18:44.70 (1:32.00)
20:17.45 (1:32.75)	21:50.44 (1:32.99)	23:22.31 (1:31.87)	24:54.58 (1:32.27)
26:26.89 (1:32.31)	27:59.23 (1:32.34)	29:31.71 (1:32.48)	31:03.88 (1:32.17)
32:36.99 (1:33.11)	34:09.38 (1:32.39)	35:42.11 (1:32.73)	37:13.79 (1:31.68)
38:40.43 (1:26.64)			
2 # 1037 Wolski, Kathy	W55 So Cal Track Club	41:57.43	6
1:33.82 (1:33.82)	3:12.19 (1:38.37)	4:52.02 (1:39.83)	6:32.56 (1:40.54)
8:13.39 (1:40.83)	9:51.40 (1:38.01)	11:28.86 (1:37.46)	13:07.34 (1:38.48)
14:43.22 (1:35.88)	16:19.01 (1:35.79)	18:02.37 (1:43.36)	19:58.44 (1:56.07)
21:54.59 (1:56.15)	23:42.84 (1:48.25)	25:29.53 (1:46.69)	27:08.72 (1:39.19)
28:50.33 (1:41.61)	30:32.18 (1:41.85)	32:10.01 (1:37.83)	33:45.31 (1:35.30)
35:26.49 (1:41.18)	37:01.70 (1:35.21)	38:40.13 (1:38.43)	40:12.91 (1:32.78)
41:55.97 (1:43.06)			
3 # 79 Blakeley-Cameron,	W56 Kansas City Smoke	45:32.95	4
1:45.64 (1:45.64)	3:31.62 (1:45.98)	5:15.65 (1:44.03)	7:01.53 (1:45.88)
8:49.30 (1:47.77)	10:33.70 (1:44.40)	12:22.84 (1:49.14)	14:08.46 (1:45.62)
15:52.84 (1:44.38)	17:41.08 (1:48.24)	19:30.54 (1:49.46)	21:21.31 (1:50.77)
23:13.07 (1:51.76)	25:03.92 (1:50.85)	26:55.91 (1:51.99)	28:49.70 (1:53.79)
30:40.85 (1:51.15)	32:34.69 (1:53.84)	34:29.33 (1:54.64)	36:24.64 (1:55.31)
38:18.12 (1:53.48)	40:10.15 (1:52.03)	42:02.93 (1:52.78)	43:52.97 (1:50.04)
45:32.19 (1:39.22)			
4 # 519 Klein, Tina	W56 T.H.E. Track Team	49:12.95	3
1:51.81 (1:51.81)	3:49.13 (1:57.32)	5:50.89 (2:01.76)	7:51.09 (2:00.20)
9:54.55 (2:03.46)	11:55.04 (2:00.49)	13:55.81 (2:00.77)	15:57.51 (2:01.70)
17:58.31 (2:00.80)	19:58.63 (2:00.32)	21:58.10 (1:59.47)	23:54.29 (1:56.19)
25:56.00 (2:01.71)	27:55.92 (1:59.92)	29:55.18 (1:59.26)	31:53.01 (1:57.83)
33:50.81 (1:57.80)	35:47.42 (1:56.61)	37:45.63 (1:58.21)	39:42.92 (1:57.29)
41:39.12 (1:56.20)	43:35.18 (1:56.06)	45:30.14 (1:54.96)	47:24.54 (1:54.40)
49:10.25 (1:45.71)			

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60 USATF: # 41:10.57

60 WMA: R 37:57.95

Name	Age Team	Finals	Points
1 # 196 Cordes, Suzanne	W61 Impala Racing Team	45:48.44	8
1:36.79 (1:36.79)	3:18.37 (1:41.58)	5:01.56 (1:43.19)	6:47.84 (1:46.28)
8:34.62 (1:46.78)	10:22.67 (1:48.05)	12:11.22 (1:48.55)	14:00.76 (1:49.54)
15:47.80 (1:47.04)	17:40.18 (1:52.38)	19:27.21 (1:47.03)	21:18.99 (1:51.78)
23:10.24 (1:51.25)	24:59.87 (1:49.63)	26:50.13 (1:50.26)	28:42.30 (1:52.17)
30:34.87 (1:52.57)	32:25.81 (1:50.94)	34:18.75 (1:52.94)	36:12.34 (1:53.59)
38:05.95 (1:53.61)	39:59.42 (1:53.47)	41:55.38 (1:55.96)	43:49.05 (1:53.67)
45:45.32 (1:56.27)			
2 # 877 Sexton, Carol	W64 Unattached	47:19.53	6
1:52.93 (1:52.93)	3:42.71 (1:49.78)	5:31.17 (1:48.46)	7:21.12 (1:49.95)
9:11.47 (1:50.35)	11:01.25 (1:49.78)	12:53.81 (1:52.56)	14:46.12 (1:52.31)
16:37.18 (1:51.06)	18:31.48 (1:54.30)	20:24.84 (1:53.36)	22:19.21 (1:54.37)
24:12.68 (1:53.47)	26:06.55 (1:53.87)	28:01.79 (1:55.24)	29:56.73 (1:54.94)
31:52.59 (1:55.86)	33:48.09 (1:55.50)	35:44.59 (1:56.50)	37:41.20 (1:56.61)
39:37.00 (1:55.80)	41:33.52 (1:56.52)	43:29.74 (1:56.22)	45:25.20 (1:55.46)
47:18.82 (1:53.62)			
3 # 896 Siegel, Lauren	W61 Philadelphia	57:27.50	4
2:04.68 (2:04.68)	4:16.00 (2:11.32)	6:28.58 (2:12.58)	8:42.75 (2:14.17)
10:58.98 (2:16.23)	13:16.50 (2:17.52)	15:40.64 (2:24.14)	18:00.92 (2:20.28)
20:20.63 (2:19.71)	22:38.74 (2:18.11)	25:04.51 (2:25.77)	27:28.18 (2:23.67)
29:51.25 (2:23.07)	32:12.69 (2:21.44)	34:32.46 (2:19.77)	36:52.42 (2:19.96)
39:11.53 (2:19.11)	41:31.27 (2:19.74)	43:49.74 (2:18.47)	46:07.94 (2:18.20)
48:26.00 (2:18.06)	50:45.70 (2:19.70)	53:04.12 (2:18.42)	55:20.40 (2:16.28)
57:25.68 (2:05.28)			
4 # 885 Shepardson, Veron	W64 Unattached	1:01:18.17	3
2:00.87 (2:00.87)	4:17.74 (2:16.87)	6:34.22 (2:16.48)	8:56.73 (2:22.51)
11:20.05 (2:23.32)	13:43.29 (2:23.24)	16:05.76 (2:22.47)	18:30.79 (2:25.03)
20:57.72 (2:26.93)	23:26.27 (2:28.55)	25:55.17 (2:28.90)	28:23.10 (2:27.93)
30:52.24 (2:29.14)	33:24.45 (2:32.21)	35:58.12 (2:33.67)	38:32.47 (2:34.35)
41:07.95 (2:35.48)	43:39.96 (2:32.01)	46:19.15 (2:39.19)	48:54.76 (2:35.61)
51:26.67 (2:31.91)	54:01.59 (2:34.92)	56:33.41 (2:31.82)	59:04.30 (2:30.89)
1:01:17.33 (2:13.03)			

**W65 10000 Meter Run**

65 USATF: # 42:34.79

65 WMA: R 41:40.27

Name	Age Team	Finals	Points
1 # 627 McCormack, Amy	W66 Unattached	51:00.86	8
1:49.62 (1:49.62)	3:48.11 (1:58.49)	5:46.97 (1:58.86)	7:45.72 (1:58.75)
9:45.49 (1:59.77)	11:46.14 (2:00.65)	13:48.09 (2:01.95)	15:50.46 (2:02.37)
17:52.80 (2:02.34)	19:56.35 (2:03.55)	21:59.29 (2:02.94)	24:03.40 (2:04.11)
26:09.04 (2:05.64)	28:14.67 (2:05.63)	30:18.78 (2:04.11)	32:24.64 (2:05.86)
34:29.95 (2:05.31)	36:38.68 (2:08.73)	38:42.57 (2:03.89)	40:45.62 (2:03.05)
42:51.65 (2:06.03)	44:56.10 (2:04.45)	47:01.17 (2:05.07)	49:05.26 (2:04.09)
50:59.32 (1:54.06)			

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70 USATF: # 46:38.50

70 WMA: R 44:25.14

Name	Age Team	Finals	Points
1 # 832 Rollins, Nancy	W74 Unattached	53:52.06	8
1:55.27 (1:55.27)	3:53.79 (1:58.52)	5:54.63 (2:00.84)	7:56.29 (2:01.66)
9:56.92 (2:00.63)	11:59.41 (2:02.49)	14:03.22 (2:03.81)	16:06.37 (2:03.15)
18:16.22 (2:09.85)	20:24.67 (2:08.45)	22:33.49 (2:08.82)	24:46.84 (2:13.35)
26:58.92 (2:12.08)	29:12.98 (2:14.06)	31:24.56 (2:11.58)	33:36.75 (2:12.19)
35:50.85 (2:14.10)	38:03.74 (2:12.89)	40:21.14 (2:17.40)	42:36.86 (2:15.72)
44:55.71 (2:18.85)	47:09.84 (2:14.13)	49:29.36 (2:19.52)	51:45.71 (2:16.35)
53:51.17 (2:05.46)			

**W85 10000 Meter Run**

85 USATF: # 1:46:57.50

85 WMA: R 1:26:15.07

Name	Age Team	Finals	Points
1 # 352 Graf, Tami	W85 Potomac Vall	1:36:39.48#	8
3:26.67 (3:26.67)	7:19.79 (3:53.12)	11:02.67 (3:42.88)	14:55.76 (3:53.09)
18:41.05 (3:45.29)	22:30.88 (3:49.83)	26:17.29 (3:46.41)	30:06.29 (3:49.00)
33:52.63 (3:46.34)	37:37.96 (3:45.33)	41:32.97 (3:55.01)	45:15.74 (3:42.77)
49:10.12 (3:54.38)	52:55.53 (3:45.41)	56:55.79 (4:00.26)	1:00:46.05 (3:50.26)
1:04:41.48 (3:55.43)	1:08:34.19 (3:52.71)	1:12:28.99 (3:54.80)	1:16:39.45 (4:10.46)
1:20:36.70 (3:57.25)	1:24:39.04 (4:02.34)	1:28:36.42 (3:57.38)	1:32:41.75 (4:05.33)
1:36:34.52 (3:52.77)			

**M30 10000 Meter Run**

Name	Age Team	Finals	Points
1 # 585 Lyons, Austin	M34 Unattached	40:09.73	8
1:35.90 (1:35.90)	3:08.31 (1:32.41)	4:40.39 (1:32.08)	6:13.07 (1:32.68)
7:47.62 (1:34.55)	9:20.38 (1:32.76)	10:54.80 (1:34.42)	12:27.87 (1:33.07)
14:01.642 (1:33.78)	15:37.823 (1:36.181)	17:12.31 (1:34.49)	18:48.36 (1:36.05)
20:25.354 (1:37.00)	22:02.013 (1:36.660)	23:40.60 (1:38.59)	25:19.71 (1:39.11)
26:58.22 (1:38.51)	28:37.185 (1:38.97)	30:16.781 (1:39.597)	31:56.236 (1:39.455)
33:36.403 (1:40.168)	35:19.12 (1:42.72)	37:00.12 (1:41.00)	38:41.47 (1:41.35)
40:09.53 (1:28.06)			

**M35 10000 Meter Run**

35 USATF: # 28:02.41

35 WMA: R 26:51.20

Name	Age Team	Finals	Points
1 # 583 Lundell, Ben	M38 Crown Running	38:04.10	8
1:27.18 (1:27.18)	2:54.01 (1:26.83)	4:19.12 (1:25.11)	5:44.98 (1:25.86)
7:10.87 (1:25.89)	8:37.63 (1:26.76)	10:09.18 (1:31.55)	11:39.14 (1:29.96)
13:10.04 (1:30.90)	14:41.34 (1:31.30)	16:13.72 (1:32.38)	17:46.05 (1:32.33)
19:17.69 (1:31.64)	20:50.24 (1:32.55)	22:24.00 (1:33.76)	23:57.39 (1:33.39)
25:30.01 (1:32.62)	27:04.70 (1:34.69)	28:40.60 (1:35.90)	30:19.14 (1:38.54)
31:54.73 (1:35.59)	33:31.18 (1:36.45)	35:05.95 (1:34.77)	36:39.88 (1:33.93)
38:03.05 (1:23.17)			

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**...M35 10000 Meter Run**

2 #	695 Moseley, Anthony	M35 Gys Track Club	43:02.08	6
	1:36.47 (1:36.47)	3:20.93 (1:44.46)	5:06.14 (1:45.21)	6:50.28 (1:44.14)
	8:36.47 (1:46.19)	10:14.41 (1:37.94)	11:53.25 (1:38.84)	13:35.00 (1:41.75)
	15:17.82 (1:42.82)	17:01.33 (1:43.51)	18:47.95 (1:46.62)	20:35.99 (1:48.04)
	22:20.03 (1:44.04)	24:05.26 (1:45.23)	25:49.63 (1:44.37)	27:35.22 (1:45.59)
	29:19.30 (1:44.08)	31:04.89 (1:45.59)	32:49.02 (1:44.13)	34:34.95 (1:45.93)
	36:19.96 (1:45.01)	38:01.51 (1:41.55)	39:43.61 (1:42.10)	41:25.75 (1:42.14)
	43:01.71 (1:35.96)			
3 #	651 McVeigh, Sean	M39 Unattached	43:13.41	4
	1:38.17 (1:38.17)	3:25.85 (1:47.68)	5:07.74 (1:41.89)	6:54.70 (1:46.96)
	8:41.03 (1:46.33)	10:26.88 (1:45.85)	12:11.17 (1:44.29)	13:55.19 (1:44.02)
	15:38.59 (1:43.40)	17:22.89 (1:44.30)	19:06.93 (1:44.04)	20:51.07 (1:44.14)
	22:34.79 (1:43.72)	24:21.31 (1:46.52)	26:05.70 (1:44.39)	27:50.49 (1:44.79)
	29:34.12 (1:43.63)	31:19.01 (1:44.89)	33:03.17 (1:44.16)	34:47.41 (1:44.24)
	36:32.40 (1:44.99)	38:15.53 (1:43.13)	39:59.85 (1:44.32)	41:42.31 (1:42.46)
	43:12.12 (1:29.81)			

**M40 10000 Meter Run**

40 USATF: # 27:49.35  
 40 WMA: R 27:49.35

Name	Age Team	Finals	Points
1 #	5 *Alcaraz, Alejand	M42 Mexico	X36:56.54
	1:26.20 (1:26.20)	2:52.97 (1:26.77)	4:16.92 (1:23.95)
	7:03.63 (1:22.41)	8:25.95 (1:22.32)	9:48.29 (1:22.34)
	12:32.80 (1:21.79)	13:53.70 (1:20.90)	15:18.07 (1:24.37)
	18:11.20 (1:26.70)	19:39.62 (1:28.42)	21:10.26 (1:30.64)
	24:11.14 (1:32.50)	25:39.72 (1:28.58)	27:09.25 (1:29.53)
	30:26.25 (1:31.43)	32:01.80 (1:35.55)	33:39.17 (1:37.37)
	36:55.85 (1:33.15)		35:22.70 (1:43.53)
2 #	443 Holtry, Matthew	M42 Piedmont Pac	49:03.54
	1:41.73 (1:41.73)	3:29.52 (1:47.79)	5:13.72 (1:44.20)
	8:53.28 (1:52.34)	10:47.14 (1:53.86)	12:42.45 (1:55.31)
	16:36.19 (1:56.41)	18:37.30 (2:01.11)	20:34.49 (1:57.19)
	24:33.69 (2:00.77)	26:32.24 (1:58.55)	28:34.76 (2:02.52)
	32:45.89 (2:05.06)	34:52.60 (2:06.71)	36:59.11 (2:06.51)
	41:05.77 (2:04.84)	43:11.52 (2:05.75)	45:17.31 (2:05.79)
	49:03.30 (1:49.64)		47:13.66 (1:56.35)

**M45 10000 Meter Run**

45 USATF: # 29:44.38  
 45 WMA: R 29:44.38

Name	Age Team	Finals	Points
1 #	676 Mitchell, Gregory	M47 Bowerman Track Club	33:56.04
	1:24.40 (1:24.40)	2:49.53 (1:25.13)	4:14.76 (1:25.23)
	7:02.50 (1:23.38)	8:25.03 (1:22.53)	9:47.39 (1:22.36)
	12:31.47 (1:21.53)	13:53.63 (1:22.16)	15:15.42 (1:21.79)
	17:59.20 (1:21.34)	19:19.69 (1:20.49)	20:40.47 (1:20.78)
	23:20.23 (1:20.34)	24:40.57 (1:20.34)	26:00.82 (1:20.25)
	28:40.49 (1:20.29)	30:01.20 (1:20.71)	31:22.68 (1:21.48)
	33:56.26 (1:14.09)		32:42.17 (1:19.49)

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**Results**

**....M45 10000 Meter Run**

2 #	917 Snider, Jerry	M47 Unattached	38:30.32	6
	1:24.07 (1:24.07)	2:49.19 (1:25.12)	4:14.55 (1:25.36)	5:39.21 (1:24.66)
	7:02.79 (1:23.58)	8:25.54 (1:22.75)	9:47.94 (1:22.40)	11:09.99 (1:22.05)
	12:36.18 (1:26.19)	14:04.85 (1:28.67)	15:34.53 (1:29.68)	17:07.55 (1:33.02)
	18:41.05 (1:33.50)	20:17.45 (1:36.40)	21:54.32 (1:36.87)	23:32.26 (1:37.94)
	25:09.75 (1:37.49)	26:46.93 (1:37.18)	28:32.19 (1:45.26)	30:15.93 (1:43.74)
	31:53.54 (1:37.61)	33:35.10 (1:41.56)	35:16.93 (1:41.83)	36:59.35 (1:42.42)
	38:29.40 (1:30.05)			
3 #	957 Teotia, Seemant	M45 Unattached	46:50.58	4
	1:42.39 (1:42.39)	3:24.82 (1:42.43)	5:07.81 (1:42.99)	6:50.90 (1:43.09)
	8:34.99 (1:44.09)	10:18.26 (1:43.27)	12:03.99 (1:45.73)	13:52.04 (1:48.05)
	15:42.87 (1:50.83)	17:33.69 (1:50.82)	19:25.13 (1:51.44)	21:16.62 (1:51.49)
	23:08.28 (1:51.66)	25:01.89 (1:53.61)	26:56.06 (1:54.17)	29:08.67 (2:12.61)
	31:04.89 (1:56.22)	33:01.78 (1:56.89)	34:59.30 (1:57.52)	36:55.28 (1:55.98)
	39:01.37 (2:06.09)	41:01.58 (2:00.21)	43:01.50 (1:59.92)	44:57.10 (1:55.60)
	46:50.55 (1:53.45)			

**M50 10000 Meter Run**

50 USATF: # 30:48.87  
 50 WMA: R 30:48.87

Name	Age Team	Finals	Points
1 # 902 Siriano, Scott	M54 Mass Velocit	38:00.22	8
1:26.47 (1:26.47)	2:54.65 (1:28.18)	4:22.95 (1:28.30)	5:50.18 (1:27.23)
7:19.34 (1:29.16)	8:48.13 (1:28.79)	10:18.95 (1:30.82)	11:47.87 (1:28.92)
13:18.63 (1:30.76)	14:50.14 (1:31.51)	16:21.60 (1:31.46)	17:54.49 (1:32.89)
19:25.60 (1:31.11)	21:00.12 (1:34.52)	22:32.44 (1:32.32)	24:05.76 (1:33.32)
25:39.48 (1:33.72)	27:14.83 (1:35.35)	28:47.60 (1:32.77)	30:19.45 (1:31.85)
31:53.42 (1:33.97)	33:27.85 (1:34.43)	35:02.81 (1:34.96)	36:37.13 (1:34.32)
37:59.37 (1:22.24)			
2 # 641 McGrane, Michael	M51 Boston Athle	39:50.53	6
1:26.37 (1:26.37)	2:56.36 (1:29.99)	4:26.61 (1:30.25)	5:55.37 (1:28.76)
7:25.34 (1:29.97)	8:53.58 (1:28.24)	10:25.97 (1:32.39)	11:56.50 (1:30.53)
13:26.32 (1:29.82)	14:57.50 (1:31.18)	16:30.77 (1:33.27)	18:01.71 (1:30.94)
19:33.61 (1:31.90)	21:03.19 (1:29.58)	22:34.56 (1:31.37)	24:05.55 (1:30.99)
25:36.76 (1:31.21)	27:18.49 (1:41.73)	29:02.27 (1:43.78)	30:51.57 (1:49.30)
32:39.09 (1:47.52)	34:26.98 (1:47.89)	36:14.83 (1:47.85)	38:04.31 (1:49.48)
39:47.78 (1:43.47)			
3 # 235 Dix, Roger	M54 Hoka Aggie R	39:55.70	4
1:28.24 (1:28.24)	2:57.96 (1:29.72)	4:25.81 (1:27.85)	5:54.74 (1:28.93)
7:24.74 (1:30.00)	8:54.82 (1:30.08)	10:26.13 (1:31.31)	11:59.33 (1:33.20)
13:35.80 (1:36.47)	15:12.46 (1:36.66)	16:47.51 (1:35.05)	18:23.28 (1:35.77)
20:00.71 (1:37.43)	21:38.37 (1:37.66)	23:16.79 (1:38.42)	24:55.39 (1:38.60)
26:34.60 (1:39.21)	28:14.07 (1:39.47)	29:53.58 (1:39.51)	31:35.48 (1:41.90)
33:19.64 (1:44.16)	35:02.14 (1:42.50)	36:43.71 (1:41.57)	38:21.80 (1:38.09)
39:55.39 (1:33.59)			
4 # 160 Chasse, Craig	M51 Potomac Vall	40:59.44	3
1:25.86 (1:25.86)	2:54.17 (1:28.31)	4:23.99 (1:29.82)	5:57.35 (1:33.36)
7:36.89 (1:39.54)	9:15.45 (1:38.56)	10:53.31 (1:37.86)	12:29.77 (1:36.46)
14:08.62 (1:38.85)	15:46.30 (1:37.68)	17:23.08 (1:36.78)	19:01.05 (1:37.97)
20:44.08 (1:43.03)	22:25.20 (1:41.12)	24:04.55 (1:39.35)	25:44.73 (1:40.18)
27:28.39 (1:43.66)	29:13.07 (1:44.68)	30:55.47 (1:42.40)	32:33.15 (1:37.68)
34:16.04 (1:42.89)	35:59.66 (1:43.62)	37:44.80 (1:45.14)	39:25.62 (1:40.82)
40:58.74 (1:33.12)			

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**...M50 10000 Meter Run**

5 #	140 Cantu, Hiran	M54 Unattached	43:08.25	2		
	1:35.60 (1:35.60)	3:13.76 (1:38.16)	4:52.13 (1:38.37)	6:30.61 (1:38.48)		
	8:08.35 (1:37.74)	9:45.29 (1:36.94)	11:23.33 (1:38.04)	13:03.75 (1:40.42)		
	14:44.58 (1:40.83)	16:27.59 (1:43.01)	18:11.78 (1:44.19)	19:56.50 (1:44.72)		
	21:41.78 (1:45.28)	23:29.28 (1:47.50)	25:17.68 (1:48.40)	27:02.55 (1:44.87)		
	28:49.19 (1:46.64)	30:37.24 (1:48.05)	32:26.08 (1:48.84)	34:18.99 (1:52.91)		
	36:08.11 (1:49.12)	37:56.95 (1:48.84)	39:45.47 (1:48.52)	41:30.69 (1:45.22)		
	43:07.44 (1:36.75)					
-- #	724 Newport, Jason	M50 Speedy Feet	DNF			
	1:27.77 (1:27.77)	2:58.45 (1:30.68)	4:27.13 (1:28.68)	5:55.60 (1:28.47)		
	7:25.68 (1:30.08)	8:55.38 (1:29.70)	10:26.36 (1:30.98)	11:59.52 (1:33.16)		
	13:35.85 (1:36.33)	15:12.61 (1:36.76)	16:47.40 (1:34.79)	18:23.30 (1:35.90)		
	20:01.50 (1:38.20)					

**M55 10000 Meter Run**

=====  
 55 USATF: # 33:00.66

55 WMA: R 31:51.86

Name Age Team Finals Points

1 #	185 Collins, Michael	M57 Unattached	35:50.81	8		
	1:24.68 (1:24.68)	2:53.80 (1:29.12)	4:18.81 (1:25.01)	5:44.76 (1:25.95)		
	7:10.11 (1:25.35)	8:35.38 (1:25.27)	10:02.07 (1:26.69)	11:27.13 (1:25.06)		
	12:52.40 (1:25.27)	14:17.72 (1:25.32)	15:43.19 (1:25.47)	17:08.99 (1:25.80)		
	18:33.93 (1:24.94)	19:59.17 (1:25.24)	21:25.28 (1:26.11)	22:51.22 (1:25.94)		
	24:16.37 (1:25.15)	25:44.22 (1:27.85)	27:12.41 (1:28.19)	28:40.15 (1:27.74)		
	30:07.50 (1:27.35)	31:35.81 (1:28.31)	33:03.79 (1:27.98)	34:30.08 (1:26.29)		
	35:50.24 (1:20.16)					
2 #	965 Thompson, Dean	M55 Unattached	37:27.80	6		
	1:26.69 (1:26.69)	2:52.63 (1:25.94)	4:17.09 (1:24.46)	5:43.55 (1:26.46)		
	7:07.05 (1:23.50)	8:35.33 (1:28.28)	10:02.46 (1:27.13)	11:27.91 (1:25.45)		
	12:52.63 (1:24.72)	14:18.52 (1:25.89)	15:46.86 (1:28.34)	17:14.42 (1:27.56)		
	18:43.54 (1:29.12)	20:13.52 (1:29.98)	21:42.52 (1:29.00)	23:13.13 (1:30.61)		
	24:46.86 (1:33.73)	26:19.91 (1:33.05)	27:56.98 (1:37.07)	29:32.74 (1:35.76)		
	31:09.59 (1:36.85)	32:45.35 (1:35.76)	34:23.09 (1:37.74)	35:56.34 (1:33.25)		
	37:24.96 (1:28.62)					
3 #	793 Poulos, Ted	M59 Potomac Vall	44:11.12	4		
	1:44.61 (1:44.61)	3:30.23 (1:45.62)	5:13.23 (1:43.00)	6:57.01 (1:43.78)		
	8:42.59 (1:45.58)	10:28.84 (1:46.25)	12:14.46 (1:45.62)	14:01.11 (1:46.65)		
	15:47.22 (1:46.11)	17:32.39 (1:45.17)	19:18.30 (1:45.91)	21:04.15 (1:45.85)		
	22:50.47 (1:46.32)	24:35.39 (1:44.92)	26:21.54 (1:46.15)	28:06.80 (1:45.26)		
	29:55.69 (1:48.89)	31:43.74 (1:48.05)	33:32.93 (1:49.19)	35:21.36 (1:48.43)		
	37:09.43 (1:48.07)	38:57.36 (1:47.93)	40:45.37 (1:48.01)	42:33.27 (1:47.90)		
	44:11.111 (1:37.85)					
4 #	619 Mayne, Richard	M57 Trojan Masters T.C.	44:20.51	3		
	1:35.33 (1:35.33)	3:14.69 (1:39.36)	4:51.98 (1:37.29)	6:31.09 (1:39.11)		
	8:11.48 (1:40.39)	9:52.17 (1:40.69)	11:34.27 (1:42.10)	13:18.88 (1:44.61)		
	15:02.25 (1:43.37)	16:47.01 (1:44.76)	18:32.35 (1:45.34)	20:19.53 (1:47.18)		
	22:06.84 (1:47.31)	23:56.56 (1:49.72)	25:44.96 (1:48.40)	27:37.36 (1:52.40)		
	29:27.78 (1:50.42)	31:19.06 (1:51.28)	33:09.56 (1:50.50)	35:03.26 (1:53.70)		
	36:56.33 (1:53.07)	38:51.60 (1:55.27)	40:45.53 (1:53.93)	42:39.87 (1:54.34)		
	44:19.63 (1:39.76)					

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**...M55 10000 Meter Run**

5 #	57 Beene, Martin	M59 Lake Merritt	45:02.46	2
	1:40.39 (1:40.39)	3:28.57 (1:48.18)	5:12.52 (1:43.95)	6:54.40 (1:41.88)
	8:38.25 (1:43.85)	10:21.69 (1:43.44)	12:03.38 (1:41.69)	13:47.86 (1:44.48)
	15:34.63 (1:46.77)	17:20.16 (1:45.53)	19:07.59 (1:47.43)	20:54.16 (1:46.57)
	22:42.17 (1:48.01)	24:29.81 (1:47.64)	26:19.52 (1:49.71)	28:10.18 (1:50.66)
	30:01.85 (1:51.67)	31:56.43 (1:54.58)	33:49.68 (1:53.25)	35:44.84 (1:55.16)
	37:38.97 (1:54.13)	39:33.60 (1:54.63)	41:26.53 (1:52.93)	43:19.74 (1:53.21)
	45:01.98 (1:42.24)			
6 #	215 Danner Jr., Donny	M59 Unattached	45:42.48	1
	1:40.88 (1:40.88)	3:24.06 (1:43.18)	5:05.64 (1:41.58)	6:49.52 (1:43.88)
	8:34.45 (1:44.93)	10:20.20 (1:45.75)	12:05.03 (1:44.83)	13:51.21 (1:46.18)
	15:40.31 (1:49.10)	17:31.89 (1:51.58)	19:24.53 (1:52.64)	21:19.11 (1:54.58)
	23:14.71 (1:55.60)	25:18.00 (2:03.29)	27:05.54 (1:47.54)	28:58.63 (1:53.09)
	30:50.73 (1:52.10)	32:41.16 (1:50.43)	34:37.82 (1:56.66)	36:32.14 (1:54.32)
	38:25.48 (1:53.34)	40:18.10 (1:52.62)	42:11.42 (1:53.32)	44:00.88 (1:49.46)
	45:42.473 (1:41.60)			
-- #	706 Munsey, Colin	M55 Roanoke Vall	DNF	
	1:27.89 (1:27.89)	2:58.02 (1:30.13)	4:26.61 (1:28.59)	5:55.07 (1:28.46)
	7:24.98 (1:29.91)	8:53.77 (1:28.79)	10:25.32 (1:31.55)	11:56.09 (1:30.77)
	13:27.21 (1:31.12)	14:59.17 (1:31.96)	16:32.43 (1:33.26)	18:05.80 (1:33.37)
	19:40.33 (1:34.53)	21:17.24 (1:36.91)	22:54.38 (1:37.14)	24:30.21 (1:35.83)
	26:11.58 (1:41.37)	27:53.84 (1:42.26)	29:38.44 (1:44.60)	31:25.66 (1:47.22)
	33:14.73 (1:49.07)	35:10.96 (1:56.23)	37:07.62 (1:56.66)	
-- #	251 Dragstedt, Lester	M59 Atlanta Track Club	DNF	
	1:29.43 (1:29.43)	3:03.63 (1:34.20)	4:39.25 (1:35.62)	6:15.07 (1:35.82)
	7:52.53 (1:37.46)	9:29.755 (1:37.23)	11:08.310 (1:38.555)	12:46.629 (1:38.319)
	14:23.743 (1:37.115)	16:01.56 (1:37.82)		

**M60 10000 Meter Run**

60 USATF: # 35:19.80

60 WMA: R 33:39.52

Name	Age Team	Finals	Points
1 # 861 Schmidt, Steve	M60 Unattached	37:03.92	8
1:32.99 (1:32.99)	3:03.96 (1:30.97)	4:32.54 (1:28.58)	6:01.87 (1:29.33)
7:31.83 (1:29.96)	9:02.91 (1:31.08)	10:33.65 (1:30.74)	12:03.68 (1:30.03)
13:31.51 (1:27.83)	14:59.37 (1:27.86)	16:25.49 (1:26.12)	17:51.53 (1:26.04)
19:18.09 (1:26.56)	20:48.99 (1:30.90)	22:14.64 (1:25.65)	23:45.80 (1:31.16)
25:15.53 (1:29.73)	26:44.80 (1:29.27)	28:14.15 (1:29.35)	29:46.12 (1:31.97)
31:15.51 (1:29.39)	32:44.14 (1:28.63)	34:12.05 (1:27.91)	35:39.71 (1:27.66)
37:03.92 (1:24.21)			
2 # 277 Enicks IV, Willia	M61 So Cal Track Club	38:15.54	6
1:26.58 (1:26.58)	2:55.85 (1:29.27)	4:22.88 (1:27.03)	5:52.41 (1:29.53)
7:22.46 (1:30.05)	8:51.92 (1:29.46)	10:22.34 (1:30.42)	11:52.27 (1:29.93)
13:19.32 (1:27.05)	14:50.02 (1:30.70)	16:19.55 (1:29.53)	17:48.12 (1:28.57)
19:18.42 (1:30.30)	20:48.61 (1:30.19)	22:19.32 (1:30.71)	23:53.94 (1:34.62)
25:29.96 (1:36.02)	27:05.06 (1:35.10)	28:41.21 (1:36.15)	30:18.27 (1:37.06)
31:54.48 (1:36.21)	33:30.56 (1:36.08)	35:05.47 (1:34.91)	36:43.20 (1:37.73)
38:13.96 (1:30.76)			



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**....M60 10000 Meter Run**

3 #	516 Kirk, Jeffrey	M62 Santa Cruz T	42:00.27	4
	1:33.45 (1:33.45)	3:09.17 (1:35.72)	4:45.95 (1:36.78)	6:24.59 (1:38.64)
	8:02.92 (1:38.33)	9:42.74 (1:39.82)	11:22.35 (1:39.61)	13:02.21 (1:39.86)
	14:43.45 (1:41.24)	16:23.64 (1:40.19)	18:05.03 (1:41.39)	19:46.06 (1:41.03)
	21:27.19 (1:41.13)	23:07.49 (1:40.30)	24:48.80 (1:41.31)	26:30.64 (1:41.84)
	28:13.01 (1:42.37)	29:56.09 (1:43.08)	31:40.06 (1:43.97)	33:25.03 (1:44.97)
	35:08.42 (1:43.39)	36:53.10 (1:44.68)	38:38.04 (1:44.94)	40:22.55 (1:44.51)
	41:59.95 (1:37.40)			
4 #	14 Anderson, Michael	M63 Atlanta Track Club	43:04.47	3
	1:35.98 (1:35.98)	3:17.47 (1:41.49)	4:56.51 (1:39.04)	6:38.96 (1:42.45)
	8:20.79 (1:41.83)	10:00.75 (1:39.96)	11:43.70 (1:42.95)	13:27.71 (1:44.01)
	15:11.85 (1:44.14)	16:57.99 (1:46.14)	18:42.83 (1:44.84)	20:27.70 (1:44.87)
	22:13.94 (1:46.24)	23:58.67 (1:44.73)	25:43.79 (1:45.12)	27:28.77 (1:44.98)
	29:14.02 (1:45.25)	31:00.55 (1:46.53)	32:46.49 (1:45.94)	34:30.47 (1:43.98)
	36:18.36 (1:47.89)	38:04.26 (1:45.90)	39:48.64 (1:44.38)	41:30.12 (1:41.48)
	43:04.465 (1:34.36)			
5 #	375 Hadcock Sr., John	M63 Greater Lowe	44:10.38	2
	1:37.15 (1:37.15)	3:18.41 (1:41.26)	5:02.01 (1:43.60)	6:45.22 (1:43.21)
	8:30.02 (1:44.80)	10:13.95 (1:43.93)	11:59.73 (1:45.78)	13:46.62 (1:46.89)
	15:34.18 (1:47.56)	17:20.91 (1:46.73)	19:08.02 (1:47.11)	20:55.49 (1:47.47)
	22:44.22 (1:48.73)	24:32.33 (1:48.11)	26:20.90 (1:48.57)	28:09.01 (1:48.11)
	29:58.08 (1:49.07)	31:46.98 (1:48.90)	33:34.12 (1:47.14)	35:21.13 (1:47.01)
	37:09.42 (1:48.29)	38:56.80 (1:47.38)	40:42.88 (1:46.08)	42:28.69 (1:45.81)
	44:09.75 (1:41.06)			
6 #	713 Muse, Charlie	M64 Greater Lowe	46:53.38	1
	1:40.65 (1:40.65)	3:24.73 (1:44.08)	5:08.17 (1:43.44)	6:53.81 (1:45.64)
	8:38.37 (1:44.56)	10:24.49 (1:46.12)	12:10.79 (1:46.30)	13:58.22 (1:47.43)
	15:45.83 (1:47.61)	17:34.86 (1:49.03)	19:24.97 (1:50.11)	21:16.18 (1:51.21)
	23:07.96 (1:51.78)	24:59.39 (1:51.43)	26:54.19 (1:54.80)	28:47.43 (1:53.24)
	30:41.46 (1:54.03)	32:40.34 (1:58.88)	34:38.48 (1:58.14)	36:38.43 (1:59.95)
	38:41.08 (2:02.65)	40:43.60 (2:02.52)	42:47.85 (2:04.25)	44:52.79 (2:04.94)
	46:52.31 (1:59.52)			
7 #	47 Barros, Jeffery	M63 Boulder Road	49:56.41	
	1:32.83 (1:32.83)	3:12.77 (1:39.94)	4:54.89 (1:42.12)	6:41.24 (1:46.35)
	8:28.20 (1:46.96)	10:16.96 (1:48.76)	12:11.32 (1:54.36)	14:06.43 (1:55.11)
	15:57.38 (1:50.95)	17:49.67 (1:52.29)	19:45.30 (1:55.63)	21:45.54 (2:00.24)
	23:45.96 (2:00.42)	25:48.990 (2:03.04)	27:54.899 (2:05.910)	29:54.03 (1:59.13)
	31:56.89 (2:02.86)	34:01.761 (2:04.88)	36:05.820 (2:04.060)	38:05.664 (1:59.844)
	40:05.550 (1:59.886)	41:56.33 (1:50.78)	44:13.356 (2:17.04)	46:09.218 (1:55.862)
	48:07.590 (1:58.372)			

**M65 10000 Meter Run**

65 USATF: # 38:34.45

65 WMA: R 34:42.20

Name Age Team Finals Points

1 #	56 Becker, Rick	M66 Club Northwest	37:16.46#	8
	1:25.82 (1:25.82)	2:52.97 (1:27.15)	4:22.54 (1:29.57)	5:52.12 (1:29.58)
	7:22.25 (1:30.13)	8:52.62 (1:30.37)	10:22.71 (1:30.09)	11:51.76 (1:29.05)
	13:21.38 (1:29.62)	14:50.22 (1:28.84)	16:19.51 (1:29.29)	17:48.50 (1:28.99)
	19:18.06 (1:29.56)	20:47.83 (1:29.77)	22:16.48 (1:28.65)	23:45.62 (1:29.14)
	25:15.31 (1:29.69)	26:44.47 (1:29.16)	28:14.15 (1:29.68)	29:45.71 (1:31.56)
	31:15.96 (1:30.25)	32:46.45 (1:30.49)	34:17.80 (1:31.35)	35:47.82 (1:30.02)
	37:16.12 (1:28.30)			

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**Results**

**...M65 10000 Meter Run**

2 #	715 Myers, Eugene	M68 Unattached	44:37.59	6
	1:37.39 (1:37.39)	3:18.61 (1:41.22)	4:59.53 (1:40.92)	6:42.09 (1:42.56)
	8:24.50 (1:42.41)	10:08.17 (1:43.67)	11:53.07 (1:44.90)	13:41.23 (1:48.16)
	15:26.65 (1:45.42)	17:12.85 (1:46.20)	19:00.48 (1:47.63)	20:48.60 (1:48.12)
	22:37.27 (1:48.67)	24:26.68 (1:49.41)	26:19.74 (1:53.06)	28:08.04 (1:48.30)
	30:00.00 (1:51.96)	31:50.37 (1:50.37)	33:42.39 (1:52.02)	35:33.52 (1:51.13)
	37:25.67 (1:52.15)	39:15.52 (1:49.85)	41:04.08 (1:48.56)	42:56.06 (1:51.98)
	44:37.32 (1:41.26)			
3 #	707 Murillo Sr., Leo	M66 Unattached	1:01:14.51	4
	2:03.09 (2:03.09)	4:12.09 (2:09.00)	6:20.95 (2:08.86)	8:31.11 (2:10.16)
	10:44.64 (2:13.53)	12:58.39 (2:13.75)	15:15.69 (2:17.30)	17:35.58 (2:19.89)
	20:00.65 (2:25.07)	22:26.09 (2:25.44)	24:53.64 (2:27.55)	27:22.17 (2:28.53)
	29:49.70 (2:27.53)	32:18.93 (2:29.23)	34:50.09 (2:31.16)	37:22.84 (2:32.75)
	39:56.85 (2:34.01)	42:31.69 (2:34.84)	45:05.85 (2:34.16)	47:46.49 (2:40.64)
	50:27.221 (2:40.74)	52:55.19 (2:27.97)	55:50.66 (2:55.47)	58:35.19 (2:44.53)
	1:01:14.51 (2:39.32)			

**M70 10000 Meter Run**

70 USATF: # 38:23.69  
70 WMA: R 38:04.13

Name	Age Team	Finals	Points
1 # 261 Dykes, Gene	M73 Greater Phil	41:57.52	8
1:48.40 (1:48.40)	3:31.09 (1:42.69)	5:15.19 (1:44.10)	7:01.60 (1:46.41)
8:46.30 (1:44.70)	10:28.43 (1:42.13)	12:09.69 (1:41.26)	13:51.28 (1:41.59)
15:30.55 (1:39.27)	17:12.67 (1:42.12)	18:52.18 (1:39.51)	20:33.42 (1:41.24)
22:13.04 (1:39.62)	23:52.41 (1:39.37)	25:38.59 (1:46.18)	27:20.42 (1:41.83)
29:00.00 (1:39.58)	30:39.68 (1:39.68)	32:19.50 (1:39.82)	33:58.26 (1:38.76)
35:37.13 (1:38.87)	37:15.66 (1:38.53)	38:49.93 (1:34.27)	40:27.72 (1:37.79)
41:57.31 (1:29.59)			
2 # 880 Sharpe, Leslie	M70 Club Northwest	45:37.73	6
1:50.77 (1:50.77)	3:47.60 (1:56.83)	5:35.08 (1:47.48)	7:27.33 (1:52.25)
9:18.15 (1:50.82)	11:08.24 (1:50.09)	12:58.82 (1:50.58)	14:47.82 (1:49.00)
16:34.68 (1:46.86)	18:25.60 (1:50.92)	20:15.58 (1:49.98)	22:05.21 (1:49.63)
23:54.18 (1:48.97)	25:41.70 (1:47.52)	27:27.84 (1:46.14)	29:14.82 (1:46.98)
31:03.35 (1:48.53)	32:50.13 (1:46.78)	34:40.23 (1:50.10)	36:30.02 (1:49.79)
38:19.21 (1:49.19)	40:09.28 (1:50.07)	42:01.66 (1:52.38)	43:51.53 (1:49.87)
45:37.28 (1:45.75)			
3 # 705 Mullin, Peter	M70 Houston Elite	47:10.58	4
1:49.60 (1:49.60)	3:39.66 (1:50.06)	5:27.61 (1:47.95)	7:16.75 (1:49.14)
9:05.26 (1:48.51)	10:53.44 (1:48.18)	12:41.08 (1:47.64)	14:29.36 (1:48.28)
16:17.37 (1:48.01)	18:06.87 (1:49.50)	19:56.03 (1:49.16)	21:45.70 (1:49.67)
23:35.70 (1:50.00)	25:26.33 (1:50.63)	27:16.06 (1:49.73)	29:06.53 (1:50.47)
30:58.66 (1:52.13)	33:27.64 (2:28.98)	36:05.00 (2:37.36)	38:03.04 (1:58.04)
39:51.50 (1:48.46)	41:39.01 (1:47.51)	43:29.37 (1:50.36)	45:20.24 (1:50.87)
47:09.34 (1:49.10)			
4 # 568 Loewe, Donald	M73 So Cal Track Club	49:18.61	3
1:56.56 (1:56.56)	3:55.72 (1:59.16)	5:52.37 (1:56.65)	7:49.83 (1:57.46)
9:45.96 (1:56.13)	11:42.90 (1:56.94)	13:38.29 (1:55.39)	15:35.60 (1:57.31)
17:33.82 (1:58.22)	19:31.42 (1:57.60)	21:27.51 (1:56.09)	23:24.24 (1:56.73)
25:22.49 (1:58.25)	27:22.38 (1:59.89)	29:22.31 (1:59.93)	31:21.99 (1:59.68)
33:21.26 (1:59.27)	35:20.28 (1:59.02)	37:21.03 (2:00.75)	39:21.13 (2:00.10)
41:23.78 (2:02.65)	43:27.43 (2:03.65)	45:29.87 (2:02.44)	47:32.00 (2:02.13)
49:17.77 (1:45.77)			

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**Results**

**....M70 10000 Meter Run**

5 #	944 Stocks, Brian	M71 Unattached	55:54.55	2
	2:05.28 (2:05.28)	4:17.90 (2:12.62)	6:27.21 (2:09.31)	8:38.74 (2:11.53)
	10:48.41 (2:09.67)	12:55.55 (2:07.14)	15:01.71 (2:06.16)	17:09.32 (2:07.61)
	19:19.36 (2:10.04)	21:29.89 (2:10.53)	23:41.02 (2:11.13)	25:53.33 (2:12.31)
	28:08.81 (2:15.48)	30:22.57 (2:13.76)	32:34.30 (2:11.73)	34:49.43 (2:15.13)
	37:04.02 (2:14.59)	39:21.59 (2:17.57)	41:40.92 (2:19.33)	44:06.87 (2:25.95)
	46:28.47 (2:21.60)	48:52.47 (2:24.00)	51:17.43 (2:24.96)	53:42.58 (2:25.15)
	55:51.86 (2:09.28)			
6 #	61 Benedict, Sam	M74 Atlanta Track Club	1:03:57.93	1
	2:22.77 (2:22.77)	4:39.28 (2:16.51)	6:56.49 (2:17.21)	9:15.59 (2:19.10)
	11:35.50 (2:19.91)	13:58.34 (2:22.84)	16:21.30 (2:22.96)	18:48.57 (2:27.27)
	21:14.84 (2:26.27)	23:44.52 (2:29.68)	26:17.58 (2:33.06)	28:50.55 (2:32.97)
	31:26.58 (2:36.03)	34:07.97 (2:41.39)	36:45.04 (2:37.07)	39:15.84 (2:30.80)
	42:02.33 (2:46.49)	44:50.37 (2:48.04)	47:35.20 (2:44.83)	50:26.19 (2:50.99)
	53:09.59 (2:43.40)	55:58.64 (2:49.05)	58:58.98 (3:00.34)	1:01:49.20 (2:50.22)
	1:03:57.78 (2:08.58)			

**M80 10000 Meter Run**

80 USATF: # 44:29.26  
 80 WMA: R 42:39.95

Name	Age Team	Finals	Points
1 # 55 Becker, John	M81 Unattached	1:01:25.85	8
	2:23.21 (2:23.21)	4:47.59 (2:24.38)	7:09.90 (2:22.31)
	11:48.03 (2:19.35)	14:06.05 (2:18.02)	16:26.27 (2:20.22)
	21:07.40 (2:23.38)	23:30.58 (2:23.18)	25:56.63 (2:26.05)
	30:58.40 (2:31.88)	33:30.92 (2:32.52)	36:10.08 (2:39.16)
	41:22.16 (2:35.19)	43:58.34 (2:36.18)	46:33.55 (2:35.21)
	51:41.31 (2:34.40)	54:13.82 (2:32.51)	56:37.22 (2:23.40)
	1:01:23.55 (2:17.21)		59:06.34 (2:29.12)
2 # 344 Goluskin, Norman	M82 Central Park	1:04:24.47	6
	2:31.74 (2:31.74)	5:01.45 (2:29.71)	7:33.71 (2:32.26)
	12:37.37 (2:32.01)	15:08.08 (2:30.71)	17:39.77 (2:31.69)
	22:43.87 (2:31.40)	25:21.52 (2:37.65)	27:53.96 (2:32.44)
	33:09.93 (2:43.63)	35:44.13 (2:34.20)	38:16.71 (2:32.58)
	43:21.38 (2:34.45)	45:53.54 (2:32.16)	48:29.83 (2:36.29)
	53:57.13 (2:51.61)	56:38.19 (2:41.06)	59:20.86 (2:42.67)
	1:04:21.68 (2:25.61)		1:01:56.07 (2:35.21)
3 # 273 Elliott, John	M82 Potomac Vall	1:07:43.73	4
	2:30.95 (2:30.95)	5:14.11 (2:43.16)	7:55.85 (2:41.74)
	13:17.11 (2:41.12)	16:03.30 (2:46.19)	18:43.73 (2:40.43)
	24:10.73 (2:44.50)	26:54.27 (2:43.54)	29:40.60 (2:46.33)
	35:09.88 (2:44.87)	37:51.69 (2:41.81)	40:34.96 (2:43.27)
	46:02.68 (2:41.12)	48:44.70 (2:42.02)	51:29.99 (2:45.29)
	56:59.27 (2:46.03)	59:42.60 (2:43.33)	1:02:26.25 (2:43.65)
	1:07:42.69 (2:32.34)		1:05:10.35 (2:44.10)

**M85 10000 Meter Run**

85 USATF: # 54:19.28  
 85 WMA: R 51:07.53

Name	Age Team	Finals	Points
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**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****....M85 10000 Meter Run**

1 #	897 Sime, Colben	M87 So Cal Track Club	1:19:38.65	8
	3:05.60 (3:05.60)	6:12.48 (3:06.88)	9:24.21 (3:11.73)	12:36.46 (3:12.25)
	15:43.83 (3:07.37)	18:54.64 (3:10.81)	22:01.66 (3:07.02)	25:15.49 (3:13.83)
	28:29.32 (3:13.83)	31:40.06 (3:10.74)	35:02.04 (3:21.98)	38:08.59 (3:06.55)
	41:29.11 (3:20.52)	44:42.14 (3:13.03)	47:54.40 (3:12.26)	51:11.40 (3:17.00)
	54:26.14 (3:14.74)	57:38.72 (3:12.58)	1:00:53.16 (3:14.44)	1:04:06.39 (3:13.23)
	1:07:22.24 (3:15.85)	1:10:27.62 (3:05.38)	1:13:33.75 (3:06.13)	1:16:43.49 (3:09.74)
	1:19:38.65 (2:55.16)			

**W40 80 Short Hurdles 30"**

USATF: # 11.47

WMA: R 11.24

Name	Age Team	Finals	Wind	Points
1 # 989 Vazquez, Katrina	W40 Potomac Vall	13.77	1.2	8
2 # 268 Edwards, Lisa	W43 Unattached	13.85	1.2	6
3 # 559 Lewis, Georgette	W41 Unattached	14.09	1.2	4
4 # 384 Hamay, Marie	W42 Decathlete.com	14.80	1.2	3
5 # 342 Goff, Deia	W44 U.S. Army	15.18	1.2	2

**W45 80 Short Hurdles 30"**

USATF: # 12.07

WMA: R 11.51

Name	Age Team	Finals	Wind	Points
1 # 370 Guest, Rachel	W46 Southwest Sp	12.42	1.4	8
2 # 136 Cane, Debra	W45 So Cal Track Club	17.13	1.4	6

**W50 80 Short Hurdles 30"**

USATF: # 12.19

WMA: R 12.08

Name	Age Team	Finals	Wind	Points
1 # 210 Daley, Lisa	W51 Central Park	13.87	2.3	8
2 # 376 Haddad, Amy	W54 Joy's Jackra	14.38	2.3	6
3 # 973 Tolman, Penny	W53 Unattached	15.70	2.3	4
4 # 849 Sarn, Susan	W51 Bella N Motion	16.32	2.3	3
5 # 572 Longshore, Kristi	W53 Philadelphia	30.63	2.3	2

**W55 80 Short Hurdles 30"**

USATF: # 12.54

WMA: R 12.31

Name	Age Team	Finals	Wind	Points
1 # 475 Jakstiene, Nering	W57 Unattached	13.28	0.9	8
2 # 411 Hedges, Jennifer	W56 Joy's Jackra	14.15	0.9	6
3 # 155 Centeno, Christin	W55 So Cal Track Club	19.51	0.9	4

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****W60 80 Short Hurdles 27"**

USATF: # 13.26

WMA: R 12.90

Name	Age Team	Finals	Wind	Points
1 # 983 Upshaw, Joy	W60 Joy's Jackra	13.31	0.9	8
2 # 617 Maxwell, Karen	W62 SC Striders	14.99	0.9	6
3 # 871 Scott, Daphne	W61 Club Northwest	15.87	0.9	4
4 # 226 DeHaven, Deborah	W62 Philadelphia	20.11	0.9	3
5 # 781 Phelps, Jo	W62 Tnt Internat	22.56	0.9	2

**W65 80 Short Hurdles 27"**

USATF: # 14.31

WMA: R 14.03

Name	Age Team	Finals	Wind	Points
1 # 341 Glynn, Kay	W68 Unattached	15.93	2.2	8
2 # 1050 Zukas, Donna	W65 Unattached	30.55	2.2	6

**W70 80 Short Hurdles 27"**

70 USATF: # 17.32

70 WMA: R 15.72

Name	Age Team	Finals	Wind	Points
1 # 936 Steele Matthews,	W72 SC Striders	24.60	0.9	8
2 # 1006 Warren, Barbara	W74 Capital City	33.52	0.9	6

**M70 80 Short Hurdles 30"**

USATF: # 12.61

WMA: R 12.61

Name	Age Team	Finals	Wind	Points
1 # 1036 Wilson Sr., Thadd	M70 Pacific Coas	13.16	2.3	8
2 # 758 Parnell, Roger	M72 Unattached	13.59	2.3	6
3 # 593 Malin, James	M70 Unattached	16.17	2.3	4
4 # 118 Bryant, Doug	M72 Unattached	16.77	2.3	3
5 # 48 Baskauskas, Edwar	M71 Unattached	17.88	2.3	2
6 # 742 Olson, Randall	M73 Unattached	18.76	2.3	1
-- # 328 Garrison, David	M70 Unattached	DQ	2.3	

**M75 80 Short Hurdles 30"**

USATF: # 13.62

WMA: R 13.62

Name	Age Team	Finals	Wind	Points
1 # 960 Tetzlaff, Harold	M75 Unattached	19.75	-0.9	8
2 # 91 Booth, Howard	M77 Unattached	23.62	-0.9	6

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****M80 80 Short Hurdles 27"**

80 USATF: # 14.75

80 WMA: R 14.75

Name	Age Team	Finals	Wind	Points
1 # 993 Vergin, Roger	M83 Club Northwest	20.26	0.5	8

**W25-29 100 Short Hurdles 33"**

Name	Age Team	Finals	Wind	Points
1 # 760 Pasko, Amanda	W25 Boston-North	16.81	0.7	8

**M50 100 Short Hurdles 36"**

USATF: # 13.57

WMA: R 13.57

Name	Age Team	Finals	Wind	Points
1 # 254 Drummond, Don	M52 Southwest Sp	14.54	1.2	8
2 # 223 *De Freitas, Carl	M50 Brazil	X16.09	1.2	
3 # 530 Kruelle, Chuck	M53 Greater Phil	20.10	1.2	6
4 # 270 Eksi, Hakan	M51 Unattached	21.66	1.2	4

**M55 100 Short Hurdles 36"**

USATF: # 14.49

WMA: R 14.25

Name	Age Team	Finals	Wind	Points
1 # 432 Hilton, Ron	M56 Portland Mas	15.60	0.5	8
2 # 80 Blakemore Sr., Da	M59 Houston Elite	15.66	0.5	6
3 # 139 Cannon, Phil	M56 Centennial S	16.93	0.5	4
-- # 575 Lowery, Bo	M55 Atlanta Track Club	DNF	0.5	

**M60 100 Short Hurdles 33"**

USATF: # 14.37

WMA: R 14.37

Name	Age Team	Finals	Wind	Points
1 # 449 *Huarcaya, Luis	M62 Peru	X15.88	1.3	
2 # 187 Conley, Brian	M60 Joy's Jackra	16.20	1.3	8
3 # 18 Anton, Eugene	M63 So Cal Track Club	16.58	1.3	6
4 # 729 Niroumand, Mahmoud	M64 So Cal Track Club	16.60	1.3	4
5 # 824 Roberts, David	M64 Unattached	17.82	1.3	3
6 # 631 McDaniels, Robert	M64 MacCanDo Ten	20.62	1.3	2
7 # 222 Davison, Jeffery	M63 So Cal Track Club	20.90	1.3	1
-- # 625 McCloud, Dexter	M60 Unattached	DQ	1.3	

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****M65 100 Short Hurdles 33"**

USATF: # 15.20

WMA: R 15.20

Name	Age Team	Finals	Wind	Points
1 # 648 McNair, Dave	M65 Lrc Nebraska	17.18	2.1	8
2 # 474 Jacquet-Acea, Rus	M68 Unattached	18.38	2.1	6
3 # 996 Vollmer, Larry	M68 Unattached	19.63	2.1	4
4 # 537 Lacey, Kenneth	M67 Unattached	19.69	2.1	3
5 # 918 Snodgrass, Ernie	M68 Unattached	21.20	2.1	2
6 # 75 Black, David	M68 Unattached	21.62	2.1	1
7 # 647 McLawhorn, David	M66 So Cal Track Club	22.62	2.1	
-- # 84 Boehr, Douglas	M68 Unattached	DQ	2.1	

**M25-29 110 Short Hurdles 39"**

Name	Age Team	Finals	Wind	Points
1 # 685 Moody, Gerrand	M25 Unattached	14.69	1.1	8
2 # 256 Dukes, Ryan	M29 Unattached	16.10	1.1	6

**M35 110 Short Hurdles 39"**

35 USATF: # 12.96

35 WMA: R 12.96

Name	Age Team	Finals	Wind	Points
1 # 600 Marenin, Roman	M38 Centennial S	15.07	1.1	8
2 # 999 Wade, James	M35 Atlanta Track Club	15.36	1.1	6

**M40 110 Short Hurdles 39"**

USATF: # 13.73

WMA: R 13.73

Name	Age Team	Finals	Wind	Points
1 # 818 Reynolds II, Wayn	M40 Tachyon Athletik	16.22	2.0	8
2 # 747 Owen, Ryan	M42 Unattached	17.53	2.0	6
3 # 148 Carter, Kurt	M43 Freedom-Garm	19.55	2.0	4

**M45 110 Short Hurdles 39"**

USATF: # 14.46

WMA: R 14.38

Name	Age Team	Finals	Wind	Points
1 # 110 Brown, Eric	M49 Unattached	17.77	1.0	8
2 # 386 Hamilton, Matt	M48 Unattached	21.36	1.0	6

**W70 200 Long Hurdles 27"**

70 USATF: # 41.08

70 WMA: R 36.71

Name	Age Team	Finals	Wind	Points
1 # 936 Steele Matthews,	W72 SC Striders	48.98	0.4	8

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****...W70 200 Long Hurdles 27"**

2 #	1006 Warren, Barbara	W74 Capital City	1:07.29	0.4	6
3 #	980 Trotto, Mary	W74 Tnt Internat	1:15.36	0.4	4

**W75 200 Long Hurdles 27"**

75 USATF: # 41.71

75 WMA: R 39.89

Name	Age Team	Finals	Wind	Points
1 # 147 Carter, Ann	W79 Unattached	1:05.88	0.4	8

**W85 200 Long Hurdles 27"**

Name	Age Team	Finals	Wind	Points
1 # 352 Graf, Tami	W85 Potomac Vall	1:42.04	0.4	8

**M80 200 Long Hurdles 27"**

80 USATF: # 37.15

80 WMA: R 36.95

Name	Age Team	Finals	Wind	Points
1 # 834 Rowan, Terry	M80 Empire Runne	40.73	0.8	8
2 # 993 Vergin, Roger	M83 Club Northwest	44.50	0.8	6

**W50 300 Long Hurdles 30"**

50 USATF: # 46.17

50 WMA: R 44.90

Name	Age Team	Finals	Points
1 # 210 Daley, Lisa	W51 Central Park	54.07	8
2 # 849 Sarn, Susan	W51 Bella N Motion	1:02.44	6
3 # 973 Tolman, Penny	W53 Unattached	1:03.52	4
4 # 572 Longshore, Kristi	W53 Philadelphia	1:40.81	3

**W55 300 Long Hurdles 30"**

55 USATF: # 49.14

55 WMA: R 48.74

Name	Age Team	Finals	Points
1 # 635 McDonald, Sue	W58 T.H.E. Track Team	52.05	8
2 # 155 Centeno, Christin	W55 So Cal Track Club	58.60	6
3 # 1004 Ware, Caren	W59 Cal Coast Tr	1:11.42	4

**W60 300 Long Hurdles 27"**

USATF: # 52.17

WMA: R 49.80

Name	Age Team	Finals	Points
1 # 871 Scott, Daphne	W61 Club Northwest	55.48	8
2 # 617 Maxwell, Karen	W62 SC Striders	55.81	6



**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****....W60 300 Long Hurdles 27"**

3 #	58 Bellaire, Cheryl	W62 Greater Phil	1:01.08	4
4 #	226 DeHaven, Deborah	W62 Philadelphia	1:10.31	3

**W65 300 Long Hurdles 27"**

USATF: # 56.11

WMA: R 54.06

Name	Age Team	Finals	Points
1 # 95 Bowman, Tina	W68 SC Striders	1:06.32	8
2 # 1050 Zukas, Donna	W65 Unattached	1:36.83	6

**M60 300 Long Hurdles 30"**

USATF: # 43.49

WMA: R 42.31

Name	Age Team	Finals	Points
1 # 326 Garner, Reggie	M61 So Cal Track Club	45.71	8
2 # 449 *Huarcaya, Luis	M62 Peru	X47.98	
3 # 630 McCrimmon, James	M60 Unattached	48.52	6
4 # 824 Roberts, David	M64 Unattached	49.32	4
5 # 632 McDermott, Randy	M62 Kansas City Smoke	56.48	3
6 # 222 Davison, Jeffery	M63 So Cal Track Club	59.14	2

**M65 300 Long Hurdles 30"**

USATF: # 45.20

WMA: R 43.88

Name	Age Team	Finals	Points
1 # 648 McNair, Dave	M65 Lrc Nebraska	48.40	8
2 # 410 Haywood, George	M68 Houston Elite	48.69	6
3 # 474 Jacquet-Acea, Rus	M68 Unattached	53.23	4
4 # 647 McLawhorn, David	M66 So Cal Track Club	57.84	3
5 # 84 Boehr, Douglas	M68 Unattached	1:05.41	2
6 # 75 Black, David	M68 Unattached	1:09.88	1
7 # 918 Snodgrass, Ernie	M68 Unattached	1:20.59	
-- # 537 Lacey, Kenneth	M67 Unattached	DNF	

**M70 300 Long Hurdles 27"**

USATF: # 50.22

WMA: R 45.24

Name	Age Team	Finals	Points
1 # 118 Bryant, Doug	M72 Unattached	1:05.55	8
2 # 742 Olson, Randall	M73 Unattached	1:18.68	6

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****M75 300 Long Hurdles 27"**

USATF: # 53.15

WMA: R 49.65

Name	Age Team	Finals	Points
1 # 354 Graff, Warren	M75 Mass Velocit	1:11.12	8
2 # 91 Booth, Howard	M77 Unattached	1:16.46	6

**W30 400 Long Hurdles 30"**

Name	Age Team	Finals	Points
1 # 240 Dodson, Latasha	W31 Team Dodson Elite	1:06.54	8

**W40 400 Long Hurdles 30"**

40 USATF: # 1:03.95

40 WMA: R 58.35

Name	Age Team	Finals	Points
1 # 268 Edwards, Lisa	W43 Unattached	1:12.39	8

**W45 400 Long Hurdles 30"**

45 USATF: # 1:05.92

45 WMA: R 1:02.85

Name	Age Team	Finals	Points
1 # 136 Cane, Debra	W45 So Cal Track Club	1:31.77	8

**M25-29 400 Long Hurdles 36"**

Name	Age Team	Finals	Points
1 # 256 Dukes, Ryan	M29 Unattached	1:00.74	8

**M35 400 Long Hurdles 36"**

35 USATF: # 48.93

35 WMA: R 48.13

Name	Age Team	Finals	Points
1 # 600 Marenin, Roman	M38 Centennial S	53.83	8
2 # 884 Shepard, Jody	M35 United South	56.33	6
3 # 717 Naples, Jeff	M38 Unattached	1:13.10	4

**M40 400 Long Hurdles 36"**

USATF: # 52.76

WMA: R 49.69

Name	Age Team	Finals	Points
1 # 634 McDonald, Orville	M44 Unattached	59.66	8
2 # 883 Shen, Francis	M43 Twin Cities	1:03.31	6
3 # 148 Carter, Kurt	M43 Freedom-Garm	1:05.02	4
4 # 747 Owen, Ryan	M42 Unattached	1:08.32	3

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****...M40 400 Long Hurdles 36"**

5 # 361 Greene, Michael M42 So Cal Track Club 1:14.68 2

**M45 400 Long Hurdles 36"**

USATF: # 55.72

WMA: R 53.57

Name	Age Team	Finals	Points
1 # 845 Sanchez, Alfredo	M49 Unattached	1:06.03	8
2 # 468 Jackson, Michael	M48 Tnt Internat	1:06.24	6
3 # 386 Hamilton, Matt	M48 Unattached	1:14.03	4
4 # 848 Santoro, Clint	M46 Arizona Pacemakers	1:17.25	3

**M50 400 Long Hurdles 33"**

USATF: # 56.86

WMA: R 56.56

Name	Age Team	Finals	Points
1 # 223 *De Freitas, Carl	M50 Brazil	X59.85	
2 # 70 Betancourt, Hecto	M50 Mass Velocit	1:08.75	8
3 # 530 Kruelle, Chuck	M53 Greater Phil	1:11.52	6
4 # 270 Eksi, Hakan	M51 Unattached	1:20.97	4

**M55 400 Long Hurdles 33"**

USATF: # 57.73

WMA: R 57.73

Name	Age Team	Finals	Points
1 # 432 Hilton, Ron	M56 Portland Mas	1:05.03	8
2 # 833 Ross, Karl	M56 Mass Velocit	1:08.19	6
3 # 427 Hickey, Christoph	M58 Potomac Vall	1:17.17	4
4 # 679 Monistere, Daniel	M56 Unattached	1:17.96	3
5 # 941 Stewart, Michael	M55 Shore Athletic Club	1:37.32	2

**W40 2000 Meter Steeplechase**

40 USATF: # 6:49.58

40 WMA: R 6:49.58

Name	Age Team	Finals	Points
1 # 232 Dietrich, Alex	W42 So Cal Track Club	10:30.74	8
2:06.27 (2:06.27)	4:18.54 (2:12.27)	6:26.39 (2:07.85)	8:35.50 (2:09.11)
10:29.15 (1:53.65)			
2 # 342 Goff, Deia	W44 U.S. Army	10:49.82	6
1:51.72 (1:51.72)	3:51.67 (1:59.95)	6:02.31 (2:10.64)	8:27.04 (2:24.73)
10:48.85 (2:21.81)			

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****W45 2000 Meter Steeplechase**

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45 USATF: # 6:58.89

45 WMA: R 6:51.51

Name	Age Team	Finals	Points
1 # 494 Josiah-Tanner, Eu	W47 T.H.E. Track Team	8:28.74	8
1:41.25 (1:41.25)	3:25.31 (1:44.06)	5:10.46 (1:45.15)	6:50.27 (1:39.81)
8:28.53 (1:38.26)			
2 # 132 Camp, Andi	W46 Unattached	8:55.36	6
1:46.27 (1:46.27)	3:31.46 (1:45.19)	5:20.33 (1:48.87)	7:08.35 (1:48.02)
8:55.16 (1:46.81)			
3 # 971 Tisinger, Lyndee	W49 Unattached	9:29.69	4
1:40.50 (1:40.50)	3:27.05 (1:46.55)	5:24.05 (1:57.00)	7:26.11 (2:02.06)
9:29.31 (2:03.20)			
4 # 136 Cane, Debra	W45 So Cal Track Club	9:46.81	3
1:54.77 (1:54.77)	3:51.11 (1:56.34)	5:48.12 (1:57.01)	7:48.56 (2:00.44)
9:45.30 (1:56.74)			

**W50 2000 Meter Steeplechase**

=====

50 USATF: # 7:59.66

50 WMA: R 7:42.04

Name	Age Team	Finals	Points
1 # 572 Longshore, Kristi	W53 Philadelphia	15:03.26	8
2:40.24 (2:40.24)	5:47.54 (3:07.30)	8:58.30 (3:10.76)	12:09.71 (3:11.41)
15:03.26 (2:53.55)			

**W55 2000 Meter Steeplechase**

=====

55 USATF: # 8:13.10

55 WMA: R 7:58.43

Name	Age Team	Finals	Points
1 # 1004 Ware, Caren	W59 Cal Coast Tr	10:13.99	8
1:55.52 (1:55.52)	3:59.61 (2:04.09)	6:06.26 (2:06.65)	8:14.92 (2:08.66)
10:13.53 (1:58.61)			
2 # 155 Centeno, Christin	W55 So Cal Track Club	10:48.94	6
2:02.41 (2:02.41)	4:10.44 (2:08.03)	6:20.24 (2:09.80)	8:37.69 (2:17.45)
10:48.22 (2:10.53)			

**W60 2000 Meter Steeplechase**

=====

60 USATF: # 8:37.34

60 WMA: R 8:37.34

Name	Age Team	Finals	Points
1 # 58 Bellaire, Cheryl	W62 Greater Phil	9:16.13	8
1:49.20 (1:49.20)	3:43.17 (1:53.97)	5:36.45 (1:53.28)	7:29.32 (1:52.87)
9:15.25 (1:45.93)			
2 # 226 DeHaven, Deborah	W62 Philadelphia	11:47.54	6
2:18.06 (2:18.06)	4:39.57 (2:21.51)	7:01.40 (2:21.83)	9:25.82 (2:24.42)
11:47.16 (2:21.34)			

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****W65 2000 Meter Steeplechase**

=====

65 USATF: # 8:52.49

65 WMA: R 8:52.49

Name	Age Team	Finals	Points
1 # 618 Mayhugh, Mary Low	W65 Potomac Vall	10:39.66	8
1:59.68 (1:59.68)	4:03.99 (2:04.31)	6:15.36 (2:11.37)	8:26.56 (2:11.20)
10:39.59 (2:13.03)			
2 # 412 Hegstrom, Ann	W65 Unattached	12:18.92	6
2:06.76 (2:06.76)	4:30.07 (2:23.31)	7:00.60 (2:30.53)	9:45.94 (2:45.34)
12:18.64 (2:32.70)			
3 # 716 Myers, Helene	W66 Unattached	17:15.19	4
3:11.17 (3:11.17)	6:41.06 (3:29.89)	10:19.61 (3:38.55)	13:50.96 (3:31.35)
17:13.59 (3:22.63)			

**W70 2000 Meter Steeplechase**

=====

70 USATF: # 10:20.43

70 WMA: R 10:03.49

Name	Age Team	Finals	Points
1 # 450 Hudnall, Norma	W71 Atlanta Track Club	12:35.57	8
2:19.82 (2:19.82)	4:56.55 (2:36.73)	7:33.40 (2:36.85)	10:08.34 (2:34.94)
12:35.04 (2:26.70)			
2 # 980 Trotto, Mary	W74 Tnt Internat	16:29.99	6
3:06.38 (3:06.38)	6:28.89 (3:22.51)	9:54.37 (3:25.48)	13:23.27 (3:28.90)
16:29.26 (3:05.99)			

**W85 2000 Meter Steeplechase**

=====

85 USATF: # 19:13.27

85 WMA: R 18:30.80

Name	Age Team	Finals	Points
1 # 656 Meiler, Florence	W87 Sprinticity	18:55.84#	8
3:30.74 (3:30.74)	7:18.70 (3:47.96)	11:19.02 (4:00.32)	15:19.59 (4:00.57)
18:55.42 (3:35.83)			
2 # 352 Graf, Tami	W85 Potomac Vall	20:11.55	6
3:47.06 (3:47.06)	7:59.60 (4:12.54)	12:08.94 (4:09.34)	16:15.39 (4:06.45)
20:11.11 (3:55.72)			

**M60 2000 Meter Steeplechase**

=====

60 USATF: # 7:09.91

60 WMA: R 6:30.21

Name	Age Team	Finals	Points
1 # 843 Samaha, Richard	M63 Colonial Roa	8:18.22	8
1:33.80 (1:33.80)	3:09.79 (1:35.99)	4:51.90 (1:42.11)	6:37.18 (1:45.28)
8:17.96 (1:40.78)			
2 # 632 McDermott, Randy	M62 Kansas City Smoke	8:36.63	6
1:39.28 (1:39.28)	3:21.46 (1:42.18)	5:07.20 (1:45.74)	6:54.19 (1:46.99)
8:36.20 (1:42.01)			
3 # 47 Barros, Jeffery	M63 Boulder Road	8:49.56	4
1:46.03 (1:46.03)	3:36.08 (1:50.05)	5:24.67 (1:48.59)	7:09.17 (1:44.50)
8:49.40 (1:40.23)			

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****....M60 2000 Meter Steeplechase**

4 #	732 Oakes, Christian	M62 Tamalpa Runn	8:54.54	3		
	1:41.08 (1:41.08)	3:26.26 (1:45.18)	5:14.35 (1:48.09)		7:05.11 (1:50.76)	
	8:54.17 (1:49.06)					
5 #	799 Pugliese, Anthony	M62 Greater Phil	9:23.54	2		
	1:41.64 (1:41.64)	3:33.00 (1:51.36)	5:31.24 (1:58.24)		7:32.14 (2:00.90)	
	9:22.83 (1:50.69)					
6 #	255 Drumright, Elliot	M64 Unattached	9:24.47	1		
	1:47.28 (1:47.28)	3:38.90 (1:51.62)	5:31.90 (1:53.00)		7:26.25 (1:54.35)	
	9:23.85 (1:57.60)					
7 #	463 Irizarry, Frank	M61 Unattached	9:35.07			
	1:53.91 (1:53.91)	3:50.65 (1:56.74)	5:46.00 (1:55.35)		7:42.19 (1:56.19)	
	9:34.31 (1:52.12)					
8 #	699 Movic, Mark	M64 Unattached	10:12.40			
	1:53.655 (1:53.655)	3:52.833 (1:59.178)	6:01.944 (2:09.112)		8:09.999 (2:08.056)	
	10:12.392 (2:02.393)					

**M65 2000 Meter Steeplechase**

=====

65 USATF: # 7:19.62

65 WMA: R 7:18.10

Name	Age Team	Finals	Points			
1 # 948 Stromberg, Carl	M66 Unattached	8:49.62	8			
1:40.47 (1:40.47)	3:23.70 (1:43.23)	5:11.79 (1:48.09)		7:03.48 (1:51.69)		
8:49.39 (1:45.91)						
2 # 609 Marty, Alan	M65 West Valley	10:10.47	6			
1:53.43 (1:53.43)	3:55.05 (2:01.62)	6:00.44 (2:05.39)		8:07.52 (2:07.08)		
10:10.14 (2:02.62)						
3 # 665 Michaelson, Peter	M66 Mass Velocit	10:39.61	4			
2:04.08 (2:04.08)	4:10.55 (2:06.47)	6:18.23 (2:07.68)		8:29.00 (2:10.77)		
10:38.80 (2:09.80)						
4 # 707 Murillo Sr., Leo	M66 Unattached	11:12.36	3			
2:14.56 (2:14.56)	4:30.23 (2:15.67)	6:45.67 (2:15.44)		9:02.52 (2:16.85)		
11:11.75 (2:09.23)						

**M70 2000 Meter Steeplechase**

=====

70 USATF: # 8:39.25

70 WMA: R 7:10.03

Name	Age Team	Finals	Points			
1 # 261 Dykes, Gene	M73 Greater Phil	9:21.27	8			
1:42.30 (1:42.30)	3:36.04 (1:53.74)	5:32.70 (1:56.66)		7:32.79 (2:00.09)		
9:21.05 (1:48.26)						
2 # 686 Moore, William	M71 Potomac Vall	9:49.93	6			
1:47.39 (1:47.39)	3:42.90 (1:55.51)	5:46.68 (2:03.78)		7:52.64 (2:05.96)		
9:49.74 (1:57.10)						
3 # 473 Jacobs, Wayne	M73 Unattached	11:01.22	4			
2:04.63 (2:04.63)	4:09.21 (2:04.58)	6:20.22 (2:11.01)		8:36.62 (2:16.40)		
11:01.72 (2:25.10)						
4 # 61 Benedict, Sam	M74 Atlanta Track Club	11:35.57	3			
2:08.65 (2:08.65)	4:19.64 (2:10.99)	6:39.72 (2:20.08)		9:08.60 (2:28.88)		
11:35.30 (2:26.70)						

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****....M70 2000 Meter Steeplechase**

5 #	749 Ozell, Phillip	M71 Atlanta Track Club	12:03.85	2			
	2:19.45 (2:19.45)	4:44.00 (2:24.55)	7:12.92 (2:28.92)		9:37.90 (2:24.98)		
	12:02.81 (2:24.91)						
6 #	1012 Weiner, Robert	M74 Potomac Vall	14:51.00	1			
	2:42.60 (2:42.60)	5:44.91 (3:02.31)	8:53.63 (3:08.72)		11:57.57 (3:03.94)		
	14:49.93 (2:52.36)						

**M75 2000 Meter Steeplechase**

75 USATF: # 9:48.90

75 WMA: R 8:29.26

Name	Age Team	Finals	Points
1 # 984 Utterback, Arnold	M75 Unattached	10:40.35	8
2:05.95 (2:05.95)	4:14.81 (2:08.86)	6:25.68 (2:10.87)	8:38.95 (2:13.27)
10:40.31 (2:01.36)			
2 # 1051 Zukas, Robert	M77 Philadelphia	12:45.20	6
2:08.88 (2:08.88)	4:41.12 (2:32.24)	7:25.19 (2:44.07)	10:21.87 (2:56.68)
12:44.33 (2:22.46)			

**M80 2000 Meter Steeplechase**

80 USATF: # 11:06.76

80 WMA: R 9:35.10

Name	Age Team	Finals	Points
1 # 197 Cormier, Roland	M81 Shore Athletic Club	12:24.08	8
2:26.85 (2:26.85)	4:51.82 (2:24.97)	7:24.00 (2:32.18)	9:53.58 (2:29.58)
12:23.62 (2:30.04)			
2 # 273 Elliott, John	M82 Potomac Vall	12:46.58	6
2:31.70 (2:31.70)	5:07.99 (2:36.29)	7:42.91 (2:34.92)	10:15.84 (2:32.93)
12:45.56 (2:29.72)			
3 # 892 Shropshire, Elmo	M84 Unattached	14:01.47	4
2:28.79 (2:28.79)	4:57.03 (2:28.24)	7:40.70 (2:43.67)	10:53.68 (3:12.98)
14:00.42 (3:06.74)			
4 # 195 Cordero, Joe	M83 New England	16:18.00	3
2:34.49 (2:34.49)	5:41.50 (3:07.01)	9:08.62 (3:27.12)	12:38.51 (3:29.89)
16:13.88 (3:35.37)			
5 # 558 LeVasseur, Jerry	M83 New England	18:37.99	2
3:28.36 (3:28.36)	7:21.70 (3:53.34)	11:12.60 (3:50.90)	15:01.92 (3:49.32)
18:37.78 (3:35.86)			

**M90 2000 Meter Steeplechase**

90 USATF: # 15:47.32

90 WMA: R 15:47.32

Name	Age Team	Finals	Points
1 # 566 Linde, Gunnar	M93 So Cal Track Club	16:51.90	8
2:54.34 (2:54.34)	6:30.53 (3:36.19)	9:51.35 (3:20.82)	13:19.27 (3:27.92)
16:51.49 (3:32.22)			

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****M35 3000 Meter Steeplechase**

35 USATF: # 8:30.45

35 WMA: R 8:04.95

Name	Age Team	Finals	Points
1 # 520 Klundt, Matthew	M35 U.S. Air Force	10:48.24	8
42.16 (42.16)	1:59.70 (1:17.54)	3:22.48 (1:22.78)	4:48.99 (1:26.51)
6:16.95 (1:27.96)	7:47.91 (1:30.96)	9:20.648 (1:32.75)	10:47.72 (1:27.07)
2 # 738 O'Grattan, Kevin	M39 Unattached	13:29.93	6
46.18 (46.18)	2:21.44 (1:35.26)	3:57.90 (1:36.46)	5:40.95 (1:43.05)
7:34.37 (1:53.42)	9:32.38 (1:58.01)	11:33.80 (2:01.42)	13:29.55 (1:55.75)

**M40 3000 Meter Steeplechase**

40 USATF: # 9:18.60

40 WMA: R 8:38.40

Name	Age Team	Finals	Points
1 # 74 Bishop, Justin	M40 Team Utopia South	11:58.62	8
44.02 (44.02)	2:09.96 (1:25.94)	3:38.736 (1:28.79)	5:12.37 (1:33.63)
6:48.662 (1:36.30)	8:30.027 (1:41.365)	10:15.594 (1:45.567)	11:58.620 (1:43.027)
2 # 361 Greene, Michael	M42 So Cal Track Club	12:41.68	6
46.46 (46.46)	2:23.32 (1:36.86)	4:00.77 (1:37.45)	5:42.06 (1:41.29)
7:28.04 (1:45.98)	9:15.64 (1:47.60)	11:03.02 (1:47.38)	12:41.680 (1:38.67)
3 # 523 Ko, Michael	M41 Unattached	12:54.68	4
46.81 (46.81)	2:20.65 (1:33.84)	3:57.42 (1:36.77)	5:40.03 (1:42.61)
7:27.46 (1:47.43)	9:18.49 (1:51.03)	11:12.45 (1:53.96)	12:54.33 (1:41.88)
4 # 224 De Witt, Matthew	M41 Southeast Wi	13:18.27	3
50.53 (50.53)	2:29.56 (1:39.03)	4:10.04 (1:40.48)	5:54.83 (1:44.79)
7:44.06 (1:49.23)	9:37.20 (1:53.14)	11:30.55 (1:53.35)	13:17.84 (1:47.29)

**M45 3000 Meter Steeplechase**

45 USATF: # 9:06.68

45 WMA: R 9:06.68

Name	Age Team	Finals	Points
1 # 848 Santoro, Clint	M46 Arizona Pacemakers	11:32.60	8
46.37 (46.37)	2:18.67 (1:32.30)	3:50.73 (1:32.06)	5:22.62 (1:31.89)
6:56.51 (1:33.89)	8:30.31 (1:33.80)	10:02.80 (1:32.49)	11:32.11 (1:29.31)
2 # 957 Teotia, Seemant	M45 Unattached	14:56.82	6
54.17 (54.17)	2:50.38 (1:56.21)	4:47.38 (1:57.00)	6:44.96 (1:57.58)
8:45.91 (2:00.95)	10:47.82 (2:01.91)	12:52.88 (2:05.06)	14:56.18 (2:03.30)

**M50 3000 Meter Steeplechase**

50 USATF: # 9:49.74

50 WMA: R 9:38.80

Name	Age Team	Finals	Points
1 # 856 Schilling, Brian	M50 Unattached	10:58.13	8
41.32 (41.32)	2:04.12 (1:22.80)	3:28.26 (1:24.14)	4:55.04 (1:26.78)
6:23.32 (1:28.28)	7:52.68 (1:29.36)	9:23.86 (1:31.18)	10:57.52 (1:33.66)
2 # 902 Siriano, Scott	M54 Mass Velocit	12:18.87	6
40.14 (40.14)	2:11.91 (1:31.77)	3:47.99 (1:36.08)	5:30.35 (1:42.36)
7:14.71 (1:44.36)	8:57.46 (1:42.75)	10:37.26 (1:39.80)	12:18.66 (1:41.40)



**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20**

**Ames, IA**

**Results**

**...M50 3000 Meter Steeplechase**

3 #	724 Newport, Jason	M50 Speedy Feet	12:26.17	4		
	44.10 (44.10)	2:12.38 (1:28.28)	3:46.02 (1:33.64)		5:25.52 (1:39.50)	
	7:10.98 (1:45.46)	9:02.15 (1:51.17)	10:50.18 (1:48.03)		12:25.75 (1:35.57)	
4 #	160 Chasse, Craig	M51 Potomac Vall	12:29.80	3		
	42.91 (42.91)	2:17.33 (1:34.42)	3:56.31 (1:38.98)		5:38.24 (1:41.93)	
	7:21.97 (1:43.73)	9:10.30 (1:48.33)	10:52.97 (1:42.67)		12:29.06 (1:36.09)	
5 #	907 Smith, Baron	M53 Unattached	13:24.94	2		
	50.40 (50.40)	2:30.00 (1:39.60)	4:14.51 (1:44.51)		6:00.15 (1:45.64)	
	7:50.29 (1:50.14)	9:42.36 (1:52.07)	11:34.18 (1:51.82)		13:24.01 (1:49.83)	
6 #	721 Ness, Jayson	M50 Unattached	15:29.33	1		
	53.10 (53.10)	2:44.97 (1:51.87)	4:42.55 (1:57.58)		6:47.45 (2:04.90)	
	8:57.19 (2:09.74)	11:11.21 (2:14.02)	13:22.58 (2:11.37)		15:29.03 (2:06.45)	

**M55 3000 Meter Steeplechase**

55 USATF: # 10:38.16  
55 WMA: R 9:55.05

Name	Age Team	Finals	Points
1 # 965 Thompson, Dean	M55 Unattached	11:14.70	8
43.11 (43.11)	2:06.78 (1:23.67)	3:34.57 (1:27.79)	5:04.30 (1:29.73)
6:37.40 (1:33.10)	8:11.58 (1:34.18)	9:44.02 (1:32.44)	11:14.45 (1:30.43)
2 # 679 Monistere, Daniel	M56 Unattached	13:19.82	6
46.54 (46.54)	2:25.74 (1:39.20)	4:10.27 (1:44.53)	5:59.45 (1:49.18)
7:50.65 (1:51.20)	9:43.86 (1:53.21)	11:34.27 (1:50.41)	13:19.73 (1:45.46)
3 # 793 Poulos, Ted	M59 Potomac Vall	15:09.88	4
55.71 (55.71)	2:53.90 (1:58.19)	4:55.74 (2:01.84)	6:59.00 (2:03.26)
9:02.64 (2:03.64)	11:04.93 (2:02.29)	13:08.08 (2:03.15)	15:09.11 (2:01.04)

**W25-29 4x100 Meter Relay Non Club**

Team	Finals
1 Non Club 'A'	52.54
1) #210 Daley, Lisa 51	2) #642 McIntyre, Inga 41
3) #267 Edwards, Deaneth 49	4) #356 Grant, Easter 38

**W30 4x100 Meter Relay CLUB**

Team	Finals	Points
1 So Cal Track Club 'A'	1:03.30	8
1) #557 Leitner, Ashley 30	2) #178 Cobb, Caroline 39	
3) #232 Dietrich, Alex 42	4) #136 Cane, Debra 45	

**W35 4x100 Meter Relay Non Club**

35 USATF: # 49.04  
35 WMA: R 47.65

Team	Finals
1 Non Club 'B'	57.13
1) #321 Funk, Leandra 65	2) #711 Murray, Betsy 51
3) #1043 Yarmul, Christina 47	4) #735 O'Connor, Amanda 36

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****W40 4x100 Meter Relay CLUB**

=====

40 USATF: # 52.21

40 WMA: R 48.01

Team

Finals Points

=====

1 Joy's Jackrabbits Track Club 'A' 52.54 8

1) #596 Mann, Elly 45

2) #983 Upshaw, Joy 60

3) #42 Barney, Colleen 54

4) #335 Gibb-Gabriel, Adjua 41

**W50 4x100 Meter Relay CLUB**

=====

50 USATF: # 56.55

50 WMA: R 51.50

Team

Finals Points

=====

1 Joy's Jackrabbits Track Club 'A' 1:00.74 8

1) #411 Hedges, Jennifer 56

2) #376 Haddad, Amy 54

3) #538 Lain, Stephanie 51

4) #172 Clarke, Amanda 57

**W60 4x100 Meter Relay Non Club**

=====

60 USATF: # 58.75

60 WMA: R 55.77

Team

Finals

=====

1 Non Club 'D' 1:04.17

1) #617 Maxwell, Karen 62

2) #871 Scott, Daphne 61

3) #577 Loyd, Susan 63

4) #191 Cooke, Susan 62

**W60 4x100 Meter Relay CLUB**

=====

60 USATF: # 1:01.75

60 WMA: R 55.77

Team

Finals Points

=====

1 Philadelphia Masters 'A' 1:27.49 8

1) #65 Bentz, Isabel 70

2) #283 Faller, Suzanne 69

3) #896 Siegel, Lauren 61

4) #226 DeHaven, Deborah 62

2 Potomac Valley Track Club 'A'

2:16.74 6

1) #460 Ingles, Laura 75

2) #124 Budweg, Greta 62

3) #618 Mayhugh, Mary Lowe 65

4) #783 Phillips, Hannah 69

**W65 4x100 Meter Relay CLUB**

=====

65 USATF: # 1:12.08

65 WMA: R 1:00.31

Team

Finals Points

=====

1 SC Striders Track Club 'A' 1:05.16# 8

1) #68 Bergen, Kathy 81

2) #936 Steele Matthews, Brenda 72

3) #392 Hanscom, Rita 67

4) #39 Barnes, Jane 69

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****W75 4x100 Meter Relay Non Club**

75 USATF: # 1:24.88

75 WMA: R 1:10.19

Team

Finals

=====	
Team	Finals
=====	
1 Non Club 'E'	1:36.82
1) #826 Robinson, Mary 79	2) #932 Staab, Angela 78
3) #421 Hensley, Barbara 77	4) #368 Guardino, Louise 80

**M25-29 4x100 Meter Relay Non Club**

Team

Finals H#

=====	
Team	Finals H#
=====	
1 Non Club 'A'	44.74 2
1) #587 Mack, Jeffery 49	2) #812 Redrick, Philip 30
3) #884 Shepard, Jody 35	4) #469 Jackson Jr., Charles 32

**M30 4x100 Meter Relay CLUB**

Team

Finals H# Points

=====	
Team	Finals H# Points
=====	
1 Atlanta Track Club 'A'	46.62 2 8
1) #40 Barnes, Marcus 38	2) #844 Samuels, Kevin 32
3) #419 Henry Jr., David 51	4) #999 Wade, James 35

**M35 4x100 Meter Relay CLUB**

35 USATF: # 44.88

35 WMA: R 41.30

Team

Finals H# Points

=====	
Team	Finals H# Points
=====	
1 Atlanta Track Club 'A'	42.69# 2 8
1) #756 Parker, Rondrick 38	2) #831 Roland, Terrence 39
3) #257 Dunn, Durran 39	4) #360 Green Jr., Gerald 40

**M40 4x100 Meter Relay Non Club**

40 USATF: # 42.20

40 WMA: R 42.18

Team

Finals H#

=====	
Team	Finals H#
=====	
1 Non Club 'C'	57.19 2
1) #443 Holtry, Matthew 42	2) #770 Peebles, Joseph 61
3) #138 Cannon, David 56	4) #10 Allen, McDuffrie 60

**M40 4x100 Meter Relay CLUB**

40 USATF: # 42.20

40 WMA: R 42.18

Team

Finals H# Points

=====	
Team	Finals H# Points
=====	
-- Southwest Sprinters Track Club 'A'	DNF 2
1) #976 Torres, Jassiel 43	2) #254 Drummond, Don 52
3) #6 Alderton, Adam 47	4) #227 Delisle, Rawle 46

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****M45 4x100 Meter Relay Non Club**

45 USATF: # 43.75

45 WMA: R 43.27

Team Finals H#

1 Non Club 'D' 53.58 2

1) #270 Eksi, Hakan 51 2) #329 Gartin, Kent 51

3) #386 Hamilton, Matt 48 4) #362 Greitens, Eric 47

**M50 4x100 Meter Relay CLUB**

50 USATF: # 44.47

50 WMA: R 44.47

Team Finals H# Points

1 Mass Velocity Track Club 'A' 50.80 2 8

1) #470 Jackson Sr., Lionel 56 2) #70 Betancourt, Hector 50

3) #592 Makino, Shigeki 55 4) #52 Baynes, Andre 50

2 Mass Velocity Track Club 'B' 56.31 2 6

1) #723 Neumann, David 61 2) #902 Siriano, Scott 54

3) #919 Snow, Steven 67 4) #626 McConnell, Chris 64

**M50 4x100 Meter Relay Non Club**

50 USATF: # 44.47

50 WMA: R 44.47

Team Finals H#

1 Non Club 'E' 51.26 2

1) #390 Hanes III, Norris 53 2) #336 Gibbon, David 55

3) #98 Bradecamp, Michael 57 4) #432 Hilton, Ron 56

**M55 4x100 Meter Relay Non Club**

55 USATF: # 46.32

55 WMA: R 46.16

Team Finals

1 Non Club 'G' 53.65

1) #963 Thomas, Ken 57 2) #57 Beene, Martin 59

3) #1046 Young, Mike 59 4) #133 \*Campbell, John 58

2 Non Club 'F' 1:01.59

1) #92 Borthwick, John 57 2) #629 McCormack, Stan 64

3) #632 McDermott, Randy 62 4) #200 Cottrell, Bob 61

**M60 4x100 Meter Relay Non Club**

60 USATF: # 47.93

60 WMA: R 47.93

Team Finals

1 Non Club 'H' 53.77

1) #893 Shufelt, Michael 66 2) #898 Simek, Thomas 69

3) #930 Spruill, Willie 63 4) #94 Bowen, Robert 69

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****M70 4x100 Meter Relay Non Club**

70 USATF: # 51.96

70 WMA: R 51.96

Team

Finals

Team		Finals
1 Non Club 'I'		1:00.63
1) #108 Brown, Alston 72	2) #751 Pace, John 70	
3) #164 Chen, Peter 70	4) #758 Parnell, Roger 72	
2 Non Club 'J'		1:30.67
1) #742 Olson, Randall 73	2) #76 Black, Ivan 72	
3) #308 Ford III, Joseph 71	4) #696 Moser, Michael 71	

**M70 4x100 Meter Relay CLUB**

70 USATF: # 51.96

70 WMA: R 51.96

Team

Finals Points

Team		Finals	Points
1 So Cal Track Club 'A'		1:23.95	8
1) #566 Linde, Gunnar 93	2) #301 Flowers II, Carl 74		
3) #134 Campbell, Richard 75	4) #241 Dolezel, Jim 71		
2 Potomac Valley Track Club 'A'		1:42.21	6
1) #686 Moore, William 71	2) #1012 Weiner, Robert 74		
3) #767 Pearce, James 76	4) #692 Morrison, John 72		

**M80 4x100 Meter Relay Non Club**

80 USATF: # 1:06.12

80 WMA: R 1:01.83

Team

Finals

Team		Finals
1 Non Club 'K'		1:08.76
1) #993 Vergin, Roger 83	2) #949 Strouse, Frank 80	
3) #834 Rowan, Terry 80	4) #841 Sagedahl, Sherwood 82	

**M80 4x100 Meter Relay CLUB**

80 USATF: # 1:20.63

80 WMA: R 1:01.83

Team

Finals Points

Team		Finals	Points
1 New England 65 Plus Runners Cl 'A'		1:47.77	8
1) #558 LeVasseur, Jerry 83	2) #195 Cordero, Joe 83		
3) #851 Satyaprasad, Ram 83	4) #501 Keating, Charles 80		

**W30 4x400 Meter Relay CLUB**

Team

Finals Points

Team		Finals	Points
1 So Cal Track Club 'A'		5:01.81	8
1) #557 Leitner, Ashley 30	2) #869 Schwendinger, Sara 44		
3) #232 Dietrich, Alex 42	4) #178 Cobb, Caroline 39		

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****W35 4x400 Meter Relay CLUB**

35 USATF: # 4:17.07

35 WMA: R 3:50.80

Team	Finals	Points
------	--------	--------

1 Gys Track Club 'A'	6:04.03	8
1) #582 Lund, April 39	2) #199 Cote, Melissa 43	
3) #401 Harrison, Larissa 46	4) #684 Monzelowsky, Tessa 39	

**W40 4x400 Meter Relay CLUB**

40 USATF: # 4:12.64

40 WMA: R 3:56.02

Team	Finals	Points
------	--------	--------

1 Potomac Valley Track Club 'A'	8:29.28	8
1) #783 Phillips, Hannah 69	2) #989 Vazquez, Katrina 40	
3) #618 Mayhugh, Mary Lowe 65	4) #352 Graf, Tami 85	

**W45 4x400 Meter Relay Non Club**

45 USATF: # 4:10.95

45 WMA: R 4:01.22

Team	Finals
------	--------

1 Non Club 'A'	5:23.12
1) #579 Luedke, Lace 45	2) #519 Klein, Tina 56
3) #179 Cockerham, Melissa 47	4) #494 Josiah-Tanner, Euleen 47

**W50 4x400 Meter Relay Non Club**

50 USATF: # 4:34.03

50 WMA: R 4:10.80

Team	Finals
------	--------

1 Non Club 'B'	4:23.24#
1) #229 DeOliveira, Dianne 50	2) #184 Collier, Andrea 54
3) #34 Ballou, Terry 53	4) #407 Hawkins, Sonder 53

**W55 4x400 Meter Relay Non Club**

55 USATF: # 4:35.60

55 WMA: R 4:27.33

Team	Finals
------	--------

1 Non Club 'C'	4:23.52R
1) #635 McDonald, Sue 58	2) #985 Valle, Lisa 55
3) #829 Rohl, Michelle 55	4) #106 Brockner, Roxanne 55

**W60 4x400 Meter Relay CLUB**

60 USATF: # 5:55.31

60 WMA: R 4:41.85

Team	Finals	Points
------	--------	--------

1 Philadelphia Masters 'A'	7:22.49	8
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**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****....W60 4x400 Meter Relay CLUB**

- |                           |                             |
|---------------------------|-----------------------------|
| 1) #65 Bentz, Isabel 70   | 2) #283 Faller, Suzanne 69  |
| 3) #896 Siegel, Lauren 61 | 4) #226 DeHaven, Deborah 62 |

**W60 4x400 Meter Relay Non Club**

60 USATF: # 4:56.74

60 WMA: R 4:41.85

Team

Finals

- |                            |                          |
|----------------------------|--------------------------|
| 1 Non Club 'D'             | 5:06.05                  |
| 1) #871 Scott, Daphne 61   | 2) #408 Hayden, Julie 61 |
| 3) #58 Bellaire, Cheryl 62 | 4) #191 Cooke, Susan 62  |

**M25-29 4x400 Meter Relay Non Club**

Team

Finals

- |                          |                           |
|--------------------------|---------------------------|
| 1 Non Club 'A'           | 3:35.38                   |
| 1) #717 Naples, Jeff 38  | 2) #685 Moody, Gerrard 25 |
| 3) #239 Dodds, Thomas 44 | 4) #600 Marenin, Roman 38 |

**M30 4x400 Meter Relay Non Club**

Team

Finals

- |                           |                         |
|---------------------------|-------------------------|
| 1 Non Club 'B'            | 3:40.76                 |
| 1) #737 Offerman, Greg 34 | 2) #580 Lueth, Ukelo 34 |
| 3) #703 Mulder, Tyler 34  | 4) #171 Clark, Mat 34   |

**M30 4x400 Meter Relay CLUB**

Team

Finals H# Points

- |                           |                             |   |   |
|---------------------------|-----------------------------|---|---|
| 1 Atlanta Track Club 'A'  | 3:59.50                     | 2 | 8 |
| 1) #40 Barnes, Marcus 38  | 2) #999 Wade, James 35      |   |   |
| 3) #844 Samuels, Kevin 32 | 4) #419 Henry Jr., David 51 |   |   |

**M40 4x400 Meter Relay Non Club**

40 USATF: # 3:20.83

40 WMA: R 3:20.83

Team

Finals

- |                            |                            |
|----------------------------|----------------------------|
| 1 Non Club 'D'             | 4:07.95                    |
| 1) #329 Gartin, Kent 51    | 2) #386 Hamilton, Matt 48  |
| 3) #362 Greitens, Eric 47  | 4) #883 Shen, Francis 43   |
| 2 Non Club 'C'             | 4:45.33                    |
| 1) #443 Holtry, Matthew 42 | 2) #138 Cannon, David 56   |
| 3) #770 Peebles, Joseph 61 | 4) #10 Allen, McDuffrie 60 |

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****M45 4x400 Meter Relay Non Club**

=====

45 USATF: # 3:22.79

45 WMA: R 3:22.79

Team Finals

=====

1 Non Club 'E' 3:57.12

1) #25 Atkins, Ronald 47 2) #451 Huff, Josh 48

3) #373 Haack, Peter 47 4) #103 Bridges, Lee 54

**M50 4x400 Meter Relay CLUB**

=====

50 USATF: # 3:32.86

50 WMA: R 3:31.76

Team Finals H# Points

=====

1 Mass Velocity Track Club 'A' 4:37.01 2 8

1) #833 Ross, Karl 56 2) #592 Makino, Shigeki 55

3) #52 Baynes, Andre 50 4) #902 Siriano, Scott 54

**M55 4x400 Meter Relay CLUB**

=====

55 USATF: # 3:40.62

55 WMA: R 3:40.62

Team Finals H# Points

=====

1 Potomac Valley Track Club 'A' 6:17.79 2 8

1) #427 Hickey, Christopher 58 2) #98 Bradecamp, Michael 57

3) #1012 Weiner, Robert 74 4) #686 Moore, William 71

**M55 4x400 Meter Relay Non Club**

=====

55 USATF: # 3:40.62

55 WMA: R 3:40.62

Team Finals

=====

1 Non Club 'G' 4:43.13

1) #92 Borthwick, John 57 2) #629 McCormack, Stan 64

3) #632 McDermott, Randy 62 4) #200 Cottrell, Bob 61

2 Non Club 'F' 5:11.55

1) #277 Enicks IV, William 61 2) #286 Farrell, Brian 64

3) #1008 Watry, James 58 4) #693 Morrow, Art 57

**M60 4x400 Meter Relay CLUB**

=====

60 USATF: # 3:51.33

60 WMA: R 3:51.33

Team Finals Points

=====

1 Greater Philadelphia TC 'A' 4:37.56 8

1) #186 Conheady, Timothy 64 2) #799 Pugliese, Anthony 62

3) #150 Carver, Mark 61 4) #1045 Yelverton, William 61

2 So Cal Track Club 'A' 5:13.63 6

1) #647 McLawhorn, David 66 2) #202 Craig, David 69

3) #222 Davison, Jeffery 63 4) #326 Garner, Reggie 61



**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****M70 4x400 Meter Relay Non Club**

70 USATF: # 4:24.83

70 WMA: R 4:17.47

Team

Finals

1 Non Club 'H'	9:02.55
1) #742 Olson, Randall 73	2) #76 Black, Ivan 72
3) #465 Iwen, Gene 70	4) #696 Moser, Michael 71

**M70 4x400 Meter Relay CLUB**

70 USATF: # 4:24.83

70 WMA: R 4:17.47

Team

Finals Points

1 So Cal Track Club 'A'	5:47.18	8
1) #568 Loewe, Donald 73	2) #878 Shaheed, Nolan 72	
3) #134 Campbell, Richard 75	4) #764 Patton, Gary 75	

**M80 4x400 Meter Relay CLUB**

80 WMA: R 5:32.29

Team

Finals Points

1 New England 65 Plus Runners Cl 'A'	9:12.01	8
1) #558 LeVasseur, Jerry 83	2) #195 Cordero, Joe 83	
3) #851 Satyaprasad, Ram 83	4) #501 Keating, Charles 80	

**W35 4x800 Meter Relay CLUB**

35 USATF: # 9:25.27

35 WMA: R 9:25.27

Team

Finals Points

1 So Cal Track Club 'A'	12:06.79	8
1) #178 Cobb, Caroline 39	2) #136 Cane, Debra 45	
3) #232 Dietrich, Alex 42	4) #869 Schwendinger, Sara 44	
2 Gys Track Club 'A'	12:54.69	6
1) #684 Monzelowsky, Tessa 39	2) #1002 Wana, Blair 38	
3) #199 Cote, Melissa 43	4) #582 Lund, April 39	

**W40 4x800 Meter Relay Non Club**

40 USATF: # 9:18.33

40 WMA: R 9:16.91

Team

Finals

1 Non Club 'A'	12:33.78
1) #711 Murray, Betsy 51	2) #577 Loyd, Susan 63
3) #579 Luedke, Lace 45	4) #268 Edwards, Lisa 43

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****W45 4x800 Meter Relay Non Club**

45 WMA: R 10:30.32	
Team	Finals
1 Non Club 'B'	12:38.37
1) #712 Murray, Paula 54	2) #27 Augustine, Bridget 47
3) #260 Duvenhage, Jonanda 50	4) #554 *Lee, Tracy 50

**W45 4x800 Meter Relay CLUB**

45 WMA: R 10:30.32		
Team	Finals	Points
1 Potomac Valley Track Club 'A'	21:29.56	8
1) #618 Mayhugh, Mary Lowe 65	2) #783 Phillips, Hannah 69	
3) #461 Ingles, Penelope 45	4) #352 Graf, Tami 85	

**W50 4x800 Meter Relay CLUB**

50 USATF: # 10:26.85		
50 WMA: R 10:14.64		
Team	Finals	Points
1 So Cal Track Club 'B'	16:43.69	8
1) #997 Vollweiler, Jill 53	2) #311 Frable, Kathleen 75	
3) #32 Backlund, Darlene 75	4) #155 Centeno, Christine 55	
2 Philadelphia Masters 'A'	17:18.01	6
1) #65 Bentz, Isabel 70	2) #572 Longshore, Kristine 53	
3) #896 Siegel, Lauren 61	4) #226 DeHaven, Deborah 62	

**W55 4x800 Meter Relay Non Club**

Team		Finals
1 Non Club 'C'		11:48.08
1) #942 Stobbe, Judy 56	2) #519 Klein, Tina 56	
3) #929 Springer, Roxanne 57	4) #635 McDonald, Sue 58	

**W65 4x800 Meter Relay Non Club**

Team		Finals
1 Non Club 'D'		15:19.29
1) #509 Kelly, Pat 71	2) #101 Braxton, Freddie 71	
3) #95 Bowman, Tina 68	4) #392 Hanscom, Rita 67	

**M35 4x800 Meter Relay Non Club**

35 USATF: # 7:55.67	
35 WMA: R 7:51.47	
Team	Finals
1 Non Club 'A'	10:04.49
1) #679 Monistere, Daniel 56	2) #270 Eksi, Hakan 51
3) #479 Jefferson, Keon 39	4) #600 Marenin, Roman 38

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****M40 4x800 Meter Relay CLUB**

40 USATF: # 8:09.46

40 WMA: R 7:54.17

Team

Finals Points

1 So Cal Track Club 'A'	12:22.04	8
1) #361 Greene, Michael 42	2) #1008 Watry, James 58	
3) #77 Blackman, Joe 50	4) #693 Morrow, Art 57	

**M40 4x800 Meter Relay Non Club**

40 USATF: # 7:54.17

40 WMA: R 7:54.17

Team

Finals

1 Non Club 'B'	10:02.48	
1) #752 Pack Jr., Rick 40	2) #443 Holtry, Matthew 42	
3) #138 Cannon, David 56	4) #355 Graham Jr., CL 49	

**M45 4x800 Meter Relay CLUB**

45 USATF: # 10:03.07

45 WMA: R 10:03.07

Team

Finals Points

1 Tnt International Racing Club 'A'	10:05.80	8
1) #468 Jackson, Michael 48	2) #128 Bynoe Sr., David 59	
3) #541 Lanier, Kareem 48	4) #542 Lanier, Kyle 48	
2 Kansas City Smoke 'A'	10:37.12	6
1) #92 Borthwick, John 57	2) #629 McCormack, Stan 64	
3) #632 McDermott, Randy 62	4) #624 McCleary, Josh 45	

**M50 4x800 Meter Relay Non Club**

50 USATF: # 8:40.32

50 WMA: R 8:25.79

Team

Finals

1 Non Club 'C'	12:34.22	
1) #902 Siriano, Scott 54	2) #723 Neumann, David 61	
3) #665 Michaelson, Peter 66	4) #200 Cottrell, Bob 61	

**M50 4x800 Meter Relay CLUB**

50 USATF: # 8:41.55

50 WMA: R 8:25.79

Team

Finals Points

1 Potomac Valley Track Club 'A'	12:33.11	8
1) #160 Chasse, Craig 51	2) #142 Character, William 60	
3) #793 Poulos, Ted 59	4) #427 Hickey, Christopher 58	

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****M60 4x800 Meter Relay CLUB**

60 USATF: # 9:35.99

60 WMA: R 9:30.92

Team	Finals	Points
------	--------	--------

1 So Cal Track Club 'B'	11:47.90	8
1) #483 Johnson, Eric 60	2) #176 Cleary, Mark 62	
3) #277 Enicks IV, William 61	4) #286 Farrell, Brian 64	

**M60 4x800 Meter Relay Non Club**

60 USATF: # 9:30.92

60 WMA: R 9:30.92

Team	Finals
------	--------

1 Non Club 'E'	10:58.79
1) #550 Lebold, Michael 63	2) #116 Brumwell, Steve 63
3) #207 Cushenbery, Brent 61	4) #10 Allen, McDuffrie 60
2 Non Club 'D'	12:05.11
1) #732 Oakes, Christian 62	2) #255 Drumright, Elliott 64
3) #375 Hadcock Sr., John 63	4) #713 Muse, Charlie 64

**M70 4x800 Meter Relay CLUB**

70 USATF: # 10:51.08

70 WMA: R 11:03.46

Team	Finals	Points
------	--------	--------

1 So Cal Track Club 'C'	13:05.39	8
1) #134 Campbell, Richard 75	2) #878 Shaheed, Nolan 72	
3) #568 Loewe, Donald 73	4) #764 Patton, Gary 75	
2 Potomac Valley Track Club 'B'	18:54.56	6
1) #686 Moore, William 71	2) #273 Elliott, John 82	
3) #1012 Weiner, Robert 74	4) #692 Morrison, John 72	

**M70 4x800 Meter Relay Non Club**

70 USATF: # 10:51.08

70 WMA: R 10:51.08

Team	Finals
------	--------

1 Non Club 'F'	20:35.64
1) #76 Black, Ivan 72	2) #465 Iwen, Gene 70
3) #742 Olson, Randall 73	4) #696 Moser, Michael 71

**M80 4x800 Meter Relay CLUB**

80 WMA: R 14:01.14

Team	Finals	Points
------	--------	--------

1 New England 65 Plus Runners Cl 'A'	22:35.84	8
1) #558 LeVasseur, Jerry 83	2) #195 Cordero, Joe 83	
3) #851 Satyaprasad, Ram 83	4) #501 Keating, Charles 80	

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****M95 4x800 Meter Relay CLUB**

Team	Finals	Points
1 Atlanta Track Club 'A'	10:29.42	8
1) #999 Wade, James 35	2) #360 Green Jr., Gerald 40	
3) #844 Samuels, Kevin 32	4) #419 Henry Jr., David 51	

**W40 4x80 Meter Shuttle Hurdle Non-Club**

Team	Finals
1 Non Club 'A'	56.61
1) #384 Hamay, Marie 42	2) #268 Edwards, Lisa 43
3) #342 Goff, Deia 44	4) #370 Guest, Rachel 46

**W40 4x80 Meter Shuttle Hurdle Club**

Team	Finals	Points
1 Potomac Valley Track Club 'A'	2:20.94	8
1) #989 Vazquez, Katrina 40	2) #618 Mayhugh, Mary Lowe 65	
3) #461 Ingles, Penelope 45	4) #352 Graf, Tami 85	

**W50 4x80 Meter Shuttle Hurdle Club**

Team	Finals	Points
1 Philadelphia Masters 'A'	2:02.40	8
1) #572 Longshore, Kristine 53	2) #283 Faller, Suzanne 69	
3) #65 Bentz, Isabel 70	4) #226 DeHaven, Deborah 62	

**W60 4x80 Meter Shuttle Hurdle Non-Club**

Team	Finals
1 Non Club 'A'	1:12.77
1) #871 Scott, Daphne 61	2) #781 Phelps, Jo 62
3) #489 *Jolicoeur, Jovette 61	4) #617 Maxwell, Karen 62

**M60-69 4x100 Meter Shuttle Hurdle Non Club**

Team	Finals
1 Non Club 'A'	1:18.62
1) #824 Roberts, David 64	2) #631 McDaniels, Robert 64
3) #918 Snodgrass, Ernie 68	4) #18 Anton, Eugene 63
2 Non Club 'B'	1:21.70
1) #75 Black, David 68	2) #84 Boehr, Douglas 68
3) #449 *Huarcaya, Luis 62	4) #537 Lacey, Kenneth 67

**M70-79 4x100 Meter Shuttle Hurdle Non Club**

Team	Finals
1 Non Club 'A'	1:14.53
1) #76 Black, Ivan 72	2) #742 Olson, Randall 73

2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20

Ames, IA  
Results

...M70-79 4x100 Meter Shuttle Hurdle Non Club

3) #91 Booth, Howard 77                      4) #960 Tetzlaff, Harold 75

M25-29 4x110 Meter Shuttle Hurdle Non Club

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Team                                     Finals
=====
1 Non Club 'A'                          1:08.59
  1) #600 Marenin, Roman 38             2) #386 Hamilton, Matt 48
  3) #256 Dukes, Ryan 29                 4) #685 Moody, Gerrand 25

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M40 4x110 Meter Shuttle Hurdle Non Club

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=====
Team                                     Finals
=====
1 Non Club 'A'                          1:14.44
  1) #148 Carter, Kurt 43                2) #476 James, Jason 41
  3) #823 Robbins, Josh 45                4) #879 Shannon, Edwin 45

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M50 4x110 Meter Shuttle Hurdle Non Club

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=====
Team                                     Finals
=====
1 Non Club 'A'                          1:14.61
  1) #432 Hilton, Ron 56                  2) #270 Eksi, Hakan 51
  3) #139 Cannon, Phil 56                 4) #223 *De Freitas, Carlos 50

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W25-29 High Jump

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=====
Name                                     Age Team                               Finals  Points
=====
1 #   760 Pasko, Amanda     W25 Boston-North                      1.45m   8
    1.25 1.30 1.35 1.40 1.45 1.50
      O   O   O  XXO  XXO  XXX

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W40 High Jump

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=====
40 USATF: # 1.79m
40 WMA: R 1.87m
Name                                     Age Team                               Finals  Points
=====
1 #   899 Simons, Danielle  W40 Unattached                       1.35m   8
    1.10 1.15 1.20 1.25 1.30 1.35 1.40
      O   O   O   O   O   XO  XXX
2 #   989 Vazquez, Katrina  W40 Potomac Vall                    1.35m   6
    1.30 1.35 1.40
      XO  XO  XXX
3 #   508 Kelly, Nicole    W40 Unattached                       1.30m   4
    1.10 1.15 1.20 1.25 1.30 1.35
      P   P   O   O   XO  XXX
4 #   815 Reinfelds, Kelley W44 Unattached                    1.30m   3
    1.10 1.15 1.20 1.25 1.30 1.35
      O   O   O   O  XXO  XXX

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**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****W45 High Jump**

45 USATF: # 1.65m

45 WMA: R 1.76m

Name	Age Team	Finals	Points
1 # 1038 Wood, Alison	W47 Oregon Track Club	1.63m	8
1.50 1.55 1.60 1.63 1.66			
O O XO XO XXX			
2 # 370 Guest, Rachel	W46 Southwest Sp	1.45m	6
1.35 1.40 1.45 1.50			
O O O XXX			

**W50 High Jump**

50 USATF: # 1.60m

50 WMA: R 1.68m

Name	Age Team	Finals	Points
1 # 376 Haddad, Amy	W54 Joy's Jackra	1.40m	8
1.10 1.15 1.20 1.25 1.30 1.35 1.40 1.45			
P P O O O O XO XXX			
2 # 903 Skrien, Cindy	W54 Unattached	1.35m	6
1.10 1.15 1.20 1.25 1.30 1.35 1.40			
O O O O XXO O XXX			

**W55 High Jump**

55 USATF: # 1.48m

55 WMA: R 1.55m

Name	Age Team	Finals	Points
1 # 635 McDonald, Sue	W58 T.H.E. Track Team	1.45m	8
1.30 1.35 1.40 1.45 1.50			won Jump off at 1.45
O P O XXP X			
2 # 475 Jakstiene, Nering	W57 Unattached	1.43m	6
1.30 1.35 1.40 1.45			2nd Jump off at 1.43
O O O XXX			
3 # 411 Hedges, Jennifer	W56 Joy's Jackra	1.35m	4
1.25 1.30 1.35 1.40			
O O O XXX			

**W60 High Jump**

60 USATF: # 1.44m

60 WMA: R 1.47m

Name	Age Team	Finals	Points
1 # 657 Mendenhall, Marth	W62 Flop House H	1.26m	8
1.02 1.05 1.08 1.11 1.14 1.17 1.20 1.23 1.26			
O P O O O O XO O XXO			
2 # 781 Phelps, Jo	W62 Tnt Internat	1.17m	6
1.02 1.05 1.08 1.11 1.14 1.17 1.20			
O O O XO O O XXX			
3 # 546 *Lauridsen, Susan	W63 Canada	X1.14m	
1.02 1.05 1.08 1.11 1.14 1.17			
O O O O O XXX			

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****....W60 High Jump**

4 #	722 Nettland, Laura	W60 Lincoln Track Club	0.90m	4
	0.81 0.84 0.87 0.90			
	O O O O			

**W65 High Jump**

65 USATF: # 1.33m

65 WMA: R 1.42m

Name	Age Team	Finals	Points
1 # 392 Hanscom, Rita	W67 SC Striders	1.20m	8
	1.08 1.11 1.14 1.17 1.20 1.23		
	O P O O O XXX		
2 # 341 Glynn, Kay	W68 Unattached	1.17m	6
	1.08 1.11 1.14 1.17 1.20		
	O O XO O XXX		
3 # 13 *Amerongen, Loret	W67 Canada	X1.02m	
	0.90 0.93 0.96 0.99 1.02 1.05		
	O O O O O X		
4 # 1050 Zukas, Donna	W65 Unattached	0.96m	4
	0.87 0.90 0.93 0.96 0.99		
	O O O O XXX		
5 # 750 Ozell, Terry	W68 Atlanta Track Club	0.93m	3
	0.81 0.84 0.87 0.90 0.93 0.96		
	P O O O XO X		

**W70 High Jump**

70 USATF: # 1.30m

70 WMA: R 1.30m

Name	Age Team	Finals	Points
1 # 304 Flynn, Joyce	W74 Unattached	1.05m	8
	0.90 0.93 0.96 0.99 1.02 1.05 1.08		
	O O O O O XO XXX		
2 # 1006 Warren, Barbara	W74 Capital City	0.99m	6
	0.90 0.93 0.96 0.99 1.02		
	O O O O XXX		
3 # 980 Trotto, Mary	W74 Tnt Internat	0.84m	4
	0.81 0.84 0.87		
	XO O XXP		

**W75 High Jump**

75 USATF: # 1.22m

75 WMA: R 1.24m

Name	Age Team	Finals	Points
1 # 801 Radle, Catherine	W77 Atlanta Track Club	0.96m	8
	0.81 0.84 0.87 0.90 0.93 0.96 0.99		
	O P O O O O XXX		



**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****W80 High Jump**

80 USATF: # 1.15m

80 WMA: R 1.15m

Name	Age Team	Finals	Points
1 # 68 Bergen, Kathy	W81 SC Striders	1.11m	8
0.99 1.02 1.05 1.08 1.11 1.14			
O P O O XO XXX			

**W85 High Jump**

85 USATF: # 0.91m

85 WMA: R 0.95m

Name	Age Team	Finals	Points
1 # 656 Meiler, Florence	W87 Sprinticity	0.93m#	7
0.87 0.90 0.93 0.96			
O P O XXX			
1 # 243 Donley, Christel	W86 Colorado Mas	0.93m#	7
0.87 0.90 0.93 0.96			
O O O XXX			

**M25-29 High Jump**

Name	Age Team	Finals	Points
1 # 601 Maritato, Maxwell	M25 Unattached	1.92m	8
1.67 1.72 1.77 1.82 1.87 1.92 1.99			
O O O O XXO XO XXX			

**M35 High Jump**

35 USATF: # 2.31m

35 WMA: R 2.31m

Name	Age Team	Finals	Points
1 # 741 Olson, Dan	M38 Unattached	1.87m	8
1.77 1.82 1.87 1.92			
XO O O XXX			

**M40 High Jump**

40 USATF: # 2.11m

40 WMA: R 2.28m

Name	Age Team	Finals	Points
1 # 675 Mishev, Robert	M43 Unattached	1.82m	8
1.67 1.72 1.77 1.82 1.87			
O O O XXO XXX			
2 # 915 Smith Jr., Curtis	M40 Unattached	1.67m	6
1.22 1.32 1.37 1.42 1.47 1.52 1.57 1.62 1.67 1.72			
P P O O O O XO XXO XXO XXX			
3 # 148 Carter, Kurt	M43 Freedom-Garm	1.42m	4
1.22 1.32 1.37 1.42 1.47			
P P O O XX			

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****....M40 High Jump**

4 #	239 Dodds, Thomas	M44 Unattached	1.37m	3
	1.22 1.32 1.37 1.42			
	P P XO XXX			

**M45 High Jump**

45 USATF: # 2.05m

45 WMA: R 2.05m

Name	Age Team	Finals	Points
1 # 3 Adkins Jr., Lee	M48 Unattached	1.77m	8
	1.52 1.57 1.62 1.67 1.72 1.77 1.82		
	O O O O O O XXX		
2 # 109 Brown, Daniel	M46 Unattached	1.52m	6
	1.22 1.32 1.37 1.42 1.47 1.52 1.57		
	P P O O O XO XXX		
3 # 386 Hamilton, Matt	M48 Unattached	1.52m	4
	1.22 1.32 1.37 1.42 1.47 1.52 1.57		
	O O O XO O XO XXX		
4 # 780 Phan, Derick	M48 So Cal Track Club	1.22m	3
	1.22		
	XO		

**M50 High Jump**

50 USATF: # 1.94m

50 WMA: R 1.98m

Name	Age Team	Finals	Points
1 # 29 Babcock, Christop	M52 Unattached	1.76m	8
	1.50 1.55 1.60 1.65 1.70 1.76 1.80		
	XO O O O O O XXX		
2 # 822 Risley, Mike	M52 So Cal Track Club	1.50m	6
	1.00 1.05 1.10 1.15 1.20 1.25 1.30 1.35 1.40 1.45 1.50 1.55		
	O O O P XO O O O XXO O O XXX		
3 # 530 Kruelle, Chuck	M53 Greater Phil	1.40m	4
	1.30 1.35 1.40 1.45		
	XO O XXO X		

**M55 High Jump**

55 USATF: # 1.84m

55 WMA: R 1.91m

Name	Age Team	Finals	Points
1 # 819 Rick, Scott	M58 Unattached	1.55m	8
	1.35 1.40 1.45 1.50 1.55 1.60		
	O O O O O XXX		
2 # 927 Sorenson, Wade	M59 Unattached	1.55m	6
	1.35 1.40 1.45 1.50 1.55 1.60		
	O O O O XXO X		
3 # 528 Krapfl, Mike	M58 Unattached	1.45m	4
	1.30 1.35 1.40 1.45 1.50		
	O O O XO XXX		

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20**

**Ames, IA  
Results**

**....M55 High Jump**

4 #	943 Stockard, Guy	M56 Unattached	1.45m	3
	1.30 1.35 1.40 1.45 1.50			
	XO O O XO XXX			
5 #	941 Stewart, Michael	M55 Shore Athletic Club	1.35m	2
	1.20 1.25 1.30 1.35 1.40			
	O O O XXO XX			
6 #	138 Cannon, David	M56 Atlanta Track Club	1.30m	1
	1.25 1.30 1.35			
	O XO XX			
7 #	688 Moore Jr., Charle	M57 Unattached	1.25m	
	1.20 1.25 1.30			
	O O XXX			
8 #	57 Beene, Martin	M59 Lake Merritt	1.20m	
	1.00 1.05 1.10 1.15 1.20 1.25			
	P P P O O XXX			

**M60 High Jump**

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USATF: # 1.73m

WMA: R 1.81m

Name	Age Team	Finals	Points
1 # 391 Hankerson, Brian	M61 So Cal Track Club	1.60m	8
	1.35 1.40 1.45 1.50 1.55 1.60 1.74		
	P P P P P O XXX		
2 # 727 Nielson, Kim	M63 Unattached	1.55m	5
	1.35 1.40 1.45 1.50 1.55 1.60		
	P P O O O XXX		
2 # 306 Foley, Thomas	M62 Unattached	1.55m	5
	1.35 1.40 1.45 1.50 1.55 1.60		
	P P O O O XXX		
4 # 825 Roberts, Mark	M61 Unattached	1.55m	3
	1.35 1.40 1.45 1.50 1.55 1.60		
	O O XO O O XXX		
5 # 12 Allen, Rick	M64 Unattached	1.45m	2
	1.35 1.40 1.45 1.50		
	P O O XXX		

**M65 High Jump**

=====

USATF: # 1.66m

WMA: R 1.67m

Name	Age Team	Finals	Points
1 # 462 Irion, Glenn	M65 Unattached	1.60m	8
	1.40 1.45 1.50 1.55 1.60 1.66		
	O O O O XO XXX		
2 # 252 Drollinger, Kenne	M65 Unattached	1.55m	6
	1.35 1.40 1.45 1.50 1.55 1.60		
	O P P O O XXX		
3 # 746 Osland, Doug	M66 Unattached	1.50m	4
	1.40 1.45 1.50 1.55		
	O O O XXX		

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**Ames, IA  
Results**

**....M65 High Jump**

4 #	400 Harris, Randy	M65 Unattached	1.50m	3
	1.40 1.45 1.50 1.55			
	O O XO XXX			
5 #	996 Vollmer, Larry	M68 Unattached	1.45m	2
	1.20 1.25 1.30 1.35 1.40 1.45 1.50			
	P P O O O XXO XXX			
6 #	100 Brandt, David	M67 Unattached	1.40m	0.50
	1.20 1.25 1.30 1.35 1.40 1.45			
	O O O O O XXX			
6 #	779 Pfeiffer, Bob	M65 Unattached	1.40m	0.50
	1.20 1.25 1.30 1.35 1.40 1.45			
	P P O O O XXX			
8 #	537 Lacey, Kenneth	M67 Unattached	1.35m	
	1.20 1.25 1.30 1.35 1.40			
	O O O O XXX			
9 #	803 Rainey, David	M67 Unattached	1.30m	
	1.20 1.25 1.30 1.35			
	P XO O XXX			
10 #	75 Black, David	M68 Unattached	1.30m	
	1.20 1.25 1.30 1.35			
	O O XO XXX			
11 #	998 Wachtman, Kurt	M67 Cherokee You	1.25m	
	1.20 1.25 1.30			
	O O XXX			
11 #	305 Fogleman Jr., J B	M68 Unattached	1.25m	
	1.20 1.25 1.30			
	O O XXX			
-- #	639 McGillen, Matthew	M67 Unattached	NH	
	1.20 1.25			
	P XXX			

**M70 High Jump**

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USATF: # 1.58m  
WMA: R 1.60m

Name	Age Team	Finals	Points
1 # 852 Sauers, James	M73 Atlanta Track Club	1.50m	8
	1.20 1.25 1.30 1.35 1.40 1.45 1.50 1.55		
	O O O O XO XO XXO XXX		
2 # 263 Eaton, William	M70 Unattached	1.40m	6
	1.20 1.25 1.30 1.35 1.40 1.45		
	O O O O O XXX		
3 # 374 Hackel, Steve	M72 Unattached	1.40m	4
	1.20 1.25 1.30 1.35 1.40 1.45		
	O O XO XXO XXO XXX		
4 # 48 Baskauskas, Edwar	M71 Unattached	1.30m	3
	1.20 1.25 1.30 1.35		
	O O O XXX		
5 # 328 Garrison, David	M70 Unattached	1.25m	2
	1.15 1.20 1.25 1.30		
	O O O XXX		
6 # 76 Black, Ivan	M72 Shore Athletic Club	1.25m	0.50
	1.10 1.15 1.20 1.25 1.30		
	O O O XO XXX		

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****....M70 High Jump**

6 #	364 Griffin, William	M70 Unattached	1.25m	0.50
	1.15 1.20 1.25 1.30			
	O O XO XXX			
8 #	789 Pocan, James	M70 U.S. Army	1.25m	
	1.15 1.20 1.25 1.30			
	O O XXO XXX			
9 #	742 Olson, Randall	M73 Unattached	1.10m	
	1.10 1.15			
	O XXX			
10 #	1012 Weiner, Robert	M74 Potomac Vall	0.90m	
	0.80 0.85 0.90 0.95			
	O P XXO XXX			

**M75 High Jump**

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75 USATF: # 1.42m

75 WMA: R 1.49m

Name	Age Team	Finals	Points
1 # 682 Montieth, David	M75 Unattached	1.38m	8
	1.21 1.24 1.27 1.30 1.33 1.38 1.43		
	O P O O O XO XXX		
2 # 931 Squires, Jack	M76 Unattached	1.30m	6
	1.15 1.18 1.21 1.24 1.27 1.30 1.33		
	O O O P XO XO XXX		
3 # 312 Frable, Norman	M75 So Cal Track Club	1.18m	4
	1.00 1.03 1.06 1.09 1.12 1.15 1.18 1.21		
	O O O O O XO XO XXX		

**M80 High Jump**

=====

80 USATF: # 1.37m

80 WMA: R 1.38m

Name	Age Team	Finals	Points
1 # 464 Isett, Don	M82 Unattached	1.18m	8
	1.06 1.09 1.12 1.15 1.18 1.21		
	O O O O XXO XXX		
2 # 379 Haines, Forrest	M82 Unattached	1.06m	6
	1.00 1.03 1.06 1.09		
	O O O XXX		
3 # 834 Rowan, Terry	M80 Empire Runne	1.06m	4
	1.00 1.03 1.06 1.09		
	O O XO XXX		

**M85 High Jump**

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85 USATF: # 1.17m

85 WMA: R 1.25m

Name	Age Team	Finals	Points
1 # 540 Langenfeld, Tom	M86 Unattached	1.18m#	8
	1.06 1.09 1.12 1.15 1.18 1.21		
	O O XO XXO O XXX		

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****....M85 High Jump**

2 #	888 Shipp, Phillip	M86 Unattached	1.09m	6
	1.00 1.03 1.06 1.09 1.12			
	O O XO XXO XXX			
3 #	477 Jankovich, Willia	M87 Unattached	0.82m	4
	0.70 0.73 0.76 0.79 0.82 0.85 0.88 0.91 0.94 0.97 1.00			
	O O P P O P P P P P XXX			
4 #	21 Arledge, Robert	M88 Unattached	0.73m	3
	0.70 0.73 0.76 0.79 0.82			
	O O P P XXX			

**W30 Pole Vault**

Name	Age Team	Finals	Points
1 # 557 Leitner, Ashley	W30 So Cal Track Club	3.40m	8
	3.17 3.32 3.40 3.50		
	O O XO XXX		

**W40 Pole Vault**

40 USATF: #	3.50m		
40 WMA: R	4.10m		
Name	Age Team	Finals	Points
1 # 384 Hamay, Marie	W42 Decathlete.com	2.27m	8
	1.67 1.82 1.97 2.12 2.27		
	O O P O XO		

**W45 Pole Vault**

45 USATF: #	3.38m		
45 WMA: R	3.76m		
Name	Age Team	Finals	Points
1 # 424 Herzner, Angela	W46 AZ Desert Throwers	3.02m	8
	2.72 2.87 3.02 3.17 3.32 3.40		
	O P XO P P XXX		
2 # 205 Croskell, Helen	W48 Unattached	1.97m	6
	1.82 1.97 2.12		
	XXO O XXX		

**W50 Pole Vault**

50 USATF: #	3.25m		
50 WMA: R	3.46m		
Name	Age Team	Finals	Points
1 # 105 *Bringas, Liliana	W50 Peru	X2.72m	
	2.57 2.72 2.87		
	XO O XXX		
2 # 973 Tolman, Penny	W53 Unattached	2.57m	8
	2.12 2.27 2.42 2.57 2.72		
	O XO XO O XXX		

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****....W50 Pole Vault**

3 #	543 Larsen, Lynn	W53 Unattached	2.27m	6
	1.82 1.97 2.12 2.27 2.42			
	O O O O XXX			
4 #	572 Longshore, Kristi	W53 Philadelphia	1.22m	4
	1.22 1.37 1.52			
	O P XXX			

**W55 Pole Vault**

=====

55 USATF: # 3.08m

55 WMA: R 3.26m

Name	Age Team	Finals	Points
1 # 635 McDonald, Sue	W58 T.H.E. Track Team	2.57m	8
	1.82 1.97 2.12 2.27 2.42 2.57 2.72		
	XO XO O O O O XXX		
2 # 411 Hedges, Jennifer	W56 Joy's Jackra	2.42m	6
	1.82 1.97 2.12 2.27 2.42 2.57		
	O O O O O XXX		
3 # 820 Rieger, Karen	W57 Unattached	1.82m	4
	1.67 1.82 1.97		
	XXO O XXX		

**W60 Pole Vault**

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60 USATF: # 3.12m

60 WMA: R 3.12m

Name	Age Team	Finals	Points
1 # 30 Babits, Brenda	W61 Vault High A	2.20m	8
	1.90 2.00 2.10 2.20 2.30		
	O O XO XO XXX		
2 # 781 Phelps, Jo	W62 Tnt Internat	1.50m	6
	1.20 1.30 1.40 1.50 1.53 1.56 1.60		
	O P O O P P XXX		

**W65 Pole Vault**

=====

65 USATF: # 3.19m

65 WMA: R 3.19m

Name	Age Team	Finals	Points
1 # 341 Glynn, Kay	W68 Unattached	2.60m	8
	1.90 2.00 2.10 2.20 2.30 2.40 2.50 2.60 2.80		
	O O O O O O O XO XXX		
2 # 392 Hanscom, Rita	W67 SC Striders	2.30m	6
	2.10 2.20 2.30 2.40		
	O O XO XXX		

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****W70 Pole Vault**

70 USATF: # 2.95m

70 WMA: R 2.95m

Name	Age Team	Finals	Points
1 # 1006 Warren, Barbara	W74 Capital City	0.80m	8
0.80 0.90			
XXO X			
-- # 980 Trotto, Mary	W74 Tnt Internat	NH	
0.80			
XXX			

**W75 Pole Vault**

75 USATF: # 2.03m

75 WMA: R 2.03m

Name	Age Team	Finals	Points
1 # 801 Radle, Catherine	W77 Atlanta Track Club	1.68m	8
1.20 1.30 1.40 1.50 1.53 1.56 1.60 1.68 1.71			
O P O O XO O O XO XXX			

**W85 Pole Vault**

85 USATF: # 1.55m

85 WMA: R 1.55m

Name	Age Team	Finals	Points
1 # 656 Meiler, Florence	W87 Sprinticity	1.40m	8
1.20 1.30 1.40 1.50			
O P XO XXX			

**M25-29 Pole Vault**

Name	Age Team	Finals	Points
1 # 866 Schuster, Ryan	M25 Unattached	4.40m	8
3.80 4.40 4.70			
O O XXX			

**M30 Pole Vault**

Name	Age Team	Finals	Points
1 # 194 Coover, Jeffrey	M33 Unattached	5.05m	8
4.85 5.05 5.25			
O O XXX			
2 # 26 Atwood, Bryan	M32 Unattached	3.95m	6
3.80 3.95 4.10			
XO O XXX			
-- # 912 Smith, Kiefer	M31 Unattached	NH	
3.65			
XXX			



**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****M35 Pole Vault**

35 USATF: # 5.86m

35 WMA: R 5.90m

Name	Age Team	Finals	Points
1 # 855 Schiferl, Tyler	M35 Unattached	4.25m	8
3.80 3.95 4.10 4.25 4.40			
O O O XXO XXX			
2 # 17 Andreatta, Alex	M37 Unattached	3.80m	6
3.65 3.80 3.95			
O O XXX			
-- # 482 Johnson, Brandon	M36 Unattached	NH	
3.80			
XXX			

**M40 Pole Vault**

40 USATF: # 5.70m

40 WMA: R 5.70m

Name	Age Team	Finals	Points
1 # 981 Tullberg, Ian	M44 Above The Ba	4.10m	8
3.95 4.10 4.25			
O O XXX			
2 # 107 Bromenschenkel, R	M44 Unattached	3.95m	6
3.80 3.95 4.10			
XXO O XXX			

**M45 Pole Vault**

45 USATF: # 5.10m

45 WMA: R 5.10m

Name	Age Team	Finals	Points
1 # 485 Johnson, Scott	M45 Unattached	4.10m	8
4.10 4.25			
XO XXX			
2 # 515 Kirchmann, Kraig	M48 Unattached	1.83m	6
1.83			
XO			

**M50 Pole Vault**

50 USATF: # 4.75m

50 WMA: R 4.75m

Name	Age Team	Finals	Points
1 # 1022 White, Stephen	M50 Flight Deck	4.05m	8
4.05 4.35			
XO XXX			
2 # 287 Faulkner, Lee	M52 Decathlete.com	3.30m	6
2.70 2.85 3.00 3.15 3.30 3.45			
XXO XO O O XO XXX			
3 # 530 Kruelle, Chuck	M53 Greater Phil	2.40m	4
1.80 1.95 2.10 2.25 2.40 2.55			
O O O O O XXX			

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20**

**Ames, IA  
Results**

**....M50 Pole Vault**

4 #	270 Eksi, Hakan	M51 Unattached	1.95m	3
	1.35 1.50 1.65 1.80 1.95 2.10			
	O O O O O XXX			

**M55 Pole Vault**

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55 USATF: # 4.36m  
55 WMA: R 4.60m

Name	Age Team	Finals	Points
1 # 177 Clodfelter, Chet	M57 Unattached	3.90m	8
	3.75 3.90 4.05		
	O O XXX		
2 # 444 Hood, David	M56 Unattached	3.75m	6
	3.30 3.45 3.60 3.75 3.90		
	O P O O XXX		
3 # 775 Peterson, Philip	M59 Vault High A	2.85m	4
	2.55 2.70 2.85 3.00		
	O O XO XXX		
4 # 865 Schuster, Robert	M57 Unattached	2.85m	3
	2.55 2.70 2.85 3.00		
	XO O XO XXX		
5 # 19 Arata, Michael	M55 Unattached	2.70m	2
	2.55 2.70 2.85		
	O O XXX		

**M60 Pole Vault**

=====

USATF: # 4.11m  
WMA: R 4.32m

Name	Age Team	Finals	Points
1 # 54 Beck, Wendell	M62 Unattached	3.80m	8
	2.75 2.90 3.05 3.20 3.35 3.50 3.65 3.80 4.05		
	P P P P P P P O XXX		
2 # 31 Babits, Paul	M60 Unattached	3.50m	6
	2.75 2.90 3.05 3.20 3.35 3.50 3.65		
	P P P P P O XXX		
3 # 719 Negley, Eric	M60 Unattached	3.20m	4
	2.75 2.90 3.05 3.20 3.35		
	P P XO O XXX		
4 # 830 Rohn, Jerry	M62 Unattached	3.05m	3
	2.75 2.90 3.05 3.20		
	O O XO XXX		
-- # 691 Morrisette, Brion	M64 Unattached	NH	
	2.75 2.90 3.05 3.20		
	P P P XXX		

**M65 Pole Vault**

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USATF: # 3.89m  
WMA: R 4.05m

Name	Age Team	Finals	Points
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**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20**

**Ames, IA  
Results**

**....M65 Pole Vault**

1 #	456 Hunter, Gary	M65 Unattached	3.70m	8
	3.35 3.50 3.70 3.90			
	XO O O XXX			
2 #	746 Osland, Doug	M66 Unattached	3.35m	6
	3.05 3.20 3.35			
	O O XXO			
3 #	252 Drollinger, Kenne	M65 Unattached	3.20m	4
	2.75 2.90 3.05 3.20 3.35			
	XO P XO XO XXX			
4 #	389 Hanes, Steve	M66 Key West Tra	2.90m	3
	2.90 3.05			
	O XXX			
5 #	909 Smith, Gerrod	M66 Unattached	2.90m	2
	2.75 2.90 3.05			
	O XO XXX			
6 #	647 McLawhorn, David	M66 So Cal Track Club	2.75m	1
	2.75 2.90			
	O XXX			
7 #	996 Vollmer, Larry	M68 Unattached	2.75m	
	2.75 2.90			
	XO XXX			
8 #	305 Fogleman Jr., J B	M68 Unattached	2.75m	
	2.45 2.60 2.75 2.90			
	XXO O XO XXX			
9 #	230 Deviney, Dan	M66 Unattached	2.00m	
	2.00 2.15			
	O XXX			

**M70 Pole Vault**

70 USATF: # 3.49m

70 WMA: R 3.49m

Name	Age Team	Finals	Points
1 # 263 Eaton, William	M70 Unattached	2.80m	8
2.30 2.40 2.50 2.60 2.70 2.76 2.80 2.90			
O O O O XO P XXO XXX			
2 # 524 Kochert, Dick	M72 Unattached	2.70m	6
2.30 2.40 2.50 2.60 2.70 2.76 2.80			
O O O XO XO P XXX			
3 # 308 Ford III, Joseph	M71 Unattached	2.40m	4
2.20 2.30 2.40 2.50			
O XO XXO XXX			
4 # 742 Olson, Randall	M73 Unattached	2.00m	3
1.50 1.60 1.70 1.80 1.90 2.00 2.10			
O O O O O XO XXX			
5 # 60 Benedict, Jon	M72 Unattached	1.50m	2
1.30 1.40 1.50			
O O XXO			
-- # 48 Baskauskas, Edwar	M71 Unattached	NH	
2.00			
XXX			

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****M75 Pole Vault**

75 USATF: # 3.20m

75 WMA: R 3.20m

Name	Age Team	Finals	Points
1 # 1051 Zukas, Robert	M77 Philadelphia	1.40m	8
1.30 1.40 1.50 1.60 1.70 1.80			
P O P P P XXX			

**M80 Pole Vault**

80 USATF: # 2.75m

80 WMA: R 2.75m

Name	Age Team	Finals	Points
1 # 464 Isett, Don	M82 Unattached	2.50m	8
2.20 2.30 2.40 2.50 2.60 2.70 2.76			
O XXO O XXO P P XXX			
2 # 993 Vergin, Roger	M83 Club Northwest	1.50m	6
1.30 1.40 1.50			
O P XXO			

**M85 Pole Vault**

85 USATF: # 2.28m

85 WMA: R 2.28m

Name	Age Team	Finals	Points
1 # 888 Shipp, Phillip	M86 Unattached	1.70m	8
1.30 1.40 1.50 1.60 1.70			
O O XO XXO O			
2 # 21 Arledge, Robert	M88 Unattached	1.60m	6
1.30 1.40 1.50 1.60 1.70			
XO XXO O XXO XXX			
3 # 512 Kent, Ed	M87 Snake River	1.40m	4
1.30 1.40 1.50			
XO XO XXX			
4 # 477 Jankovich, Willia	M87 Unattached	1.30m	3
1.30 1.40			
O X			

**W25-29 Long Jump**

Name	Age Team	Finals	Wind	Points
1 # 794 Pralle, Taylor	W25 Unattached	5.00m	0.5	8
4.52m(3.1) 4.61m(1.9) 4.90m(0.7) 4.96m(0.7) 4.84m(1.4) 5.00m(0.5)				
2 # 760 Pasko, Amanda	W25 Boston-North	4.45m	0.7	6
4.45m(0.7) 4.29m(1.4) 4.15m(0.2) 4.40m(3.0) 4.02m(+0.0) 4.43m(2.0)				

**W30 Long Jump**

Name	Age Team	Finals	Wind	Points
1 # 561 Liang, Grace	W34 Unattached	5.19m	2.5	8
4.94m(1.0) 5.08m(2.1) 4.98m(0.2) 5.19m(2.5) FOUL(1.3) 4.72m(+0.0)				

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****W35 Long Jump**

35 USATF: # 6.79m

35 WMA: R 6.99m

Name	Age Team	Finals	Wind	Points
1 # 296 Fix, Amy	W37 Unattached	4.84m	2.4	8
FOUL(1.7) 4.71m(+0.0) FOUL(1.8) FOUL(1.4) 4.84m(2.4) 4.72m(1.2)				
2 # 117 Brunnette, Lacy	W35 Unattached	4.26m	1.7	6
FOUL FOUL(1.3) 4.16m(1.8) 4.06m(+0.0) 4.26m(1.7) FOUL				

**W40 Long Jump**

40 USATF: # 5.68m

40 WMA: R 6.55m

Name	Age Team	Finals	Wind	Points
1 # 335 Gibb-Gabriel, Adj	W41 Joy's Jackra	4.85m	0.1	8
4.09m(1.3) 4.54m(2.3) 4.67m(1.0) 4.39m(+0.0) 4.85m(0.1) 4.74m(1.8)				
2 # 342 Goff, Deia	W44 U.S. Army	3.62m	1.4	6
3.58m(2.4) 2.25m(1.1) 3.33m(+0.0) 3.60m(1.5) 2.92m(0.2) 3.62m(1.4)				

**W45 Long Jump**

45 USATF: # 5.37m

45 WMA: R 5.62m

Name	Age Team	Finals	Wind	Points
1 # 370 Guest, Rachel	W46 Southwest Sp	5.10m	+0.0	8
5.04m(+0.0) 5.10m(+0.0) FOUL(+0.0) 4.94m(-0.8) FOUL(-0.7) 5.00m(+0.0)				
2 # 179 Cockerham, Meliss	W47 Unattached	3.44m	+0.0	6
3.20m(-1.0) 2.97m(+0.0) 3.18m(-0.7) 3.44m(+0.0) FOUL(+0.0) 3.39m(+0.0)				

**W50 Long Jump**

50 USATF: # 5.40m

50 WMA: R 5.41m

Name	Age Team	Finals	Wind	Points
1 # 50 Battle, Tracey	W54 Potomac Vall	4.23m	-0.1	8
3.96m(-0.4) 4.17m(-0.5) 4.03m(+0.0) 4.15m(+0.0) 4.23m(-0.1) 4.04m(-0.6)				
2 # 105 *Bringas, Liliana	W50 Peru	X4.11m	+0.0	
FOUL FOUL FOUL 3.98m(+0.0) 4.11m(+0.0) 3.89m(-0.7)				
3 # 376 Haddad, Amy	W54 Joy's Jackra	3.69m	+0.0	6
FOUL FOUL 3.50m(+0.0) FOUL(+0.0) 3.69m(+0.0) FOUL(-0.2)				
4 # 973 Tolman, Penny	W53 Unattached	3.41m	-0.3	4
3.06m(-1.0) 3.31m(+0.0) 3.35m(-0.7) 3.39m(+0.0) 2.82m(-1.4) 3.41m(-0.3)				

**W55 Long Jump**

55 USATF: # 5.06m

55 WMA: R 5.06m

Name	Age Team	Finals	Wind	Points
1 # 475 Jakstiene, Nering	W57 Unattached	4.79m	0.1	8
4.71m(+0.0) 4.79m(0.1) FOUL(0.5) 4.76m(1.1) 4.79m(2.0) 4.74m(3.4)				

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2 #	411 Hedges, Jennifer	W56 Joy's Jackra	3.98m	0.9	6
	3.71m(0.3) FOUL(0.7) 3.92m(0.9) 3.98m(0.9) 3.95m(2.6) 3.89m(1.1)				
3 #	472 Jackson-Matthews, W58	Eagles Wings	3.81m	+0.0	4
	3.61m(+0.0) 3.81m(+0.0) 3.55m(1.0) 3.79m(2.1) 3.64m(1.4) 3.74m(1.1)				
4 #	655 Meierhenry, Mary	W56 Unattached	3.76m	2.6	3
	3.43m(0.5) 3.40m(0.9) 3.59m(+0.0) 3.43m(+0.0) 3.62m(2.9) 3.76m(2.6)				

**W60 Long Jump**

60 USATF: # 4.73m

60 WMA: R 4.75m

Name	Age Team	Finals	Wind	Points
1 # 983 Upshaw, Joy	W60 Joy's Jackra	3.89m	1.0	8
3.77m(0.2) 3.84m(0.1) PASS PASS PASS 3.89m(1.0)				
2 # 489 *Jolicoeur, Jovet	W61 Canada	X3.37m	0.7	
3.13m(0.8) 3.22m(0.2) 3.10m(0.5) 2.43m(2.0) 3.16m(-2.1) 3.37m(0.7)				
3 # 226 DeHaven, Deborah	W62 Philadelphia	3.24m	1.1	6
FOUL(+0.0) 3.24m(1.1) 3.18m(0.3) 3.20m(0.3) PASS PASS				
4 # 546 *Lauridsen, Susan	W63 Canada	X3.16m	1.6	
2.91m(0.4) FOUL(0.9) 3.16m(1.6) 3.03m(0.8) 3.05m(+0.0) 2.90m(1.7)				
5 # 781 Phelps, Jo	W62 Tnt Internat	2.62m	1.6	4
FOUL(+0.0) 2.43m(1.0) 2.62m(1.6) 2.31m(1.1) 2.34m(0.8) FOUL(0.8)				

**W65 Long Jump**

65 USATF: # 4.26m

65 WMA: R 4.64m

Name	Age Team	Finals	Wind	Points
1 # 341 Glynn, Kay	W68 Unattached	4.03m	1.0	8
3.90m(1.7) 4.03m(1.0) 3.53m(+0.0) 3.86m(1.5) 3.88m(1.1) 3.87m(2.1)				
2 # 392 Hanscom, Rita	W67 SC Striders	3.66m	1.8	6
FOUL(0.8) 3.62m(1.0) 3.56m(0.2) 3.66m(1.8) FOUL FOUL				
3 # 182 Cohn, Linda	W68 SC Striders	3.44m	0.8	4
3.24m(1.9) FOUL(0.2) 3.15m(+0.0) 3.44m(0.8) 3.22m(2.8) 3.37m(2.3)				
4 # 783 Phillips, Hannah	W69 Potomac Vall	2.81m	1.4	3
FOUL FOUL FOUL 2.81m(1.4) 2.61m(1.3) FOUL				
5 # 1050 Zukas, Donna	W65 Unattached	2.57m	1.7	2
2.23m(0.4) 2.40m(1.7) 2.55m(+0.0) 2.29m(2.3) 2.57m(1.7) 2.38m(1.1)				

**W70 Long Jump**

70 USATF: # 3.84m

70 WMA: R 4.26m

Name	Age Team	Finals	Wind	Points
1 # 936 Steele Matthews,	W72 SC Striders	3.23m	1.1	8
3.10m(1.1) 3.07m(2.0) 3.23m(1.1) 2.96m(0.4) FOUL 3.15m(2.2)				
2 # 304 Flynn, Joyce	W74 Unattached	3.06m	2.4	6
3.02m(1.7) 2.44m(0.5) 2.86m(0.1) 2.52m(1.9) 3.06m(2.4) 2.45m(0.7)				
3 # 1006 Warren, Barbara	W74 Capital City	2.46m	2.4	4
2.36m(+0.0) 2.23m(+0.0) 2.46m(2.4) 2.30m(2.0) 2.18m(1.0) FOUL				

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85 USATF: # 2.28m

85 WMA: R 2.93m

Name	Age Team	Finals	Wind	Points
1 # 656 Meiler, Florence	W87 Sprinticity	2.14m	+0.0	8
2.14m(+0.0) 2.02m(2.0) 1.97m(0.3) 1.95m(1.9) 2.09m(1.0) 2.13m(1.9)				
2 # 243 Donley, Christel	W86 Colorado Mas	1.72m	1.0	6
1.65m(+0.0) 1.55m(NWI) 1.60m(0.1) FOUL 1.72m(1.0) 1.64m(1.7)				

**M25-29 Long Jump**

Name	Age Team	Finals	Wind	Points
1 # 233 Dino, Mervin	M27 Unattached	6.46m	1.2	8
6.05m(1.2) 6.29m(1.6) 6.30m(+0.0) FOUL(2.3) FOUL(1.6) 6.46m(1.2)				

**M30 Long Jump**

Name	Age Team	Finals	Wind	Points
1 # 171 Clark, Mat	M34 Unattached	6.83m	1.9	8
6.65m(1.9) FOUL(0.5) FOUL(1.6) FOUL(1.2) 6.83m(1.9) FOUL(1.5)				
2 # 844 Samuels, Kevin	M32 Atlanta Track Club	6.01m	0.7	6
5.65m(0.5) 5.58m(1.5) 5.63m(+0.0) 5.51m(1.8) 6.01m(0.7) 4.23m(3.7)				
3 # 459 Illenye Jr., Jose	M34 Unattached	4.17m	2.8	4
FOUL(1.5) 3.77m(1.2) 3.95m(+0.0) FOUL(+0.0) 3.93m(1.9) 4.17m(2.8)				

**M35 Long Jump**

35 USATF: # 8.50m

35 WMA: R 8.50m

Name	Age Team	Finals	Wind	Points
1 # 733 Oamen, Isi	M38 Unattached	6.11m	1.6	8
6.09m(1.1) 6.11m(1.6) FOUL FOUL FOUL PASS				
2 # 1047 Young Jr., Terren	M35 Unattached	5.75m	1.8	6
5.53m(1.8) 5.75m(1.8) 5.75m(1.7) FOUL(2.1) 5.59m(+0.0) PASS				
3 # 130 Caldwell, Charles	M39 Kansas City Smoke	5.75m	1.5	4
FOUL FOUL FOUL 5.75m(1.5) FOUL PASS				
4 # 999 Wade, James	M35 Atlanta Track Club	5.70m	0.6	3
FOUL FOUL 5.70m(0.6) 5.61m(1.2) 5.43m(1.5) FOUL				
5 # 257 Dunn, Durran	M39 Atlanta Track Club	5.63m	2.4	2
4.79m(2.0) 5.07m(1.9) 5.26m(2.2) 5.63m(2.4) 5.51m(0.7) 5.54m(3.1)				
6 # 669 Miller, Mike	M38 Unattached	5.29m	1.9	1
4.30m(1.8) 5.06m(1.5) 5.29m(1.9) 5.14m(0.6) PASS PASS				

**M40 Long Jump**

40 USATF: # 7.68m

40 WMA: R 7.68m

Name	Age Team	Finals	Wind	Points
1 # 526 Kortequee, Tamba	M43 Unattached	6.64m	2.2	8
6.36m(1.4) 6.47m(0.8) 6.64m(2.2) 6.17m(2.0) 6.15m(1.0) 6.21m(2.5)				

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2 #	589 Maggit, Quincy	M43 Unattached	6.04m	2.8	6
	6.04m(2.8) 5.97m(+0.0)	PASS FOUL PASS	PASS		
3 #	476 James, Jason	M41 Unattached	5.88m	+0.0	4
	5.83m(+0.0) 5.88m(+0.0) 5.87m(0.3) 5.87m(1.2)	FOUL PASS			
4 #	510 Kelly, Travis	M41 Unattached	5.70m	2.8	3
	5.64m(0.7) 5.67m(2.0) 5.70m(2.8)	FOUL	FOUL		
5 #	1028 Wilks, Quinton	M40 Kansas City Smoke	5.53m	3.0	2
	FOUL(2.0) FOUL(1.5) 4.85m(+0.0) 5.53m(3.0) 5.02m(+0.0)	FOUL(1.8)			
6 #	239 Dodds, Thomas	M44 Unattached	4.92m	1.4	1
	4.82m(2.1) 4.53m(0.6) 4.82m(0.3) 4.92m(1.4) 4.91m(2.0) 4.87m(2.7)				

**M45 Long Jump**

USATF: # 6.98m

WMA: R 7.27m

Name	Age Team	Finals	Wind	Points
1 # 3 Adkins Jr., Lee	M48 Unattached	6.54m	2.1	8
	6.54m(2.1) 6.38m(1.4) 6.36m(+0.0) 3.72m(1.4)	FOUL		
2 # 25 Atkins, Ronald	M47 Kitsap Flier	5.96m	1.1	6
	5.73m(1.6) 5.96m(1.1)	FOUL FOUL FOUL		
3 # 314 Franklin, Jonatha	M47 Unattached	5.20m	+0.0	4
	FOUL(0.2) 5.18m(1.5) 5.18m(+0.0) 5.20m(+0.0)	FOUL(2.3)	5.12m(1.3)	
4 # 614 Mathews, Carlos	M48 Tnt Internat	5.10m	2.0	3
	5.10m(2.0) FOUL(2.2) 5.04m(1.7) 5.00m(0.9)	FOUL		
5 # 347 Gordon Jr., Steve	M47 Tachyon Athletik	5.08m	1.8	2
	4.77m(1.4) 5.00m(1.6) 5.08m(1.8) 4.96m(0.5)	FOUL(1.1)	FOUL(1.9)	
6 # 780 Phan, Derick	M48 So Cal Track Club	4.47m	0.9	1
	FOUL(2.5) 4.20m(1.5) 4.32m(1.0) 3.67m(0.1) 4.47m(0.9)	4.38m(2.4)		
7 # 386 Hamilton, Matt	M48 Unattached	4.10m	1.0	
	4.10m(1.0) 3.75m(0.3)	PASS PASS PASS	PASS	

**M50 Long Jump**

USATF: # 6.48m

WMA: R 6.84m

Name	Age Team	Finals	Wind	Points
1 # 853 Scannell, Kevin	M51 Unattached	5.71m	3.4	8
	5.33m(0.8) FOUL(0.5) 5.55m(1.6) 5.71m(3.4) 5.45m(1.5)	5.66m(1.4)		
2 # 701 Muhammad, Fahim	M51 Unattached	5.51m	1.8	6
	5.00m(0.9) 5.23m(+0.0) 5.29m(1.4) 5.23m(2.4) 5.40m(2.2)	5.51m(1.8)		
3 # 837 Rucker Jr., Harol	M53 Unattached	5.41m	2.2	4
	FOUL(1.1) 5.24m(1.2) 5.41m(2.2)	FOUL FOUL	FOUL	
4 # 329 Gartin, Kent	M51 Unattached	5.10m	3.0	3
	5.07m(0.5) FOUL(0.7) FOUL(1.9) 5.09m(2.6) 5.10m(3.0)	5.03m(+0.0)		
5 # 564 *Liew, Waihon	M54 Malaysia	X4.83m	1.6	
	4.79m(+0.0) 4.46m(1.3) 4.83m(1.6) 4.81m(2.8) 4.49m(3.3)	4.59m(1.5)		
6 # 743 Oneal Jr., Ralph	M54 So Cal Track Club	4.68m	1.7	2
	4.27m(1.1) 4.40m(1.4) 4.66m(3.3) 4.45m(3.1) 4.15m(0.9)	4.68m(1.7)		
7 # 822 Risley, Mike	M52 So Cal Track Club	4.66m	0.6	1
	3.88m(1.2) 4.66m(0.6) FOUL(2.4) 4.55m(1.5)	PASS	PASS	
8 # 77 Blackman, Joe	M50 So Cal Track Club	4.58m	2.3	
	4.38m(1.6) 4.43m(1.1) 4.53m(1.8) 4.58m(2.3)	PASS	PASS	



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9 # 270 Eksi, Hakan M51 Unattached 4.09m 1.6  
 4.09m(1.6) FOUL(0.7) 3.94m(1.6) 4.09m(NWI) PASS PASS

**M55 Long Jump**

USATF: # 6.14m

WMA: R 6.50m

Name	Age Team	Finals	Wind	Points
1 # 753 Palacios, Antonio	M55 Unattached	5.85m	0.7	8
5.66m(1.0) FOUL(1.2) FOUL(0.8) 5.85m(0.7) FOUL(+0.0) PASS(0.8)				
2 # 963 Thomas, Ken	M57 Unattached	5.47m	1.0	6
5.01m(1.0) 5.01m(1.8) 5.47m(1.0) 5.31m(0.7) 5.34m(0.6) 4.91m(0.8)				
3 # 139 Cannon, Phil	M56 Centennial S	5.28m	1.5	4
4.84m(0.7) 5.01m(1.0) FOUL(0.7) FOUL(1.0) 5.28m(1.5) FOUL(1.3)				
4 # 882 Sheehy, Alan	M55 So Cal Track Club	4.75m	1.3	3
4.06m(1.4) 4.21m(0.1) FOUL(0.9) 4.43m(1.0) 4.75m(1.3) 4.56m(0.8)				
5 # 318 Friedrich, John	M56 Unattached	4.20m	0.2	2
4.06m(1.2) 4.20m(0.2) 3.98m(0.2) 3.87m(0.8) 3.93m(1.1) 4.09m(+0.0)				
6 # 180 Cockerham IV, How	M58 Unattached	3.94m	1.4	1
3.78m(0.3) 3.81m(1.1) 3.41m(+0.0) 3.94m(1.4) 3.79m(1.0) 3.72m(+0.0)				
7 # 643 McKenzie, John	M56 Unattached	3.74m	1.4	
3.72m(1.5) 3.67m(0.8) 3.72m(+0.0) 3.74m(1.4) PASS PASS				
8 # 1046 Young, Mike	M59 Unattached	3.67m	1.3	
FOUL(1.1) 3.67m(1.3) 3.51m(0.8) 3.59m(1.0) FOUL(0.5) FOUL(0.5)				
9 # 693 Morrow, Art	M57 So Cal Track Club	3.37m	0.9	
2.93m(0.2) 3.25m(1.0) 3.37m(0.9) PASS PASS PASS				
10 # 688 Moore Jr., Charle	M57 Unattached	3.20m	1.0	
3.20m(1.0) 3.18m(0.5) 2.95m(1.2) 3.18m(+0.0) PASS PASS				

**M60 Long Jump**

USATF: # 6.07m

WMA: R 6.07m

Name	Age Team	Finals	Wind	Points
1 # 391 Hankerson, Brian	M61 So Cal Track Club	5.81m	1.4	8
5.46m(+0.0) 5.63m(2.1) 5.81m(1.4) 5.63m(0.5) 5.71m(2.4) 5.55m(0.4)				
2 # 570 Long, William	M62 Joy's Jackra	5.30m	2.0	6
5.11m(1.4) 4.82m(0.3) FOUL(2.0) 5.20m(0.7) 4.03m(0.1) 5.30m(2.0)				
3 # 630 McCrimmon, James	M60 Unattached	4.82m	+0.0	4
4.61m(1.2) 4.82m(+0.0) 4.81m(1.9) 4.76m(1.3) FOUL(+0.0) 4.61m(0.7)				
4 # 729 Niroumand, Mahmou	M64 So Cal Track Club	4.82m	1.4	3
4.61m(1.7) 4.82m(1.4) 4.72m(0.9) 4.51m(+0.0) 4.41m(2.0) 4.49m(+0.0)				
5 # 773 Peterson, Gary	M60 Unattached	4.56m	0.6	2
4.54m(0.5) FOUL(0.3) FOUL(1.5) 4.25m(+0.0) FOUL(0.8) 4.56m(0.6)				

**M65 Long Jump**

USATF: # 5.38m

WMA: R 5.47m

Name	Age Team	Finals	Wind	Points
1 # 996 Vollmer, Larry	M68 Unattached	4.92m	1.9	8
4.80m(1.3) FOUL(+0.0) 4.66m(+0.0) 4.92m(1.9) 4.76m(1.1) PASS				

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**Results**

**...M65 Long Jump**

2 #	911 Smith, Joe	M65 So Cal Track Club	4.79m	+0.0	6
	4.71m(+0.0)	4.79m(+0.0)	4.71m(+0.0)	4.70m(1.2)	FOUL(+0.0) FOUL(+0.0)
3 #	919 Snow, Steven	M67 Mass Velocit	4.31m	0.9	4
	4.31m(0.9)	4.10m(0.5)	4.17m(+0.0)	PASS	PASS PASS
4 #	898 Simek, Thomas	M69 Unattached	4.16m	+0.0	3
	3.99m(1.0)	3.76m(+0.0)	4.16m(+0.0)	4.08m(1.2)	3.99m(1.0) 3.93m(1.1)
5 #	647 McLawhorn, David	M66 So Cal Track Club	4.08m	0.6	2
	3.96m(2.1)	4.08m(0.6)	3.56m(0.3)	FOUL(1.4)	4.02m(+0.0) 4.03m(0.2)
6 #	678 Moeller, Craig	M65 Unattached	4.08m	0.8	1
	4.08m(0.8)	FOUL	PASS	PASS	PASS PASS
7 #	75 Black, David	M68 Unattached	3.80m	+0.0	
	3.63m(+0.0)	3.79m(+0.0)	3.72m(+0.0)	3.80m(+0.0)	FOUL(1.0) 3.61m(+0.0)
8 #	970 Tipping, Mike	M68 So Cal Track Club	3.59m	+0.0	
	FOUL	FOUL	3.59m(+0.0)	FOUL	FOUL FOUL
9 #	796 Price, Larry	M67 Unattached	3.40m	+0.0	
	3.18m(0.9)	3.27m(+0.0)	3.40m(+0.0)		

**M70 Long Jump**

USATF: # 5.19m

WMA: R 5.19m

Name	Age Team	Finals	Wind	Points
1 # 758 Parnell, Roger	M72 Unattached	4.54m	+0.0	8
	4.07m(+0.0) FOUL	FOUL	4.37m(+0.0)	FOUL
			4.54m(+0.0)	
2 # 364 Griffin, William	M70 Unattached	3.82m	+0.0	6
	3.63m(-0.2) 3.60m(+0.0)	PASS	3.75m(0.7)	PASS
			3.82m(+0.0)	
3 # 76 Black, Ivan	M72 Shore Athletic Club	3.67m	+0.0	4
	3.38m(+0.0) 3.63m(+0.0)	3.67m(+0.0)	3.50m(+0.0)	FOUL(+0.0) PASS(+0.0)
4 # 118 Bryant, Doug	M72 Unattached	3.34m	+0.0	3
	3.34m(+0.0) 3.21m(+0.0)	PASS	PASS	PASS
			PASS	
5 # 301 Flowers II, Carl	M74 So Cal Track Club	2.94m	+0.0	2
	2.94m(+0.0) 2.11m(1.1)	2.88m(+0.0)	2.88m(0.1)	PASS
			PASS	
6 # 1012 Weiner, Robert	M74 Potomac Vall	1.84m	0.6	1
	1.59m(0.3) 1.61m(+0.0)	1.61m(+0.0)	FOUL(+0.0)	1.83m(+0.0) 1.84m(0.6)

**M75 Long Jump**

75 USATF: # 4.57m

75 WMA: R 4.83m

Name	Age Team	Finals	Wind	Points
1 # 960 Tetzlaff, Harold	M75 Unattached	3.43m	+0.0	8
	2.42m(+0.0) 2.65m(+0.0)	3.07m(+0.0)	2.74m(0.5)	3.43m(+0.0) FOUL(0.5)
2 # 303 Flynn, Daniel	M75 Unattached	3.05m	+0.0	6
	FOUL(+0.0) 2.96m(+0.0)	2.86m(0.5)	3.00m(+0.0)	3.01m(+0.0) 3.05m(+0.0)
3 # 91 Booth, Howard	M77 Unattached	3.02m	+0.0	4
	2.91m(+0.0) 2.90m(+0.0)	2.64m(+0.0)	2.82m(+0.0)	2.93m(+0.0) 3.02m(+0.0)
4 # 1051 Zukas, Robert	M77 Philadelphia	2.94m	+0.0	3
	2.81m(+0.0) 2.81m(+0.0)	2.94m(+0.0)	2.76m(+0.0)	2.92m(0.1) 2.93m(+0.0)
5 # 920 Snyder, Gary	M77 Mass Velocit	2.58m	+0.0	2
	2.56m(+0.0) 2.46m(+0.0)	2.55m(+0.0)	2.58m(+0.0)	2.50m(+0.0) 2.31m(+0.0)

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****M80 Long Jump**

80 USATF: # 4.19m

80 WMA: R 4.36m

Name	Age Team	Finals	Wind	Points
1 # 993 Vergin, Roger	M83 Club Northwest	3.35m	+0.0	8
2.78m(+0.0) 2.92m(0.3) 3.03m(+0.0) 3.35m(+0.0) 2.93m(+0.0) 3.27m(+0.0)				
2 # 464 Isett, Don	M82 Unattached	3.26m	+0.0	6
2.94m(+0.0) 3.18m(+0.0) 3.26m(+0.0) 3.15m(+0.0) 3.23m(+0.0) FOUL(+0.0)				
3 # 379 Haines, Forrest	M82 Unattached	2.21m	+0.0	4
2.16m(+0.0) FOUL(+0.0) 1.93m(+0.0) FOUL(+0.0) 1.98m(+0.0) 2.21m(+0.0)				

**M85 Long Jump**

85 USATF: # 3.53m

85 WMA: R 3.77m

Name	Age Team	Finals	Wind	Points
1 # 888 Shipp, Phillip	M86 Unattached	2.96m	+0.0	8
2.67m(0.6) 2.72m(0.1) 2.89m(+0.0) 2.93m(+0.0) 2.96m(+0.0) PASS				
2 # 477 Jankovich, Willia	M87 Unattached	2.26m	+0.0	6
2.26m(+0.0) PASS PASS PASS PASS PASS				

**M90 Long Jump**

90 USATF: # 3.26m

90 WMA: R 3.26m

Name	Age Team	Finals	Wind	Points
1 # 788 Platts, William	M93 Snake River	1.75m	0.2	8
1.75m(0.2) PASS PASS PASS PASS PASS				

**W30 Triple Jump**

Name	Age Team	Finals	Wind	Points
1 # 847 Sanner, Breanna	W32 Unattached	12.47m	1.6	8
12.08m(1.8) 12.37m(2.0) 12.47m(1.6) 12.46m(1.5) FOUL(0.5) 12.26m(1.1)				

**W35 Triple Jump**

35 USATF: # 12.41m

35 WMA: R 14.65m

Name	Age Team	Finals	Wind	Points
1 # 296 Fix, Amy	W37 Unattached	10.10m	1.8	8
9.96m(2.0) 10.08m(3.0) FOUL(2.6) 10.10m(1.8) 10.02m(1.5) 10.06m(1.1)				

**W40 Triple Jump**

40 USATF: # 11.36m

40 WMA: R 14.06m

Name	Age Team	Finals	Wind	Points
1 # 384 Hamay, Marie	W42 Decathlete.com	7.42m	1.0	8
FOUL(2.2) 7.42m(1.0) PASS PASS PASS PASS				

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****W45 Triple Jump**

45 USATF: # 10.80m

45 WMA: R 12.30m

Name	Age Team	Finals	Wind	Points
1 # 136 Cane, Debra	W45 So Cal Track Club	6.72m	1.7	8
FOUL(1.2) 6.16m(2.0) 6.65m(2.2) 6.49m(1.1) 6.72m(1.7) 6.69m(0.2)				
2 # 461 Ingles, Penelope	W45 Potomac Vall	5.85m	2.2	6
FOUL(1.4) FOUL(3.0) 5.31m(2.2) 5.85m(2.2) 5.66m(1.4) 5.69m(1.8)				

**W50 Triple Jump**

50 USATF: # 10.49m

50 WMA: R 11.66m

Name	Age Team	Finals	Wind	Points
1 # 50 Battle, Tracey	W54 Potomac Vall	9.20m	1.7	8
FOUL(1.6) 9.20m(1.7) 9.13m(2.3) 9.12m(1.7) 9.17m(0.5) 8.91m(1.3)				
2 # 973 Tolman, Penny	W53 Unattached	7.53m	0.3	6
7.51m(1.6) 7.12m(1.4) FOUL(2.4) 7.46m(1.9) 7.46m(1.4) 7.53m(0.3)				
3 # 811 Reblin, Kelly	W50 Unattached	6.82m	1.3	4
6.61m(1.4) 6.82m(1.3) 6.46m(1.8) FOUL FOUL PASS				

**W55 Triple Jump**

55 USATF: # 10.49m

55 WMA: R 10.97m

Name	Age Team	Finals	Wind	Points
1 # 475 Jakstiene, Nering	W57 Unattached	10.20m	0.2	8
10.05m(2.2) 9.84m(1.7) FOUL(2.8) 10.20m(0.2) 9.98m(0.1) 10.20m(1.4)				
2 # 411 Hedges, Jennifer	W56 Joy's Jackra	9.44m	1.9	6
9.14m(1.6) 8.98m(2.0) FOUL(2.4) 9.44m(1.9) 9.32m(2.5) 9.07m(1.6)				
3 # 655 Meierhenry, Mary	W56 Unattached	7.50m	3.2	4
7.38m(2.5) 7.29m(2.4) 7.50m(3.2) 7.44m(1.6) 7.38m(1.7) 7.15m(1.0)				
4 # 1004 Ware, Caren	W59 Cal Coast Tr	7.07m	2.7	3
FOUL(2.1) 6.85m(2.0) 7.07m(2.7) 6.96m(2.2) FOUL(1.3) 6.66m(1.6)				

**W60 Triple Jump**

60 USATF: # 9.63m

60 WMA: R 11.04m

Name	Age Team	Finals	Wind	Points
1 # 226 DeHaven, Deborah	W62 Philadelphia	6.88m	0.2	8
6.39m(0.3) 6.56m(1.0) 6.51m(0.5) 6.86m(1.0) 6.88m(0.2) 6.68m(1.5)				
2 # 546 *Lauridsen, Susan	W63 Canada	X6.76m	0.1	
6.49m(0.8) 6.32m(0.3) 6.75m(0.8) 6.71m(0.6) 6.72m(1.5) 6.76m(0.1)				
3 # 722 Nettland, Laura	W60 Lincoln Track Club	3.52m	1.2	6
3.23m(+0.0) 3.12m(1.3) 3.42m(1.4) 3.42m(1.4) 3.33m(0.5) 3.52m(1.2)				

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****W65 Triple Jump**

65 USATF: # 8.53m

65 WMA: R 9.81m

Name	Age Team	Finals	Wind	Points
1 # 341 Glynn, Kay	W68 Unattached	8.05m	+0.0	8
8.00m(1.0) 7.86m(0.6) 7.97m(1.4) 8.05m(+0.0) 7.82m(+0.0) 7.99m(+0.0)				
2 # 182 Cohn, Linda	W68 SC Striders	7.36m	1.0	6
7.08m(0.9) 7.36m(1.0) 7.15m(0.9) 7.19m(0.5) PASS PASS				
3 # 576 Lowery, Linda	W69 Unattached	7.18m	0.7	4
7.07m(1.3) 6.98m(0.1) 7.01m(1.1) 7.18m(0.7) 7.03m(+0.0) 7.18m(1.0)				
4 # 783 Phillips, Hannah	W69 Potomac Vall	6.48m	1.6	3
6.48m(1.6) 6.39m(1.6) FOUL(1.3) 5.93m(0.8) 6.12m(+0.0) FOUL(0.4)				
5 # 1050 Zukas, Donna	W65 Unattached	5.16m	+0.0	2
FOUL(0.9) 4.49m(+0.0) 4.72m(0.3) 4.67m(0.8) 4.65m(0.2) 5.16m(+0.0)				

**W70 Triple Jump**

70 USATF: # 8.23m

70 WMA: R 8.98m

Name	Age Team	Finals	Wind	Points
1 # 304 Flynn, Joyce	W74 Unattached	6.17m	1.2	8
5.69m(1.1) 6.17m(1.2) 5.41m(1.0) FOUL(0.5) 5.72m(+0.0) 5.24m(+0.0)				
2 # 936 Steele Matthews,	W72 SC Striders	6.07m	+0.0	6
5.55m(0.7) FOUL(+0.0) 5.89m(+0.0) FOUL(1.0) 5.65m(+0.0) 6.07m(+0.0)				
3 # 1006 Warren, Barbara	W74 Capital City	5.05m	1.4	4
5.05m(1.4) 5.05m(1.2) 4.64m(1.9) 4.53m(0.4) 4.60m(+0.0) PASS				
4 # 980 Trotto, Mary	W74 Tnt Internat	3.50m	1.6	3
3.27m(0.2) 3.47m(1.0) 3.50m(1.6) PASS PASS PASS				

**W75 Triple Jump**

75 USATF: # 7.43m

75 WMA: R 8.19m

Name	Age Team	Finals	Wind	Points
1 # 147 Carter, Ann	W79 Unattached	4.53m	1.4	8
4.35m(1.2) 4.53m(1.4) 4.27m(1.2) 4.24m(NWI) 4.26m(NWI) PASS				

**W85 Triple Jump**

85 USATF: # 5.20m

85 WMA: R 5.50m

Name	Age Team	Finals	Wind	Points
1 # 656 Meiler, Florence	W87 Sprinticity	4.94m	0.8	8
4.82m(1.4) 4.44m(1.5) 4.52m(0.7) 4.94m(0.8) 4.58m(1.0) 4.85m(+0.0)				
2 # 243 Donley, Christel	W86 Colorado Mas	4.60m	1.4	6
4.33m(1.2) 4.24m(1.4) 4.48m(1.5) 4.54m(0.6) 4.60m(1.4) 4.42m(+0.0)				

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****W90 Triple Jump**

90 USATF: # 3.07m

90 WMA: R 4.25m

Name	Age Team	Finals	Wind	Points
1 # 531 Krug, Gloria	W90 Philadelphia	2.85m	0.6	8
2.02m(2.3) 2.56m(2.3) 2.52m(0.1) 2.36m(1.5) 2.48m(1.6) 2.85m(0.6)				

**M30 Triple Jump**

Name	Age Team	Finals	Wind	Points
1 # 459 Illenye Jr., Jose	M34 Unattached	8.34m	0.6	8
6.61m(+0.0) 7.74m(0.7) 7.83m(+0.0) 7.66m(+0.0) 8.15m(0.5) 8.34m(0.6)				

**M35 Triple Jump**

35 USATF: # 16.95m

35 WMA: R 17.92m

Name	Age Team	Finals	Wind	Points
1 # 1047 Young Jr., Terren	M35 Unattached	12.05m	+0.0	8
11.52m(+0.0) 11.32m(+0.0) FOUL 11.26m(0.3) FOUL 12.05m(+0.0)				
2 # 999 Wade, James	M35 Atlanta Track Club	11.61m	0.5	6
11.41m(+0.0) 11.35m(+0.0) 11.57m(+0.0) FOUL 11.61m(0.5) FOUL				

**M40 Triple Jump**

40 USATF: # 16.58m

40 WMA: R 16.93m

Name	Age Team	Finals	Wind	Points
1 # 526 Kortequee, Tamba	M43 Unattached	13.57m	+0.0	8
12.89m(+0.0) 13.04m(+0.0) 13.31m(0.7) 13.57m(+0.0) 12.81m(+0.0) 13.21m(+0.0)				
2 # 574 Lowe Sr., Mario	M41 Unattached	13.56m	0.2	6
12.50m(+0.0) FOUL 13.30m(+0.0) 13.52m(+0.0) 13.56m(0.2) 13.43m(+0.0)				
3 # 915 Smith Jr., Curtis	M40 Unattached	12.75m	+0.0	4
12.15m(+0.0) 12.22m(+0.0) 12.74m(+0.0) FOUL 12.75m(+0.0) 12.44m(+0.0)				
4 # 476 James, Jason	M41 Unattached	12.12m	+0.0	3
11.75m(+0.0) 12.01m(+0.0) 12.11m(+0.0) FOUL 12.12m(+0.0) 12.06m(+0.0)				

**M45 Triple Jump**

45 USATF: # 14.64m

45 WMA: R 15.13m

Name	Age Team	Finals	Wind	Points
1 # 3 Adkins Jr., Lee	M48 Unattached	12.95m	+0.0	8
FOUL 12.70m(+0.0) 12.93m(+0.0) 12.44m(0.5) 12.84m(+0.0) 12.95m(+0.0)				
2 # 314 Franklin, Jonatha	M47 Unattached	10.27m	+0.0	6
10.23m(+0.0) 10.14m(+0.0) 10.03m(+0.0) 9.13m(+0.0) 10.06m(+0.0) 10.27m(+0.0)				
3 # 780 Phan, Derick	M48 So Cal Track Club	9.26m	+0.0	4
9.26m(+0.0) FOUL				

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USATF: # 14.00m

WMA: R 14.44m

Name	Age Team	Finals	Wind	Points
1 # 740 Olaniyan, Ajamu	M51 Top Flight Training	11.82m	1.1	8
11.64m(+0.0) 11.59m(+0.0) 11.82m(1.1)				
2 # 743 Oneal Jr., Ralph	M54 So Cal Track Club	10.30m	+0.0	6
9.99m(1.0) 10.30m(+0.0) FOUL(+0.0)				
3 # 564 *Liew, Waihon	M54 Malaysia	X10.12m	+0.0	
9.93m(1.5) 10.02m(1.4) 10.12m(+0.0) 9.60m(+0.0) 9.87m(0.7) 9.90m(1.0)				
4 # 837 Rucker Jr., Harol	M53 Unattached	9.71m	-0.2	4
FOUL 9.71m(-0.2) 9.61m(+0.0) FOUL FOUL FOUL				
5 # 77 Blackman, Joe	M50 So Cal Track Club	9.09m	0.1	3
9.09m(0.1) 8.77m(+0.0)				
6 # 270 Eksi, Hakan	M51 Unattached	8.09m	+0.0	2
PASS(+0.0) PASS(+0.0) 7.96m(1.1) 8.06m(1.5) 8.07m(+0.0) 8.09m(+0.0)				

**M55 Triple Jump**

USATF: # 13.36m

WMA: R 14.13m

Name	Age Team	Finals	Wind	Points
1 # 753 Palacios, Antonio	M55 Unattached	12.65m	+0.0	8
12.35m(+0.0) FOUL 12.32m(+0.0) 12.60m(+0.0) 12.65m(+0.0) FOUL				
2 # 139 Cannon, Phil	M56 Centennial S	10.99m	0.7	6
10.72m(+0.0) 10.99m(0.7) FOUL(-0.1) FOUL(1.6) FOUL(+0.0) PASS(+0.0)				
3 # 177 Clodfelter, Chet	M57 Unattached	10.34m	+0.0	4
9.37m(-0.6) 9.75m(0.1) 9.76m(+0.0) 10.08m(0.3) 10.17m(+0.0) 10.34m(+0.0)				
4 # 963 Thomas, Ken	M57 Unattached	9.81m	0.5	3
9.00m(+0.0) 8.51m(-0.1) 7.67m(+0.0) 9.81m(0.5) 8.51m(+0.0) 8.58m(+0.0)				
5 # 1046 Young, Mike	M59 Unattached	7.92m	+0.0	2
7.46m(+0.0) 7.47m(0.1) 7.82m(+0.0) FOUL(0.3) 7.74m(+0.0) 7.92m(+0.0)				
6 # 693 Morrow, Art	M57 So Cal Track Club	6.33m	+0.0	1
6.33m(+0.0)				

**M60 Triple Jump**

60 USATF: # 12.51m

60 WMA: R 12.68m

Name	Age Team	Finals	Wind	Points
1 # 391 Hankerson, Brian	M61 So Cal Track Club	10.99m	1.5	8
10.30m(0.2) 10.84m(1.3) 10.45m(+0.0) 10.99m(1.5) 10.73m(2.6) 10.84m(0.1)				
2 # 729 Niroumand, Mahmoud	M64 So Cal Track Club	10.34m	+0.0	6
10.18m(3.3) 10.18m(+0.0) 10.34m(+0.0) PASS PASS PASS				
3 # 49 Battle, Marcus	M62 Potomac Vall	9.68m	+0.0	4
9.68m(+0.0) FOUL(1.0) FOUL(0.4) 8.52m(-0.7) 9.44m(2.6) 9.06m(1.2)				
4 # 773 Peterson, Gary	M60 Unattached	9.05m	0.5	3
8.98m(2.2) FOUL(1.8) 8.49m(1.2) 8.65m(1.1) 9.05m(0.5) FOUL(2.1)				
5 # 632 McDermott, Randy	M62 Kansas City Smoke	7.49m	-0.4	2
7.02m(1.9) 7.39m(0.8) 7.32m(2.7) 7.49m(-0.4) FOUL(1.2) 7.46m(1.2)				
6 # 330 Garzillo, Thomas	M60 Unattached	7.41m	1.3	1
FOUL(+0.0) FOUL(0.8) 6.38m(+0.0) 6.92m(0.3) 7.40m(1.6) 7.41m(1.3)				

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7 # 483 Johnson, Eric M60 So Cal Track Club 6.99m 2.1  
 FOUL(0.6) 6.99m(2.1) FOUL(1.9) 6.98m(+0.0) 6.94m(0.4) 6.90m(0.5)

**M65 Triple Jump**

65 USATF: # 10.84m

65 WMA: R 11.94m

Name	Age Team	Finals	Wind	Points
1 # 911 Smith, Joe	M65 So Cal Track Club	10.55m	1.4	8
10.49m(0.1) 10.55m(1.4) 10.51m(0.9) PASS 10.54m(+0.0) PASS				
2 # 462 Irion, Glenn	M65 Unattached	9.74m	2.2	6
9.60m(+0.0) 9.74m(2.2) PASS PASS PASS PASS				
3 # 678 Moeller, Craig	M65 Unattached	9.29m	1.7	4
9.29m(1.7) 8.38m(+0.0) 9.11m(0.3) PASS PASS PASS				
4 # 919 Snow, Steven	M67 Mass Velocit	8.83m	-0.2	3
8.39m(1.9) FOUL(0.7) FOUL(0.2) 8.55m(0.4) 8.83m(-0.2) PASS				
5 # 75 Black, David	M68 Unattached	7.76m	0.3	2
7.62m(1.2) 7.67m(1.5) 7.76m(0.3) 7.63m(2.4) FOUL(2.0) 7.72m(2.1)				
6 # 647 McLawhorn, David	M66 So Cal Track Club	7.72m	3.1	1
7.72m(3.1) 7.30m(+0.0) 7.66m(+0.0) 7.50m(-0.1) FOUL FOUL				
7 # 796 Price, Larry	M67 Unattached	7.37m	0.4	
7.19m(1.6) 7.37m(0.4) 7.09m(0.3) 6.92m(+0.0) 7.18m(1.1) 7.13m(0.4)				
8 # 970 Tipping, Mike	M68 So Cal Track Club	7.15m	1.4	
7.15m(1.4) 6.96m(1.1) FOUL(+0.0) 6.98m(3.1) 6.89m(1.9) FOUL(1.3)				

**M70 Triple Jump**

USATF: # 10.18m

WMA: R 10.75m

Name	Age Team	Finals	Wind	Points
1 # 76 Black, Ivan	M72 Shore Athletic Club	8.74m	1.7	8
7.76m(0.7) 7.95m(+0.0) 8.31m(0.8) 8.25m(0.8) 8.12m(+0.0) 8.74m(1.7)				
2 # 364 Griffin, William	M70 Unattached	8.59m	0.3	6
8.44m(1.7) FOUL 8.32m(0.7) FOUL 8.36m(+0.0) 8.59m(0.3)				
3 # 261 Dykes, Gene	M73 Greater Phil	7.96m	-0.6	4
7.12m(0.3) 7.01m(0.1) 7.51m(0.3) 7.76m(1.9) 7.79m(0.3) 7.96m(-0.6)				
4 # 301 Flowers II, Carl	M74 So Cal Track Club	7.75m	0.3	3
7.64m(1.0) 7.75m(0.3) FOUL(+0.0) FOUL(0.8) 7.51m(0.7) 7.53m(0.9)				
5 # 328 Garrison, David	M70 Unattached	7.65m	+0.0	2
FOUL(1.1) 6.64m(+0.0) 6.93m(+0.0) 7.65m(+0.0) 7.10m(1.8) 7.62m(+0.0)				
6 # 60 Benedict, Jon	M72 Unattached	5.28m	0.1	1
5.23m(1.5) 5.28m(0.1) 5.19m(+0.0) FOUL(0.7) FOUL(0.8) 5.14m(+0.0)				

**M75 Triple Jump**

75 USATF: # 9.30m

75 WMA: R 10.10m

Name	Age Team	Finals	Wind	Points
1 # 960 Tetzlaff, Harold	M75 Unattached	6.54m	+0.0	8
6.19m(0.5) 6.52m(0.5) FOUL(2.1) 6.54m(+0.0) PASS PASS				
2 # 303 Flynn, Daniel	M75 Unattached	6.48m	0.8	6
5.85m(+0.0) 5.76m(+0.0) 6.22m(+0.0) 6.02m(1.9) 6.11m(1.3) 6.48m(0.8)				



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3 #	1051 Zukas, Robert	M77 Philadelphia	6.32m	1.5	4
	6.01m(+0.0)	6.02m(0.2)	5.64m(-0.0)	6.32m(1.5)	PASS PASS
4 #	91 Booth, Howard	M77 Unattached	6.28m	0.7	3
	5.29m(0.4)	5.94m(0.3)	6.05m(2.1)	5.79m(2.1)	6.28m(0.7) 6.21m(3.3)

**M80 Triple Jump**

80 USATF: # 8.34m

80 WMA: R 9.04m

Name	Age Team	Finals	Wind	Points
1 # 993 Vergin, Roger	M83 Club Northwest	7.02m	+0.0	8
	6.74m(-0.5)	6.94m(0.8)	7.00m(-0.2)	7.02m(+0.0) PASS
2 # 558 LeVasseur, Jerry	M83 New England	5.43m	1.4	6
	4.90m(+0.0)	5.24m(+0.0)	5.43m(1.4)	PASS PASS PASS
3 # 379 Haines, Forrest	M82 Unattached	5.28m	+0.0	4
	5.28m(+0.0) PASS	PASS	PASS	PASS PASS PASS

**M85 Triple Jump**

85 USATF: # 7.78m

85 WMA: R 8.17m

Name	Age Team	Finals	Wind	Points
1 # 477 Jankovich, Willia	M87 Unattached	4.81m	0.9	8
	4.48m(0.7)	4.64m(+0.0)	4.81m(0.9)	4.73m(1.6) PASS

**W30 Shot Put**

Name	Age Team	Finals	Points
1 # 557 Leitner, Ashley	W30 So Cal Track Club	8.89m	8
	8.49m 7.90m 8.89m	8.32m 8.72m 8.62m	

**W35 Shot Put**

35 USATF: # 16.30m

35 WMA: R 21.46m

Name	Age Team	Finals	Points
1 # 1002 Wana, Blair	W38 Gys Track Club	7.57m	8
	6.25m 6.69m 7.49m	6.93m 7.28m 7.57m	

**W40 Shot Put**

40 USATF: # 15.09m

40 WMA: R 19.05m

Name	Age Team	Finals	Points
1 # 508 Kelly, Nicole	W40 Unattached	10.27m	8
	9.89m FOUL FOUL	10.24m 10.27m FOUL	
2 # 748 Owen, Tamara	W44 AZ Desert Throwers	10.21m	6
	9.49m 9.27m 9.54m	10.17m 8.59m 10.21m	
3 # 815 Reinfelds, Kelley	W44 Unattached	9.86m	4
	9.01m 9.48m 9.50m	9.86m 9.81m 9.52m	

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4 #	342 Goff, Deia	W44 U.S. Army	9.23m	3
	FOUL 8.70m 8.02m 9.10m 9.23m 9.22m			
5 #	193 Cooper, Shondra	W40 Unattached	8.54m	2
	8.54m 7.81m 7.60m 7.62m 8.10m FOUL			
6 #	899 Simons, Danielle	W40 Unattached	8.03m	1
	7.61m 7.48m 8.03m 7.28m 7.24m 7.18m			

**W45 Shot Put**

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45 USATF: # 14.50m

45 WMA: R 16.95m

Name	Age Team	Finals	Points
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1 #	424 Herzner, Angela	W46 AZ Desert Throwers	14.39m	8
	13.98m 14.11m 14.32m 13.78m 14.39m FOUL			
2 #	579 Luedke, Lace	W45 Unattached	8.33m	6
	8.33m 7.58m 7.40m 7.02m 7.14m 7.89m			
3 #	461 Ingles, Penelope	W45 Potomac Vall	7.62m	4
	7.40m 7.27m 7.26m 7.50m 7.62m 7.52m			
4 #	401 Harrison, Larissa	W46 Gys Track Club	5.08m	3
	4.86m 4.83m 4.77m 5.08m 4.86m 4.68m			

**W50 Shot Put**

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50 USATF: # 14.65m

50 WMA: R 15.15m

Name	Age Team	Finals	Points
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1 #	376 Haddad, Amy	W54 Joy's Jackra	9.29m	8
	8.91m 9.29m 8.78m 8.68m 8.88m 8.62m			
2 #	248 Douglass, Carol	W52 Arizona Pacemakers	8.53m	6
	7.72m 7.12m 8.53m 7.99m 7.19m 8.23m			
3 #	184 Collier, Andrea	W54 Unattached	7.63m	4
	4.44m 6.26m 7.17m 7.50m 7.21m 7.63m			

**W55 Shot Put**

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55 USATF: # 13.27m

55 WMA: R 14.47m

Name	Age Team	Finals	Points
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1 #	45 *Barrientos, Marc	W56 Chile	X13.32m	
	12.86m 13.32m 13.05m FOUL 13.10m FOUL			
2 #	730 Noguez, Alissa	W58 Unattached	10.21m	8
	10.21m 9.64m 9.79m 10.07m 10.15m 9.94m			
3 #	353 Graff, Lori	W58 Unattached	9.73m	6
	9.65m 9.29m 9.45m 9.73m 9.13m 9.30m			
4 #	143 Carl, Crystal	W58 Texas Throwers Club	9.20m	4
	8.70m 9.20m 8.97m 8.58m 8.71m 8.79m			
5 #	959 Tesdall, Nancy	W57 Unattached	8.07m	3
	7.67m 7.30m 7.79m 7.65m 8.07m 7.58m			

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****W60 Shot Put**

USATF: # 12.58m

WMA: R 13.68m

Name	Age Team	Finals	Points
1 # 560 Lewis, Oneithea	W61 Shore Athletic Club	10.42m	8
FOUL 10.42m 10.35m 9.93m 9.86m 9.90m			
2 # 294 Finsrud, Carol	W64 Texas Throwers Club	9.56m	6
FOUL 9.47m 9.22m 9.56m 9.27m FOUL			
3 # 258 Dunton, Linn	W64 SC Striders	9.35m	4
9.17m 9.23m 9.15m 8.92m 9.35m 8.76m			
4 # 489 *Jolicoeur, Jovet	W61 Canada	X8.95m	
8.32m 8.95m 8.45m 8.61m 8.67m 8.79m			
5 # 507 Kelly, Linda	W61 Unattached	8.48m	3
8.02m 7.52m 7.83m 8.14m 8.48m 7.79m			
6 # 382 Hallen, Susan	W64 Chicagoland	8.39m	2
7.98m 8.16m FOUL FOUL 7.93m 8.39m			
7 # 992 Verdell, Beulah	W62 Eagles Wings	8.32m	1
8.03m 7.56m 7.75m 8.32m 7.67m 8.30m			
8 # 722 Nettland, Laura	W60 Lincoln Track Club	7.80m	
6.56m 7.80m 6.76m 6.94m 7.48m 7.60m			
9 # 124 Budweg, Greta	W62 Potomac Vall	6.25m	
6.15m 6.25m 5.74m			

**W65 Shot Put**

65 USATF: # 11.15m

65 WMA: R 13.36m

Name	Age Team	Finals	Points
1 # 182 Cohn, Linda	W68 SC Striders	8.37m	8
8.16m 8.37m 8.32m 7.93m FOUL 7.45m			
2 # 835 Rowe, Linda	W69 Unattached	8.10m	6
7.74m 7.95m 8.07m 7.98m 7.82m 8.10m			
3 # 283 Faller, Suzanne	W69 Philadelphia	7.83m	4
7.45m 7.83m 7.05m 7.15m 7.23m 7.39m			
4 # 1014 Welding, Ruth	W65 Chicagoland	7.64m	3
6.85m 7.46m 7.53m 7.64m 7.24m 7.38m			
5 # 13 *Amerongen, Loret	W67 Canada	X6.36m	
6.36m 6.17m 6.08m 6.04m 5.62m 6.11m			
6 # 908 Smith, Darcy	W66 AZ Desert Throwers	6.15m	2
5.12m 5.73m 6.05m 6.06m 6.15m 5.78m			

**W70 Shot Put**

70 USATF: # 10.27m

70 WMA: R 11.02m

Name	Age Team	Finals	Points
1 # 661 Mensey, Myrle	W72 Throwing and	8.35m	8
8.27m 8.35m FOUL 8.18m 8.28m 7.80m			
2 # 403 Hartzler, Mary	W72 Unattached	7.97m	6
7.67m 7.60m 7.77m 7.55m 7.97m 7.84m			
3 # 1006 Warren, Barbara	W74 Capital City	6.60m	4
6.09m 5.80m 6.39m 6.53m 6.41m 6.60m			

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4 #	980 Trotto, Mary	W74 Tnt Internat	5.80m	3
	5.58m 5.31m 5.72m 5.42m 5.80m			
5 #	269 Edwards, Sandra	W73 Unattached	5.60m	2
	5.60m FOUL 4.94m 5.13m 5.06m 5.16m			
6 #	358 Green, Martha	W70 Unattached	5.56m	1
	5.56m 5.02m 5.00m 5.04m 5.44m 5.01m			

**W75 Shot Put**

75 USATF: # 8.90m

75 WMA: R 12.12m

Name	Age Team	Finals	Points
1 # 802 Raham, Sharon	W75 Colorado Mas	7.11m	8
	6.94m 7.11m 6.91m 6.94m 7.06m 7.11m		
2 # 801 Radle, Catherine	W77 Atlanta Track Club	6.88m	6
	6.39m 6.40m 6.48m 6.73m 6.88m 6.23m		
3 # 826 Robinson, Mary	W79 Unattached	6.65m	4
	6.60m 5.84m 6.23m 6.12m 6.47m 6.65m		
4 # 285 Farmer, Josephine	W77 Atlanta Track Club	6.27m	3
	5.29m 5.22m 5.59m 6.27m 5.40m 6.19m		
5 # 932 Staab, Angela	W78 Piedmont Pac	4.70m	2
	4.57m 4.57m 4.00m 4.70m 4.69m 4.46m		

**W80 Shot Put**

80 USATF: # 9.41m

80 WMA: R 10.07m

Name	Age Team	Finals	Points
1 # 605 Marriott, Joanne	W82 Colorado Mas	6.24m	8
	5.59m 5.84m 6.24m 5.70m 5.54m 5.37m		
2 # 368 Guardino, Louise	W80 Piedmont Pac	6.21m	6
	5.35m 5.03m 5.31m 6.21m 5.58m 5.98m		

**W85 Shot Put**

85 USATF: # 6.91m

85 WMA: R 7.97m

Name	Age Team	Finals	Points
1 # 656 Meiler, Florence	W87 Sprinticity	6.27m	8
	5.49m 5.69m 5.62m 5.62m 5.97m 6.27m		

**W90 Shot Put**

90 USATF: # 5.63m

90 WMA: R 6.25m

Name	Age Team	Finals	Points
1 # 531 Krug, Gloria	W90 Philadelphia	5.73m#	8
	5.37m 5.73m 5.39m 5.26m 5.42m PASS		

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****M30 Shot Put**

Name	Age Team	Finals	Points
1 # 844 Samuels, Kevin	M32 Atlanta Track Club	9.78m	8
7.50m 9.34m FOUL 8.34m 9.78m FOUL			

**M35 Shot Put**

Name	Age Team	Finals	Points
35 USATF: # 22.19m			
35 WMA: R 22.19m			
1 # 454 Huhta, Devin T	M36 Golden State	14.38m	8
FOUL 14.14m FOUL FOUL 14.03m 14.38m			
2 # 297 Fix, Nicholas	M38 Unattached	10.01m	6
10.01m 9.59m 9.89m FOUL 9.61m 9.82m			

**M40 Shot Put**

Name	Age Team	Finals	Points
40 USATF: # 21.41m			
40 WMA: R 21.41m			
1 # 595 Maltby Sr., Matth	M40 Unattached	13.82m	8
13.74m FOUL 13.54m FOUL 13.59m 13.82m			
2 # 875 Scutt, Steed	M41 Unattached	11.99m	6
11.66m 11.67m 11.78m 11.99m 11.76m 11.64m			
3 # 123 Buckler, Chris	M43 Unattached	10.10m	4
9.88m FOUL 10.10m 8.94m 9.81m 9.17m			
4 # 745 Osborne, Richard	M43 Unattached	7.36m	3
7.36m 7.21m 6.68m 6.53m 6.98m 6.96m			

**M45 Shot Put**

Name	Age Team	Finals	Points
45 USATF: # 16.83m			
45 WMA: R 20.77m			
1 # 953 Szawranskyj, Paul	M48 Unattached	12.08m	8
12.08m 11.34m 11.84m 11.61m 11.46m FOUL			
2 # 522 Knudson, Adam	M46 Unattached	9.74m	6
9.36m 9.23m 9.53m 9.74m 9.48m 9.74m			
3 # 386 Hamilton, Matt	M48 Unattached	8.56m	4
8.56m 7.32m FOUL 7.92m 8.04m 7.96m			

**M50 Shot Put**

Name	Age Team	Finals	Points
50 USATF: # 17.08m			
50 WMA: R 18.63m			
1 # 653 Mears, Brad	M50 Unattached	15.71m	8
14.52m FOUL 15.54m 15.44m 15.71m FOUL			
2 # 192 Cooper, Cary	M52 Unattached	13.89m	6
13.41m 13.03m 13.89m 13.02m 13.60m 13.54m			

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3 #	183 Cole, Eric	M51 Texas Throwers Club	13.72m	4
	13.00m 13.64m FOUL FOUL 13.72m 13.39m			
4 #	59 Bellrichard, Troy	M54 Team R.E.D.	13.70m	3
	13.70m 13.28m 12.88m 12.88m 12.61m 13.28m			
5 #	955 Taylor, P. Mark	M54 Unattached	11.04m	2
	9.55m 10.47m 9.34m 11.04m 9.41m 9.72m			
6 #	511 Kennedy, Paul	M54 Unattached	10.84m	1
	10.84m FOUL 10.46m 10.56m 10.20m FOUL			
7 #	514 Kimani, James	M51 Unattached	10.26m	
	9.66m 10.07m 10.26m 10.11m 10.08m 10.26m			

**M55 Shot Put**

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55 USATF: # 16.23m

55 WMA: R 17.50m

Name	Age Team	Finals	Points
1 # 762 Patterson, James	M58 Unattached	16.26m#	8
	14.84m 15.49m 15.75m 15.22m 15.08m 16.26m		
2 # 188 Cook, Bruce	M59 Unattached	13.30m	6
	13.24m 13.30m 13.06m 12.76m 12.73m 12.63m		
3 # 586 MacDonald, Craig	M56 So Cal Track Club	13.21m	4
	11.76m 13.21m 12.86m 13.08m 11.87m 12.66m		
4 # 714 Muse, Steven	M55 Rogue Valley	13.19m	3
	12.25m 13.19m 13.08m FOUL 12.42m FOUL		
5 # 144 Carl, John	M59 Texas Throwers Club	11.75m	2
	11.68m 11.75m 11.30m 11.43m 11.24m 11.10m		
6 # 72 Bickel, David	M55 AZ Desert Throwers	11.18m	1
	10.16m FOUL 11.07m 11.05m 11.18m 11.02m		
7 # 1046 Young, Mike	M59 Unattached	8.55m	
	FOUL 8.28m 7.98m 8.40m 8.15m 8.55m		

**M60 Shot Put**

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60 USATF: # 17.38m

60 WMA: R 18.37m

Name	Age Team	Finals	Points
1 # 278 Eriksson, Scott	M60 Unattached	16.22m	8
	16.22m FOUL FOUL 16.05m FOUL 16.04m		
2 # 20 Arello Jr., Rober	M62 Twilight Throwers	13.60m	6
	12.72m 13.02m 13.12m 13.32m 13.60m FOUL		
3 # 145 Carlson, Tom	M63 Texas Throwers Club	13.41m	4
	11.40m 13.41m 12.28m 13.12m 13.19m 12.79m		
4 # 87 Boldon, Michael	M63 Unattached	13.00m	3
	12.21m 13.00m 12.37m 12.71m 12.09m FOUL		
5 # 636 McDonnell, Michae	M62 Unattached	12.12m	2
	12.08m 12.10m 11.90m 11.86m 12.12m 11.91m		
6 # 275 Ellis, Ken	M63 Unattached	10.73m	1
	FOUL FOUL FOUL 10.73m FOUL FOUL		

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****M65 Shot Put**

65 USATF: # 16.66m

65 WMA: R 16.66m

Name	Age Team	Finals	Points
1 # 975 Torbert, Quenton	M69 So Cal Track Club	15.20m	8
14.65m 15.20m 14.21m 13.89m 13.73m 15.08m			
2 # 720 Nespoli, John	M66 Unattached	12.79m	6
12.65m 12.62m 12.79m 12.59m 12.58m 12.72m			
3 # 492 Jones, Roland	M66 Throws & Jum	12.15m	4
11.79m 12.08m FOUL 11.81m 12.15m FOUL			
4 # 100 Brandt, David	M67 Unattached	11.81m	3
11.58m 11.81m 11.09m FOUL FOUL FOUL			
5 # 262 Easley, Ricky	M67 Waterloo T&F Club	10.59m	2
10.50m 10.00m 9.88m 10.47m 10.39m 10.59m			
6 # 439 Hoffman, Nicky	M68 Unattached	10.05m	1
9.29m 9.51m 9.10m FOUL FOUL 10.05m			
7 # 234 *Dirkin, Guy	M68 Great Britai	X9.74m	
9.16m 9.44m 8.96m 9.35m 9.61m 9.74m			
8 # 1009 Watson, Richard	M68 AZ Desert Throwers	9.04m	
8.63m 8.64m 8.84m 9.04m 8.87m 9.03m			

**M70 Shot Put**

70 USATF: # 15.42m

70 WMA: R 15.89m

Name	Age Team	Finals	Points
1 # 704 Muller, Tim	M71 AZ Desert Throwers	13.14m	8
12.97m 12.38m 12.55m 12.96m FOUL 13.14m			
2 # 593 Malin, James	M70 Unattached	12.72m	6
11.97m 12.18m 12.10m FOUL 12.72m 12.40m			
3 # 153 Cederblad, Tim	M70 Chicagoland	12.67m	4
11.64m FOUL 12.13m 12.67m 12.09m FOUL			
4 # 406 Hauser, Patrick	M70 Unattached	12.38m	3
11.67m 11.72m 11.62m 12.38m 11.95m 11.78m			
5 # 863 Schroeder, Don	M70 Texas Throwers Club	10.96m	2
10.39m 10.96m 10.79m 10.69m 10.64m 10.39m			
6 # 708 Murphy, George	M71 Unattached	10.84m	1
10.31m 10.46m 10.84m 10.59m 10.77m 10.67m			
7 # 208 Cyphers, Craig	M71 Philadelphia	10.07m	
9.14m 9.12m 10.07m 8.82m 9.57m 9.14m			

**M75 Shot Put**

75 USATF: # 13.41m

75 WMA: R 14.24m

Name	Age Team	Finals	Points
1 # 405 Harvey, William	M75 Unattached	12.77m	8
12.66m 12.77m FOUL FOUL FOUL 12.63m			
2 # 956 Ten Eyck Jr., Tho	M76 Unattached	10.70m	6
10.13m 10.15m 9.98m 10.42m 10.70m FOUL			
3 # 594 Maltby Sr., Bob	M75 Unattached	8.29m	4
FOUL 8.08m 8.18m FOUL 8.29m 8.19m			

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****....M75 Shot Put**

4 #	767 Pearce, James	M76 Potomac Vall	7.51m	3
	7.19m 7.51m 7.17m 6.96m 7.47m FOUL			
5 #	90 Bookin-Weiner, Je	M75 Potomac Vall	5.93m	2
	5.93m			

**M80 Shot Put**

80 USATF: # 13.82m

80 WMA: R 13.98m

Name	Age Team	Finals	Points
1 # 218 Davies, George	M80 Unattached	10.80m	8
	10.80m FOUL 10.52m 9.54m 10.48m 10.72m		
2 # 535 La Barge, Peter	M82 Texas Throwers Club	10.32m	6
	10.32m 10.18m 9.94m 10.21m 9.67m 10.12m		
3 # 379 Haines, Forrest	M82 Unattached	9.62m	4
	9.62m 8.75m 9.23m 9.07m 6.91m 9.36m		
4 # 671 Miller Sr., Donal	M84 Unattached	8.87m	3
	8.46m FOUL 8.64m 8.66m 8.78m 8.87m		

**M85 Shot Put**

85 USATF: # 11.48m

85 WMA: R 11.94m

Name	Age Team	Finals	Points
1 # 888 Shipp, Phillip	M86 Unattached	11.11m	8
	10.70m 10.94m 10.63m 11.11m 10.95m 10.84m		
2 # 598 Manning, John	M85 Unattached	10.14m	6
	10.14m 9.85m 9.98m 9.67m 9.51m 9.60m		
3 # 838 Ruebush, Kenneth	M85 Unattached	9.27m	4
	9.27m 9.04m 9.22m 9.26m 9.12m 8.97m		
4 # 220 Davis, Sid	M86 Atlanta Track Club	8.09m	3
	8.09m 7.93m 7.60m 8.03m FOUL 7.81m		
5 # 512 Kent, Ed	M87 Snake River	7.82m	2
	7.46m 7.82m 7.72m 7.74m 7.12m 7.63m		

**M90 Shot Put**

90 USATF: # 9.58m

90 WMA: R 9.89m

Name	Age Team	Finals	Points
1 # 244 Donley, Jerry	M91 Unattached	5.45m	8
	5.14m 5.45m 5.42m 5.14m 4.32m		

**W25-29 Discus Throw**

Name	Age Team	Finals	Points
1 # 760 Pasko, Amanda	W25 Boston-North	23.96m	8
	19.19m FOUL 23.96m 19.89m		



**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****W35 Discus Throw**

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35 USATF: # 69.17m

35 WMA: R 69.60m

Name	Age Team	Finals	Points
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1 # 1002 Wana, Blair	W38 Gys Track Club	17.80m	8
16.99m 17.80m 16.66m 13.33m 16.71m	FOUL		

**W40 Discus Throw**

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40 USATF: # 52.44m

40 WMA: R 67.89m

Name	Age Team	Finals	Points
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1 # 748 Owen, Tamara	W44 AZ Desert Throwers	27.76m	8
25.02m 25.21m 26.67m 27.76m 27.21m	FOUL		
2 # 815 Reinfelds, Kelley	W44 Unattached	27.56m	6
22.96m 22.94m 27.56m	FOUL 24.64m 24.89m		
3 # 384 Hamay, Marie	W42 Decathlete.com	23.44m	4
FOUL 15.35m 20.29m 20.08m	FOUL 23.44m		
4 # 899 Simons, Danielle	W40 Unattached	19.22m	3
18.44m 19.08m 17.05m 18.94m	FOUL 19.22m		

**W45 Discus Throw**

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45 USATF: # 50.85m

45 WMA: R 64.09m

Name	Age Team	Finals	Points
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1 # 424 Herzner, Angela	W46 AZ Desert Throwers	40.06m	8
33.53m 39.06m 37.80m	FOUL 40.06m 38.90m		
2 # 461 Ingles, Penelope	W45 Potomac Vall	20.01m	6
17.73m 20.01m 18.28m 17.07m 16.35m 14.37m			
3 # 136 Cane, Debra	W45 So Cal Track Club	15.55m	4
14.74m	FOUL 13.16m 15.55m		

**W50 Discus Throw**

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50 USATF: # 45.67m

50 WMA: R 46.11m

Name	Age Team	Finals	Points
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1 # 994 Vernor, Kim	W52 Unattached	29.82m	8
25.31m 27.04m 28.46m 29.82m 26.13m 29.31m			
2 # 167 Chiu-Pinheiro, Cy	W52 Unattached	21.76m	6
21.76m 17.55m	FOUL 21.13m 18.57m 19.40m		
3 # 248 Douglass, Carol	W52 Arizona Pacemakers	16.36m	4
FOUL 15.41m 16.25m 16.34m 16.36m 15.21m			
4 # 184 Collier, Andrea	W54 Unattached	16.11m	3
12.48m 15.52m	FOUL FOUL 16.11m 14.99m		

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****W55 Discus Throw**

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55 USATF: # 40.39m

55 WMA: R 43.36m

Name	Age Team	Finals	Points
1 # 45 *Barrientos, Marc	W56 Chile	X36.66m	
36.01m 35.98m FOUL 35.54m 36.66m 35.84m			
2 # 730 Noguez, Alissa	W58 Unattached	29.12m	8
FOUL 28.82m 28.41m 27.65m 29.12m 28.76m			
3 # 353 Graff, Lori	W58 Unattached	22.58m	6
21.97m 19.90m 21.46m 22.58m FOUL 19.68m			
4 # 959 Tesdall, Nancy	W57 Unattached	22.56m	4
21.69m FOUL 22.25m 22.56m 17.79m 17.48m			
5 # 143 Carl, Crystal	W58 Texas Throwers Club	16.41m	3
15.77m 15.12m 16.41m 15.67m FOUL FOUL			

**W60 Discus Throw**

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USATF: # 40.76m

WMA: R 40.76m

Name	Age Team	Finals	Points
1 # 294 Finsrud, Carol	W64 Texas Throwers Club	34.60m	8
34.60m 32.05m 33.14m 33.99m 31.32m 33.87m			
2 # 560 Lewis, Oneithea	W61 Shore Athletic Club	27.51m	6
26.95m 27.49m 27.27m FOUL FOUL 27.51m			
3 # 382 Hallen, Susan	W64 Chicagoland	22.73m	4
21.69m 18.16m FOUL 20.95m 22.73m 22.11m			
4 # 489 *Jolicoeur, Jovet	W61 Canada	X22.52m	
22.52m 21.86m 21.82m 22.09m 21.17m 21.99m			
5 # 258 Dunton, Linn	W64 SC Striders	21.72m	3
21.57m 21.69m 20.51m 21.72m FOUL 20.82m			
6 # 507 Kelly, Linda	W61 Unattached	17.59m	2
15.70m 15.00m 17.59m 17.23m FOUL FOUL			
7 # 124 Budweg, Greta	W62 Potomac Vall	16.58m	1
15.73m 14.85m 14.95m 16.58m 14.85m 15.95m			
8 # 345 Good, Katherine K	W63 Potomac Vall	15.28m	
FOUL 12.62m 15.16m 13.60m 15.28m FOUL			

**W65 Discus Throw**

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65 USATF: # 31.04m

65 WMA: R 37.62m

Name	Age Team	Finals	Points
1 # 182 Cohn, Linda	W68 SC Striders	23.39m	8
19.48m 21.94m 23.39m 20.62m FOUL 19.69m			
2 # 835 Rowe, Linda	W69 Unattached	22.40m	6
21.97m 22.31m 22.40m 21.16m 21.92m FOUL			
3 # 283 Faller, Suzanne	W69 Philadelphia	20.85m	4
18.30m 18.27m 15.31m 20.85m 20.39m 18.76m			
4 # 1014 Welding, Ruth	W65 Chicagoland	20.79m	3
17.03m 18.27m 20.16m 20.47m 20.79m FOUL			
5 # 341 Glynn, Kay	W68 Unattached	18.76m	2
18.74m 17.88m 18.28m 18.16m FOUL 18.76m			

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****....W65 Discus Throw**

6 #	1050 Zukas, Donna	W65 Unattached	16.14m	1
	14.82m 16.14m 15.07m 14.84m FOUL 14.83m			
7 #	908 Smith, Darcy	W66 AZ Desert Throwers	14.52m	
	14.52m FOUL 13.35m 14.16m 14.16m 12.93m			

**W70 Discus Throw**

70 USATF: # 29.07m

70 WMA: R 33.55m

Name	Age Team	Finals	Points
1 # 403 Hartzler, Mary	W72 Unattached	23.19m	8
	22.37m 19.80m 22.32m 20.40m 22.14m 23.19m		
2 # 661 Mensey, Myrle	W72 Throwing and	20.56m	6
	FOUL 20.21m 20.12m FOUL 20.56m 19.42m		
3 # 1006 Warren, Barbara	W74 Capital City	16.05m	4
	15.14m 14.44m 13.42m 16.05m 13.79m 14.16m		
4 # 980 Trotto, Mary	W74 Tnt Internat	13.55m	3
	13.55m 12.96m		
5 # 269 Edwards, Sandra	W73 Unattached	11.77m	2
	11.37m 10.28m 10.64m FOUL 10.65m 11.77m		
6 # 358 Green, Martha	W70 Unattached	11.40m	1
	10.53m 11.40m 9.69m 11.13m FOUL 11.39m		

**W75 Discus Throw**

75 USATF: # 22.38m

75 WMA: R 31.56m

Name	Age Team	Finals	Points
1 # 802 Raham, Sharon	W75 Colorado Mas	16.27m	8
	15.73m 15.73m 16.27m 15.61m 15.82m 16.24m		
2 # 285 Farmer, Josephine	W77 Atlanta Track Club	15.60m	6
	14.77m FOUL 15.60m 12.80m FOUL 12.53m		
3 # 826 Robinson, Mary	W79 Unattached	14.12m	4
	11.75m 12.06m 14.12m 13.19m FOUL 11.22m		
4 # 147 Carter, Ann	W79 Unattached	13.29m	3
	13.29m FOUL 11.51m FOUL 12.09m 10.95m		
5 # 932 Staab, Angela	W78 Piedmont Pac	10.31m	2
	8.70m 10.31m 8.84m 9.64m 10.28m 9.59m		
6 # 460 Ingles, Laura	W75 Potomac Vall	5.78m	1
	5.75m 5.78m 5.36m 4.56m		

**W80 Discus Throw**

80 USATF: # 21.14m

80 WMA: R 26.53m

Name	Age Team	Finals	Points
1 # 68 Bergen, Kathy	W81 SC Striders	17.89m	8
	17.89m 15.45m 16.98m 15.55m FOUL 17.71m		
2 # 368 Guardino, Louise	W80 Piedmont Pac	13.64m	6
	11.97m 11.81m 13.43m 11.69m 13.64m 12.86m		
3 # 605 Marriott, Joanne	W82 Colorado Mas	11.81m	4
	FOUL 10.68m 11.53m 11.81m 11.29m FOUL		

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****W85 Discus Throw**

85 USATF: # 16.51m

85 WMA: R 19.49m

Name	Age Team	Finals	Points
1 # 656 Meiler, Florence	W87 Sprinticity	14.87m	8
14.21m 14.87m 14.36m 14.54m 13.90m 14.73m			
2 # 352 Graf, Tami	W85 Potomac Vall	9.86m	6
FOUL 8.38m 8.40m 9.86m 9.51m 9.22m			

**W90 Discus Throw**

90 USATF: # 12.20m

90 WMA: R 14.80m

Name	Age Team	Finals	Points
1 # 531 Krug, Gloria	W90 Philadelphia	12.77m#	8
12.05m 10.96m 10.71m 12.50m 12.77m 11.85m			

**M25-29 Discus Throw**

Name	Age Team	Finals	Points
1 # 505 Kelley, Henry	M29 Unattached	40.63m	8
FOUL FOUL 38.60m FOUL 40.63m 36.56m			

**M35 Discus Throw**

35 USATF: # 71.24m

35 WMA: R 71.56m

Name	Age Team	Finals	Points
1 # 209 Dahlin, Jon	M39 Multi Minnesota	36.12m	8
34.53m 33.74m 33.29m 36.12m 32.01m 31.94m			
2 # 297 Fix, Nicholas	M38 Unattached	30.30m	6
26.56m 27.56m FOUL 29.74m 28.69m 30.30m			
3 # 999 Wade, James	M35 Atlanta Track Club	27.99m	4
FOUL FOUL FOUL 18.66m FOUL 27.99m			

**M40 Discus Throw**

40 USATF: # 69.48m

40 WMA: R 70.28m

Name	Age Team	Finals	Points
1 # 875 Scutt, Steed	M41 Unattached	34.85m	8
FOUL 31.58m 34.85m 34.20m 33.53m 34.10m			
2 # 148 Carter, Kurt	M43 Freedom-Garm	28.34m	6
24.99m 27.41m 23.18m 28.34m 23.49m 25.28m			
3 # 123 Buckler, Chris	M43 Unattached	25.55m	4
25.55m 23.48m FOUL 23.93m FOUL 24.07m			
4 # 745 Osborne, Richard	M43 Unattached	17.42m	3
FOUL 16.16m 16.61m 16.38m 17.42m 15.64m			

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****M45 Discus Throw**

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45 USATF: # 66.12m

45 WMA: R 66.12m

Name	Age Team	Finals	Points
1 # 953 Szawranskyj, Paul	M48 Unattached	39.69m	8
38.94m 39.69m FOUL 39.53m FOUL 38.83m			
2 # 386 Hamilton, Matt	M48 Unattached	26.13m	6
25.73m FOUL 18.52m FOUL 26.13m 23.60m			
3 # 451 Huff, Josh	M48 Kitsap Flier	19.60m	4
15.49m 19.60m FOUL FOUL 18.65m FOUL			

**M50 Discus Throw**

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USATF: # 62.74m

WMA: R 68.40m

Name	Age Team	Finals	Points
1 # 183 Cole, Eric	M51 Texas Throwers Club	49.38m	8
47.49m FOUL 48.09m FOUL 49.38m FOUL			
2 # 192 Cooper, Cary	M52 Unattached	48.13m	6
45.18m FOUL FOUL 44.07m 48.13m FOUL			
3 # 416 Hennigan, Peter	M51 Unattached	46.11m	4
46.11m FOUL 43.79m 44.67m 43.74m 44.49m			
4 # 59 Bellrichard, Troy	M54 Team R.E.D.	43.99m	3
42.01m 39.80m FOUL 43.99m 40.93m 39.20m			
5 # 511 Kennedy, Paul	M54 Unattached	36.12m	2
33.29m 33.71m 25.51m 34.62m 32.40m 36.12m			
6 # 955 Taylor, P. Mark	M54 Unattached	33.81m	1
29.95m 31.56m 33.81m 29.92m 32.52m 26.14m			
7 # 721 Ness, Jayson	M50 Unattached	27.67m	
26.47m 25.79m 25.39m 27.67m FOUL 26.12m			
8 # 858 Schloot, Andy	M54 Unattached	19.17m	
19.17m FOUL 17.02m 17.44m FOUL 17.31m			

**M55 Discus Throw**

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USATF: # 55.61m

WMA: R 64.58m

Name	Age Team	Finals	Points
1 # 714 Muse, Steven	M55 Rogue Valley	45.74m	8
40.74m 42.56m 45.74m 42.47m 42.10m 44.35m			
2 # 188 Cook, Bruce	M59 Unattached	45.31m	6
41.57m 43.00m 45.31m 42.76m 43.38m 44.09m			
3 # 72 Bickel, David	M55 AZ Desert Throwers	40.90m	4
40.90m FOUL 38.52m FOUL FOUL FOUL			
4 # 586 MacDonald, Craig	M56 So Cal Track Club	40.12m	3
36.12m 37.33m 37.44m 40.12m 36.24m 39.66m			
5 # 348 Gottlieb, Matthew	M57 U.S. Navy	33.84m	2
24.94m 29.45m 31.54m 33.84m 31.13m FOUL			
6 # 144 Carl, John	M59 Texas Throwers Club	33.11m	1
29.67m 29.69m 32.47m FOUL 33.11m 30.48m			
7 # 19 Arata, Michael	M55 Unattached	32.71m	
FOUL 30.48m 31.58m FOUL 32.71m 26.34m			

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****...M55 Discus Throw**

8 # 941 Stewart, Michael M55 Shore Athletic Club 21.22m  
 FOUL 21.22m 20.19m  
 -- # 762 Patterson, James M58 Unattached ND  
 ND ND ND ND ND ND

**M60 Discus Throw**

60 USATF: # 59.60m

60 WMA: R 66.36m

Name	Age Team	Finals	Points
1 # 278 Eriksson, Scott	M60 Unattached	55.81m	8
54.48m FOUL 55.50m FOUL 55.81m 55.13m			
2 # 275 Ellis, Ken	M63 Unattached	47.31m	6
39.65m 44.06m 47.31m 42.76m 45.53m			
3 # 145 Carlson, Tom	M63 Texas Throwers Club	44.43m	4
FOUL 42.40m 44.43m FOUL FOUL 42.00m			
4 # 799 Pugliese, Anthony	M62 Greater Phil	39.21m	3
FOUL 36.77m 38.28m 39.21m 37.29m 37.90m			
5 # 636 McDonnell, Michae	M62 Unattached	35.45m	2
30.41m 31.95m 31.01m 29.68m 35.45m 32.30m			
6 # 18 Anton, Eugene	M63 So Cal Track Club	34.68m	1
32.30m 32.93m 32.44m FOUL 30.15m 34.68m			
7 # 315 Franzen, Jim	M64 Unattached	34.05m	
FOUL 33.79m 34.05m 33.33m FOUL 29.97m			
8 # 343 Gold, G	M61 AZ Desert Throwers	29.96m	
28.99m 27.69m 29.96m 25.07m FOUL FOUL			
9 # 449 *Huarcaya, Luis	M62 Peru	X29.53m	
29.27m 29.53m FOUL			
10 # 1049 Zabee, Paul	M63 Unattached	27.99m	
27.99m FOUL FOUL			

**M65 Discus Throw**

65 USATF: # 54.99m

65 WMA: R 5.95m

Name	Age Team	Finals	Points
1 # 492 Jones, Roland	M66 Throws & Jum	47.14mR	8
43.79m 47.14m 45.12m 44.18m FOUL 44.14m			
2 # 234 *Dirkin, Guy	M68 Great Britai	X46.26mR	
FOUL FOUL 46.26m FOUL 43.72m 44.54m			
3 # 673 Millican, Don	M68 Unattached	39.05mR	6
33.94m 37.67m FOUL 37.01m 39.05m 38.76m			
4 # 439 Hoffman, Nicky	M68 Unattached	28.10mR	4
FOUL 27.89m 27.39m FOUL 28.10m 27.01m			
5 # 1009 Watson, Richard	M68 AZ Desert Throwers	26.10mR	3
FOUL 24.41m FOUL 26.10m 25.54m FOUL			

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****M70 Discus Throw**

70 USATF: # 50.27m

70 WMA: R 55.27m

Name	Age Team	Finals	Points
1 # 704 Muller, Tim	M71 AZ Desert Throwers	42.92m	8
42.92m FOUL 40.70m 40.53m FOUL 38.39m			
2 # 406 Hauser, Patrick	M70 Unattached	40.42m	6
39.39m 39.85m 38.54m 39.55m 40.42m 40.00m			
3 # 863 Schroeder, Don	M70 Texas Throwers Club	35.56m	4
33.08m FOUL 35.43m FOUL 34.10m 35.56m			
4 # 153 Cederblad, Tim	M70 Chicagoland	34.32m	3
33.24m 33.78m 32.32m FOUL 34.32m FOUL			
5 # 742 Olson, Randall	M73 Unattached	29.79m	2
29.79m 28.20m 29.37m FOUL FOUL 28.85m			
6 # 208 Cyphers, Craig	M71 Philadelphia	25.00m	1
25.00m FOUL 24.88m 23.59m FOUL FOUL			

**M75 Discus Throw**

75 USATF: # 43.83m

75 WMA: R 49.21m

Name	Age Team	Finals	Points
1 # 433 Hiney, Bill	M76 Unattached	36.14m	8
33.49m FOUL 34.17m FOUL FOUL 36.14m			
2 # 405 Harvey, William	M75 Unattached	35.96m	6
25.42m 30.95m 33.42m FOUL 31.49m 35.96m			
3 # 956 Ten Eyck Jr., Tho	M76 Unattached	27.58m	4
25.09m FOUL 27.58m FOUL FOUL 23.69m			
4 # 767 Pearce, James	M76 Potomac Vall	22.09m	3
22.09m FOUL 22.02m FOUL 20.01m 21.68m			

**M80 Discus Throw**

80 USATF: # 38.33m

80 WMA: R 40.64m

Name	Age Team	Finals	Points
1 # 218 Davies, George	M80 Unattached	32.66m	8
30.11m 31.22m 31.19m 32.66m FOUL FOUL			
2 # 535 La Barge, Peter	M82 Texas Throwers Club	29.90m	6
28.09m 26.99m 29.26m FOUL 26.54m 29.90m			
3 # 671 Miller Sr., Donal	M84 Unattached	24.30m	4
21.97m 22.33m 24.30m 21.81m FOUL 20.43m			
4 # 379 Haines, Forrest	M82 Unattached	19.68m	3
17.13m FOUL FOUL 14.77m 17.34m 19.68m			

**M85 Discus Throw**

85 USATF: # 30.81m

85 WMA: R 35.92m

Name	Age Team	Finals	Points
1 # 888 Shipp, Phillip	M86 Unattached	26.60m	8
26.60m FOUL 26.32m 25.07m FOUL 25.09m			

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****....M85 Discus Throw**

2 #	838 Ruebush, Kenneth	M85 Unattached	19.75m	6
	FOUL 19.75m	FOUL 18.68m	19.21m	19.75m
3 #	512 Kent, Ed	M87 Snake River	19.59m	4
	18.42m 19.59m	18.45m 15.71m	18.70m	18.74m
4 #	598 Manning, John	M85 Unattached	19.24m	3
	16.93m 17.09m	19.24m 18.51m	15.68m	17.39m
5 #	220 Davis, Sid	M86 Atlanta Track Club	19.16m	2
	18.07m 19.09m	18.46m 18.89m	19.16m	18.16m
6 #	477 Jankovich, Willia	M87 Unattached	17.80m	1
	17.28m 17.80m	17.18m 15.58m	16.71m	15.77m

**M90 Discus Throw**

90 USATF: # 28.49m  
90 WMA: R 28.49m

Name	Age Team	Finals	Points
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1 #	788 Platts, William	M93 Snake River	20.09m	8
	19.98m	20.09m		

**M95 Discus Throw**

95 USATF: # 18.92m  
95 WMA: R 18.92m

Name	Age Team	Finals	Points
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1 #	415 Hemphill, Dixon	M96 Potomac Vall	7.50m	8
	4.90m	7.50m		

**W40 Hammer Throw**

40 USATF: # 57.08m  
40 WMA: R 67.57m

Name	Age Team	Finals	Points
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1 #	748 Owen, Tamara	W44 AZ Desert Throwers	38.39m	8
	38.23m 20.82m	38.39m 36.62m	FOUL	FOUL

**W45 Hammer Throw**

45 USATF: # 56.21m  
45 WMA: R 56.21m

Name	Age Team	Finals	Points
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1 #	424 Herzner, Angela	W46 AZ Desert Throwers	45.82m	8
	42.03m 45.04m	44.27m 42.78m	43.78m	45.82m
2 #	461 Ingles, Penelope	W45 Potomac Vall	31.12m	6
	26.66m 29.75m	FOUL FOUL	29.81m	31.12m



**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****W50 Hammer Throw**

50 USATF: # 55.46m

50 WMA: R 55.46m

Name	Age Team	Finals	Points
1 # 994 Vernor, Kim	W52 Unattached	34.62m	8
FOUL FOUL 31.00m 34.62m 33.29m 34.12m			
2 # 572 Longshore, Kristi	W53 Philadelphia	12.77m	6
12.77m			

**W55 Hammer Throw**

55 USATF: # 49.46m

55 WMA: R 51.30m

Name	Age Team	Finals	Points
1 # 730 Noguez, Alissa	W58 Unattached	35.91m	8
29.39m 30.85m 34.56m FOUL FOUL 35.91m			
2 # 353 Graff, Lori	W58 Unattached	25.80m	6
25.80m 25.65m 25.25m 25.49m 25.38m FOUL			
3 # 959 Tesdall, Nancy	W57 Unattached	25.01m	4
24.15m 22.91m 23.92m 22.47m 25.01m FOUL			
4 # 143 Carl, Crystal	W58 Texas Throwers Club	22.55m	3
22.55m FOUL 18.40m 17.16m 15.16m 21.21m			

**W60 Hammer Throw**

USATF: # 43.54m

WMA: R 46.09m

Name	Age Team	Finals	Points
1 # 560 Lewis, Oneithea	W61 Shore Athletic Club	46.84mR	8
44.12m 43.45m 46.04m 42.58m 46.84m 45.34m			
2 # 294 Finsrud, Carol	W64 Texas Throwers Club	37.90m	6
36.42m 35.98m 33.53m FOUL 37.70m 37.90m			
3 # 382 Hallen, Susan	W64 Chicagoland	33.62m	4
FOUL 32.46m FOUL 30.51m 33.62m 31.68m			
4 # 258 Dunton, Linn	W64 SC Striders	31.86m	3
28.98m 28.31m 31.12m 31.86m 28.48m 28.48m			
5 # 345 Good, Katherine K	W63 Potomac Vall	19.04m	2
19.04m 17.48m FOUL 18.88m 15.87m 16.24m			
6 # 507 Kelly, Linda	W61 Unattached	18.81m	1
FOUL 16.15m 17.12m 15.98m 18.81m 3.90m			

**W65 Hammer Throw**

65 USATF: # 40.21m

65 WMA: R 44.38m

Name	Age Team	Finals	Points
1 # 1014 Welding, Ruth	W65 Chicagoland	31.52m	8
FOUL 31.48m 31.35m 31.43m 31.52m FOUL			
2 # 283 Faller, Suzanne	W69 Philadelphia	22.52m	6
22.52m FOUL FOUL FOUL 21.20m 19.20m			
3 # 835 Rowe, Linda	W69 Unattached	20.24m	4
20.24m 19.93m 20.05m 16.07m 18.63m 18.78m			

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****....W65 Hammer Throw**

4 #	182 Cohn, Linda	W68 SC Striders	19.48m	3
	18.11m 15.93m 18.25m 19.48m 16.30m	FOUL		
5 #	908 Smith, Darcy	W66 AZ Desert Throwers	16.35m	2
	4.03m 16.30m 15.69m 16.35m 15.43m	FOUL		

**W70 Hammer Throw**

70 USATF: # 38.63m

70 WMA: R 39.24m

Name	Age Team	Finals	Points
1 # 661 Mensey, Myrle	W72 Throwing and	34.36m	8
	34.36m FOUL FOUL 33.68m 33.71m FOUL		
2 # 403 Hartzler, Mary	W72 Unattached	30.02m	6
	28.53m 30.02m 26.84m 29.42m 28.75m 27.48m		
3 # 358 Green, Martha	W70 Unattached	19.13m	4
	16.84m 17.84m 18.22m 16.85m 19.13m 17.89m		
4 # 1006 Warren, Barbara	W74 Capital City	16.08m	3
	13.87m 13.52m 14.19m 16.08m 14.22m 13.55m		

**W75 Hammer Throw**

75 USATF: # 30.53m

75 WMA: R 39.64m

Name	Age Team	Finals	Points
1 # 802 Raham, Sharon	W75 Colorado Mas	24.89m	8
	24.69m 24.89m 23.07m FOUL 23.70m FOUL		
2 # 801 Radle, Catherine	W77 Atlanta Track Club	21.50m	6
	FOUL FOUL 19.47m 21.45m 21.50m 20.38m		
3 # 285 Farmer, Josephine	W77 Atlanta Track Club	18.41m	4
	17.56m 18.41m 17.70m 18.36m 18.39m 17.82m		
4 # 932 Staab, Angela	W78 Piedmont Pac	12.63m	3
	FOUL 10.45m 4.30m FOUL 12.63m FOUL		

**W80 Hammer Throw**

80 USATF: # 36.71m

80 WMA: R 37.85m

Name	Age Team	Finals	Points
1 # 605 Marriott, Joanne	W82 Colorado Mas	19.39m	8
	18.16m 17.62m 19.39m 18.43m 18.44m 18.85m		

**W85 Hammer Throw**

85 USATF: # 19.75m

85 WMA: R 26.80m

Name	Age Team	Finals	Points
1 # 656 Meiler, Florence	W87 Sprinticity	17.79m	8
	15.49m 3.84m 15.56m 17.79m 16.11m		
2 # 243 Donley, Christel	W86 Colorado Mas	12.75m	6
	FOUL 12.75m FOUL FOUL 12.58m FOUL		

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****W90 Hammer Throw**

90 USATF: # 14.83m

90 WMA: R 19.62m

Name	Age Team	Finals	Points
1 # 531 Krug, Gloria	W90 Philadelphia	16.62m#	8
10.37m 15.02m 14.66m 16.62m 15.49m 16.25m			

**M25-29 Hammer Throw**

Name	Age Team	Finals	Points
1 # 505 Kelley, Henry	M29 Unattached	50.85m	8
48.69m 50.85m FOUL 50.32m 50.48m FOUL			

**M35 Hammer Throw**

35 USATF: # 82.52m

35 WMA: R 83.62m

Name	Age Team	Finals	Points
1 # 209 Dahlin, Jon	M39 Multi Minnesota	49.46m	8
45.90m 48.02m 47.92m 47.72m 49.46m 48.40m			
2 # 297 Fix, Nicholas	M38 Unattached	37.83m	6
FOUL 37.83m 37.07m FOUL 37.56m FOUL			

**M40 Hammer Throw**

40 USATF: # 75.62m

40 WMA: R 82.23m

Name	Age Team	Finals	Points
1 # 123 Buckler, Chris	M43 Unattached	30.87m	8
30.53m 30.87m 28.74m FOUL 28.45m 28.03m			
2 # 74 Bishop, Justin	M40 Team Utopia South	27.43m	6
27.43m 26.55m 26.54m FOUL FOUL FOUL			

**M45 Hammer Throw**

45 USATF: # 64.70m

45 WMA: R 79.42m

Name	Age Team	Finals	Points
1 # 953 Szawranskyj, Paul	M48 Unattached	46.47m	8
45.30m FOUL 44.64m 45.03m 46.47m 44.79m			
2 # 386 Hamilton, Matt	M48 Unattached	24.80m	6
24.80m 24.49m FOUL FOUL 21.56m PASS			

**M50 Hammer Throw**

50 USATF: # 71.71m

50 WMA: R 73.70m

Name	Age Team	Finals	Points
1 # 183 Cole, Eric	M51 Texas Throwers Club	59.07m	8
55.10m 59.07m FOUL 54.96m 57.67m FOUL			

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****....M50 Hammer Throw**

2 #	511 Kennedy, Paul	M54 Unattached	38.59m	6
	37.23m 37.99m FOUL 38.59m 37.01m 36.92m			
3 #	59 Bellrichard, Troy	M54 Team R.E.D.	36.61m	4
	32.62m 35.68m 35.37m 35.81m FOUL 36.61m			
4 #	112 Brown, Michael	M53 Atlanta Track Club	34.58m	3
	31.57m 30.93m 33.71m 32.59m 34.58m 30.12m			
5 #	955 Taylor, P. Mark	M54 Unattached	23.95m	2
	FOUL 21.73m FOUL FOUL FOUL 23.95m			
6 #	858 Schloot, Andy	M54 Unattached	12.68m	1
	FOUL 11.73m 10.11m 12.62m 12.68m 12.09m			

**M55 Hammer Throw**

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55 USATF: # 67.27m

55 WMA: R 67.27m

Name	Age Team	Finals	Points
1 # 72 Bickel, David	M55 AZ Desert Throwers	47.59m	8
	44.16m 46.00m 46.87m 47.59m 46.81m 47.35m		
2 # 188 Cook, Bruce	M59 Unattached	41.61m	6
	39.52m FOUL 39.13m 41.61m FOUL FOUL		
3 # 714 Muse, Steven	M55 Rogue Valley	35.41m	4
	29.30m FOUL FOUL 30.67m 33.08m 35.41m		
4 # 144 Carl, John	M59 Texas Throwers Club	29.49m	3
	26.57m 29.49m 26.72m FOUL 28.60m 27.10m		
5 # 941 Stewart, Michael	M55 Shore Athletic Club	25.31m	2
	21.00m 22.94m 21.19m FOUL FOUL 25.31m		

**M60 Hammer Throw**

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60 USATF: # 61.76m

60 WMA: R 63.32m

Name	Age Team	Finals	Points
1 # 313 Fraker Jr., Tom	M63 Atlanta Track Club	48.58m	8
	47.98m 48.58m FOUL 45.61m 46.45m 47.08m		
2 # 20 Arello Jr., Rober	M62 Twilight Throwers	48.02m	6
	46.68m 46.65m 48.02m 46.16m FOUL 46.06m		
3 # 275 Ellis, Ken	M63 Unattached	40.29m	4
	36.50m 39.06m FOUL FOUL FOUL 40.29m		
4 # 145 Carlson, Tom	M63 Texas Throwers Club	39.73m	3
	FOUL 34.38m FOUL 39.73m FOUL FOUL		
5 # 539 Lambdin, Thomas	M60 Twilight Throwers	36.31m	2
	36.17m 35.86m 36.31m 35.29m FOUL 35.49m		
6 # 827 Roby, Doug	M61 Unattached	29.58m	1
	27.03m 28.91m 27.81m 27.33m 29.58m 27.82m		
7 # 343 Gold, G	M61 AZ Desert Throwers	27.32m	
	24.42m 27.32m 26.58m 26.37m FOUL 27.11m		

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****M65 Hammer Throw**

65 USATF: # 56.32m

65 WMA: R 60.65m

Name	Age Team	Finals	Points
1 # 154 Cedrone, Bob	M66 Twilight Throwers	41.81m	8
41.54m 36.47m 41.81m	FOUL 41.61m 40.87m		
2 # 234 *Dirkin, Guy	M68 Great Britai	X41.67m	
41.67m	FOUL FOUL FOUL FOUL FOUL		
3 # 492 Jones, Roland	M66 Throws & Jum	38.63m	6
38.63m	FOUL 36.56m 37.65m 37.20m 34.14m		
4 # 1009 Watson, Richard	M68 AZ Desert Throwers	35.26m	4
FOUL 34.41m	FOUL 34.59m 35.26m 33.58m		
5 # 100 Brandt, David	M67 Unattached	34.13m	3
32.10m	FOUL 34.13m 32.47m FOUL 31.78m		

**M70 Hammer Throw**

70 USATF: # 59.04m

70 WMA: R 59.04m

Name	Age Team	Finals	Points
1 # 697 Moss, Ken	M73 Potomac Vall	45.58m	8
42.11m 41.30m 45.58m	FOUL 42.98m 40.80m		
2 # 208 Cyphers, Craig	M71 Philadelphia	40.01m	6
37.70m 35.75m 36.90m	39.22m 40.01m FOUL		
3 # 406 Hauser, Patrick	M70 Unattached	36.61m	4
35.10m 34.76m 36.61m	36.28m 36.38m 35.35m		
4 # 704 Muller, Tim	M71 AZ Desert Throwers	36.47m	3
34.72m 36.47m	FOUL FOUL FOUL 33.75m		
5 # 153 Cederblad, Tim	M70 Chicagoland	35.99m	2
FOUL 34.86m 35.99m	FOUL FOUL 32.66m		
6 # 842 Sager, Bob	M73 Bozeman Track Club	33.98m	1
FOUL 31.54m 31.20m	33.98m 32.66m FOUL		

**M75 Hammer Throw**

75 USATF: # 51.51m

75 WMA: R 51.52m

Name	Age Team	Finals	Points
1 # 615 Mathews, George	M77 Seattle Masters AC	37.68m	8
37.68m	FOUL 36.60m 34.68m 35.08m 36.50m		
2 # 956 Ten Eyck Jr., Tho	M76 Unattached	36.87m	6
FOUL 29.45m 34.45m	FOUL FOUL 36.87m		
3 # 129 Cahners, Robert	M79 Unattached	36.64m	4
33.34m 33.41m 36.05m	18.60m FOUL 36.64m		
4 # 594 Maltby Sr., Bob	M75 Unattached	30.98m	3
29.57m 30.80m 30.98m	FOUL FOUL 29.03m		
5 # 767 Pearce, James	M76 Potomac Vall	25.20m	2
21.21m 20.03m 25.20m	23.70m 23.90m FOUL		

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****M80 Hammer Throw**

80 USATF: # 43.11m

80 WMA: R 50.69m

Name	Age Team	Finals	Points
1 # 535 La Barge, Peter	M82 Texas Throwers Club	40.37m	8
37.53m 39.88m 40.37m 38.90m 36.23m 38.58m			
2 # 445 Hotchkiss, Richar	M82 Unattached	29.40m	6
FOUL 29.40m FOUL 28.91m 28.56m FOUL			
3 # 671 Miller Sr., Donal	M84 Unattached	27.05m	4
26.23m 25.69m 26.12m 26.97m 26.84m 27.05m			
4 # 204 Crawford, Gary	M80 Syracuse Cha	24.33m	3
24.33m 23.78m 24.30m 22.93m 21.45m 23.50m			

**M85 Hammer Throw**

85 USATF: # 33.18m

85 WMA: R 38.93m

Name	Age Team	Finals	Points
1 # 220 Davis, Sid	M86 Atlanta Track Club	24.12m	8
23.43m 22.68m 24.12m 23.21m 22.63m 22.64m			
2 # 477 Jankovich, Willia	M87 Unattached	17.90m	6
17.01m 17.90m 17.36m FOUL 17.37m 17.79m			

**M90 Hammer Throw**

90 USATF: # 27.82m

90 WMA: R 27.82m

Name	Age Team	Finals	Points
1 # 788 Platts, William	M93 Snake River	18.40m	8
FOUL 18.24m FOUL 18.40m PASS PASS			

**W25-29 Javelin Throw**

Name	Age Team	Finals	Points
1 # 760 Pasko, Amanda	W25 Boston-North	33.83m	8
28.99m 31.36m 30.41m 33.23m 33.83m 32.73m			

**W30 Javelin Throw**

Name	Age Team	Finals	Points
1 # 325 Garcea, Tiffany	W34 Unattached	27.19m	8
24.71m 27.19m 26.68m FOUL 25.53m 26.45m			

**W35 Javelin Throw**

35 USATF: # 40.10m

35 WMA: R 68.34m

Name	Age Team	Finals	Points
1 # 441 Holley, Rebecca	W37 U.S. Air Force	34.82m	8
31.70m 28.44m 33.13m 34.82m 34.53m 32.99m			

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****....W35 Javelin Throw**

2 # 178 Cobb, Caroline W39 So Cal Track Club 13.34m 6  
 11.88m 13.34m 13.33m PASS PASS PASS

**W40 Javelin Throw**

40 USATF: # 42.05m

40 WMA: R 61.23m

Name	Age Team	Finals	Points
1 # 508 Kelly, Nicole	W40 Unattached	33.86m	8
33.14m 31.21m 29.61m 30.91m 31.24m 33.86m			
2 # 815 Reinfelds, Kelley	W44 Unattached	29.06m	6
25.95m 27.66m FOUL 24.74m 29.06m 26.59m			
3 # 384 Hamay, Marie	W42 Decathlete.com	24.23m	4
19.59m 18.72m 23.21m 20.69m 24.23m 22.53m			
4 # 342 Goff, Deia	W44 U.S. Army	20.33m	3
FOUL 20.33m 19.92m 19.40m FOUL FOUL			
5 # 748 Owen, Tamara	W44 AZ Desert Throwers	17.53m	2
17.53m FOUL FOUL 15.57m 16.31m FOUL			
6 # 616 Mathews, Jameen	W43 Unattached	15.97m	1
15.97m 14.89m 15.21m 14.92m PASS PASS			
7 # 232 Dietrich, Alex	W42 So Cal Track Club	13.89m	
13.89m FOUL 10.30m 11.15m 11.80m 13.07m			

**W45 Javelin Throw**

45 USATF: # 41.57m

45 WMA: R 50.47m

Name	Age Team	Finals	Points
1 # 424 Herzner, Angela	W46 AZ Desert Throwers	26.50m	8
24.24m 21.47m 25.20m 24.52m 26.50m FOUL			
2 # 813 Reed, LaDonna	W46 Unattached	25.39m	6
24.05m 22.29m 25.39m FOUL 22.63m FOUL			
3 # 136 Cane, Debra	W45 So Cal Track Club	21.97m	4
20.74m 21.97m 20.16m 21.38m 20.32m 20.02m			

**W50 Javelin Throw**

50 USATF: # 43.72m

50 WMA: R 47.53m

Name	Age Team	Finals	Points
1 # 857 Schimek, Durelle	W53 Unattached	41.56m	8
40.17m 38.10m 40.23m 40.85m 41.56m FOUL			
2 # 811 Reblin, Kelly	W50 Unattached	23.96m	6
20.07m 23.96m 20.11m 20.69m 23.67m FOUL			
3 # 376 Haddad, Amy	W54 Joy's Jackra	23.66m	4
19.80m 23.66m 20.62m 21.65m 21.16m 20.33m			
4 # 167 Chiu-Pinheiro, Cy	W52 Unattached	19.59m	3
19.46m 19.59m 17.87m FOUL FOUL 19.48m			

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****W55 Javelin Throw**

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55 USATF: # 40.23m

55 WMA: R 44.44m

Name	Age Team	Finals	Points
1 # 411 Hedges, Jennifer	W56 Joy's Jackra	31.74m	8
31.74m 30.53m 24.98m 28.57m 29.95m 24.75m			
2 # 635 McDonald, Sue	W58 T.H.E. Track Team	30.35m	6
28.99m FOUL FOUL 30.35m 30.26m 25.23m			
3 # 1004 Ware, Caren	W59 Cal Coast Tr	19.06m	4
19.06m FOUL 18.54m FOUL 18.58m FOUL			
4 # 730 Noguez, Alissa	W58 Unattached	18.87m	3
18.87m 18.01m 17.59m 18.33m 18.65m FOUL			
5 # 143 Carl, Crystal	W58 Texas Throwers Club	15.64m	2
14.04m 14.91m 12.22m 13.14m 15.64m 14.24m			
6 # 353 Graff, Lori	W58 Unattached	15.49m	1
15.34m FOUL 14.14m 15.49m 15.41m 12.90m			
7 # 959 Tesdall, Nancy	W57 Unattached	15.07m	
FOUL FOUL 12.81m 15.07m 14.56m 14.25m			

**W60 Javelin Throw**

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USATF: # 37.50m

WMA: R 37.50m

Name	Age Team	Finals	Points
1 # 258 Dunton, Linn	W64 SC Striders	27.32m	8
23.07m 24.83m 24.57m FOUL 27.32m 27.12m			
2 # 294 Finsrud, Carol	W64 Texas Throwers Club	22.30m	6
18.61m 18.83m FOUL 19.52m 22.30m FOUL			
3 # 781 Phelps, Jo	W62 Tnt Internat	18.13m	4
18.13m PASS PASS PASS PASS PASS			
4 # 546 *Lauridsen, Susan	W63 Canada	X17.73m	
17.73m PASS PASS PASS 16.62m 17.40m			
5 # 382 Hallen, Susan	W64 Chicagoland	17.08m	3
FOUL 17.08m 14.33m 16.91m 15.68m 15.26m			
6 # 124 Budweg, Greta	W62 Potomac Vall	16.27m	2
11.68m 16.27m 12.89m FOUL FOUL FOUL			
7 # 507 Kelly, Linda	W61 Unattached	15.52m	1
14.98m FOUL 13.51m 15.52m 14.98m 14.21m			
8 # 992 Verdell, Beulah	W62 Eagles Wings	13.84m	
12.93m 13.84m 13.26m 13.54m FOUL 13.06m			
9 # 345 Good, Katherine K	W63 Potomac Vall	11.99m	
11.99m 9.02m 8.29m			

**W65 Javelin Throw**

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65 USATF: # 37.32m

65 WMA: R 37.32m

Name	Age Team	Finals	Points
1 # 182 Cohn, Linda	W68 SC Striders	31.44m	8
30.02m 31.44m FOUL 30.71m FOUL FOUL			
2 # 283 Faller, Suzanne	W69 Philadelphia	23.89m	6
19.33m 19.55m 18.87m 19.72m 23.89m 22.44m			



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3 #	835 Rowe, Linda	W69 Unattached	21.56m	4
	17.89m 19.71m 18.89m 18.97m 21.56m 20.81m			
4 #	95 Bowman, Tina	W68 SC Striders	20.37m	3
	20.07m FOUL 19.11m 20.27m 20.37m FOUL			
5 #	341 Glynn, Kay	W68 Unattached	19.66m	2
	19.66m 19.32m 18.96m FOUL 18.52m FOUL			
6 #	1050 Zukas, Donna	W65 Unattached	18.24m	1
	FOUL 15.78m FOUL 16.14m FOUL 18.24m			
7 #	13 *Amerongen, Loret	W67 Canada	X12.01m	
	10.65m 12.01m 12.00m PASS PASS PASS			

**W70 Javelin Throw**

70 USATF: # 27.78m  
70 WMA: R 29.03m

Name	Age Team	Finals	Points
1 # 610 Maryott, Sandy	W73 Unattached	20.27m	8
	20.27m 20.09m 17.38m 19.17m 20.15m 15.17m		
2 # 403 Hartzler, Mary	W72 Unattached	19.69m	6
	17.25m 18.50m 19.56m 18.44m 19.59m 19.69m		
3 # 661 Mensey, Myrle	W72 Throwing and	18.63m	4
	17.38m 18.63m FOUL FOUL PASS PASS		
4 # 980 Trotto, Mary	W74 Tnt Internat	13.85m	3
	11.29m 13.85m 10.16m 10.06m 11.99m 10.65m		
5 # 1006 Warren, Barbara	W74 Capital City	11.84m	2
	9.91m 10.51m 11.84m FOUL 10.93m 11.11m		
6 # 358 Green, Martha	W70 Unattached	10.81m	1
	10.56m 10.53m 10.06m 8.35m 10.32m 10.81m		

**W75 Javelin Throw**

75 USATF: # 25.61m  
75 WMA: R 29.92m

Name	Age Team	Finals	Points
1 # 802 Raham, Sharon	W75 Colorado Mas	19.77m	8
	19.77m 18.78m 19.09m 18.99m FOUL 18.60m		
2 # 826 Robinson, Mary	W79 Unattached	14.86m	6
	11.65m 13.48m 13.97m 13.61m 13.90m 14.86m		
3 # 147 Carter, Ann	W79 Unattached	11.02m	4
	8.55m 9.08m 9.87m 9.87m 11.02m 8.55m		
4 # 932 Staab, Angela	W78 Piedmont Pac	8.86m	3
	8.86m 8.73m 8.56m 8.37m 8.05m 8.66m		
5 # 460 Ingles, Laura	W75 Potomac Vall	3.30m	2
	2.68m 3.10m 2.42m 3.00m 3.30m 0.86m		

**W80 Javelin Throw**

80 USATF: # 20.12m  
80 WMA: R 27.51m

Name	Age Team	Finals	Points
1 # 368 Guardino, Louise	W80 Piedmont Pac	12.91m	8
	10.08m 11.52m 12.41m 12.91m 11.03m 11.72m		

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2 # 605 Marriott, Joanne W82 Colorado Mas 10.32m 6  
 9.75m 9.17m 9.49m 10.32m 10.28m 9.92m

**W85 Javelin Throw**

85 USATF: # 18.79m

85 WMA: R 18.96m

Name	Age Team	Finals	Points
1 # 352 Graf, Tami	W85 Potomac Vall	10.09m	8
9.59m 10.09m FOUL	8.69m 9.02m 9.46m		
2 # 656 Meiler, Florence	W87 Sprinticity	9.49m	6
9.49m 8.62m 9.36m	8.88m 7.87m 9.39m		

**W90 Javelin Throw**

90 USATF: # 10.87m

90 WMA: R 15.32m

Name	Age Team	Finals	Points
1 # 531 Krug, Gloria	W90 Philadelphia	11.40m#	8
8.47m 10.98m 10.84m	11.40m 10.51m 10.59m		

**M25-29 Javelin Throw**

Name	Age Team	Finals	Points
1 # 310 Fox, Giles	M27 Unattached	60.63m	8
FOUL 56.04m 56.64m	57.52m 57.09m 60.63m		

**M30 Javelin Throw**

30 WMA: R 48.54m

Name	Age Team	Finals	Points
1 # 171 Clark, Mat	M34 Unattached	52.72mR	8
52.72m 51.49m 50.10m	FOUL PASS PASS		

**M35 Javelin Throw**

35 USATF: # 72.16m

35 WMA: R 92.80m

Name	Age Team	Finals	Points
1 # 297 Fix, Nicholas	M38 Unattached	50.60m	8
50.60m FOUL 50.09m	FOUL 40.13m 42.16m		
2 # 717 Naples, Jeff	M38 Unattached	32.30m	6
32.30m 31.85m 29.01m	30.72m 29.28m 27.63m		

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****M40 Javelin Throw**

40 USATF: # 76.91m

40 WMA: R 85.92m

Name	Age Team	Finals	Points
1 # 148 Carter, Kurt	M43 Freedom-Garm	39.92m	8
39.92m 35.77m 37.05m	FOUL 36.33m FOUL		
2 # 534 Kular, Amandeep	M40 Unattached	38.25m	6
35.39m 38.25m 36.14m	37.01m 33.38m 34.98m		
3 # 915 Smith Jr., Curtis	M40 Unattached	36.49m	4
28.33m FOUL 33.74m	33.51m 33.72m 36.49m		
4 # 976 Torres, Jassiel	M43 Southwest Sp	35.78m	3
32.85m 35.78m 32.52m	35.10m 34.10m 34.98m		
5 # 74 Bishop, Justin	M40 Team Utopia South	35.11m	2
35.11m 34.40m 34.78m	34.60m FOUL FOUL		
6 # 361 Greene, Michael	M42 So Cal Track Club	27.92m	1
17.29m 17.06m 23.47m	21.93m 22.20m 27.92m		

**M45 Javelin Throw**

USATF: # 67.55m

WMA: R 77.15m

Name	Age Team	Finals	Points
1 # 823 Robbins, Josh	M45 Arizona Flam	41.85m	8
41.85m 39.23m 37.60m	39.61m 33.92m 35.66m		
2 # 227 Delisle, Rawle	M46 Southwest Sp	38.92m	6
32.81m 35.00m 37.24m	34.85m 38.92m 34.31m		
3 # 571 Longoria, Joseph	M48 Unattached	36.89m	4
34.75m 35.55m 34.14m	36.89m 35.53m 33.92m		
4 # 386 Hamilton, Matt	M48 Unattached	29.49m	3
26.79m 27.23m 29.49m	27.96m 27.46m 28.26m		
5 # 780 Phan, Derick	M48 So Cal Track Club	28.30m	2
25.50m 27.67m 27.24m	28.30m PASS FOUL		

**M50 Javelin Throw**

USATF: # 70.71m

WMA: R 76.16m

Name	Age Team	Finals	Points
1 # 59 Bellrichard, Troy	M54 Team R.E.D.	44.96m	8
42.38m 44.58m 44.96m	FOUL 42.60m FOUL		
2 # 530 Kruelle, Chuck	M53 Greater Phil	34.29m	6
22.79m 23.54m 31.68m	28.28m 34.29m 29.15m		
3 # 36 Banuelos, Fidel	M54 Portland Mas	33.98m	4
33.98m FOUL 30.54m	FOUL 33.19m 33.52m		
4 # 721 Ness, Jayson	M50 Unattached	32.27m	3
FOUL 27.73m 26.02m	28.50m 30.47m 32.27m		
5 # 329 Gartin, Kent	M51 Unattached	32.22m	2
30.63m 28.18m 32.22m	30.90m 26.13m FOUL		
6 # 822 Risley, Mike	M52 So Cal Track Club	23.63m	1
FOUL 23.63m 22.37m	FOUL 23.43m 13.44m		
7 # 858 Schloot, Andy	M54 Unattached	18.23m	
16.43m 15.90m 17.34m	18.23m 17.81m 17.15m		

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****...M50 Javelin Throw**

-- # 887 \*Shimmi, Akio M50 Japan XND  
 ND ND ND  
 -- # 805 Rancourt, Norman M54 Ambitious N- ND  
 ND ND ND

**M55 Javelin Throw**

USATF: # 66.11m

WMA: R 66.76m

Name	Age Team	Finals	Points
1 # 228 Dennis, Clayton	M59 Mass Velocit	46.96m	8
46.41m 45.52m 46.31m 45.87m 45.24m 46.96m			
2 # 586 MacDonald, Craig	M56 So Cal Track Club	41.73m	6
38.89m 37.85m 41.06m 39.92m 41.73m FOUL			
3 # 927 Sorenson, Wade	M59 Unattached	35.20m	4
34.05m FOUL FOUL 31.68m 35.20m FOUL			
4 # 72 Bickel, David	M55 AZ Desert Throwers	30.49m	3
29.27m FOUL FOUL FOUL 30.02m 30.49m			
5 # 1046 Young, Mike	M59 Unattached	29.40m	2
29.40m 27.33m 24.79m 27.75m FOUL FOUL			
6 # 144 Carl, John	M59 Texas Throwers Club	28.24m	1
28.24m 21.36m 26.81m 27.68m FOUL FOUL			
7 # 693 Morrow, Art	M57 So Cal Track Club	19.16m	
19.16m FOUL FOUL PASS FOUL PASS			

**M60 Javelin Throw**

USATF: # 58.25m

WMA: R 62.47m

Name	Age Team	Finals	Points
1 # 367 Gruenbacher, Kurt	M61 Unattached	45.30m	8
43.12m 41.59m 44.26m 41.79m 43.71m 45.30m			
2 # 145 Carlson, Tom	M63 Texas Throwers Club	44.66m	6
43.04m 42.93m 39.27m 38.72m 41.58m 44.66m			
3 # 729 Niroumand, Mahmou	M64 So Cal Track Club	43.66m	4
42.05m FOUL 43.16m FOUL 43.66m 42.37m			
4 # 219 Davis, Gregory	M64 Unattached	43.62m	3
39.83m 42.09m 38.26m 38.65m 40.93m 43.62m			
5 # 275 Ellis, Ken	M63 Unattached	42.40m	2
39.23m 38.55m 40.41m 38.58m 37.01m 42.40m			
6 # 636 McDonnell, Michae	M62 Unattached	35.29m	1
32.88m 35.29m FOUL 28.78m 34.86m 31.51m			
7 # 483 Johnson, Eric	M60 So Cal Track Club	28.06m	
FOUL FOUL 28.06m 27.52m 28.05m 27.44m			

**M65 Javelin Throw**

USATF: # 57.67m

WMA: R 58.58m

Name	Age Team	Finals	Points
1 # 113 Brown, Michael	M67 Unattached	46.35m	8
41.21m FOUL 43.33m 46.35m 43.50m 44.29m			

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****...M65 Javelin Throw**

2 #	639 McGillen, Matthew	M67 Unattached	36.31m	6
	35.29m 35.64m 34.81m 35.94m 34.94m 36.31m			
3 #	262 Easley, Ricky	M67 Waterloo T&F Club	34.49m	4
	31.31m 34.41m FOUL 33.52m 34.49m 31.93m			
4 #	492 Jones, Roland	M66 Throws & Jum	34.38m	3
	29.94m 33.11m 31.61m 34.38m FOUL FOUL			
5 #	809 Ray, Keith	M69 Unattached	33.82m	2
	32.59m 33.82m 31.51m 32.65m 33.38m 32.55m			
6 #	970 Tipping, Mike	M68 So Cal Track Club	32.62m	1
	29.90m 28.97m 30.85m 28.52m 30.32m 32.62m			
7 #	1009 Watson, Richard	M68 AZ Desert Throwers	30.72m	
	26.18m 27.91m 28.88m 29.19m 28.92m 30.72m			
8 #	779 Pfeiffer, Bob	M65 Unattached	29.89m	
	29.89m 26.92m 29.24m 27.20m PASS PASS			
9 #	439 Hoffman, Nicky	M68 Unattached	22.77m	
	22.77m 21.09m FOUL			

**M70 Javelin Throw**

70 USATF: # 52.23m

70 WMA: R 53.61m

Name	Age Team	Finals	Points
1 # 212 Daniel, John	M70 Texas Throwers Club	46.10m	8
	41.54m 44.64m 45.30m 46.10m 44.35m 42.19m		
2 # 9 Allen, John	M70 Texas Throwers Club	41.57m	6
	41.57m 33.53m 35.22m 28.24m 36.46m FOUL		
3 # 406 Hauser, Patrick	M70 Unattached	38.15m	4
	29.99m 36.69m FOUL 36.81m 38.15m 33.97m		
4 # 323 Gagne, Buzz	M73 Twilight Throwers	37.16m	3
	36.56m 35.14m FOUL 35.72m 37.16m FOUL		
5 # 742 Olson, Randall	M73 Unattached	31.26m	2
	31.26m 30.46m FOUL 30.35m 30.35m FOUL		
6 # 208 Cyphers, Craig	M71 Philadelphia	26.27m	1
	20.74m 25.14m 24.06m 23.40m 26.27m 25.02m		

**M75 Javelin Throw**

75 USATF: # 47.12m

75 WMA: R 47.12m

Name	Age Team	Finals	Points
1 # 660 Menkin, Martin	M75 Unattached	33.39m	8
	31.31m FOUL 31.46m FOUL FOUL 33.39m		
2 # 1051 Zukas, Robert	M77 Philadelphia	31.18m	6
	29.18m FOUL 30.90m 30.52m 28.09m 31.18m		
3 # 1035 Wilson, Ken	M78 Unattached	25.78m	4
	24.81m 25.46m FOUL 25.78m 24.81m 24.66m		
4 # 920 Snyder, Gary	M77 Mass Velocit	19.65m	3
	19.14m 16.95m 19.65m 19.45m 19.60m FOUL		
5 # 767 Pearce, James	M76 Potomac Vall	16.61m	2
	13.63m 16.61m 14.99m FOUL 14.70m 16.12m		

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****M80 Javelin Throw**

80 USATF: # 39.06m

80 WMA: R 45.85m

Name	Age Team	Finals	Points
1 # 535 La Barge, Peter	M82 Texas Throwers Club	34.01m	8
32.50m 31.57m 34.01m 31.20m 33.21m 31.53m			
2 # 671 Miller Sr., Donal	M84 Unattached	27.80m	6
27.31m 27.60m FOUL 26.24m 26.31m 27.80m			
3 # 379 Haines, Forrest	M82 Unattached	16.50m	4
15.61m 13.58m 14.41m 13.21m 16.50m 15.50m			

**M85 Javelin Throw**

85 USATF: # 35.64m

85 WMA: R 35.64m

Name	Age Team	Finals	Points
1 # 888 Shipp, Phillip	M86 Unattached	25.26m	8
FOUL FOUL FOUL FOUL 23.19m 25.26m			
2 # 512 Kent, Ed	M87 Snake River	23.92m	6
23.35m 22.28m 23.92m 23.26m 23.10m FOUL			
3 # 477 Jankovich, Willia	M87 Unattached	20.71m	4
19.33m 18.76m 19.93m 20.71m 19.00m FOUL			
4 # 598 Manning, John	M85 Unattached	19.62m	3
17.74m 15.97m 16.03m 15.73m 19.62m 17.40m			
5 # 21 Arledge, Robert	M88 Unattached	11.62m	2
FOUL FOUL 10.10m 11.62m 11.16m 9.74m			

**M90 Javelin Throw**

90 USATF: # 31.46m

90 WMA: R 31.46m

Name	Age Team	Finals	Points
1 # 788 Platts, William	M93 Snake River	27.81m	8
27.81m PASS PASS PASS PASS PASS			

**W40 Weight Throw**

40 USATF: # 19.09m

40 WMA: R 19.09m

Name	Age Team	Finals	Points
1 # 748 Owen, Tamara	W44 AZ Desert Throwers	13.09m	8
11.43m 12.63m FOUL FOUL 13.09m 12.82m			

**W45 Weight Throw**

45 USATF: # 17.88m

45 WMA: R 17.88m

Name	Age Team	Finals	Points
1 # 424 Herzner, Angela	W46 AZ Desert Throwers	14.23m	8
13.70m 13.44m 14.23m 14.15m 13.61m FOUL			

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****....W45 Weight Throw**

2 # 461 Ingles, Penelope W45 Potomac Vall 8.34m 6  
 FOUL FOUL 5.99m 8.34m 8.19m FOUL

**W50 Weight Throw**

50 USATF: # 18.76m

50 WMA: R 18.76m

Name	Age Team	Finals	Points
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1 # 572 Longshore, Kristi	W53 Philadelphia	5.09m	8
4.73m 5.09m			

**W55 Weight Throw**

55 USATF: # 16.17m

55 WMA: R 17.02m

Name	Age Team	Finals	Points
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1 # 730 Noguez, Alissa	W58 Unattached	10.81m	8
9.63m 10.43m 9.61m FOUL 10.81m 10.51m			
2 # 959 Tesdall, Nancy	W57 Unattached	8.39m	6
8.13m 8.39m FOUL 7.93m 7.21m FOUL			
3 # 353 Graff, Lori	W58 Unattached	7.23m	4
FOUL 7.23m 6.29m 6.72m FOUL FOUL			
4 # 143 Carl, Crystal	W58 Texas Throwers Club	7.13m	3
FOUL 6.28m 6.28m FOUL 7.13m 6.91m			

**W60 Weight Throw**

60 USATF: # 17.78m

60 WMA: R 17.84m

Name	Age Team	Finals	Points
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1 # 560 Lewis, Oneithea	W61 Shore Athletic Club	17.79m#	8
16.70m 15.99m 17.79m FOUL FOUL FOUL			
2 # 294 Finsrud, Carol	W64 Texas Throwers Club	14.01m	6
14.01m 13.47m FOUL FOUL 13.19m 13.85m			
3 # 258 Dunton, Linn	W64 SC Striders	10.87m	4
FOUL FOUL 10.87m 10.18m FOUL 10.35m			
4 # 382 Hallen, Susan	W64 Chicagoland	10.21m	3
FOUL FOUL FOUL 10.21m FOUL FOUL			
5 # 507 Kelly, Linda	W61 Unattached	8.31m	2
8.09m 7.88m 8.16m 8.31m 8.01m FOUL			
6 # 345 Good, Katherine K	W63 Potomac Vall	7.77m	1
7.77m 7.37m FOUL FOUL FOUL 7.08m			

**W65 Weight Throw**

65 USATF: # 17.20m

65 WMA: R 17.34m

Name	Age Team	Finals	Points
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1 # 1014 Welding, Ruth	W65 Chicagoland	12.63m	8
12.63m 12.58m 12.61m 12.39m 12.42m 11.40m			

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****....W65 Weight Throw**

2 #	283 Faller, Suzanne	W69 Philadelphia	9.22m	6
	7.97m 9.20m 9.22m 9.13m 8.39m 9.09m			
3 #	835 Rowe, Linda	W69 Unattached	9.18m	4
	9.13m 8.71m 8.84m 8.94m 9.04m 9.18m			
4 #	182 Cohn, Linda	W68 SC Striders	8.94m	3
	8.34m 8.94m FOUL 8.59m FOUL 8.42m			
5 #	908 Smith, Darcy	W66 AZ Desert Throwers	8.65m	2
	7.92m 8.40m 8.28m 7.84m 8.65m 7.43m			

**W70 Weight Throw**

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70 USATF: # 15.09m

70 WMA: R 15.09m

Name	Age Team	Finals	Points
1 # 661 Mensey, Myrle	W72 Throwing and	13.97m	8
	13.97m 13.62m FOUL 13.48m 13.21m 13.06m		
2 # 403 Hartzler, Mary	W72 Unattached	11.26m	6
	11.18m 10.91m 11.26m FOUL 10.86m FOUL		
3 # 1006 Warren, Barbara	W74 Capital City	7.96m	4
	6.98m 7.10m 6.95m 6.83m 6.71m 7.96m		
4 # 980 Trotto, Mary	W74 Tnt Internat	7.16m	3
	5.88m 6.17m 6.14m 5.50m 6.39m 7.16m		
5 # 358 Green, Martha	W70 Unattached	6.92m	2
	6.29m 6.92m 6.75m 6.69m 6.51m FOUL		

**W75 Weight Throw**

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75 USATF: # 12.03m

75 WMA: R 14.74m

Name	Age Team	Finals	Points
1 # 802 Raham, Sharon	W75 Colorado Mas	10.00m	8
	10.00m 8.24m 9.65m 9.91m FOUL 9.99m		
2 # 801 Radle, Catherine	W77 Atlanta Track Club	8.49m	6
	8.49m 7.69m FOUL FOUL FOUL FOUL		
3 # 826 Robinson, Mary	W79 Unattached	7.62m	4
	7.25m 7.62m 6.92m 7.50m 7.50m 6.49m		
4 # 285 Farmer, Josephine	W77 Atlanta Track Club	6.96m	3
	6.71m 6.70m 6.96m 6.61m FOUL FOUL		
5 # 932 Staab, Angela	W78 Piedmont Pac	6.67m	2
	FOUL 6.67m 5.86m 5.62m 6.48m FOUL		

**W80 Weight Throw**

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80 USATF: # 9.92m

80 WMA: R 12.68m

Name	Age Team	Finals	Points
1 # 605 Marriott, Joanne	W82 Colorado Mas	8.17m	8
	7.53m 7.88m 7.36m 7.52m 7.91m 8.17m		
2 # 368 Guardino, Louise	W80 Piedmont Pac	6.17m	6
	6.17m 5.68m 4.98m 5.55m FOUL 5.81m		



**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****W85 Weight Throw**

85 USATF: # 7.98m

85 WMA: R 9.87m

Name	Age Team	Finals	Points
1 # 656 Meiler, Florence	W87 Sprinticity	7.52m	8
6.92m 7.52m 7.46m	PASS PASS PASS		

**W90 Weight Throw**

90 USATF: # 6.69m

90 WMA: R 8.08m

Name	Age Team	Finals	Points
1 # 531 Krug, Gloria	W90 Philadelphia	7.60m#	8
6.79m 6.89m 7.60m	FOUL FOUL PASS		

**M25-29 Weight Throw**

Name	Age Team	Finals	Points
1 # 505 Kelley, Henry	M29 Unattached	15.44m	8
14.71m FOUL 14.80m	FOUL 15.42m 15.44m		

**M35 Weight Throw**

35 USATF: # 22.48m

35 WMA: R 25.17m

Name	Age Team	Finals	Points
1 # 209 Dahlin, Jon	M39 Multi Minnesota	15.00m	8
14.47m 14.58m 14.35m	15.00m 14.79m 14.80m		
2 # 297 Fix, Nicholas	M38 Unattached	12.39m	6
11.42m 11.95m FOUL	12.39m FOUL 12.37m		

**M40 Weight Throw**

40 USATF: # 18.89m

40 WMA: R 21.66m

Name	Age Team	Finals	Points
1 # 74 Bishop, Justin	M40 Team Utopia South	8.68m	8
FOUL 6.99m 7.51m	8.68m 7.48m PASS		
2 # 123 Buckler, Chris	M43 Unattached	7.97m	6
7.97m 7.76m FOUL	FOUL FOUL FOUL		

**M45 Weight Throw**

45 USATF: # 17.82m

45 WMA: R 20.79m

Name	Age Team	Finals	Points
1 # 953 Szawranskyj, Paul	M48 Unattached	13.55m	8
12.42m 12.93m 13.55m	12.72m FOUL 12.39m		
2 # 386 Hamilton, Matt	M48 Unattached	7.68m	6
FOUL 7.68m 7.48m	7.60m PASS PASS		

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****M50 Weight Throw**

50 USATF: # 24.24m

50 WMA: R 24.24m

Name	Age Team	Finals	Points
1 # 183 Cole, Eric	M51 Texas Throwers Club	19.85m	8
FOUL 19.19m 19.85m 19.06m FOUL 19.77m			
2 # 59 Bellrichard, Troy	M54 Team R.E.D.	13.74m	6
13.74m 12.94m 13.42m 12.70m 12.43m 12.37m			
3 # 511 Kennedy, Paul	M54 Unattached	12.70m	4
12.70m 12.40m FOUL 12.22m FOUL 11.38m			
4 # 112 Brown, Michael	M53 Atlanta Track Club	11.31m	3
9.87m FOUL 11.31m FOUL 11.18m FOUL			
5 # 287 Faulkner, Lee	M52 Decathlete.com	11.11m	2
9.83m 10.45m 9.02m 10.69m 11.11m FOUL			
6 # 955 Taylor, P. Mark	M54 Unattached	9.66m	1
FOUL 9.36m FOUL FOUL FOUL 9.66m			

**M55 Weight Throw**

55 USATF: # 21.73m

55 WMA: R 21.73m

Name	Age Team	Finals	Points
1 # 72 Bickel, David	M55 AZ Desert Throwers	18.26m	8
17.03m 17.17m 17.43m 17.53m 17.56m 18.26m			
2 # 188 Cook, Bruce	M59 Unattached	13.90m	6
13.53m 13.60m 13.90m FOUL FOUL FOUL			
3 # 714 Muse, Steven	M55 Rogue Valley	13.00m	4
13.00m 12.35m 11.60m 12.72m 11.33m 12.83m			
4 # 144 Carl, John	M59 Texas Throwers Club	12.58m	3
10.06m 10.44m FOUL 12.58m 11.36m 10.91m			
5 # 693 Morrow, Art	M57 So Cal Track Club	6.49m	2
4.87m 4.61m 5.58m 5.44m FOUL 6.49m			

**M60 Weight Throw**

60 USATF: # 23.57m

60 WMA: R 24.20m

Name	Age Team	Finals	Points
1 # 313 Fraker Jr., Tom	M63 Atlanta Track Club	19.66m	8
18.93m 19.66m 19.37m FOUL 18.98m 19.43m			
2 # 20 Arello Jr., Rober	M62 Twilight Throwers	17.60m	6
16.48m 17.06m 16.95m 17.60m FOUL FOUL			
3 # 145 Carlson, Tom	M63 Texas Throwers Club	16.03m	4
14.38m 15.91m 14.84m 15.23m 15.36m 16.03m			
4 # 539 Lambdin, Thomas	M60 Twilight Throwers	12.29m	3
10.67m 12.29m 11.80m FOUL 11.09m FOUL			
5 # 827 Roby, Doug	M61 Unattached	11.82m	2
11.82m 11.32m 11.29m 11.11m 11.55m 11.61m			
6 # 343 Gold, G	M61 AZ Desert Throwers	11.14m	1
10.33m 10.56m 10.69m FOUL FOUL 11.14m			

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****M65 Weight Throw**

65 USATF: # 20.18m

65 WMA: R 22.10m

Name	Age Team	Finals	Points
1 # 234 *Dirkin, Guy	M68 Great Britai	X16.53m	
15.13m FOUL 15.42m 16.05m 16.53m FOUL			
2 # 154 Cedrone, Bob	M66 Twilight Throwers	15.24m	8
13.19m 15.03m 14.65m 15.24m FOUL FOUL			
3 # 492 Jones, Roland	M66 Throws & Jum	13.84m	6
12.92m 13.13m FOUL 12.88m 12.80m 13.84m			
4 # 100 Brandt, David	M67 Unattached	12.87m	4
10.80m FOUL 12.57m 12.87m FOUL FOUL			
5 # 1009 Watson, Richard	M68 AZ Desert Throwers	12.40m	3
11.20m 11.61m 11.56m 12.40m			

**M70 Weight Throw**

70 USATF: # 22.33m

70 WMA: R 23.15m

Name	Age Team	Finals	Points
1 # 697 Moss, Ken	M73 Potomac Vall	18.78m	8
FOUL 16.41m 17.89m 18.78m 18.26m 17.97m			
2 # 208 Cyphers, Craig	M71 Philadelphia	16.59m	6
14.06m 12.52m FOUL 16.59m 14.85m 13.74m			
3 # 406 Hauser, Patrick	M70 Unattached	15.06m	4
13.55m FOUL FOUL 15.06m FOUL 13.94m			
4 # 704 Muller, Tim	M71 AZ Desert Throwers	14.89m	3
13.55m 14.77m FOUL 14.21m 14.47m 14.89m			
5 # 153 Cederblad, Tim	M70 Chicagoland	13.80m	2
13.43m FOUL 13.80m 13.43m 13.72m FOUL			
6 # 842 Sager, Bob	M73 Bozeman Track Club	13.18m	1
12.47m 12.10m 12.53m 12.83m 12.41m 13.18m			

**M75 Weight Throw**

75 USATF: # 19.76m

75 WMA: R 20.06m

Name	Age Team	Finals	Points
1 # 956 Ten Eyck Jr., Tho	M76 Unattached	15.40m	8
13.20m 14.56m 14.05m FOUL 15.40m 13.44m			
2 # 615 Mathews, George	M77 Seattle Masters AC	14.10m	6
14.10m 14.05m FOUL FOUL 14.09m FOUL			
3 # 129 Cahners, Robert	M79 Unattached	13.74m	4
13.38m FOUL 13.74m FOUL 12.13m 13.47m			
4 # 594 Maltby Sr., Bob	M75 Unattached	12.51m	3
11.74m 12.26m 12.43m 12.51m 12.34m FOUL			
5 # 767 Pearce, James	M76 Potomac Vall	8.73m	2
8.09m 8.31m FOUL FOUL 8.73m 8.31m			

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****M80 Weight Throw**

80 USATF: # 16.88m

80 WMA: R 19.91m

Name	Age Team	Finals	Points
1 # 535 La Barge, Peter	M82 Texas Throwers Club	14.54m	8
13.86m 13.95m 14.03m FOUL FOUL 14.54m			
2 # 379 Haines, Forrest	M82 Unattached	11.93m	6
FOUL 11.93m FOUL FOUL 9.26m 9.63m			
3 # 671 Miller Sr., Donal	M84 Unattached	11.48m	4
9.93m 9.76m 11.13m 11.17m 11.09m 11.48m			
4 # 445 Hotchkiss, Richar	M82 Unattached	10.77m	3
10.63m FOUL 10.77m FOUL 10.40m 10.47m			
5 # 204 Crawford, Gary	M80 Syracuse Cha	9.43m	2
8.58m 9.43m FOUL FOUL FOUL 8.54m			

**M85 Weight Throw**

85 USATF: # 12.24m

85 WMA: R 16.65m

Name	Age Team	Finals	Points
1 # 888 Shipp, Phillip	M86 Unattached	10.64m	8
10.60m 10.59m 10.64m FOUL FOUL			
2 # 220 Davis, Sid	M86 Atlanta Track Club	8.59m	6
8.59m 8.02m 7.92m FOUL FOUL FOUL			

**M90 Weight Throw**

90 USATF: # 9.91m

90 WMA: R 10.59m

Name	Age Team	Finals	Points
1 # 788 Platts, William	M93 Snake River	8.02m	8
FOUL FOUL FOUL 8.02m			

**M30 200 Meter Dash Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Points
1 # 137 Canner, Josh	M33 Unattached	25.81	1.3	539

**M35 200 Meter Dash Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Points
1 # 1047 Young Jr., Terren	M35 Unattached	24.82	1.3	656
2 # 804 Raisbeck, Greg	M39 Unattached	28.27	1.3	390

**M40 200 Meter Dash Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Points
1 # 148 Carter, Kurt	M43 Freedom-Garm	25.55	1.3	660
2 # 74 Bishop, Justin	M40 Team Utopia South	28.82	1.3	412

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****M45 200 Meter Dash Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Points
1 # 823 Robbins, Josh	M45 Arizona Flam	25.83	1.3	706
2 # 522 Knudson, Adam	M46 Unattached	27.41	1.3	579

**Outdoor Pentathlon: #3 M50 200 Meter Dash Outdoor Pentathlon**

Name	Age Team	Finals	Wind	H#	Points
1 # 329 Gartin, Kent	M51 Unattached	25.89	-0.9	2	772
2 # 530 Kruelle, Chuck	M53 Greater Phil	27.10	0.5	1	673
3 # 4 Aka-Bashorun, Ola	M50 Unattached	27.18	-0.9	2	667
4 # 287 Faulkner, Lee	M52 Decathlete.com	28.47	-0.9	2	569
5 # 514 Kimani, James	M51 Unattached	29.06	-0.9	2	527
6 # 165 Chiles, Michael	M53 Unattached	29.90	0.5	1	469
7 # 721 Ness, Jayson	M50 Unattached	31.81	0.5	1	349
8 # 858 Schloot, Andy	M54 Unattached	42.42	-0.9	2	
9 # 649 McNamara, Jay	M50 Unattached	46.07	0.5	1	

**Outdoor Pentathlon: #3 M55 200 Meter Dash Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Points
1 # 19 Arata, Michael	M55 Unattached	27.74	1.9	698
2 # 800 Raab, Paul	M58 Unattached	28.53	1.9	638
3 # 444 Hood, David	M56 Unattached	29.17	1.9	590
4 # 180 Cockerham IV, How	M58 Unattached	29.49	1.9	568
5 # 643 McKenzie, John	M56 Unattached	32.16	1.9	393
6 # 348 Gottlieb, Matthew	M57 U.S. Navy	35.62	1.9	210
-- # 941 Stewart, Michael	M55 Shore Athletic Club	DNF	1.9	

**M60 200 Meter Dash Outdoor Pentathlon**

Name	Age Team	Finals	Wind	H#	Points
1 # 391 Hankerson, Brian	M61 So Cal Track Club	26.35	3.0	3	887
2 # 729 Niroumand, Mahmoud	M64 So Cal Track Club	29.43	3.0	3	646
3 # 150 Carver, Mark	M61 Greater Phil	29.59	3.0	3	635
4 # 463 Irizarry, Frank	M61 Unattached	31.08	3.0	3	532
5 # 799 Pugliese, Anthony	M62 Greater Phil	31.58	3.0	3	499
6 # 664 Metters, Richard	M61 Unattached	32.66	3.0	3	432

**M65 200 Meter Dash Outdoor Pentathlon**

Name	Age Team	Finals	Wind	H#	Points
1 # 474 Jacquet-Acea, Rus	M68 Unattached	29.61	1.7	1	719
2 # 946 Strickland, Dale	M65 Unattached	30.76	0.7	2	638
3 # 647 McLawhorn, David	M66 So Cal Track Club	31.03	0.7	2	619
4 # 162 Che, Xiling	M66 Unattached	32.50	0.7	2	522
5 # 970 Tipping, Mike	M68 So Cal Track Club	34.01	1.7	1	430
6 # 779 Pfeiffer, Bob	M65 Unattached	34.69	0.7	2	392
7 # 639 McGillen, Matthew	M67 Unattached	42.81	0.7	2	62
8 # 1009 Watson, Richard	M68 AZ Desert Throwers	1:26.73	1.7	1	

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****M70 200 Meter Dash Outdoor Pentathlon**

Name	Age Team	Finals	Wind	H#	Points
1 # 428 Hickman, Dennis	M72 Portland Mas	33.46	1.6	2	558
2 # 742 Olson, Randall	M73 Unattached	36.41	1.6	2	388
3 # 465 Iwen, Gene	M70 Unattached	37.28	1.6	2	344
4 # 928 Speidel, Rod	M72 Unattached	37.38	1.6	2	339
5 # 749 Ozell, Phillip	M71 Atlanta Track Club	40.06	1.6	2	217
-- # 696 Moser, Michael	M71 Unattached	DNF	1.6	2	

**M75 200 Meter Dash Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Points
1 # 816 Reiter, William	M75 Unattached	35.36	0.8	563
2 # 1051 Zukas, Robert	M77 Philadelphia	39.55	0.8	341
3 # 86 Bolding, Ross	M75 Unattached	1:13.50	0.8	

**M80 200 Meter Dash Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Points
1 # 993 Vergin, Roger	M83 Club Northwest	39.29	0.8	499
2 # 197 Cormier, Roland	M81 Shore Athletic Club	48.29	0.8	134

**M85 200 Meter Dash Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Points
1 # 477 Jankovich, Willia	M87 Unattached	50.63	0.8	216

**M90 200 Meter Dash Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Points
1 # 788 Plattts, William	M93 Snake River	46.11	0.8	681

**W40 800 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 232 Dietrich, Alex	W42 So Cal Track Club	3:07.25	378
2 # 342 Goff, Deia	W44 U.S. Army	3:13.32	326

**W45 800 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 370 Guest, Rachel	W46 Southwest Sp	3:12.36	408

**W50 800 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 973 Tolman, Penny	W53 Unattached	3:42.88	245
2 # 849 Sarn, Susan	W51 Bella N Motion	3:46.54	221

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****...W50 800 Meter Run Outdoor Pentathlon**

3 #	376	Haddad, Amy	W54	Joy's Jackra	3:53.22	180
-- #	572	Longshore, Kristi	W53	Philadelphia	DNF	

**W55 800 Meter Run Outdoor Pentathlon**

Name	Age	Team	Finals	Points
1 # 475	Jakstiene, Nering	W57 Unattached	3:05.48	645
2 # 411	Hedges, Jennifer	W56 Joy's Jackra	3:15.12	552
3 # 1004	Ware, Caren	W59 Cal Coast Tr	3:17.04	534

**W60 800 Meter Run Outdoor Pentathlon**

Name	Age	Team	Finals	Points
1 # 226	DeHaven, Deborah	W62 Philadelphia	3:30.94	511
2 # 489	*Jolicoeur, Jovet	W61 Canada	X3:34.12	484
3 # 885	Shepardson, Veron	W64 Unattached	3:56.42	315
4 # 546	*Lauridsen, Susan	W63 Canada	X4:41.02	82
-- # 781	Phelps, Jo	W62 Tnt Internat	DNF	

**W65 800 Meter Run Outdoor Pentathlon**

Name	Age	Team	Finals	Points
1 # 1050	Zukas, Donna	W65 Unattached	5:16.15	37
-- # 341	Glynn, Kay	W68 Unattached	DNF	

**W70 800 Meter Run Outdoor Pentathlon**

Name	Age	Team	Finals	Points
1 # 980	Trotto, Mary	W74 Tnt Internat	5:28.21	77
2 # 1006	Warren, Barbara	W74 Capital City	8:22.73	

**W75 800 Meter Run Outdoor Pentathlon**

Name	Age	Team	Finals	Points
1 # 147	Carter, Ann	W79 Unattached	6:37.46	14

**W85 800 Meter Run Outdoor Pentathlon**

Name	Age	Team	Finals	Points
1 # 656	Meiler, Florence	W87 Sprinticity	6:33.18	503

**M30 1500 Meter Run Outdoor Pentathlon**

Name	Age	Team	Finals	Points
1 # 137	Canner, Josh	M33 Unattached	5:38.07	360

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****M35 1500 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 804 Raisbeck, Greg	M39 Unattached	6:39.82	135
2 # 1047 Young Jr., Terren	M35 Unattached	6:53.24	98

**M40 1500 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 74 Bishop, Justin	M40 Team Utopia South	4:40.78	763
2 # 148 Carter, Kurt	M43 Freedom-Garm	5:42.53	419

**M45 1500 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 823 Robbins, Josh	M45 Arizona Flam	6:18.73	326
2 # 522 Knudson, Adam	M46 Unattached	7:15.43	132

**Outdoor Pentathlon: #5 M50 1500 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 530 Kruelle, Chuck	M53 Greater Phil	5:07.37	755
2 # 4 Aka-Bashorun, Ola	M50 Unattached	5:49.71	529
3 # 287 Faulkner, Lee	M52 Decathlete.com	6:06.12	452
4 # 514 Kimani, James	M51 Unattached	6:11.78	426
5 # 721 Ness, Jayson	M50 Unattached	6:12.55	423
6 # 329 Gartin, Kent	M51 Unattached	6:17.77	400
7 # 858 Schloot, Andy	M54 Unattached	7:30.19	145
8 # 165 Chiles, Michael	M53 Unattached	9:29.78	
-- # 649 McNamara, Jay	M50 Unattached	DNF	

**Outdoor Pentathlon: #5 M55 1500 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 444 Hood, David	M56 Unattached	6:09.77	513
2 # 643 McKenzie, John	M56 Unattached	6:32.59	413
3 # 800 Raab, Paul	M58 Unattached	6:41.19	378
4 # 19 Arata, Michael	M55 Unattached	6:42.65	372
5 # 180 Cockerham IV, How	M58 Unattached	6:51.06	339
6 # 941 Stewart, Michael	M55 Shore Athletic Club	7:15.15	253
7 # 348 Gottlieb, Matthew	M57 U.S. Navy	8:22.70	75

**M60 1500 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 150 Carver, Mark	M61 Greater Phil	5:09.87	910
2 # 799 Pugliese, Anthony	M62 Greater Phil	5:56.81	660
3 # 463 Irizarry, Frank	M61 Unattached	6:19.88	551
4 # 664 Metters, Richard	M61 Unattached	6:31.64	498
5 # 391 Hankerson, Brian	M61 So Cal Track Club	7:14.22	330
6 # 729 Niroumand, Mahmoud	M64 So Cal Track Club	8:18.40	137



**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****M65 1500 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 946 Strickland, Dale	M65 Unattached	5:57.29	751
2 # 474 Jacquet-Acea, Rus	M68 Unattached	6:41.65	546
3 # 647 McLawhorn, David	M66 So Cal Track Club	7:25.56	373
4 # 779 Pfeiffer, Bob	M65 Unattached	7:34.65	341
5 # 970 Tipping, Mike	M68 So Cal Track Club	8:27.42	181
6 # 1009 Watson, Richard	M68 AZ Desert Throwers	12:38.34	
-- # 162 Che, Xiling	M66 Unattached	DNF	

**M70 1500 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 749 Ozell, Phillip	M71 Atlanta Track Club	7:52.65	377
2 # 928 Speidel, Rod	M72 Unattached	8:29.13	262
3 # 428 Hickman, Dennis	M72 Portland Mas	8:43.48	223
4 # 465 Iwen, Gene	M70 Unattached	8:46.95	213
-- # 696 Moser, Michael	M71 Unattached	DNF	
-- # 742 Olson, Randall	M73 Unattached	DNF	

**M75 1500 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 816 Reiter, William	M75 Unattached	6:33.57	825
2 # 1051 Zukas, Robert	M77 Philadelphia	7:52.83	504
-- # 86 Bolding, Ross	M75 Unattached	DNF	

**M80 1500 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 197 Cormier, Roland	M81 Shore Athletic Club	8:14.57	602
2 # 993 Vergin, Roger	M83 Club Northwest	10:15.99	245

**M85 1500 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Points
-- # 477 Jankovich, Willia	M87 Unattached	DNF	

**W40 80 Short Hurdles Outdoor Pentathlon**

Name	Age Team	Finals	Wind	H#	Points
1 # 342 Goff, Deia	W44 U.S. Army	15.83	0.8	2	415
2 # 232 Dietrich, Alex	W42 So Cal Track Club	48.88	0.8	2	
		46.71 (46.71)			

**W45 80 Short Hurdles Outdoor Pentathlon**

Name	Age Team	Finals	Wind	H#	Points
1 # 370 Guest, Rachel	W46 Southwest Sp	12.46	0.8	2	1036

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****W50 80 Short Hurdles Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Points
1 # 376 Haddad, Amy	W54 Joy's Jackra	14.58	1.4	715
2 # 973 Tolman, Penny	W53 Unattached	16.16	1.4	518
3 # 849 Sarn, Susan	W51 Bella N Motion	16.44	1.4	485
4 # 572 Longshore, Kristi	W53 Philadelphia	32.48	1.4	
	25.95 (25.95)			

**W55 80 Short Hurdles Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Points
1 # 475 Jakstiene, Nering	W57 Unattached	13.31	1.4	1069
2 # 411 Hedges, Jennifer	W56 Joy's Jackra	14.03	1.4	964
3 # 1004 Ware, Caren	W59 Cal Coast Tr	18.55	1.4	424
	17.10 (17.10)			

**W60 80 Short Hurdles Outdoor Pentathlon**

Name	Age Team	Finals	Wind	H#	Points
1 # 489 *Jolicoeur, Jovet	W61 Canada	X18.61	0.2	3	441
2 # 226 DeHaven, Deborah	W62 Philadelphia	19.36	0.2	3	370
	17.99 (17.99)	2:23.19 (2:05.20)			
3 # 781 Phelps, Jo	W62 Tnt Internat	21.09	0.2	3	230
4 # 546 *Lauridsen, Susan	W63 Canada	X21.46	0.2	3	203
5 # 885 Shepardson, Veron	W64 Unattached	33.07	0.2	3	
	30.91 (30.91)	1:10.89 (39.98)			1:38.47 (10.00)
	2:10.23 (31.76)	2:23.06 (12.83)			2:51.26 (21.83)

**W65 80 Short Hurdles Outdoor Pentathlon**

Name	Age Team	Finals	Wind	H#	Points
1 # 341 Glynn, Kay	W68 Unattached	16.73	-0.5	2	832
2 # 1050 Zukas, Donna	W65 Unattached	30.29	-0.5	2	

**W70 80 Short Hurdles Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Points
1 # 1006 Warren, Barbara	W74 Capital City	29.95	0.6	48
2 # 980 Trotto, Mary	W74 Tnt Internat	38.53	0.6	
	35.68 (35.68)			

**W75 80 Short Hurdles Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Points
-- # 147 Carter, Ann	W79 Unattached	DNF	0.6	

## 2021 USATF National Masters Track &amp; Field Championship - 7/22/2021 to 7/25/20

Ames, IA

## Results

## W85 80 Short Hurdles Outdoor Pentathlon

Name	Age Team	Finals	Wind	Points
1 # 656 Meiler, Florence	W87 Sprinticity	26.69	0.6	1325
24.97 (24.97)				

## W40 High Jump Outdoor Pentathlon

Name	Age Team	Finals	Points
1 # 342 Goff, Deia	W44 U.S. Army	1.20m	429
0.90 0.93 0.96 0.99 1.02 1.05 1.08 1.11 1.14 1.17 1.20 1.23			
--- --- --- --- --- --- --- --- --- XO O XXX			
2 # 232 Dietrich, Alex	W42 So Cal Track Club	1.17m	399
0.90 0.93 0.96 0.99 1.02 1.05 1.08 1.11 1.14 1.17 1.20			
--- --- --- O --- --- --- O XXO O XXX			

## W45 High Jump Outdoor Pentathlon

Name	Age Team	Finals	Points
1 # 370 Guest, Rachel	W46 Southwest Sp	1.50m	903
1.02 1.05 1.08 1.11 1.14 1.17 1.20 1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53			
--- --- --- --- --- --- --- --- --- O --- O O O O O XXO XXX			

## W50 High Jump Outdoor Pentathlon

Name	Age Team	Finals	Points
1 # 376 Haddad, Amy	W54 Joy's Jackra	1.44m	928
0.96 0.99 1.02 1.05 1.08 1.11 1.14 1.17 1.20 1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47			
--- --- --- --- --- --- --- --- --- O XO O O O O O XO XXX			
2 # 973 Tolman, Penny	W53 Unattached	1.14m	502
0.90 0.93 0.96 0.99 1.02 1.05 1.08 1.11 1.14 1.17			
--- --- --- O --- O O XO XO XXX			
3 # 849 Sarn, Susan	W51 Bella N Motion	1.08m	429
0.90 0.93 0.96 0.99 1.02 1.05 1.08 1.11			
--- --- --- O XO O XXO XXX			
4 # 572 Longshore, Kristi	W53 Philadelphia	0.90m	222
0.90 0.93 0.96			
O --- XXX			

## W55 High Jump Outdoor Pentathlon

Name	Age Team	Finals	Points
1 # 475 Jakstiene, Nering	W57 Unattached	1.47m	1106
0.99 1.02 1.05 1.08 1.11 1.14 1.17 1.20 1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50			
--- --- --- --- --- --- --- --- --- O O O O XXO XO XXX			
2 # 411 Hedges, Jennifer	W56 Joy's Jackra	1.44m	1054
0.96 0.99 1.02 1.05 1.08 1.11 1.14 1.17 1.20 1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47			
--- --- --- --- --- --- --- --- --- O O O O O XXO XXX			
3 # 1004 Ware, Caren	W59 Cal Coast Tr	1.17m	632
0.90 0.93 0.96 0.99 1.02 1.05 1.08 1.11 1.14 1.17 1.20			
--- --- --- --- --- --- --- O O XO XXX			

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****W60 High Jump Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 546 *Lauridsen, Susan	W63 Canada	X1.12m	666
0.70 0.73 0.76 0.79 0.82 0.85 0.88 0.91 0.94 0.97 1.00 1.03 1.06 1.09 1.12 1.15			
---			O O O O XXX
1 # 781 Phelps, Jo	W62 Tnt Internat	1.12m	666
0.70 0.73 0.76 0.79 0.82 0.85 0.88 0.91 0.94 0.97 1.00 1.03 1.06 1.09 1.12 1.15			
---			XXO XO O XXX
3 # 489 *Jolicoeur, Jovet	W61 Canada	X1.00m	481
0.70 0.73 0.76 0.79 0.82 0.85 0.88 0.91 0.94 0.97 1.00 1.03			
---			O XXX
3 # 226 DeHaven, Deborah	W62 Philadelphia	1.00m	481
0.70 0.73 0.76 0.79 0.82 0.85 0.88 0.91 0.94 0.97 1.00 1.03			
---			O XXX
5 # 885 Shepardson, Veron	W64 Unattached	0.85m	284
0.70 0.73 0.76 0.79 0.82 0.85 0.88			
O O XO O O O XXX			

**W65 High Jump Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 341 Glynn, Kay	W68 Unattached	1.24m	1003
0.76 0.79 0.82 0.85 0.88 0.91 0.94 0.97 1.00 1.03 1.06 1.09 1.12 1.15 1.18 1.21 1.24 1.27			
---			O O O O XO XXO O XXX
2 # 1050 Zukas, Donna	W65 Unattached	0.97m	534
0.70 0.73 0.76 0.79 0.82 0.85 0.88 0.91 0.94 0.97 1.00			
---			O O O O XXX
-- # 13 *Amerongen, Loret	W67 Canada	XNH	
0.70			
XXX			

**W70 High Jump Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 1006 Warren, Barbara	W74 Capital City	1.03m	759
0.70 0.73 0.76 0.79 0.82 0.85 0.88 0.91 0.94 0.97 1.00 1.03 1.06			
---			O XO O O O XO XXX
2 # 980 Trotto, Mary	W74 Tnt Internat	0.88m	491
0.70 0.73 0.76 0.79 0.82 0.85 0.88 0.91			
---			O O O O XXX

**W75 High Jump Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 147 Carter, Ann	W79 Unattached	0.88m	621
0.70 0.73 0.76 0.79 0.82 0.85 0.88 0.91			
---			O O O XXX

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****W85 High Jump Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 656 Meiler, Florence	W87 Sprinticity	0.91m	1080
0.70 0.73 0.76 0.79 0.82 0.85 0.88 0.91 0.94			
---	O O XXX		

**W40 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Points
1 # 342 Goff, Deia	W44 U.S. Army	3.37m	1.6	250
FOUL 3.37m(1.6) FOUL(-0.2)				
2 # 232 Dietrich, Alex	W42 So Cal Track Club	2.21m	1.7	28
2.21m(1.7)				

**W45 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Points
1 # 370 Guest, Rachel	W46 Southwest Sp	5.02m	+0.0	822
4.89m(0.7) 4.99m(1.0) 5.02m(+0.0)				

**W50 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Points
1 # 376 Haddad, Amy	W54 Joy's Jackra	3.92m	1.4	535
3.91m(1.3) 3.92m(1.4) 3.88m(-0.5)				
2 # 973 Tolman, Penny	W53 Unattached	3.67m	+0.0	454
FOUL 3.67m(+0.0) FOUL(+0.0)				
3 # 849 Sarn, Susan	W51 Bella N Motion	3.08m	0.8	276
FOUL 2.68m(+0.0) 3.08m(0.8)				
4 # 572 Longshore, Kristi	W53 Philadelphia	2.00m	2.4	34
1.82m(0.2) 1.93m(0.9) 2.00m(2.4)				

**W55 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Points
1 # 475 Jakstiene, Nering	W57 Unattached	4.82m	-1.4	994
4.66m(-0.6) 4.82m(-1.4) 4.79m(0.6)				
2 # 411 Hedges, Jennifer	W56 Joy's Jackra	4.01m	1.3	663
3.95m(0.1) 4.00m(1.2) 4.01m(1.3)				
3 # 1004 Ware, Caren	W59 Cal Coast Tr	3.28m	1.9	401
3.27m(1.7) 3.06m(0.5) 3.28m(1.9)				

**W60 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Points
1 # 489 *Jolicoeur, Jovet	W61 Canada	X3.30m	1.4	492
3.30m(1.4) 3.15m(1.3) 3.15m(1.5)				
2 # 226 DeHaven, Deborah	W62 Philadelphia	3.06m	0.2	403
2.90m(2.1) 2.88m(1.4) 3.06m(0.2)				

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****...W60 Long Jump Outdoor Pentathlon**

3 #	546 *Lauridsen, Susan	W63 Canada	X3.02m	2.3	388
	3.02m(2.3) 2.78m(1.8) 2.86m(2.1)				
4 #	781 Phelps, Jo	W62 Tnt Internat	2.74m	1.5	294
	FOUL 2.56m(1.4) 2.74m(1.5)				
5 #	885 Shepardson, Veron	W64 Unattached	2.23m	1.7	144
	2.23m(1.7) 2.06m(0.5)				

**W65 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Points
1 # 341 Glynn, Kay	W68 Unattached	3.89m	2.9	865
	3.85m(0.4) 3.89m(2.9) 3.88m(+0.0)			
2 # 1050 Zukas, Donna	W65 Unattached	2.56m	2.6	303
	2.46m(0.9) 2.38m(1.0) 2.56m(2.6)			

**W70 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Points
1 # 1006 Warren, Barbara	W74 Capital City	2.39m	2.6	317
	2.07m(+0.0) 2.22m(1.0) 2.39m(2.6)			
2 # 980 Trotto, Mary	W74 Tnt Internat	1.37m	2.8	14
	1.29m(0.7) FOUL(2.2) 1.37m(2.8)			

**W75 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Points
1 # 147 Carter, Ann	W79 Unattached	1.80m	2.8	172
	1.80m(2.8) 1.56m(1.6) 1.61m(1.9)			

**W85 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Points
1 # 656 Meiler, Florence	W87 Sprinticity	2.01m	3.1	804
	1.69m(1.9) 1.82m(0.3) 2.01m(3.1)			

**M30 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Points
1 # 137 Canner, Josh	M33 Unattached	5.85m	+0.0	554
	5.77m(0.4) 5.71m(+0.0) 5.85m(+0.0)			

**M35 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Points
1 # 1047 Young Jr., Terren	M35 Unattached	5.93m	0.6	610
	5.82m(1.8) FOUL 5.93m(0.6)			
2 # 804 Raisbeck, Greg	M39 Unattached	5.29m	1.9	471
	5.29m(1.9) 4.85m(+0.0) 5.14m(0.6)			

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****M40 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Points
1 # 148 Carter, Kurt	M43 Freedom-Garm	4.90m	NWI	449
4.90m(NWI) 4.51m(NWI) 4.16m(NWI)				
2 # 74 Bishop, Justin	M40 Team Utopia South	4.44m	1.3	350
4.44m(1.3) 4.36m(0.6) 4.31m(0.9)				

**M45 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Points
1 # 823 Robbins, Josh	M45 Arizona Flam	5.57m	1.4	682
5.57m(1.4) 5.20m(0.3) 5.41m(+0.0)				
2 # 522 Knudson, Adam	M46 Unattached	5.15m	1.3	574
5.15m(1.3) 5.07m(1.3) 2.99m(+0.0)				

**Outdoor Pentathlon: #1 M50 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Points
1 # 329 Gartin, Kent	M51 Unattached	5.40m	3.5	727
FOUL 4.89m(2.8) 5.40m(3.5)				
2 # 4 Aka-Bashorun, Ola	M50 Unattached	5.23m	1.2	679
FOUL 4.30m(1.1) 5.23m(1.2)				
3 # 649 McNamara, Jay	M50 Unattached	4.83m	+0.0	571
2.85m(1.6) 4.83m(+0.0) 4.76m(2.6)				
4 # 530 Kruelle, Chuck	M53 Greater Phil	4.47m	2.1	479
2.68m(1.1) 4.47m(2.1) PASS				
5 # 287 Faulkner, Lee	M52 Decathlete.com	4.42m	2.4	467
FOUL FOUL 4.42m(2.4)				
6 # 514 Kimani, James	M51 Unattached	3.89m	1.5	339
3.31m(1.6) 3.71m(+0.0) 3.89m(1.5)				
7 # 721 Ness, Jayson	M50 Unattached	3.63m	1.3	281
FOUL(-0.0) 3.33m(1.0) 3.63m(1.3)				
8 # 858 Schloot, Andy	M54 Unattached	2.51m	1.5	75
1.98m(2.0) 2.24m(+0.0) 2.51m(1.5)				
9 # 165 Chiles, Michael	M53 Unattached	2.40m	1.4	59
2.40m(1.4) FOUL(1.3) FOUL(1.7)				

**Outdoor Pentathlon: #1 M55 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Points
1 # 19 Arata, Michael	M55 Unattached	4.99m	+0.0	707
4.55m(+0.0) 4.99m(+0.0)				
2 # 444 Hood, David	M56 Unattached	4.66m	+0.0	610
4.26m(+0.0) 4.54m(+0.0) 4.66m(+0.0)				
3 # 800 Raab, Paul	M58 Unattached	4.29m	+0.0	506
4.25m(+0.0) 4.29m(+0.0) 4.14m(+0.0)				
4 # 180 Cockerham IV, How	M58 Unattached	4.06m	+0.0	445
4.06m(+0.0) 3.88m(+0.0) 3.90m(+0.0)				
5 # 643 McKenzie, John	M56 Unattached	3.98m	+0.0	425
3.70m(+0.0) 3.98m(+0.0) FOUL				
6 # 941 Stewart, Michael	M55 Shore Athletic Club	3.62m	+0.0	333
3.62m(+0.0) 3.37m(+0.0) 3.62m(+0.0)				

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****....Outdoor Pentathlon: #1 M55 Long Jump Outdoor Pentathlon**

7 # 348 Gottlieb, Matthew M57 U.S. Navy 3.53m +0.0 313  
3.53m(+0.0)

**M60 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Points
1 # 391 Hankerson, Brian	M61 So Cal Track Club	5.29m	-1.3	920
5.29m(-1.3) 5.20m(-1.3) 5.28m(-2.5)				
2 # 729 Niroumand, Mahmoud	M64 So Cal Track Club	4.75m	-2.2	739
4.53m(-1.9) 4.59m(-2.1) 4.75m(-2.2)				
3 # 253 Drucekhammer, Dal	M60 elitefeats	4.04m	-1.7	519
4.04m(-1.7) 3.52m(-2.0) PASS				
4 # 799 Pugliese, Anthony	M62 Greater Phil	3.94m	-2.0	490
FOUL 3.94m(-2.0) FOUL				
5 # 365 Griffin Jr., Ceci	M63 Unattached	3.77m	-1.2	441
3.62m(-2.8) 3.77m(-1.2) 3.40m(-2.5)				
6 # 150 Carver, Mark	M61 Greater Phil	3.72m	-2.2	427
3.53m(-1.8) 3.13m(-0.8) 3.72m(-2.2)				
7 # 463 Irizarry, Frank	M61 Unattached	3.54m	-1.0	378
3.54m(-1.0) 3.28m(-1.4) PASS				
8 # 664 Metters, Richard	M61 Unattached	3.33m	-0.5	323
3.33m(-0.5) 3.13m(-1.5) 3.20m(-0.3)				

**M65 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Points
1 # 474 Jacquet-Acea, Rus	M68 Unattached	4.09m	-1.3	632
3.56m(-3.0) 4.09m(-1.3) 3.95m(-1.0)				
2 # 647 McLawhorn, David	M66 So Cal Track Club	3.95m	-2.1	584
3.66m(-2.4) 3.71m(-1.2) 3.95m(-2.1)				
3 # 162 Che, Xiling	M66 Unattached	3.85m	-1.0	552
3.81m(-2.3) 3.73m(-2.7) 3.85m(-1.0)				
4 # 946 Strickland, Dale	M65 Unattached	3.83m	-1.1	546
FOUL 3.83m(-1.1) FOUL				
5 # 970 Tipping, Mike	M68 So Cal Track Club	3.66m	-1.3	492
3.39m(-1.3) FOUL(-1.6) 3.39m(-2.7)				
6 # 779 Pfeiffer, Bob	M65 Unattached	3.45m	-1.1	427
3.37m(-2.4) 3.45m(-1.1) 3.40m(-2.4)				
7 # 639 McGillen, Matthew	M67 Unattached	3.10m	-1.8	326
3.10m(-1.8) 2.49m(-1.9) PASS				
8 # 1009 Watson, Richard	M68 AZ Desert Throwers	2.57m	-2.7	190
2.42m(-2.0) 2.57m(-2.7) 2.52m(-2.0)				

**M70 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Points
1 # 742 Olson, Randall	M73 Unattached	3.40m	+0.0	502
2.91m(+0.0) 3.24m(+0.0) 3.40m(+0.0)				
2 # 465 Iwen, Gene	M70 Unattached	3.00m	+0.0	371
2.76m(+0.0) 2.80m(+0.0) 3.00m(+0.0)				
3 # 749 Ozell, Phillip	M71 Atlanta Track Club	2.93m	+0.0	348
2.93m(+0.0) 2.82m(+0.0) 2.90m(+0.0)				



**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****...M70 Long Jump Outdoor Pentathlon**

4 #	928 Speidel, Rod	M72 Unattached	2.83m	+0.0	319
	2.68m(+0.0) 2.83m(+0.0) 2.67m(+0.0)				
5 #	428 Hickman, Dennis	M72 Portland Mas	2.36m	+0.0	187
	1.77m(+0.0) 2.36m(+0.0) 2.22m(+0.0)				
-- #	696 Moser, Michael	M71 Unattached	FOUL		
	FOUL FOUL FOUL				

**M75 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Points
1 # 1051 Zukas, Robert	M77 Philadelphia	2.85m	+0.0	407
	2.66m(+0.0) 2.72m(+0.0) 2.85m(+0.0)			
2 # 816 Reiter, William	M75 Unattached	2.74m	+0.0	369
	2.74m(+0.0) 2.67m(+0.0) 2.39m(+0.0)			
3 # 86 Bolding, Ross	M75 Unattached	2.31m	+0.0	232
	2.31m(+0.0)			

**M80 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Points
1 # 993 Vergin, Roger	M83 Club Northwest	2.86m	+0.0	519
	FOUL FOUL 2.86m(+0.0)			
2 # 197 Cormier, Roland	M81 Shore Athletic Club	1.72m	+0.0	118
	1.53m(+0.0) 1.54m(+0.0) 1.72m(+0.0)			
-- # 97 Boyd, Bruce	M81 Unattached	FOUL		
	FOUL FOUL x			

**M85 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Points
1 # 477 Jankovich, Willia	M87 Unattached	2.08m	+0.0	308
	2.02m(+0.0) 2.08m(+0.0) 1.93m(+0.0)			

**M90 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Points
1 # 788 Platts, William	M93 Snake River	2.42m	+0.0	597
	2.42m(+0.0) 2.18m(+0.0) 2.19m(+0.0)			

**W40 Shot Put Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 342 Goff, Deia	W44 U.S. Army	9.01m	529
	8.87m 9.01m 8.86m		
2 # 232 Dietrich, Alex	W42 So Cal Track Club	6.92m	379
	6.51m 6.92m 6.79m		

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****W45 Shot Put Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 370 Guest, Rachel 9.10m 9.01m 9.01m	W46 Southwest Sp	9.10m	586

**W50 Shot Put Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 376 Haddad, Amy 8.50m 8.48m 8.81m	W54 Joy's Jackra	8.81m	602
2 # 849 Sarn, Susan 5.91m 5.74m 5.81m	W51 Bella N Motion	5.91m	364
3 # 973 Tolman, Penny 5.35m 5.69m 5.56m	W53 Unattached	5.69m	346
4 # 572 Longshore, Kristi 4.95m 4.78m 4.79m	W53 Philadelphia	4.95m	287

**W55 Shot Put Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 475 Jakstiene, Nering 8.75m 8.53m 8.25m	W57 Unattached	8.75m	660
2 # 411 Hedges, Jennifer 7.73m 7.98m 8.60m	W56 Joy's Jackra	8.60m	647
3 # 1004 Ware, Caren 7.16m 7.20m 7.23m	W59 Cal Coast Tr	7.23m	523

**W60 Shot Put Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 489 *Jolicoeur, Jovet FOUL 8.75m 8.75m	W61 Canada	X8.75m	736
2 # 781 Phelps, Jo 7.77m 7.47m 7.69m	W62 Tnt Internat	7.77m	639
3 # 546 *Lauridsen, Susan 6.66m 6.41m 6.98m	W63 Canada	X6.98m	561
4 # 226 DeHaven, Deborah 6.11m 6.07m 6.49m	W62 Philadelphia	6.49m	512
5 # 885 Shepardson, Veron 5.20m 5.51m 5.32m	W64 Unattached	5.51m	417

**W65 Shot Put Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 341 Glynn, Kay 7.19m 7.01m 7.25m	W68 Unattached	7.25m	663
2 # 1050 Zukas, Donna 6.40m 6.60m 6.85m	W65 Unattached	6.85m	619

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****W70 Shot Put Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 1006 Warren, Barbara 6.52m 6.44m 5.48m	W74 Capital City	6.52m	668
2 # 980 Trotto, Mary 5.62m 5.68m 5.69m	W74 Tnt Internat	5.69m	566

**W75 Shot Put Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 147 Carter, Ann 5.36m 5.26m 5.56m	W79 Unattached	5.56m	541

**W85 Shot Put Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 656 Meiler, Florence 5.62m 5.25m 5.12m	W87 Sprinticity	5.62m	755

**M30 Discus Throw Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 137 Canner, Josh 14.48m 14.73m FOUL	M33 Unattached	14.73m	175

**M35 Discus Throw Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 804 Raisbeck, Greg FOUL 29.08m 28.85m	M39 Unattached	29.08m	454
2 # 1047 Young Jr., Terren FOUL 27.25m FOUL	M35 Unattached	27.25m	418

**M40 Discus Throw Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 74 Bishop, Justin 27.11m 28.50m FOUL	M40 Team Utopia South	28.50m	492
2 # 148 Carter, Kurt FOUL 24.73m 22.65m	M43 Freedom-Garm	24.73m	410

**M45 Discus Throw Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 823 Robbins, Josh 28.48m FOUL FOUL	M45 Arizona Flam	28.48m	550
2 # 522 Knudson, Adam 23.05m 27.02m 23.93m	M46 Unattached	27.02m	515

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****Outdoor Pentathlon: #4 M50 Discus Throw Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 4 Aka-Bashorun, Ola	M50 Unattached	36.66m	613
35.01m 36.37m 36.66m			
2 # 165 Chiles, Michael	M53 Unattached	32.13m	520
32.13m 31.40m 30.60m			
3 # 649 McNamara, Jay	M50 Unattached	31.47m	507
27.42m 26.94m 31.47m			
4 # 287 Faulkner, Lee	M52 Decathlete.com	29.90m	475
29.05m 29.90m 28.48m			
5 # 721 Ness, Jayson	M50 Unattached	28.56m	448
22.92m 28.56m 26.65m			
6 # 329 Gartin, Kent	M51 Unattached	26.29m	403
26.13m 26.29m 25.68m			
7 # 514 Kimani, James	M51 Unattached	24.06m	359
PASS PASS 24.06m			
8 # 530 Kruelle, Chuck	M53 Greater Phil	23.75m	353
23.69m 23.75m PASS			
9 # 858 Schloot, Andy	M54 Unattached	19.78m	276
19.30m 19.18m 19.78m			

**Outdoor Pentathlon: #4 M55 Discus Throw Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 444 Hood, David	M56 Unattached	35.52m	653
34.89m 35.52m 34.67m			
2 # 348 Gottlieb, Matthew	M57 U.S. Navy	33.27m	602
31.50m 33.27m 31.50m			
3 # 19 Arata, Michael	M55 Unattached	29.28m	514
29.28m FOUL FOUL			
4 # 180 Cockerham IV, How	M58 Unattached	26.76m	459
23.27m 26.13m 26.76m			
5 # 643 McKenzie, John	M56 Unattached	26.43m	451
19.43m 24.37m 26.43m			
6 # 800 Raab, Paul	M58 Unattached	25.39m	429
24.47m 25.39m 22.72m			
7 # 941 Stewart, Michael	M55 Shore Athletic Club	22.09m	358
19.76m 22.09m 19.45m			

**M60 Discus Throw Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 799 Pugliese, Anthony	M62 Greater Phil	37.25m	656
37.25m FOUL 37.02m			
2 # 729 Niroumand, Mahmoud	M64 So Cal Track Club	32.71m	559
FOUL 29.39m 32.71m			
3 # 664 Metters, Richard	M61 Unattached	28.44m	469
28.07m 28.44m 27.84m			
4 # 150 Carver, Mark	M61 Greater Phil	28.35m	467
25.59m 28.35m 26.09m			
5 # 463 Irizarry, Frank	M61 Unattached	26.81m	435
23.24m 26.81m FOUL			

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****...M60 Discus Throw Outdoor Pentathlon**

6 #	391 Hankerson, Brian	M61 So Cal Track Club	25.94m	417
	25.94m 25.67m FOUL			

**M65 Discus Throw Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 647 McLawhorn, David	M66 So Cal Track Club	32.39m	618
	31.43m 24.12m 32.39m		
2 # 1009 Watson, Richard	M68 AZ Desert Throwers	30.88m	582
	23.95m 30.88m FOUL		
3 # 970 Tipping, Mike	M68 So Cal Track Club	27.59m	506
	26.78m 27.52m 27.59m		
4 # 474 Jacquet-Acea, Rus	M68 Unattached	27.55m	505
	24.26m 26.85m 27.55m		
5 # 946 Strickland, Dale	M65 Unattached	27.38m	501
	25.52m 27.38m 25.91m		
6 # 639 McGillen, Matthew	M67 Unattached	26.84m	489
	24.70m 26.84m 26.39m		
7 # 779 Pfeiffer, Bob	M65 Unattached	25.91m	467
	FOUL 25.91m FOUL		
8 # 162 Che, Xiling	M66 Unattached	23.99m	423
	22.59m 23.99m 21.86m		

**M70 Discus Throw Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 742 Olson, Randall	M73 Unattached	29.48m	617
	29.48m 28.46m 22.73m		
2 # 465 Iwen, Gene	M70 Unattached	27.10m	556
	25.98m 27.10m 25.93m		
3 # 928 Speidel, Rod	M72 Unattached	24.69m	495
	18.51m 24.69m FOUL		
4 # 696 Moser, Michael	M71 Unattached	23.64m	469
	2.21m 23.64m 21.92m		
5 # 749 Ozell, Phillip	M71 Atlanta Track Club	18.37m	338
	FOUL FOUL 18.37m		
6 # 428 Hickman, Dennis	M72 Portland Mas	16.46m	291
	16.46m 15.37m 16.16m		

**M75 Discus Throw Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 1051 Zukas, Robert	M77 Philadelphia	23.47m	536
	23.47m 23.22m FOUL		
2 # 86 Bolding, Ross	M75 Unattached	20.11m	441
	15.75m 20.11m 19.18m		
3 # 816 Reiter, William	M75 Unattached	19.56m	426
	15.34m 17.82m 19.56m		

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****M80 Discus Throw Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 993 Vergin, Roger 20.37m 19.55m 20.95m	M83 Club Northwest	20.95m	552
2 # 197 Cormier, Roland 11.18m 11.99m 11.53m	M81 Shore Athletic Club	11.99m	267

**M85 Discus Throw Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 477 Jankovich, Willia FOUL 13.26m 170.70m	M87 Unattached	17.07m	530

**M90 Discus Throw Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 788 Platts, William 19.35m 16.29m 21.54m	M93 Snake River	21.54m	924

**M30 Javelin Throw Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 137 Canner, Josh 40.16m FOUL 47.34m	M33 Unattached	47.34m	549

**M35 Javelin Throw Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 1047 Young Jr., Terren 47.54m 38.51m FOUL	M35 Unattached	47.54m	561
2 # 804 Raisbeck, Greg 29.93m 29.46m FOUL	M39 Unattached	29.93m	303

**M40 Javelin Throw Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 148 Carter, Kurt 39.86m 35.41m 34.28m	M43 Freedom-Garm	39.86m	490
2 # 74 Bishop, Justin 35.27m 34.08m FOUL	M40 Team Utopia South	35.27m	418

**M45 Javelin Throw Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 823 Robbins, Josh 41.89m 42.92m 42.69m	M45 Arizona Flam	42.92m	593
2 # 522 Knudson, Adam 28.44m 30.46m 27.91m	M46 Unattached	30.46m	380

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****Outdoor Pentathlon: #2 M50 Javelin Throw Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 530 Kruelle, Chuck 26.47m 38.51m PASS	M53 Greater Phil	38.51m	548
2 # 649 McNamara, Jay 38.27m 37.84m FOUL	M50 Unattached	38.27m	544
3 # 287 Faulkner, Lee 37.44m 36.05m FOUL	M52 Decathlete.com	37.44m	529
4 # 4 Aka-Bashorun, Ola FOUL FOUL 35.80m	M50 Unattached	35.80m	500
5 # 329 Gartin, Kent 26.46m 25.65m 30.50m	M51 Unattached	30.50m	405
6 # 514 Kimani, James FOUL FOUL 30.04m	M51 Unattached	30.04m	397
7 # 721 Ness, Jayson FOUL 29.27m 28.73m	M50 Unattached	29.27m	383
8 # 165 Chiles, Michael 24.22m 28.53m FOUL	M53 Unattached	28.53m	370
9 # 858 Schloot, Andy 15.84m 16.72m 15.74m	M54 Unattached	16.72m	168

**Outdoor Pentathlon: #2 M55 Javelin Throw Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 348 Gottlieb, Matthew 32.11m 40.79m 38.88m	M57 U.S. Navy	40.79m	656
2 # 19 Arata, Michael 38.31m 35.11m FOUL	M55 Unattached	38.31m	607
3 # 444 Hood, David 30.04m 36.35m FOUL	M56 Unattached	36.35m	568
4 # 800 Raab, Paul 31.28m FOUL 33.26m	M58 Unattached	33.26m	508
5 # 643 McKenzie, John 26.82m 28.04m 28.27m	M56 Unattached	28.27m	411
6 # 941 Stewart, Michael FOUL FOUL 21.57m	M55 Shore Athletic Club	21.57m	283
7 # 180 Cockerham IV, How 18.42m 21.27m FOUL	M58 Unattached	21.27m	277

**M60 Javelin Throw Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 729 Niroumand, Mahmou 44.04m 43.55m 41.27m	M64 So Cal Track Club	44.04m	772
2 # 150 Carver, Mark 29.32m 31.49m 35.40m	M61 Greater Phil	35.40m	589
3 # 799 Pugliese, Anthony 25.74m 33.01m 34.75m	M62 Greater Phil	34.75m	576
4 # 391 Hankerson, Brian 24.29m 29.66m 31.02m	M61 So Cal Track Club	31.02m	498
5 # 463 Irizarry, Frank 24.17m 26.51m 25.13m	M61 Unattached	26.51m	406

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****...M60 Javelin Throw Outdoor Pentathlon**

6 #	365 Griffin Jr., Ceci	M63 Unattached	24.00m	355
	24.00m 22.98m 19.63m			
7 #	664 Metters, Richard	M61 Unattached	23.82m	351
	23.82m FOUL 21.19m			

**M65 Javelin Throw Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 946 Strickland, Dale	M65 Unattached	33.77m	629
	32.74m FOUL 33.77m		
2 # 639 McGillen, Matthew	M67 Unattached	33.70m	628
	32.75m 33.00m 33.70m		
3 # 1009 Watson, Richard	M68 AZ Desert Throwers	30.61m	556
	30.55m 30.61m FOUL		
4 # 779 Pfeiffer, Bob	M65 Unattached	30.36m	551
	27.83m 30.36m 30.31m		
5 # 970 Tipping, Mike	M68 So Cal Track Club	28.77m	514
	28.77m FOUL FOUL		
6 # 474 Jacquet-Acea, Rus	M68 Unattached	28.70m	512
	28.70m 28.65m 27.12m		
7 # 647 McLawhorn, David	M66 So Cal Track Club	26.76m	468
	24.43m 22.57m 26.76m		
8 # 162 Che, Xiling	M66 Unattached	21.38m	347
	21.38m 20.23m FOUL		

**M70 Javelin Throw Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 742 Olson, Randall	M73 Unattached	31.66m	636
	29.15m 31.66m FOUL		
2 # 465 Iwen, Gene	M70 Unattached	25.57m	485
	24.66m 25.57m FOUL		
3 # 928 Speidel, Rod	M72 Unattached	25.45m	482
	21.15m 24.57m 25.45m		
4 # 749 Ozell, Phillip	M71 Atlanta Track Club	16.44m	266
	16.44m 12.64m 14.51m		
5 # 696 Moser, Michael	M71 Unattached	15.39m	241
	13.12m 14.22m 15.39m		
6 # 428 Hickman, Dennis	M72 Portland Mas	15.23m	238
	15.23m 14.88m 14.69m		

**M75 Javelin Throw Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 1051 Zukas, Robert	M77 Philadelphia	29.65m	680
	27.09m 29.65m 27.93m		
2 # 86 Bolding, Ross	M75 Unattached	21.31m	447
	FOUL 21.31m PASS		
3 # 816 Reiter, William	M75 Unattached	18.74m	377
	18.67m 16.18m 18.74m		



**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****M80 Javelin Throw Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 993 Vergin, Roger 21.62m 20.53m FOUL	M83 Club Northwest	21.62m	519
2 # 197 Cormier, Roland 13.00m 13.90m 15.31m	M81 Shore Athletic Club	15.31m	328

**M85 Javelin Throw Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 477 Jankovich, Willia 16.28m 19.55m 17.92m	M87 Unattached	19.55m	554

**M90 Javelin Throw Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 788 Platts, William 26.19m 26.44m FOUL	M93 Snake River	26.44m	997

**W40 Outdoor Pentathlon**

40 USATF: # 3746 40 WMA: R 4249		Name	Age Team	Finals	H#	Points
1 #	342	Goff, Deia	W44 U.S. Army	1949		8
2 #	232	Dietrich, Alex	W42 So Cal Track Club	1184		6

**W45 Outdoor Pentathlon**

45 USATF: # 4254 45 WMA: R 4254		Name	Age Team	Finals	H#	Points
1 #	370	Guest, Rachel	W46 Southwest Sp	3755		8

**W50 Outdoor Pentathlon**

50 USATF: # 3876 50 WMA: R 4390		Name	Age Team	Finals	H#	Points
1 #	376	Haddad, Amy	W54 Joy's Jackra	2960		8
2 #	973	Tolman, Penny	W53 Unattached	2065		6
3 #	849	Sarn, Susan	W51 Bella N Motion	1775		4
4 #	572	Longshore, Kristi	W53 Philadelphia	543		3

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****W55 Outdoor Pentathlon**

55 USATF: # 4735

55 WMA: R 4735

Name	Age	Team	Finals	H#	Points
1 # 475 Jakstiene, Nering	W57	Unattached	4474		8
2 # 411 Hedges, Jennifer	W56	Joy's Jackra	3880		6
3 # 1004 Ware, Caren	W59	Cal Coast Tr	2514		4

**W60 Outdoor Pentathlon**

60 USATF: # 4635

60 WMA: R 4714

Name	Age	Team	Finals	H#	Points
1 # 489 *Jolicoeur, Jovet	W61	Canada	X2634		
2 # 226 DeHaven, Deborah	W62	Philadelphia	2277		8
3 # 546 *Lauridsen, Susan	W63	Canada	X1900		
4 # 781 Phelps, Jo	W62	Tnt Internat	1829		6
5 # 885 Shepardson, Veron	W64	Unattached	1160		4

**W65 Outdoor Pentathlon**

65 USATF: # 4497

65 WMA: R 4894

Name	Age	Team	Finals	H#	Points
1 # 341 Glynn, Kay	W68	Unattached	3363		8
2 # 1050 Zukas, Donna	W65	Unattached	1493		6

**W70 Outdoor Pentathlon**

70 USATF: # 3546

70 WMA: R 4664

Name	Age	Team	Finals	H#	Points
1 # 1006 Warren, Barbara	W74	Capital City	1792		8
2 # 980 Trotto, Mary	W74	Tnt Internat	1148		6

**W75 Outdoor Pentathlon**

75 USATF: # 3979

75 WMA: R 4917

Name	Age	Team	Finals	H#	Points
1 # 147 Carter, Ann	W79	Unattached	1348		8

**W85 Outdoor Pentathlon**

Name	Age	Team	Finals	H#	Points
1 # 656 Meiler, Florence	W87	Sprinticity	4467		8

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****M30 Outdoor Pentathlon**

Name	Age Team	Finals	H#	Points
1 # 137 Canner, Josh	M33 Unattached	2177		8

**M35 Outdoor Pentathlon**

Name	Age Team	Finals	H#	Points
35 USATF: # 3490				
35 WMA: R 3601				
1 # 1047 Young Jr., Terren	M35 Unattached	2343		8
2 # 804 Raisbeck, Greg	M39 Unattached	1753		6

**M40 Outdoor Pentathlon**

Name	Age Team	Finals	H#	Points
40 USATF: # 3720				
40 WMA: R 3937				
1 # 74 Bishop, Justin	M40 Team Utopia South	2435		8
2 # 148 Carter, Kurt	M43 Freedom-Garm	2428		6

**M45 Outdoor Pentathlon**

Name	Age Team	Finals	H#	Points
45 USATF: # 3724				
45 WMA: R 3820				
1 # 823 Robbins, Josh	M45 Arizona Flam	2857		8
2 # 522 Knudson, Adam	M46 Unattached	2180		6

**M50 Outdoor Pentathlon**

Name	Age Team	Finals	H#	Points
USATF: # 3639				
WMA: R 3886				
1 # 4 Aka-Bashorun, Ola	M50 Unattached	2988		8
2 # 530 Kruelle, Chuck	M53 Greater Phil	2808		6
3 # 329 Gartin, Kent	M51 Unattached	2707		4
4 # 287 Faulkner, Lee	M52 Decathlete.com	2492		3
5 # 514 Kimani, James	M51 Unattached	2048		2
6 # 721 Ness, Jayson	M50 Unattached	1884		1
7 # 649 McNamara, Jay	M50 Unattached	1622		
8 # 165 Chiles, Michael	M53 Unattached	1418		
9 # 858 Schloot, Andy	M54 Unattached	664		

**M55 Outdoor Pentathlon**

Name	Age Team	Finals	H#	Points
USATF: # 3721				
WMA: R 3804				
1 # 444 Hood, David	M56 Unattached	2934		8
2 # 19 Arata, Michael	M55 Unattached	2898		6

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****...M55 Outdoor Pentathlon**

3 #	800 Raab, Paul	M58	Unattached	2459	4
4 #	643 McKenzie, John	M56	Unattached	2093	3
5 #	180 Cockerham IV, How	M58	Unattached	2088	2
6 #	348 Gottlieb, Matthew	M57	U.S. Navy	1856	1
7 #	941 Stewart, Michael	M55	Shore Athletic Club	1227	

**M60 Outdoor Pentathlon**

60 USATF: # 3795

60 WMA: R 4340

Name	Age	Team	Finals	H#	Points	
1 #	391	Hankerson, Brian	M61	So Cal Track Club	3052	8
2 #	150	Carver, Mark	M61	Greater Phil	3028	6
3 #	799	Pugliese, Anthony	M62	Greater Phil	2881	4
4 #	729	Niroumand, Mahmou	M64	So Cal Track Club	2853	3
5 #	463	Irizarry, Frank	M61	Unattached	2302	2
6 #	664	Metters, Richard	M61	Unattached	2073	1

**M65 Outdoor Pentathlon**

65 USATF: # 3944

65 WMA: R 4072

Name	Age	Team	Finals	H#	Points	
1 #	946	Strickland, Dale	M65	Unattached	3065	8
2 #	474	Jacquet-Acea, Rus	M68	Unattached	2914	6
3 #	647	McLawhorn, David	M66	So Cal Track Club	2662	4
4 #	779	Pfeiffer, Bob	M65	Unattached	2178	3
5 #	970	Tipping, Mike	M68	So Cal Track Club	2123	2
6 #	162	Che, Xiling	M66	Unattached	1844	1
7 #	1009	Watson, Richard	M68	AZ Desert Throwers	1328	

**M70 Outdoor Pentathlon**

70 USATF: # 3806

70 WMA: R 3806

Name	Age	Team	Finals	H#	Points	
1 #	742	Olson, Randall	M73	Unattached	2143	8
2 #	465	Iwen, Gene	M70	Unattached	1969	6
3 #	928	Speidel, Rod	M72	Unattached	1897	4
4 #	749	Ozell, Phillip	M71	Atlanta Track Club	1546	3
5 #	428	Hickman, Dennis	M72	Portland Mas	1497	2
6 #	696	Moser, Michael	M71	Unattached	710	1

**M75 Outdoor Pentathlon**

75 USATF: # 4060

75 WMA: R 4060

Name	Age	Team	Finals	H#	Points	
1 #	816	Reiter, William	M75	Unattached	2560	8
2 #	1051	Zukas, Robert	M77	Philadelphia	2468	6
3 #	86	Bolding, Ross	M75	Unattached	1120	4

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****M80 Outdoor Pentathlon**

80 USATF: # 3787

80 WMA: R 3787

Name	Age Team	Finals	H#	Points
1 # 993 Vergin, Roger	M83 Club Northwest	2334		8
2 # 197 Cormier, Roland	M81 Shore Athletic Club	1449		6

**M85 Outdoor Pentathlon**

85 USATF: # 2647

85 WMA: R 3635

Name	Age Team	Finals	H#	Points
1 # 477 Jankovich, Willia	M87 Unattached	1608		8

**W30 5000 Meter Race Walk**

Name	Age Team	Finals	Points
-- # 495 Kadrmas, Kari	W34 Gys Track Club	DQ	
1:51.14 (1:51.14)	5:35.32 (3:44.18)	9:17.99 (3:42.67)	13:00.51 (3:42.52)
16:42.88 (3:42.37)	44:36.05 (27:53.17)		
-- # 290 Fetzer, Dori	W31 Unattached	DQ	
1:50.68 (1:50.68)	5:42.83 (3:52.15)	9:45.69 (4:02.86)	13:53.06 (4:07.37)
18:02.12 (4:09.06)	22:09.20 (4:07.08)	26:18.76 (4:09.56)	30:30.65 (4:11.89)
34:43.09 (4:12.44)	38:55.05 (4:11.96)		

**W35 5000 Meter Race Walk**

35 USATF: # 22:49.79

35 WMA: R 20:12.41

Name	Age Team	Finals	Points
1 # 178 Cobb, Caroline	W39 So Cal Track Club	44:49.83	8
1:41.03 (1:41.03)	5:25.11 (3:44.08)	9:14.34 (3:49.23)	12:36.13 (3:21.79)
16:01.04 (3:24.91)	19:23.74 (3:22.70)	22:59.64 (3:35.90)	26:38.31 (3:38.67)
30:15.72 (3:37.41)	33:55.80 (3:40.08)	37:36.65 (3:40.85)	41:20.60 (3:43.95)
44:48.30 (3:27.70)			

**W40 5000 Meter Race Walk**

40 USATF: # 22:54.73

40 WMA: R 21:57.40

Name	Age Team	Finals	Points
1 # 181 Cohen, Sam	W44 Wisconsin Ru	27:48.01	8
1:01.22 (1:01.22)	3:11.04 (2:09.82)	5:19.84 (2:08.80)	7:30.00 (2:10.16)
9:40.56 (2:10.56)	11:53.23 (2:12.67)	14:07.43 (2:14.20)	16:23.27 (2:15.84)
18:41.24 (2:17.97)	20:59.16 (2:17.92)	23:15.90 (2:16.74)	25:33.64 (2:17.74)
27:47.50 (2:13.86)			

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****W45 5000 Meter Race Walk**

45 USATF: # 23:17.33

45 WMA: R 23:42.40

Name	Age Team	Finals	Points
-- # 401 Harrison, Larissa	W46 Gys Track Club	DQ	
1:35.65 (1:35.65)	5:12.13 (3:36.48)	9:19.72 (4:07.59)	13:16.99 (3:57.27)
17:32.28 (4:15.29)			

**W55 5000 Meter Race Walk**

55 USATF: # 27:20.85

55 WMA: R 23:57.58

Name	Age Team	Finals	Points
1 # 102 Bridges, Debra	W55 Unattached	32:03.21	8
1:06.98 (1:06.98)	3:37.64 (2:30.66)	6:10.75 (2:33.11)	8:48.62 (2:37.87)
11:24.18 (2:35.56)	14:01.58 (2:37.40)	16:37.93 (2:36.35)	19:15.42 (2:37.49)
21:52.41 (2:36.99)	24:30.23 (2:37.82)	27:06.54 (2:36.31)	29:39.04 (2:32.50)
32:02.53 (2:23.49)			
2 # 366 Groom, Lori	W58 Unattached	34:54.33	6
1:09.91 (1:09.91)	3:44.26 (2:34.35)	6:29.01 (2:44.75)	9:14.95 (2:45.94)
12:07.80 (2:52.85)	14:58.16 (2:50.36)	17:51.87 (2:53.71)	20:42.93 (2:51.06)
23:33.73 (2:50.80)	26:26.44 (2:52.71)	29:18.69 (2:52.25)	32:08.09 (2:49.40)
34:53.77 (2:45.68)			

**W60 5000 Meter Race Walk**

60 USATF: # 28:49.35

60 WMA: R 25:41.58

Name	Age Team	Finals	Points
1 # 440 Holder, Yolanda	W63 Unattached	36:00.08	8
1:19.19 (1:19.19)	4:05.74 (2:46.55)	6:54.46 (2:48.72)	9:45.41 (2:50.95)
12:40.08 (2:54.67)	15:33.94 (2:53.86)	18:28.94 (2:55.00)	21:24.53 (2:55.59)
24:20.87 (2:56.34)	27:14.62 (2:53.75)	30:10.19 (2:55.57)	33:05.25 (2:55.06)
35:59.56 (2:54.31)			
2 # 345 Good, Katherine K	W63 Potomac Vall	40:00.89	6
1:36.16 (1:36.16)	4:50.79 (3:14.63)	8:02.67 (3:11.88)	11:12.38 (3:09.71)
14:19.80 (3:07.42)	17:32.83 (3:13.03)	20:45.22 (3:12.39)	23:59.33 (3:14.11)
27:13.97 (3:14.64)	30:26.00 (3:12.03)	33:42.14 (3:16.14)	36:55.22 (3:13.08)
39:59.08 (3:03.86)			

**W65 5000 Meter Race Walk**

65 USATF: # 29:29.72

65 WMA: R 27:19.10

Name	Age Team	Finals	Points
1 # 412 Hegstrom, Ann	W65 Unattached	35:47.18	8
1:14.26 (1:14.26)	3:59.84 (2:45.58)	6:49.68 (2:49.84)	9:42.04 (2:52.36)
12:35.08 (2:53.04)	15:30.63 (2:55.55)	18:24.78 (2:54.15)	21:21.28 (2:56.50)
24:14.11 (2:52.83)	27:07.75 (2:53.64)	29:58.80 (2:51.05)	32:52.88 (2:54.08)
35:46.28 (2:53.40)			

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****W70 5000 Meter Race Walk**

70 USATF: # 30:42.96

70 WMA: R 29:16.00

Name	Age Team	Finals	Points
1 # 608 Martino, Marianne	W71 High Altitud	32:26.83	8
1:10.92 (1:10.92)	3:37.35 (2:26.43)	6:09.92 (2:32.57)	8:42.95 (2:33.03)
11:17.18 (2:34.23)	13:53.05 (2:35.87)	16:30.10 (2:37.05)	19:06.23 (2:36.13)
21:47.21 (2:40.98)	24:28.77 (2:41.56)	27:05.78 (2:37.01)	29:46.41 (2:40.63)
32:23.36 (2:36.95)			
2 # 402 Harsh, Ann	W71 Unattached	36:02.30	6
1:20.06 (1:20.06)	4:10.38 (2:50.32)	7:03.05 (2:52.67)	9:54.32 (2:51.27)
12:46.89 (2:52.57)	15:40.33 (2:53.44)	18:34.37 (2:54.04)	21:29.01 (2:54.64)
24:23.85 (2:54.84)	27:19.33 (2:55.48)	30:16.57 (2:57.24)	33:13.43 (2:56.86)
36:01.58 (2:48.15)			
3 # 1027 Wilkinson, Carol	W71 High Altitud	36:08.37	4
1:19.98 (1:19.98)	4:09.60 (2:49.62)	7:01.02 (2:51.42)	9:52.54 (2:51.52)
12:46.79 (2:54.25)	15:40.13 (2:53.34)	18:33.39 (2:53.26)	21:28.54 (2:55.15)
24:22.65 (2:54.11)	27:18.62 (2:55.97)	30:15.91 (2:57.29)	33:12.93 (2:57.02)
36:07.45 (2:54.52)			
4 # 333 Geer, Panseluta	W74 Shore Athletic Club	40:39.24	3
1:33.44 (1:33.44)	4:44.27 (3:10.83)	7:56.96 (3:12.69)	11:11.20 (3:14.24)
14:23.54 (3:12.34)	17:40.56 (3:17.02)	20:58.12 (3:17.56)	24:16.90 (3:18.78)
27:29.50 (3:12.60)	30:45.56 (3:16.06)	34:04.66 (3:19.10)	37:22.26 (3:17.60)
40:38.00 (3:15.74)			

**W75 5000 Meter Race Walk**

75 USATF: # 34:34.60

75 WMA: R 31:58.65

Name	Age Team	Finals	Points
1 # 311 Frable, Kathleen	W75 So Cal Track Club	38:32.83	8
1:21.71 (1:21.71)	4:15.56 (2:53.85)	7:13.45 (2:57.89)	10:14.29 (3:00.84)
13:18.24 (3:03.95)	16:25.13 (3:06.89)	19:33.62 (3:08.49)	22:45.20 (3:11.58)
25:55.08 (3:09.88)	29:07.78 (3:12.70)	32:18.97 (3:11.19)	35:27.60 (3:08.63)
38:31.97 (3:04.37)			
2 # 32 Backlund, Darlene	W75 So Cal Track Club	39:59.67	6
1:22.82 (1:22.82)	4:35.15 (3:12.33)	7:48.25 (3:13.10)	11:02.75 (3:14.50)
14:17.08 (3:14.33)	17:30.30 (3:13.22)	20:44.52 (3:14.22)	23:57.89 (3:13.37)
27:13.05 (3:15.16)	30:25.48 (3:12.43)	33:41.84 (3:16.36)	36:54.38 (3:12.54)
39:58.56 (3:04.18)			
-- # 399 Harrington, Alice	W75 South Florid	DQ	
1:32.18 (1:32.18)	4:49.33 (3:17.15)	8:04.44 (3:15.11)	11:22.28 (3:17.84)
14:40.44 (3:18.16)	18:00.26 (3:19.82)	21:20.89 (3:20.63)	24:37.76 (3:16.87)
30:11.45 (5:33.69)			
-- # 968 Thornburg, BJ	W76 Unattached	DQ	
1:37.70 (1:37.70)	5:15.55 (3:37.85)	8:51.57 (3:36.02)	12:28.39 (3:36.82)
16:08.21 (3:39.82)	19:45.69 (3:37.48)	23:24.85 (3:39.16)	27:02.94 (3:38.09)
32:58.27 (5:55.33)	33:38.47 (40.20)	33:56.76 (18.29)	34:01.85 (5.09)
34:40.11 (38.26)			

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****M30 5000 Meter Race Walk**

Name	Age Team	Finals	Points
-- # 291 Fetzler, Jacob	M30 Unattached	DQ	
1:57.43 (1:57.43)	6:05.65 (4:08.22)	10:18.09 (4:12.44)	15:06.55 (4:48.46)
19:47.93 (4:41.38)	24:15.79 (4:27.86)	28:53.19 (4:37.40)	33:28.51 (4:35.32)
37:59.31 (4:30.80)			

**M40 5000 Meter Race Walk**

Name	Age Team	Finals	Points
40 USATF: # 20:23.25			
40 WMA: R 19:45.65			
1 # 224 De Witt, Matthew	M41 Southeast Wi	25:23.45	8
59.56 (59.56)	3:00.38 (2:00.82)	5:00.63 (2:00.25)	7:00.24 (1:59.61)
9:00.41 (2:00.17)	11:03.00 (2:02.59)	13:02.35 (1:59.35)	15:05.02 (2:02.67)
17:08.15 (2:03.13)	19:13.98 (2:05.83)	21:19.44 (2:05.46)	23:23.06 (2:03.62)
25:23.05 (1:59.99)			
2 # 443 Holtry, Matthew	M42 Piedmont Pac	37:25.97	6
1:20.05 (1:20.05)	4:07.73 (2:47.68)	7:05.48 (2:57.75)	10:12.48 (3:07.00)
13:29.94 (3:17.46)	16:37.82 (3:07.88)	19:43.22 (3:05.40)	22:43.22 (3:00.00)
25:44.19 (3:00.97)	28:44.67 (3:00.48)	31:40.04 (2:55.37)	34:36.44 (2:56.40)
37:25.43 (2:48.99)			

**M50 5000 Meter Race Walk**

Name	Age Team	Finals	Points
50 USATF: # 22:02.30			
50 WMA: R 21:01.00			
1 # 160 Chasse, Craig	M51 Potomac Vall	31:10.64	8
1:06.98 (1:06.98)	3:30.99 (2:24.01)	5:53.11 (2:22.12)	8:18.07 (2:24.96)
10:46.09 (2:28.02)	13:14.27 (2:28.18)	15:46.83 (2:32.56)	18:22.77 (2:35.94)
20:58.46 (2:35.69)	23:32.00 (2:33.54)	26:06.74 (2:34.74)	28:41.66 (2:34.92)
31:09.76 (2:28.10)			
-- # 270 Eksi, Hakan	M51 Unattached	DQ	
1:39.49 (1:39.49)	5:21.23 (3:41.74)	8:59.93 (3:38.70)	12:32.45 (3:32.52)
16:10.82 (3:38.37)	19:42.92 (3:32.10)		

**M55 5000 Meter Race Walk**

Name	Age Team	Finals	Points
55 USATF: # 22:33.47			
55 WMA: R 22:11.50			
1 # 952 Swarts, David	M56 Pegasus A.C.	25:49.43	8
58.99 (58.99)	2:59.63 (2:00.64)	4:59.77 (2:00.14)	6:58.78 (1:59.01)
8:59.66 (2:00.88)	11:03.59 (2:03.93)	13:07.66 (2:04.07)	15:13.91 (2:06.25)
17:20.93 (2:07.02)	19:30.20 (2:09.27)	21:39.26 (2:09.06)	23:47.89 (2:08.63)
25:49.03 (2:01.14)			
2 # 693 Morrow, Art	M57 So Cal Track Club	36:17.39	6
1:14.409 (1:14.409)	3:56.41 (2:42.00)	6:42.72 (2:46.31)	9:27.69 (2:44.97)
12:17.35 (2:49.66)	15:06.52 (2:49.17)	17:58.80 (2:52.28)	20:57.03 (2:58.23)
23:56.62 (2:59.59)	27:03.32 (3:06.70)	30:05.49 (3:02.17)	33:10.00 (3:04.51)
36:16.41 (3:06.41)			



**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****M60 5000 Meter Race Walk**

60 USATF: # 24:11.90

60 WMA: R 22:38.70

Name	Age Team	Finals	Points
1 # 872 Scott, Jim	M63 Abe's Stride	29:39.46	8
1:06.80 (1:06.80)	3:27.11 (2:20.31)	5:43.76 (2:16.65)	8:01.23 (2:17.47)
10:20.24 (2:19.01)	12:41.26 (2:21.02)	15:03.09 (2:21.83)	17:24.54 (2:21.45)
19:48.14 (2:23.60)	22:12.85 (2:24.71)	24:42.05 (2:29.20)	27:13.46 (2:31.41)
29:39.10 (2:25.64)			
2 # 483 Johnson, Eric	M60 So Cal Track Club	29:43.88	6
1:00.43 (1:00.43)	3:12.34 (2:11.91)	5:28.51 (2:16.17)	7:46.65 (2:18.14)
10:05.90 (2:19.25)	12:27.47 (2:21.57)	14:49.91 (2:22.44)	17:14.57 (2:24.66)
19:39.82 (2:25.25)	22:09.55 (2:29.73)	24:40.21 (2:30.66)	27:13.85 (2:33.64)
29:42.86 (2:29.01)			
3 # 795 Preischel, Will	M60 Unattached	33:26.66	4
1:09.65 (1:09.65)	3:30.87 (2:21.22)	5:53.44 (2:22.57)	8:18.86 (2:25.42)
10:50.78 (2:31.92)	13:23.40 (2:32.62)	16:02.514 (2:39.12)	18:45.73 (2:43.22)
21:34.52 (2:48.79)	24:30.725 (2:56.21)	27:29.71 (2:58.98)	30:27.79 (2:58.08)
33:26.654 (2:58.87)			

**M65 5000 Meter Race Walk**

65 USATF: # 25:31.23

65 WMA: R 24:13.10

Name	Age Team	Finals	Points
1 # 201 Coutts, David	M65 Unattached	31:13.77	8
1:09.20 (1:09.20)	3:32.87 (2:23.67)	5:55.27 (2:22.40)	8:20.53 (2:25.26)
10:48.36 (2:27.83)	13:17.15 (2:28.79)	15:48.16 (2:31.01)	18:24.30 (2:36.14)
20:59.73 (2:35.43)	23:34.76 (2:35.03)	26:10.60 (2:35.84)	28:49.60 (2:39.00)
31:11.12 (2:21.52)			
2 # 78 Blake, Barry	M66 Shore Athletic Club	33:11.77	6
1:10.04 (1:10.04)	3:40.85 (2:30.81)	6:16.03 (2:35.18)	8:53.04 (2:37.01)
11:28.84 (2:35.80)	14:08.15 (2:39.31)	16:47.77 (2:39.62)	19:28.62 (2:40.85)
22:12.54 (2:43.92)	24:57.40 (2:44.86)	27:43.28 (2:45.88)	30:29.79 (2:46.51)
33:10.85 (2:41.06)			

**M70 5000 Meter Race Walk**

70 USATF: # 27:35.90

70 WMA: R 25:48.50

Name	Age Team	Finals	Points
1 # 1024 Wiggins, Michael	M72 So Cal Track Club	31:15.57	8
1:10.97 (1:10.97)	3:32.19 (2:21.22)	5:54.40 (2:22.21)	8:18.43 (2:24.03)
10:46.55 (2:28.12)	13:15.29 (2:28.74)	15:47.15 (2:31.86)	18:23.05 (2:35.90)
20:59.09 (2:36.04)	23:34.81 (2:35.72)	26:10.00 (2:35.19)	28:44.76 (2:34.76)
31:14.77 (2:30.01)			
2 # 906 Smith, Andrew	M71 Pegasus A.C.	34:35.02	6
1:20.67 (1:20.67)	4:07.30 (2:46.63)	6:51.76 (2:44.46)	9:36.69 (2:44.93)
12:23.81 (2:47.12)	15:06.55 (2:42.74)	17:51.76 (2:45.21)	20:39.01 (2:47.25)
23:28.55 (2:49.54)	26:14.37 (2:45.82)	28:59.41 (2:45.04)	31:46.59 (2:47.18)
34:34.41 (2:47.82)			

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****...M70 5000 Meter Race Walk**

3 #	225 De Witt, Michael	M70 Southeast Wi	35:09.39	4		
	1:23.95 (1:23.95)	4:11.75 (2:47.80)	6:58.18 (2:46.43)	9:44.07 (2:45.89)		
	12:31.94 (2:47.87)	15:20.53 (2:48.59)	18:08.91 (2:48.38)	20:57.33 (2:48.42)		
	23:47.30 (2:49.97)	26:36.22 (2:48.92)	29:26.55 (2:50.33)	32:18.94 (2:52.39)		
	35:09.381 (2:50.45)					
4 #	692 Morrison, John	M72 Potomac Vall	39:05.25	3		
	1:23.68 (1:23.68)	4:12.70 (2:49.02)	6:58.70 (2:46.00)	9:45.47 (2:46.77)		
	12:45.09 (2:59.62)	15:48.84 (3:03.75)	18:55.71 (3:06.87)	22:06.93 (3:11.22)		
	25:35.32 (3:28.39)	28:57.83 (3:22.51)	32:20.13 (3:22.30)	35:39.52 (3:19.39)		
	39:03.88 (3:24.36)					

**M75 5000 Meter Race Walk**

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75 USATF: # 30:29.17  
75 WMA: R 27:40.00

Name	Age Team	Finals	Points
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1 #	134 Campbell, Richard	M75 So Cal Track Club	32:59.42	8		
	1:19.57 (1:19.57)	4:05.34 (2:45.77)	6:45.48 (2:40.14)	9:24.72 (2:39.24)		
	12:05.13 (2:40.41)	14:42.99 (2:37.86)	17:20.76 (2:37.77)	20:00.08 (2:39.32)		
	22:39.31 (2:39.23)	25:18.74 (2:39.43)	27:55.62 (2:36.88)	30:31.76 (2:36.14)		
	32:59.20 (2:27.44)					
2 #	312 Frable, Norman	M75 So Cal Track Club	33:51.06	6		
	1:19.35 (1:19.35)	4:05.32 (2:45.97)	6:45.95 (2:40.63)	9:25.36 (2:39.41)		
	12:06.17 (2:40.81)	14:44.59 (2:38.42)	17:24.97 (2:40.38)	20:08.22 (2:43.25)		
	22:53.30 (2:45.08)	25:37.88 (2:44.58)	28:22.40 (2:44.52)	31:07.57 (2:45.17)		
	33:48.25 (2:40.68)					

**M80 5000 Meter Race Walk**

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80 WMA: R 29:24.10

Name	Age Team	Finals	Points
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-- #	990 Veenstra, James	M83 Abe's Stride	DQ			
	1:26.56 (1:26.56)	4:14.44 (2:47.88)	7:06.78 (2:52.34)	10:03.77 (2:56.99)		
	13:06.32 (3:02.55)	16:13.53 (3:07.21)	19:24.68 (3:11.15)	22:41.72 (3:17.04)		
	26:46.97 (4:05.25)	42:02.00 (15:15.03)				

**W30 10000 Meter Race Walk**

Name	Age Team	Finals	Points
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-- #	495 Kadrmas, Kari	W34 Gys Track Club	DQ			
	11:35.38 (11:35.38)	23:57.65 (12:22.27)	35:49.47 (11:51.82)			

**W40 10000 Meter Race Walk**

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40 USATF: # 48:30.00  
40 WMA: R 45:25.00

Name	Age Team	Finals	Points
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1 #	181 Cohen, Sam	W44 Wisconsin Ru	59:34.80	8		
	5:36.02 (5:36.02)	11:18.27 (5:42.25)	17:03.93 (5:45.66)	22:59.01 (5:55.08)		
	28:51.32 (5:52.31)	34:55.55 (6:04.23)	40:51.42 (5:55.87)	47:01.07 (6:09.65)		
	53:20.81 (6:19.74)	59:34.800 (6:14.00)				

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****W45 10000 Meter Race Walk**

45 USATF: # 46:44.00

45 WMA: R 46:36.00

Name	Age Team	Finals	Points
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-- # 401 Harrison, Larissa	W46 Gys Track Club	DQ	
13:26.26 (13:26.26)	27:40.96 (14:14.70)		

**W55 10000 Meter Race Walk**

55 USATF: # 56:59.00

55 WMA: R 49:15.00

Name	Age Team	Finals	Points
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1 # 102 Bridges, Debra	W55 Unattached	1:05:48.22	8
6:28.67 (6:28.67)	12:59.55 (6:30.88)	19:29.23 (6:29.68)	
26:01.29 (6:32.06)	32:38.65 (6:37.36)	39:17.04 (6:38.39)	
46:01.77 (6:44.73)	52:42.78 (6:41.01)	59:20.97 (6:38.19)	
1:05:48.211 (6:27.25)			

**W60 10000 Meter Race Walk**

60 USATF: # 59:30.00

60 WMA: R 53:26.00

Name	Age Team	Finals	Points
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1 # 440 Holder, Yolanda	W63 Unattached	1:14:28.08	8
7:28.08 (7:28.08)	14:57.60 (7:29.52)	22:28.34 (7:30.74)	
29:48.59 (7:20.25)	37:13.30 (7:24.71)	44:37.47 (7:24.17)	
52:04.27 (7:26.80)	59:31.01 (7:26.74)	1:06:57.27 (7:26.26)	
1:14:28.077 (7:30.82)			
2 # 345 Good, Katherine K	W63 Potomac Vall	1:26:40.87	6
8:42.79 (8:42.79)	17:32.09 (8:49.30)	26:12.09 (8:40.00)	
34:52.55 (8:40.46)	43:32.45 (8:39.90)	52:16.56 (8:44.11)	
1:00:51.05 (8:34.49)	1:09:32.46 (8:41.41)	1:18:11.18 (8:38.72)	
1:26:40.867 (8:29.70)			

**W65 10000 Meter Race Walk**

65 USATF: # 1:00:59.00

65 WMA: R 55:32.00

Name	Age Team	Finals	Points
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1 # 412 Hegstrom, Ann	W65 Unattached	1:15:20.54	8
7:17.50 (7:17.50)	14:43.89 (7:26.39)	22:19.35 (7:35.46)	
29:52.88 (7:33.53)	37:25.81 (7:32.93)	45:00.30 (7:34.49)	
52:34.71 (7:34.41)	1:00:01.32 (7:26.61)	1:07:41.58 (7:40.26)	
1:15:20.531 (7:38.96)			

**W70 10000 Meter Race Walk**

70 USATF: # 1:03:44.00

70 WMA: R 1:00:18.00

Name	Age Team	Finals	Points
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**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20**

**Ames, IA**

**Results**

**....W70 10000 Meter Race Walk**

1 #	608 Martino, Marianne	W71 High Altitud	1:06:28.25	8
	6:28.92 (6:28.92)	12:58.16 (6:29.24)	19:29.15 (6:30.99)	
	26:01.21 (6:32.06)	32:36.01 (6:34.80)	39:16.79 (6:40.78)	
	45:59.99 (6:43.20)	52:47.59 (6:47.60)	59:38.20 (6:50.61)	
	1:06:28.242 (6:50.05)			
2 #	1027 Wilkinson, Carol	W71 High Altitud	1:12:50.38	6
	7:10.80 (7:10.80)	14:24.37 (7:13.57)	21:39.84 (7:15.47)	
	28:54.31 (7:14.47)	36:12.35 (7:18.04)	43:30.47 (7:18.12)	
	50:51.56 (7:21.09)	58:13.71 (7:22.15)	1:05:34.91 (7:21.20)	
	1:12:50.372 (7:15.47)			
3 #	333 Geer, Panseluta	W74 Shore Athletic Club	1:21:43.36	4
	8:16.02 (8:16.02)	16:34.21 (8:18.19)	24:49.37 (8:15.16)	
	32:58.55 (8:09.18)	41:05.63 (8:07.08)	49:11.62 (8:05.99)	
	57:20.67 (8:09.05)	1:05:30.96 (8:10.29)	1:13:39.71 (8:08.75)	
	1:21:43.351 (8:03.65)			

**W75 10000 Meter Race Walk**

75 USATF: # 1:12:05.00  
 75 WMA: R 1:07:46.00

Name	Age Team	Finals	Points
1 # 32 Backlund, Darlene	W75 So Cal Track Club	1:19:18.32	8
	7:44.58 (7:44.58)	15:39.25 (7:54.67)	23:35.41 (7:56.16)
	31:39.26 (8:03.85)	39:39.28 (8:00.02)	47:38.12 (7:58.84)
	55:38.74 (8:00.62)	1:03:40.24 (8:01.50)	1:11:35.96 (7:55.72)
	1:19:18.317 (7:42.37)		
2 # 311 Frable, Kathleen	W75 So Cal Track Club	1:19:38.31	6
	7:40.23 (7:40.23)	15:36.05 (7:55.82)	23:34.59 (7:58.54)
	31:39.02 (8:04.43)	39:39.56 (8:00.54)	47:39.51 (7:59.95)
	55:40.69 (8:01.18)	1:03:42.26 (8:01.57)	1:11:39.62 (7:57.36)
	1:19:38.310 (7:58.70)		
-- # 399 Harrington, Alice	W75 South Florid	DQ	
	8:42.92 (8:42.92)	17:33.32 (8:50.40)	26:19.75 (8:46.43)
	43:57.25 (8:50.38)	52:51.33 (8:54.08)	1:01:54.66 (9:03.33)

**M40 10000 Meter Race Walk**

40 USATF: # 42:44.00  
 40 WMA: R 40:08.00

Name	Age Team	Finals	Points
1 # 224 De Witt, Matthew	M41 Southeast Wi	52:45.25	8
	5:27.79 (5:27.79)	10:51.77 (5:23.98)	16:17.09 (5:25.32)
	26:56.89 (5:17.77)	32:12.09 (5:15.20)	37:23.40 (5:11.31)
	47:43.06 (5:07.51)	52:45.245 (5:02.20)	42:35.55 (5:12.15)
2 # 443 Holtry, Matthew	M42 Piedmont Pac	1:19:10.61	6
	7:41.76 (7:41.76)	15:38.16 (7:56.40)	23:34.78 (7:56.62)
	31:39.31 (8:04.53)	39:40.08 (8:00.77)	47:40.74 (8:00.66)
	55:41.87 (8:01.13)	1:03:42.72 (8:00.85)	1:11:36.43 (7:53.71)
	1:19:10.609 (7:34.19)		

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****M50 10000 Meter Race Walk**

50 USATF: # 45:00.00

50 WMA: R 42:20.00

Name	Age Team	Finals	Points
1 # 160 Chasse, Craig	M51 Potomac Vall	1:10:47.57	8
6:38.71 (6:38.71)	13:35.16 (6:56.45)	20:25.51 (6:50.35)	
27:14.11 (6:48.60)	34:05.73 (6:51.62)	40:59.88 (6:54.15)	
47:58.57 (6:58.69)	55:16.53 (7:17.96)	1:02:54.24 (7:37.71)	
1:10:47.570 (7:53.34)			

**M55 10000 Meter Race Walk**

55 USATF: # 46:56.00

55 WMA: R 46:32.00

Name	Age Team	Finals	Points
1 # 952 Swarts, David	M56 Pegasus A.C.	54:17.39	8
5:27.97 (5:27.97)	10:52.06 (5:24.09)	16:17.13 (5:25.07)	21:41.10 (5:23.97)
27:06.76 (5:25.66)	32:32.09 (5:25.33)	38:00.22 (5:28.13)	43:31.28 (5:31.06)
49:00.46 (5:29.18)	54:17.387 (5:16.94)		
2 # 693 Morrow, Art	M57 So Cal Track Club	1:18:59.04	6
7:39.10 (7:39.10)	15:18.28 (7:39.18)	22:51.31 (7:33.03)	
30:24.50 (7:33.19)	38:05.24 (7:40.74)	45:56.49 (7:51.25)	
54:03.99 (8:07.50)	1:02:18.17 (8:14.18)	1:10:47.53 (8:29.36)	
1:18:59.038 (8:11.52)			

**M60 10000 Meter Race Walk**

60 USATF: # 50:05.00

60 WMA: R 46:23.00

Name	Age Team	Finals	Points
1 # 872 Scott, Jim	M63 Abe's Stride	59:55.25	8
5:48.97 (5:48.97)	11:43.94 (5:54.97)	17:35.71 (5:51.77)	23:26.15 (5:50.44)
29:24.11 (5:57.96)	35:28.75 (6:04.64)	41:36.23 (6:07.48)	47:44.79 (6:08.56)
53:51.32 (6:06.53)	59:55.244 (6:03.94)		
-- # 795 Preischel, Will	M60 Unattached	DQ	
6:24.12 (6:24.12)	12:55.25 (6:31.13)	19:24.58 (6:29.33)	26:14.18 (6:49.60)
33:08.53 (6:54.35)	40:13.164 (7:04.65)	47:23.62 (7:10.45)	54:27.83 (7:04.21)
1:02:05.34 (7:37.51)			

**M65 10000 Meter Race Walk**

65 USATF: # 52:35.00

65 WMA: R 48:39.00

Name	Age Team	Finals	Points
1 # 201 Coutts, David	M65 Unattached	1:04:42.58	8
6:04.47 (6:04.47)	12:15.69 (6:11.22)	18:40.22 (6:24.53)	
25:09.09 (6:28.87)	31:39.55 (6:30.46)	38:09.71 (6:30.16)	
44:49.09 (6:39.38)	51:24.46 (6:35.37)	58:00.57 (6:36.11)	
1:04:42.575 (6:42.02)			

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20**

**Ames, IA**

**Results**

**...M65 10000 Meter Race Walk**

2 #	78 Blake, Barry	M66 Shore Athletic Club	1:08:55.45	6
	6:45.92 (6:45.92)	13:36.10 (6:50.18)	20:26.15 (6:50.05)	
	27:15.08 (6:48.93)	34:06.905 (6:51.84)	41:00.78 (6:53.87)	
	47:59.24 (6:58.46)	54:55.57 (6:56.33)	1:01:58.88 (7:03.31)	
	1:08:55.448 (6:56.58)			

**M70 10000 Meter Race Walk**

70 USATF: # 58:14.00  
 70 WMA: R 53:17.00

Name	Age Team	Finals	Points
1 # 1024 Wiggins, Michael	M72 So Cal Track Club	1:02:56.07	8
	6:03.70 (6:03.70)	12:10.33 (6:06.63)	18:22.06 (6:11.73)
	24:37.76 (6:15.70)	30:56.20 (6:18.44)	37:17.84 (6:21.64)
	43:38.76 (6:20.92)	50:04.24 (6:25.48)	56:30.04 (6:25.80)
	1:02:56.065 (6:26.04)		
2 # 906 Smith, Andrew	M71 Pegasus A.C.	1:13:25.59	6
	6:59.36 (6:59.36)	13:58.22 (6:58.86)	21:04.84 (7:06.62)
	28:16.33 (7:11.49)	35:41.00 (7:24.67)	43:03.40 (7:22.40)
	50:32.57 (7:29.17)	58:03.76 (7:31.19)	1:05:42.25 (7:38.49)
	1:13:25.584 (7:43.35)		
3 # 225 De Witt, Michael	M70 Southeast Wi	1:13:58.25	4
	7:28.47 (7:28.47)	14:47.68 (7:19.21)	22:02.85 (7:15.17)
	29:17.85 (7:15.00)	36:35.70 (7:17.85)	44:00.42 (7:24.72)
	51:24.98 (7:24.56)	58:59.05 (7:34.07)	1:06:31.36 (7:32.31)
	1:13:58.249 (7:26.90)		
4 # 692 Morrison, John	M72 Potomac Vall	1:23:34.83	3
	8:26.11 (8:26.11)	16:48.55 (8:22.44)	25:05.82 (8:17.27)
	33:23.35 (8:17.53)	41:33.01 (8:09.66)	49:41.28 (8:08.27)
	57:54.55 (8:13.27)	1:06:20.72 (8:26.17)	1:14:46.70 (8:25.98)
	1:23:34.824 (8:48.14)		

**M75 10000 Meter Race Walk**

75 USATF: # 1:05:10.00  
 75 WMA: R 55:01.00

Name	Age Team	Finals	Points
1 # 134 Campbell, Richard	M75 So Cal Track Club	1:09:11.82	8
	7:22.15 (7:22.15)	14:17.75 (6:55.60)	21:13.89 (6:56.14)
	27:56.61 (6:42.72)	34:51.12 (6:54.51)	41:44.16 (6:53.04)
	48:42.56 (6:58.40)	55:38.22 (6:55.66)	1:02:30.52 (6:52.30)
	1:09:11.817 (6:41.31)		
-- # 312 Frable, Norman	M75 So Cal Track Club	DQ	
	6:54.59 (6:54.59)	13:58.48 (7:03.89)	21:02.09 (7:03.61)
	28:07.32 (7:05.23)	35:20.16 (7:12.84)	42:30.79 (7:10.63)
	49:59.04 (7:28.25)	1:12:59.38 (23:00.34)	1:19:41.51 (6:42.13)

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****M80 10000 Meter Race Walk**

80 USATF: # 1:10:11.00

80 WMA: R 1:01:26.00

Name	Age	Team	Finals	Points
-- # 990 Veenstra, James	M83	Abe's Stride	DQ	
8:38.47 (8:38.47)	17:55.01 (9:16.54)		27:50.79 (9:55.78)	

**Women - Team Rankings - 102 Events Scored**

1) So Cal Track Club	221	2) SC Striders Track Club	217
3) Potomac Valley Track Club	206	4) Philadelphia Masters	197
5) Joy's Jackrabbits Track Cl	182	6) Atlanta Track Club	116
7) Colorado Masters Track & F	115	8) T.H.E. Track Team	105
9) Sprinticity	93	10) AZ Desert Throwers	86
11) Greater Philadelphia TC	78	12) GYS TRACK CLUB	77
13) Piedmont Pacers Track Club	74	14) TNT International Racing	67
15) Capital City Striders, Inc	59	16) Southwest Sprinters Track	49
17) Texas Throwers Club	47	18) Boston-North Track Club	46
19) Bella N Motion	38	19) Chicagoland Masters Athle	38
21) Shore Athletic Club	37	22) Mass Velocity Track Club	35
23) Throwing and Growing	34	24) U.S. Army	28
25) Decathlete.com	27	25) Club Northwest	27
27) High Altitude Racewalk Tea	26	28) elitefeats	24
28) Maximum Quotient Track Clu	24	30) Arizona Pacemakers	23
30) Cal Coast Track Club	23	32) Central Park Track Club (	21
33) LRC Nebraska	17	34) Wisconsin Runner Racing T	16
34) Southwest Ohio TC	16	34) Impala Racing Team	16
34) Crown Running	16	38) Eagles Wings	13
39) Kansas City Smoke	12	39) Run N Fun	12
41) Lincoln Track Club	10	42) Athena Track Club	9
43) Vault High Athletics	8	43) U.S. Air Force	8
43) New Mexico Track Club	8	43) Garden State Track Club N	8
43) Oregon Track Club	8	43) Team Dodson Elite	8
43) Flop House High Jump Club	8	50) rabbitELITE	6
51) Trojan Masters T.C.	5	52) Boston Athletic Associati	4
53) Pegasus A.C.	2	53) Ireland	2
55) Greater Boston Track Club	1		

**Men - Team Rankings - 152 Events Scored**

1) So Cal Track Club	445	2) Potomac Valley Track Club	227
3) Atlanta Track Club	201	4) Texas Throwers Club	115
5) Greater Philadelphia TC	114	5) Mass Velocity Track Club	114
7) Club Northwest	84	8) Shore Athletic Club	72.50
9) Snake River	72	10) Southwest Sprinters Track	60
11) AZ Desert Throwers	57	12) New England 65 Plus Runne	51
13) Philadelphia Masters	47	14) Empire Runners Club of So	46
15) Kansas City Smoke	45	16) Central Park Track Club (	44
17) Centennial State Track Clu	42	17) Twilight Throwers	42
19) West Valley Track Club	36	20) Team Utopia South	32
20) Freedom-Garmin Runners	32	22) Houston Elite	28
22) Pegasus A.C.	28	22) Piedmont Pacers Track Clu	28
25) Throws & Jumps Coach Flori	27	25) Southeast Wisconsin Track	27
27) Kitsap Fliers Track and Fi	26	28) Colonial Road Runners	24
28) Team R.E.D.	24	28) Portland Masters Track Cl	24

**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****...M80 10000 Meter Race Walk**

28) Multi Minnesota	24	32) St Cloud River Runners/En	22
32) Joy's Jackrabbits Track Cl	22	34) TNT International Racing	20
35) Rogue Valley Runners	19	36) Abe's Striders Racewalkin	16
36) LRC Nebraska	16	36) Arizona Flames Track Club	16
36) Genesee Valley Harriers	16	36) U.S. Express Elite Track	16
36) Run MN	16	42) Seattle Masters AC	14
42) Arizona Pacemakers	14	44) San Diego Track Club	12
44) Run N Fun	12	44) GYS TRACK CLUB	12
47) Santa Cruz Track Club	11	47) Chicagoland Masters Athle	11
47) Decathlete.com	11	50) Tachyon Athletik	10
50) Eastern Buckeye Track Club	10	50) American Samoa	10
50) Charlotte Track Club	10	50) Bowerman Track Club	10
55) Flight Deck Athletics	8	55) Crown Running	8
55) Wisconsin Runner Racing Te	8	55) Greater Lowell Road Runne	8
55) Above The Bar Track Club,	8	55) U.S. Air Force	8
55) Golden State Throwers	8	55) Top Flight Training	8
55) Pacific Coast Track Club	8	64) Twin Cities Track Club	7
65) United Southern Express Tr	6	65) Boston Athletic Associati	6
65) Track Club L.A.	6	65) Waterloo T&F Club	6
65) Garden State Track Club Ne	6	70) Greater Springfield Harri	5
70) Syracuse Chargers Track Cl	5	70) Prado Racing Team	5
73) Speedy Feet	4	73) Vault High Athletics	4
73) HOKA Aggie Running Club	4	73) Boulder Road Runners	4
77) Trojan Masters T.C.	3	77) U.S. Navy	3
77) Finger Lakes Runners Club	3	77) Key West Track & Field Cl	3
77) Lake Merritt Joggers and S	3	77) Tamalpa Runners, Inc.	3
77) Playmakers Elite/New Balan	3	84) MacCanDo Tenderloin Youth	2
84) Cal Coast Track Club	2	84) Bozeman Track Club	2
87) Westchester Track Club	1		

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Combined Team Scores - 254 Events Scored

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1) So Cal Track Club	666	2) Potomac Valley Track Club	433
3) Atlanta Track Club	317	4) Philadelphia Masters	244
5) SC Striders Track Club	217	6) Joy's Jackrabbits Track C	204
7) Greater Philadelphia TC	192	8) Texas Throwers Club	162
9) Mass Velocity Track Club	149	10) AZ Desert Throwers	143
11) Colorado Masters Track & F	115	12) Club Northwest	111
13) Shore Athletic Club	109.50	14) Southwest Sprinters Track	109
15) T.H.E. Track Team	105	16) Piedmont Pacers Track Clu	102
17) Sprinticity	93	18) GYS TRACK CLUB	89
19) TNT International Racing C	87	20) Snake River	72
21) Central Park Track Club (C	65	22) Capital City Striders, In	59
23) Kansas City Smoke	57	24) New England 65 Plus Runne	51
25) Chicagoland Masters Athlet	49	26) Empire Runners Club of So	46
26) Boston-North Track Club	46	28) Centennial State Track Cl	42
28) Twilight Throwers	42	30) Decathlete.com	38
30) Bella N Motion	38	32) Arizona Pacemakers	37
33) West Valley Track Club	36	34) Throwing and Growing	34
35) LRC Nebraska	33	36) Freedom-Garmin Runners	32
36) Team Utopia South	32	38) Pegasus A.C.	30
39) U.S. Army	28	39) Houston Elite	28
41) Southeast Wisconsin Track	27	41) Throws & Jumps Coach Flor	27
43) High Altitude Racewalk Tea	26	43) Kitsap Fliers Track and F	26
45) Cal Coast Track Club	25	46) Team R.E.D.	24



**2021 USATF National Masters Track & Field Championship - 7/22/2021 to 7/25/20****Ames, IA****Results****...M80 10000 Meter Race Walk**

46) Maximum Quotient Track Clu	24	46) elitefeats	24
46) Crown Running	24	46) Colonial Road Runners	24
46) Run N Fun	24	46) Portland Masters Track Cl	24
46) Multi Minnesota	24	46) Wisconsin Runner Racing T	24
55) St Cloud River Runners/End	22	56) Rogue Valley Runners	19
57) Genesee Valley Harriers	16	57) Run MN	16
57) Southwest Ohio TC	16	57) U.S. Air Force	16
57) U.S. Express Elite Track C	16	57) Abe's Striders Racewalkin	16
57) Arizona Flames Track Club	16	57) Impala Racing Team	16
65) Seattle Masters AC	14	65) Garden State Track Club N	14
67) Eagles Wings	13	68) Vault High Athletics	12
68) San Diego Track Club	12	70) Santa Cruz Track Club	11
71) Bowerman Track Club	10	71) Eastern Buckeye Track Clu	10
71) Tachyon Athletik	10	71) Lincoln Track Club	10
71) Boston Athletic Associatio	10	71) Charlotte Track Club	10
71) American Samoa	10	78) Athena Track Club	9
79) Oregon Track Club	8	79) Flop House High Jump Club	8
79) Golden State Throwers	8	79) Pacific Coast Track Club	8
79) Above The Bar Track Club,	8	79) New Mexico Track Club	8
79) Team Dodson Elite	8	79) Flight Deck Athletics	8
79) Trojan Masters T.C.	8	79) Top Flight Training	8
79) Greater Lowell Road Runner	8	90) Twin Cities Track Club	7
91) Waterloo T&F Club	6	91) United Southern Express T	6
91) rabbitELITE	6	91) Track Club L.A.	6
95) Syracuse Chargers Track Cl	5	95) Prado Racing Team	5
95) Greater Springfield Harrie	5	98) HOKA Aggie Running Club	4
98) Speedy Feet	4	98) Boulder Road Runners	4
101) Tamalpa Runners, Inc.	3	101) U.S. Navy	3
101) Finger Lakes Runners Club	3	101) Lake Merritt Joggers and	3
101) Key West Track & Field Clu	3	101) Playmakers Elite/New Bala	3
107) Ireland	2	107) MacCanDo Tenderloin Youth	2
107) Bozeman Track Club	2	110) Westchester Track Club	1
110) Greater Boston Track Club	1		